

**Happy New Year**

**5787 – 2026**

**לשנה טובה תכתבו**

TO THE CONGREGATION  
AND ALL THE MEMBERS  
OF THEIR FAMILIES

WE EXTEND OUR VERY BEST WISHES  
FOR A NEW YEAR AMPLY BLESSED  
WITH HEALTH, HAPPINESS &  
WORTHWHILE ACHIEVEMENTS

**Rabbi Weiner, Cantor Krasner,  
Rabbi Kogen, the professional  
staff, officers, and board of  
trustees.**



## JEWISH COMMUNITY CENTER OF PARAMUS/ CONGREGATION BETH TIKVAH

*Requests the pleasure of your presence at its*

### **Annual Selichot Reception**

**Saturday, September 5, at 9 p.m.**

**Honoring**

**MARSHALL STARKMAN**

When they say things happen for a reason, my path to becoming a part of the JCCP/CBT definitely falls into that category, especially when it involves the Covid-19 Pandemic. As shuls and schools closed down and life completely changed, how was religious life going to continue?

For those of you who don't know me, I live on Long Island and spend a few days at a friend's house in Florida each month during the winter. I had flown up to NY for Purim 2020 to read from the Megillah at my synagogue, the Midway Jewish Center, and was going back down after Shacharit the next morning. As we all remember, that marked the closing down of shuls and other houses of worship. I flew back to FL and realized that there would be no Shabbat services that weekend.



I was brought up in a Modern Orthodox shul (Temple Torah in Little Neck, NY) and went to yeshiva at the Solomon Schechter Day School of Nassau County, which was one of three or four SSDS that existed before the current nationwide Schechter School system was formed. It was a great experience and all of the guys in our class are still in touch after all these years. I think we were the only athletic class in their history. We even played in the Shomer Shabbat baseball league on Long Island. They provided a great all-around education that was considered superior to other yeshivas, which I found when I attended Brandeis Hebrew Academy for 9th grade as SSDS only went up to 8th grade back then. I then transferred to Baldwin High School for the remainder of my high school years.

As many people know, I am a huge aviation fan and take day trips just to spend the day in the air. I have loved flying and planes my whole life, so I applied and was accepted to the US Air Force Academy. It was not an easy process to get into any of the military academies and involved not only grades but local politicians as well. Although being accepted was really exciting for me, I'm not sure how my parents felt about it. At some point, it hit me that maybe the US Air Force Academy wasn't a place for a Jewish kid from Long Island. I mentioned this to my dad and his response was that I could always go to NYU. To my knowledge, I had never applied there, but my dad said "Don't worry, you applied." I attended NYU, initially majoring in Accounting (perhaps because my mother and grandfather were accountants). But after a two-hour meeting with the Dean of Accounting, he picked up the phone and called the Dean of Finance and told him I was too social to be an accountant and he suggested I major in Finance.

*continued next page...*

*Starkman continued...*

Prior to my senior year at NYU, I got a paid part-time job at on Wall Street at Drexel Burnham Lambert. I got some great experience there and met and worked with some interesting people. The firm was taken over by Smith Barney (aka they "made money the old fashioned way...they earned it") and I worked there for a while, including getting my broker's license. While I was working I earned an MBA from Hofstra University. Next, it was onto a career at NYNEX/Bell Atlantic/Verizon and finally to T-Mobile, where I worked until an accident brought me to an early retirement.

When my dad passed away in 2015, it brought me back to synagogue attendance because I wanted to say kaddish every day for my dad. I had not been regularly attending services for a while but, again, things happen for a reason. I began attending minyan and services 7 days a week until the start of the pandemic, which brings me back to my connection with the JCCP/CBT.

Knowing that during the Covid pandemic the extent of many people's socialization for the week was Shabbat services, I decided that, although I was never comfortable with live-streaming on Shabbat, the teaching of "to save a life, it is as though you have saved the entire world" changed my thinking. I saw how isolated people were, staying indoors and not connecting to others because of the pandemic. Online synagogue services could really help people make connections.

I learned about Zoom when the Midway Jewish Center started having early morning services using that platform. I met people

from the JCCP/CBT who began attending that service thanks to people like Don Link (his cousin was a fellow miyannaire at Midway) and Dr. Steve Rubin, z"l. I began enlisting a group of people to join our group and, before you knew it, we had a multi-state Shabbat group. Soon Paramus formed their own lay led Shabbat morning Zoom service and once the online service at Midway ended, I began attending the JCCP/CBT Zoom evening minyan. I found that online synagogue services, rather than being impersonal as some believed, became a great way to meet people. Participants from different geographical areas and synagogues took part in both the Shabbat Zoom that I formed and the JCCP/CBT Zoom minyan. The online minyan enabled everyone, especially the regular minyan attendees, to meet and actually become close with others whom we might have never met otherwise, and I saw it was especially important to provide a minyan for those saying kaddish.

No words could ever describe the special community and affinity that I found at the JCCP/CBT, from Rabbi Weiner, to the office staff, Naz in particular, to the security team, especially Maria, and, most importantly, the warmth of every member of the synagogue that I have met. It's been my pleasure to attend services in Paramus when I can, and meet people in person.

I am honored by this recognition and even more honored to be a part of such an awesome community of warm, welcoming and just special people. For that, I will be eternally thankful.

