



Because of COVID -19 we'll be indoors more...

But...the JCCP/CBT can help you

Connect with others on a tablet or computer via



ZOOM on a Sunday (or any) afternoon with wine and cheese

Have dinner or a discussion group



Provide your own meals and snacks and Form your own group or we can do it for you. Interested? Email Sandy.alpern@gmail.com (subject ZOOM) Or return this form to: JCCP/CBT 304 E. Midland Ave. Paramus, NJ 07676 ATT: Zoom YES, I am interested in help with Zooming with friends, please contact me! Name......Phone..... Email.... Check out our website: jccparamus.org Follow us on Facebook