## Jewish Community Center of Paramus/ Congregation Beth Tikvah

304 E. Midland Avenue, Paramus, NJ 07652  
Phone (201) 262-7691 • Fax (201) 262-6516  
office@jccparamus.org • www.jccparamus.org

|                     |                                                   |
|---------------------|---------------------------------------------------|
| RABBI               | Arthur D. Weiner                                  |
| RABBI EMERITUS      | Aryeh L. Gotlieb, z"l                             |
| RABBI'S STUDY       | (201) 262-7339                                    |
| CANTOR              | David Krasner                                     |
| CANTOR EMERITUS     | Sam Weiss                                         |
| EXECUTIVE DIRECTOR  | Rita Miller Greenberg                             |
| DIRECTOR OF CHSBC   | Marcia Kagedan                                    |
| HEBREW SCHOOL       | (201) 262-7733                                    |
| RECORD KEEPER       | Naz Kashani                                       |
| CO-PRESIDENTS       | Robert Chananie<br>Wayne Zeiler                   |
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| TREASURER           | Steven Julis                                      |
| FINANCIAL SECRETARY | Stuart Smith                                      |
| RECORDING SECRETARY | Lana Brach                                        |
| BULLETIN EDITORIAL  | The Bulletin Committee<br>bulletin@jccparamus.org |

## MEN'S CLUB

The **Men's Club** had a busy and rewarding year, playing a lead role in several synagogue events and initiatives. This included distributing *Mishloach Manot* bags during Purim, providing candles for Yom HaShoah, sponsoring Sunday speaker breakfasts, and Sukkot and Hanukkah dinners, and holding our inaugural Texas Hold'em poker tournament. We look forward to running all these programs again this year and partnering with Sisterhood on several events.

Preliminary planning is also underway for a **Men's Club** sponsored Shabbat service/kiddush, a spaghetti dinner, a beer tasting event and other interesting new programs. We'd greatly welcome the involvement of additional men in planning and participating in our events. Please join our efforts and bring your ideas!

If interested in getting more involved with our **Men's Club**, please call the office at (201) 262-7691 and leave a message for Scott Japko or Herman Lindenbaum.

We wish a happy and healthy new year to our entire synagogue community!



## From the Rabbi



Rabbi Arthur D. Weiner

### The Buck Stops Here

In mid-July, President Donald Trump delivered a controversial prime-time address to the nation alleging serious vulnerabilities in our election system, widespread fraud, and massive illegal voting. Many of his claims, particularly those concerning the 2020 election, have been repeatedly investigated and widely debunked. Yet only several days later, New Jersey made national news with a disturbing revelation of its own: approximately 6,600 noncitizens had mistakenly been registered to vote, and nearly 400 of them apparently cast ballots.

There will be plenty of time (and no shortage of people) to evaluate the political ramifications of this incident. I will leave those political and legal questions to others. But there is a profound High Holiday lesson in the response of Governor Mikie Sherrill.

Governor Sherrill did not cause this problem. The registrations occurred before she became governor. She did not design the software, supervise its operation, or approve the registrations. Yet when she learned what had happened, she ordered the ineligible registrations removed, began replacing the vendor involved, and called for an independent investigation.

The truth is that she could reasonably say, "This was not my fault." That would be factually true. But as governor, she could not say, "This is not my responsibility."

There is an important difference between blame and responsibility. Blame looks backward and asks, "Who caused this?" Responsibility looks forward and asks, "Now that we know what happened, what are we going to do about it?"

That is very much the question the High Holidays place before us.

The work of *teshuvah* (repentance) certainly requires us to examine the past. We must acknowledge our mistakes, confess our sins, apologize to those we have hurt, and attempt to repair the damage we have caused. But Judaism does not permit our moral accounting to end with the discovery that somebody else made the original mistake. After all, much of life comes to us already damaged.

Let's face it. We inherit family tensions we did not create, institutions with weaknesses that long predate our arrival, communities carrying old resentments, and a world filled with injustice that began long before we were born. We might not be responsible for the original offense. But once we recognize the problem and possess some ability to address it, we become responsible for our response.

That may help explain one of the most striking features of the High Holiday liturgy. When we recite the *Vidui*, the great confessional, we speak in the plural:

*Ashamnu. Bagadnu. Gazalnu.*

We have sinned. We have betrayed. We have stolen.

Surely no individual worshiper has committed every offense listed in the *Al Chet*. Yet we confess them together. We do so because Judaism understands that moral responsibility is not entirely individual. We live within families, congregations, institutions, and societies. We are affected by their failures, and we share responsibility for their repair.

This does not mean that everyone is equally guilty. Judaism is too morally serious to erase the distinctions among the person who caused an injury, the person who witnessed it, the person who suffered from it,

and the person who inherited its consequences. But it does mean that "I didn't cause this" is not always the same as "This has nothing to do with me."

That is how I understood Governor Sherrill's response, and why it motivated this High Holiday message for our congregation. Most of you have heard about this story. But there is a real Jewish idea at the heart of it.

Perhaps we did not begin the quarrel in our family. But we might be the person capable of ending it.

Perhaps we did not create the weakness within an organization. But we could be the one to correct it.

Perhaps we did not intend to hurt another person. But once we learn that someone has been hurt, we must be the people who respond with concern, apology, and a willingness to repair the relationship.

President Harry Truman famously kept a sign on his desk that read, "The Buck Stops Here." It was a statement about leadership: a president cannot evade responsibility by blaming subordinates or predecessors. But it might also serve as a motto for the High Holidays.

The immature response to failure is: "It wasn't my fault."

The political response is often: "The previous administration did it."

The bureaucratic response is: "The vendor made the mistake."

The comedic response is often: "The devil made me do it."

But the High Holiday response is: "Whatever its origin, the problem is now before me. What can I do to repair it?"

May the year ahead be one in which we have the honesty to accept responsibility, the courage to repair what is broken, and the wisdom to understand that even when something is not our fault, it may nevertheless be our sacred task.

*L'shanah tovah.* May we and all those we love be inscribed and sealed for a good and sweet New Year.



### Light the Shabbat Candles



Friday, September 4..... 7:05 PM

Friday, September 11..... 6:54 PM

(Erev Rosh Hashanah)

Friday, September 18..... 6:42 PM

Friday, September 25..... 6:30 PM

(Erev Sukkot)

### Light High Holiday Candles

Erev Rosh Hashanah Day 1: Fri., Sept. 11..... 6:54 PM

Rosh Hashanah Day 2: Sat., Sept. 12..... 8:00 PM

Yom Kippur: Sun., Sept., 20..... 6:38 PM

Sukkot Day 1: Fri., Sept. 25..... 6:30 PM

Sukkot Day 2: Sat., Sept. 26..... 7:37 PM

Shimini Atzeret: Fri., Oct. 2..... 6:18 PM

Simchat Torah: Sat., Oct. 3..... 7:25 PM



# JFCS

JEWISH FAMILY & CHILDREN'S SERVICES  
OF NORTHERN NEW JERSEY



**In conjunction with this year's High Holy Day Operation Isaiah food drive, the JCC of Paramus/Congregation Beth Tikvah's CARE Committee is partnering with JFCS to help our community!**

### **Most Needed Items:\***

- Coffee
- Canned Salmon
- Canned Tuna
- Strawberry Jelly
- Nuts
- Dried Fruit
- Shampoo
- Sponges
- Toothpaste
- Toothbrushes



*\*Unopened and not expired. Other food and toiletry items not listed above are welcome.*

**Please drop off all items in the bin  
inside the JCCP/CBT lobby from  
Sept. 8 through Sept. 22**

**Monetary donations are also welcome. Checks are payable to "JFCSNNJ"**

**Questions? Call (201) 262-7691 or email [Beth@JewishMediaGroup.com](mailto:Beth@JewishMediaGroup.com)**

**JFCSNNJ.ORG    201.837.9090**  
**Serving Bergen, Passaic, and Hudson counties!**



## From the Executive Director



Rita Miller Greenberg

A synagogue is always in motion. Even when the building seems quiet, plans are being made, programs are being organized, repairs are being scheduled, budgets are being reviewed, and conversations are taking place about how we can better serve our members. One of the most important parts of my work as Executive Director is staying on top of all these moving pieces while also looking ahead to the changing needs of our congregation.

That begins with caring for our synagogue building. Our facility is aging, but it is also deeply loved. It has been

the setting for countless services, celebrations, classes, meetings, and more. Maintaining it requires constant attention. Some projects are visible, such as painting, repairs, new furnishings, or upgraded technology. Others take place behind the scenes, including heating, cooling, plumbing, security, insurance, and routine maintenance. Each decision involves balancing immediate needs with long-term planning so that our building remains safe, welcoming, functional, and worthy of the sacred work that takes place within it.

Part of that responsibility also means regularly reviewing our vendors and contractors. Synagogue resources must always be used wisely. Whether I am evaluating maintenance agreements, utility costs, insurance policies, technology services, security needs, or major repairs, I work to ensure that we receive excellent service and the greatest possible value for every synagogue dollar. Staying current also means staying connected. I regularly communicate with other Executive Directors. These relationships allow us to share best practices, learn from one another's experiences, and remain aware of new ideas, resources, and challenges affecting synagogues today. By learning from the wider Jewish community, we strengthen our ability to fulfill the mission of the JCCP/CBT.

Of course, none of this work happens alone. I am privileged to work closely with Rabbi Weiner and other synagogue professionals, officers, trustees, committee chairs, and lay leaders. Together, we establish goals, determine priorities, solve problems, and follow projects from the first conversation through completion. Our different perspectives and areas of expertise help us make better decisions and keep the synagogue moving forward.

Most importantly, I want every member of our congregation to know: I am here, and we are here. We are here to answer questions, listen to concerns, help navigate synagogue life, and respond whenever a member is in need. Whether the matter is large or small, joyful or difficult, administrative or personal, please reach out. As we enter the New Year, may we continue to care for our synagogue and strengthen our community. I wish all a very happy, healthy New Year.

### FUNDRAISING

Consider supporting our shul by participating in these fundraising efforts:



- ❖ Leaf on the Tree of Life
- ❖ Sisterhood Gift Shop (open by appointment only; call synagogue office for more info)



## JCCP/CBT's Co-Presidents



Wayne Zeiler and Robert Chananie

There is something comforting about reaching into a drawer and pulling out a favorite shirt or a colorful pair of socks, or putting on those comfortable shoes. It might feel that way because it gives us a wonderful feeling; it might be something nostalgic, or it might just be the mood we happen to be in when luck would have us make that selection. Either way, that wonderful familiarity is always welcome.

All of us have walked into the Jewish Community Center of Paramus / Congregation Beth Tikvah many times — and for some of us, it is like a second home. For others, it brings back memories from years past. And for some...just another building we happen to visit now and again.

For both of us, there have been many great memories, shared moments and life time events that are tied to this building. We have been here before. We have seen the familiar faces over the years. Jean-Baptiste Alphonse Karr wrote the famous, "The more things change, the more they stay the same."

There are differences since we both were last President — our children, or grandchildren, have gotten older while we haven't aged. The world has changed while our community still has that welcoming feeling. Navigating our next steps into the future stands before all of us. We look forward to seeing where we go from here. This is something that we will all do together, as a community.

This past year we made sure that we are safe when we come into the building amidst the tragedies that we read about daily regarding rising antisemitism. The year was also a chance for us to gather feedback and start some new initiatives from our new Task Force 16 project. We hope to see those sub-committees, activities, and groups continue to grow in the upcoming year. This is a great way to involve more of you as well.

The two of us have some great ideas, which we will happily share with all of you as the year progresses. We are excited to once again have your confidence as we venture forth.

We want to take this time to wish you and your families a Happy, Healthy and Prosperous New Year!

~ Wayne and Rob

### Mark your calendars for the following Sisterhood events!

**SEPTEMBER 27**

Co-sponsored Sukkot lunch

**OCTOBER 21**

Paid-up member event

**OCTOBER 25**

Game Day open to all

**NOVEMBER 1**

Sisterhood/Men's Club sponsored breakfast with speaker

**NOVEMBER 6**

Shabbat dinner

**DECEMBER 8**

Chanukah dinner



*We are looking forward to seeing you !*



## ORDER YOUR LULAV & ETROG SET

To increase the awareness and observance of *Sukkot* among our membership and community, the JCC of Paramus/Congregation Beth Tikvah will again provide *Lulavim* and *Etrogim* from Israel for those who wish to order them. They will be delivered to the synagogue, straight from our supplier in Israel, ready for the joyous festival of Sukkot.

**Sukkot begins on Friday evening, September 25.**

We encourage each family in the congregation to buy a set and observe this great *Mitzvah*. Each set costs \$50 and includes all the four species: the **etrog**, the **lulav**, the **hadassim** (myrtle), and **aravot** (willow).

**The deadline for orders is September 18.**

Your *Lulav* and *Etrog* will be ready for pickup on Thursday, September 24, and through the observance of Sukkot.

**To order:**

**Call the synagogue office at 201-262-7691**

**Email [office@jccparamus.org](mailto:office@jccparamus.org); or return this order form to the JCCP office or via mail, by September 18.**

**Thank you and Chag Sameach in advance.**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_



# JCCP/CBT HIGH HOLIDAY SERVICES ☆ 5787 – 2026



## **SELICHOT SERVICE**

**Saturday, September 5**

**9:00 PM**

**In person/Livestream**

## **EREV ROSH HASHANAH**

**Friday, September 11**

**6:45 PM**

**In person/Livestream**

## **ROSH HASHANAH – DAY 1**

**Saturday, September 12**

**9:00 AM**

**In person/Livestream  
Traditional**

## **MINCHA/MAARIV**

**Saturday, September 12**

**6:45 PM**

**In person/Livestream**

## **ROSH HASHANAH – DAY 2**

**Sunday, September 13**

**9:00 AM**

**In person/Livestream  
Egalitarian**

## **TASHLICH**

**Sunday, September 13**

**6:15 PM**

**In person only/No Livestream**

## **MINCHA & MAARIV**

**Sunday, September 13**

**6:45 PM**

**In person/Livestream**

## **EREV YOM KIPPUR DAY**

## **KOL NIDRE/MAARIV**

**Sunday, September 20**

**5:45 PM**

**In person/Livestream  
Egalitarian**

## **YOM KIPPUR DAY**

**Monday, September 21**

**9:00 AM**

*(Yizkor approximately 11:30 AM)*

**In person/Livestream  
Traditional**

## **MINCHA/NEILAH/MAARIV**

**Monday, September 21**

**4:45 PM**

*(Conclusion of Yom Kippur 7:36 PM)*

**In person/Livestream  
Egalitarian**

## **SUKKOT - DAY 1**

**Saturday, September 26**

**9:30 AM**

**In person/Livestream  
Traditional**

## **SUKKOT - DAY 2**

**Sunday, September 27**

**9:30 AM**

**In person/Livestream  
Egalitarian**

## **SHEMINI ATZERET/YIZKOR**

**Saturday, October 3**

**9:30 AM**

**In person/Livestream  
Traditional**

## **SIMCHAT TORAH EVENING**

**Saturday, October 3**

**7:15 PM**

**In person/Livestream  
Egalitarian**

## **SIMCHAT TORAH MORNING**

**Sunday, October 4**

**9:30 AM**

**In person/Livestream**

***For further information about the services, please call the office.***



## The JCCP/CBT Board of Governors Needs You

For more than five decades, the JCCP/CBT Board of Governors has helped provide our synagogue with the financial strength to fulfill its religious mission and support our Jewish community.

Despite its name, the Board of Governors is not a board, nor does not govern any part of our synagogue. It is made up of a group of committed congregants who make an additional annual contribution of \$1,250 beyond regular dues and fees. Their generosity helps sustain religious services, Jewish education, holiday celebrations, pastoral care, social and cultural programming, building maintenance, new technology, and synagogue security.

A strong synagogue is the heart of a strong Jewish community. If you are able, please consider joining those members who have chosen to assume an additional measure of responsibility for the JCCP/CBT, a congregation they value.

First-time members may join at the introductory contribution of \$750 for their first year. Please contact the synagogue office to learn more.

## High Holiday Recordings on our Website

### HIGH HOLIDAY MELODIES, IN THE SYNAGOGUE AND AT HOME



Please visit the JCCP/CBT website's [Listen and Learn](#) page to hear MP3 recordings of favorite High Holidays congregational refrains, which are matched to Hebrew and transliterated PDF sheets of the prayers. The sheets can be read and printed from the same webpage, plus you may pick up the same sheets as you enter the High Holidays services in the JCCP/CBT sanctuary. Slip one into your Lev Shalem Machzor — at home or in the synagogue — and get into the spirit!

Please take advantage of this material to make your High Holiday prayer experience more enjoyable.

[www.jccparamus.org/education/listen-and-learn-prayers/](http://www.jccparamus.org/education/listen-and-learn-prayers/)

## TAIGLACH

Here's a recipe for a sweet Rosh Hashanah dessert made of small knots of dough boiled in a honey mix. The idea is to wish everyone a sweet new year. Just a note, this does get a bit sticky and it is sweet. Modify the recipe as you need – there are a lot of options with toppings, etc.

**Happy HEALTHY New Year!**  
~ Beth Chananie



### Ingredients:

2½ cups, plus additional flour  
1 teaspoon baking powder  
4 large eggs gently beaten  
3 tablespoons oil (sunflower, canola)  
½ teaspoon kosher salt  
½ cup sugar  
2 cups honey  
Zest of a lemon  
½ teaspoon ginger  
1 cup chopped nuts (optional)

### Optional garnish:

Chopped maraschino cherries, dried fruits, sprinkles, coconut flakes

### Instructions:

Preheat oven to 350 degrees.

Sift flour, and baking powder together. Mix the eggs, oil, and salt, and then mix well with dry ingredients until smooth using first a spoon and then your hands.

(It should feel soft yet firm enough to handle – add a little more flour if needed). Refrigerate the dough for 15 minutes. Roll out the dough to about ½ to ¾ inch thick. Slice into small ropelike pieces ¾ inches thick.

Slice the ropes into ½ inch pieces. Bake them in oven until slightly brown – about 10 minutes.

Combine the sugar, honey, lemon zest, and ginger in a pot on the stovetop and bring to a boil, then simmer for 5-10 minutes.

Take the baked dough pieces and add to the honey mixture a few at a time; do not crowd the pan. You can add the nuts and any garnish. Stir well with a wooden spoon. Cover the pot and watch for the pieces to brown and puff up, about another 5 minutes. Turn off the heat and let cool for 5 minutes. Using a slotted spoon, place the pieces in paper cupcake liners. You can sprinkle them with additional coconut or other garnish. Store the filled cupcake liners in an airtight container.



# 5787/2026 NEW YEAR'S GREETINGS

Adeena & Yehuda Abboudi  
 Renee & Arthur Abrams  
 Payam & Anna Aghachi  
 Sandra & Edward Alon  
 Sandra & Richard Alpern  
 Natalia & Yan Anchipolovsky  
 Rebecca & Dennis Anglani  
 Estelle Argaman  
 Fran Aronesty  
 Avichai & Lauren Atari  
 Randy & Paul Auerbach  
 Joan & Carl Bagner  
 Katherina & Mark Bak  
 Deborah & Richard Barbash  
 Jill & Jeffrey Bart  
 Sara & David Barzillai  
 Sandra & Jacob Bauer  
 Asi & Hagit Berger  
 Marilyn & Ralph Berkowitz  
 Adolph Berman & Irene Brickman  
 Ruth Berman  
 Randie & Howard Berner  
 Claire Beslow  
 Frances Blackman  
 Stanley Blecher  
 Karen & Bernard Blick  
 Diana Bodeen & Jon Rothschild  
 Helga Bodeen  
 Gilda & Herb Botwinick  
 Lana & Peter Brach  
 Mark Brandwein  
 Dina & Jeff Braun  
 Arie Bronstein  
 Lois & Arnold Brown  
 Beth & Robert Chananie  
 Lisa & Michael Cleaver  
 Beverly & Arthur Cohen  
 Lori & Harlan Cohen  
 Elaine & Martin Cohen  
 Judith & Raymond Cohen  
 Nancy & Stanley Cohen  
 Iris & Uri Cohen  
 Susan & Howard Cohn  
 Sheldon Cole  
 Shana & Stuart Conboy

Betty D'Ver  
 Shai & Meyrav Danan  
 Siona & Sandu Davidovitch  
 Beverly Diamond  
 Lindsay & Justin Donovan  
 Brian Doughty  
 Michelle Doughty  
 Bernice Drapkin  
 Jeffrey Dreifus  
 Linda & Paul Duboff  
 Barbara Edlin  
 Judy & Michael Elfenbein  
 David Elliot  
 Maureen Engeleit  
 Michael Epstein  
 Alyce & Joseph Esrig  
 Phyllis Esterow  
 Candice & Michael Feiler  
 Sandy Feinberg  
 Ina Feinstein & Ian Shore  
 Mr. & Mrs. Craig Fenster  
 Joanne & Nathan Fink  
 Mr. & Mrs. Steve Finkelstein  
 Beverly & Barry Fishman  
 Iris & Herbert Fleishman  
 Amy & Stephen Forman  
 Judith Freund  
 Jeffrey Friedlander  
 David Futterman & Kerry Salkin  
 Linda Gaer  
 Rosalyn Gerard  
 Adele & Michael Ginsberg  
 Nina & Gary Glaser  
 Phyllis & Kenneth Glatzer  
 Marni & Aaron Gold  
 Stephen Gold  
 Stacey & Charles Goldberg  
 Irma Goldberg  
 Nancy Goldfarb  
 Nicole & Marco Goldish  
 Roberta Goldstein  
 Shayna & David Gombas  
 Hope & David Goodman  
 Rhonda & Daniel Gordon  
 Nancy & Roy Gordon

Marilyn Granat  
 Barbara & Robert Grodsky  
 Janet & Ira Grotsky  
 Leo & Beth Guttman  
 Shari and Manny Haber  
 Michael Hart & Bonnie Lieberman  
 Rachael & Lionel Hausman  
 Mr. David Heller  
 Lynn & Charles Holz  
 Kenneth Horner  
 Nancy & Lawrence Horowitz  
 Janie & Philip Horowitz  
 Helen Hutmacher  
 Audrey & Lloyd Hyman  
 Gina & Louis Izower  
 Lisa & Scott Japko  
 Shifra & Jay Jenkins  
 Suzana & Steven Julis  
 Larry Kahn  
 Susan & Bruce Kaminer  
 Donna & Alan Kaminsky  
 Esther Kantrowitz  
 Harold Kaplan  
 Marcia Katz  
 Leni Kirsch  
 Linda & Leslie Klein  
 Ruth and Richard Kling  
 Melissa & Jeff Kolodkin  
 Renee & Bruce Konigsberg  
 Marcia Kopeloff  
 Claudia & Harry Kramer  
 Alexander Kushner  
 Janet Leeds  
 Leslie & John Lehman  
 Daniel Leib  
 Roselba & Ira Leibowitz  
 Sheila Leipsner  
 Julie & Howard Leopold  
 Jennifer & Kevin Leopold  
 Mildred Lerman  
 Miriam Levin  
 Rita Levin  
 Craig Levinsohn  
 Jon Levinson  
 Barbara & Daniel Liebgott



cont'd...

Rhoda Liebowitz  
Susan & Stanley Liebowitz  
Herman Lindenbaum  
Andrea & Jeffrey Link  
Frances Lipton  
Michael Long & Emily Klotz  
Marsha & Eric Lowenthal  
Michelle Lustberg  
Rachel & George Malamud  
Evelyn Masheb  
Debra & Peter Mason  
Roz & Robert Mehr  
Jane & Mark Menegus  
Barbara Merker  
Cynthia & Bruce Meyer  
Linda & Barry Miller  
Lauren & Gideon Miller  
Vivien Miller  
Joan & Jack Mintz  
Sandra & Lawrence Mintz  
Andrea & Stuart Mirowitz  
Roberta Paley & Joseph Moskowitz  
Tina & Eliahou Murad  
Barbara & Paul Nadel  
Albert Nahum  
Dr. Kelly Nahum & Eric Kogut  
Bob Nesoff  
Lois & Edward Newman  
Inna & Igor Okunev  
Lori & Michael Pechman  
Susan & Murray Perl  
Joan Plavin  
Phyllis & Larry Polevoy  
Linda & Melvin Polkow  
Sheila & Joel Pollack

Sally Prosky  
Steven Prystowsky  
Shawn Rabban  
Debra & Arie Rave  
Lisa & Matthew Root  
Howard Rose  
Rima & Roger Rosenstein  
Roy Ross  
Bia Roth  
Nina & Russell Rothman  
Joi & Richard Rothschild  
Claudia & Arnold Rubenstein  
Roni Rubin  
Wendy & Barry Salkin  
Davida & David Saltzberg  
Helen Schmelkin  
Ronnie & Sheldon Schmidt  
Eileen & Marc Schneider  
Myra & Kenneth Schulman  
Deborah Schwartz  
Hilda Schwartz  
Joan & Richard Schweidel  
Helen Seltzer  
Michele & Stephen Sherer  
Sylvia Silver  
Marc & Marc Skobac  
Sari & Andrew Sloane  
Ruth & Stuart Smith  
Roberta Solar  
Susan & David Spiegel  
Susan Springer  
Marshall Starkman  
Dina Stein  
Sheila & Jonathan Sterling  
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Rachel Mandel & Jason Stern  
Mona & Paul Storch  
Olinda & Larry Sturm  
Meah Tell  
Linda Theos  
Amy Tobenkin  
Shelley Tobenkin  
Janet & Mark Topel  
Rita Toron  
Thorin Tritter  
Eileen Turner  
Rachel Van Dam  
Bella Viesel  
Dorothy Walensky  
Phyllis & Stephen Waterstone  
Greta Waxman  
Steven & Lisa Waxman  
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Stuart Weinberg  
Shira & Arthur Weiner  
Melanie & Lawrence Weisberg  
Marsha Weiser  
Carrie & Jeff Weiss  
Diane & Jeffrey Weiss  
Diane & Peter Weiss  
Roberta Weiss  
Sharen & Robert Weissman  
Francine & Richard Winters  
Jill & Leon Wiser  
Dale Witkin  
Marshall Wofsy  
Debbie & Wayne Zeiler  
Diane & Arnie Zettler  
Bea Ziskin

As we enter the **Days of Awe**, we are called to reflect not only on who we are, but on the communities that hold us. Our synagogue is more than a building — it is where we gather to pray, to mourn, to celebrate, and to find one another in times of joy and need. None of this is possible without the generosity of those who call this community home.

Your gift this High Holiday season helps sustain the sacred work of our congregation: meaningful services, learning for our children and adults, support for those facing hardship, and a warm, open door for all who seek connection to Jewish life and tradition.

We also invite you to consider making a donation *in honor* of a loved one — to celebrate a simcha, a milestone, or someone whose presence has enriched your life — or *in memory* of someone whose neshama continues to inspire you. These tributes are a beautiful way to weave personal meaning into your support of our shared community, and a card will be sent to notify the honoree or their family of your thoughtful gift.

As the new year begins, may your giving be a source of blessing — for our congregation, and for you.

*L'Shanah Tovah, JCCP/CBT*

| JCCP/CBT - HH Appeal 2026                                                   |                          |                          |                          |                          |                          |                          |                            |                          |                          |                          |
|-----------------------------------------------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| Please check the donation(s) you would like to make.                        |                          |                          |                          |                          |                          |                          |                            |                          |                          |                          |
| <input type="checkbox"/>                                                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Cash Gift                                                                   | Cash Gift                | Cash Gift                | High Holiday Prayer Book | Memorial Seat Plaque     | Leaf on the Tree of Life | Memorial Plaque          | First time Bd of Governors | Board of Governors       | Board of Governors Gold  |                          |
| \$36                                                                        | \$72                     | \$126                    | \$36                     | \$180                    | \$275                    | \$375                    | \$750                      | \$1,200                  | \$1,800                  |                          |
| #1                                                                          | #2                       | #3                       | #4                       | #5                       | #6                       | #7                       | #8                         | #9                       | #10                      |                          |
| Please indicate the person(s) or event(s) you wish to honor or memorialize. |                          |                          |                          |                          |                          |                          |                            |                          |                          |                          |
| # In Honor of:                                                              |                          |                          |                          |                          |                          |                          |                            |                          |                          |                          |
| # In Memory of:                                                             |                          |                          |                          |                          |                          |                          |                            |                          |                          |                          |



**Mark and Katherina Bak**

*Our congregant and now trustee, Katherina Bak, shared this personal message during the shul's special celebration of our nation's 250th anniversary, on Shabbat July 4.*

As we gather to commemorate the extraordinary milestone of the 250th anniversary of American independence, I wish to share a few reflections on why

this day holds such profound meaning for me... and why it ought to hold meaning for all of us.

My family and Mark's share strikingly similar origins. In the aftermath of the Second World War, our loved ones found themselves displaced and desperate, searching for one another across the ruins of Poland. Through the Red Cross, they clung to fragile threads of hope. My grandmother was reunited with her daughter. Mark's grandfather found his sister. Those reunions were nothing short of miracles.

Yet those miracles came at a grievous cost. We grew up behind the Iron Curtain, under a communist regime. Life was not merely a struggle for bread; it was a daily battle for human dignity. And for us, as Jews, there was the additional burden of deep-seated, pervasive antisemitism. We grew up in fear, never certain what to expect from our neighbors.

And yet, we also grew up surrounded by survivors. Our community was fierce, resilient, and unbreakable. We celebrated Shabbat, we attended Jewish summer camps, and we clung to Hashem and to one another as to a lifeline. We did not remain silent. We demonstrated against oppression, we joined protests, and we were even arrested for standing up for what was right.

When the Iron Curtain finally fell, we left behind everything we knew. First for Germany, then for Italy, and ultimately, for the United States.

It was only upon arriving here that we came to truly understand what freedom meant. Growing up in Poland, the concepts of free speech, religious liberty, and the ability to pursue one's dreams simply did not exist as they do in this country. In America, I could practice my faith openly. We could work diligently and build a future filled with hope and opportunity. Without the constant fear that it could all vanish overnight.

Every single day, we thank God for the blessing of living in this extraordinary nation. To me, freedom is among God's greatest gifts. America has long stood as a beacon of hope for those seeking liberty and the chance to begin anew. While no nation is perfect, I believe this country remains unique in its enduring commitment to individual liberty and to the conviction that every person deserves the opportunity to pursue a better life.

My journey has taught me one profound lesson: we must never take freedom for granted. It is a precious gift. One that must be cherished, protected, and handed down to our children and our grandchildren.

As we celebrate 250 years of American independence, let us remember that this freedom is the very soil in which our faith and our families have been able to flourish. Let us give thanks to a country that opened its doors to us, and let us vow to uphold the values that make America the land of the free.

★ ★ ★  
UNITED STATES OF AMERICA  
**250<sup>TH</sup> ANNIVERSARY**  
— 1776 – 2026 —



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The **CARE Committee of the JCCP/CBT** organizes a community service project each month, many of them addressing the issue of food insecurity, with holiday turkey drives and collecting food for local food banks. Recently we collected used sheets and towels for local animal shelters and packed weekend snack packs for children who are food insecure, which were donated to the Center for Food Action who provides them to school children. In July we provided and served a complete chicken dinner for nearly 200 people at the **Family Promise Walk-In-Dinner** in Hackensack.

### UPCOMING GIVING MONTH PROJECTS ARE:

**AUGUST** Backpacks and school supplies for the Boys & Girls Club of Paterson and Passaic.

**SEPTEMBER** **Operation Isaiah**, collecting food for Jewish Family & Children's Services of Northern NJ.

**OCTOBER** Donating new books for The Family Learning Place at Children's Hospital at Montefiore.

**NOVEMBER** The CARE Committee **CARES For You**, a breakfast and informational program presented by CareOne, and our annual **Fran Leib Memorial Food and Turkey Drive**.



In May, CARE Committee members packed child-friendly, healthy snack packs, which were donated to the Center for Food Action.



Van Gogh wall painting created by our volunteers for the new BMVI office.

### COMMUNITY SPOTLIGHT

In 2025 the CARE Committee, participated in an art project to beautify the new office of the Bergen Volunteer Medical Initiative that was being built in Garfield. BVMI provides medical care and services to working people who have no medical insurance. Committee member Rima Rosenstein, a retired physician, volunteers at BVMI. Previously, we sponsored a collection of personal care items for them. Many volunteers helped to paint sections of a Van Gogh painting. In July, our painters were invited to see our work on the walls of the waiting room of the newly opened BVMI. A group of our participants traveled to Garfield and were so pleased to see their handiwork on display.



### THANK YOU

A HUGE thank you to everyone who helps make our projects so successful, month after month.

We welcome your suggestions for new projects.

**Sandy Alpern, Beth Chananie & Ruth Smith**  
Co-Chairs, CARE Committee

Right: Volunteers helped prepare and serve 170 meals provided by the JCCP/CBT to Family Promise.








**SUNDAY, SEPT 6**



**YOU matter**

**10:00AM**  
Registration  
**10:30AM**  
Walk

 Votee Park,  
Teaneck




 [www.NJFriendshipWalk.com](http://www.NJFriendshipWalk.com)

## Sandwich Club



Are you part of the Sandwich Generation — tending to the needs of your children while also caring for aging parents?

It has proven to be very helpful to have the support of others as we face these unique challenges. We welcome your participation as we meet to help each other along this journey.

The following meetings have been scheduled:

Tuesday, 9/1 in person at JCCP/CBT at 7:00 PM  
Tuesday, 10/1 on Zoom. Details to follow.

Please RSVP:

Debbie Zeiler (201)906-8257,  
Dibble.one@gmail.com  
Ruth Smith (201) 294-1854,  
ruthasmith1@gmail.com

## Congratulations to the 2026 Mixed Bag Lottery Winners!

Fran and Richard Winters  
Ruth and Stu Smith  
Linda and Leslie Klein  
Candice and Michael Feiler  
Lori and Michael Pechman  
Sandy and Richard Alpern  
Robert Nesoff  
Julie and Howard Leopold  
Hope and David Goodman  
Beth and Rob Chananie  
Debbie and Wayne Zeiler  
Amy Tobenkin  
Lisa and Scott Japko  
Hilda Schwartz

One FREE seat at High Holidays  
One FREE seat at High Holidays  
FREE close parking spot for High Holidays  
FREE close parking spot for High Holidays  
Shabbat dinner at JCCP/CBT for 4 people  
Shabbat dinner at JCCP/CBT for 4 people  
Shabbat Flower Arrangement  
Shabbat Flower Arrangement  
Edible Fruit Arrangement  
Edible Fruit Arrangement  
Shabbat Dinner for 4 people  
Shabbat Dinner for 4 people  
Bagel brunch  
Bagel Brunch





Shalom!

We are about to begin our 7th year of the joint Hebrew School with Congregation B'nai Sholom/Fair Lawn Jewish Center ("CBS/FLJC"), and we are bigger and better than ever! We have new students, new families, and new teachers along with an amazing calendar of regular classes and special events for all.

Due to the High Holiday schedule, we will not start classes until Erev Yom Kippur. As the fall holidays occur mainly on weekends, we expect that many of our students and families will be present in the synagogue for Succot and Simchat Torah services this year.

We welcome back some of our faculty, including both of our music teachers, Ralph and Matt, who bring the halls alive with song. We have several new teachers, as the number of students is growing, meaning more grade specific classes rather than doubling up the grades. A positive sign for the future of the school.

This year's parent education program will be more robust than ever. Parents are invited to monthly classes taught alternatively by Rabbi Weiner and Rabbi Bloostein, who began his leadership of CBS/FLJC in July. We look forward to both Rabbis being involved in our school this year. They will be leading tefillah for our students, as well as participating regularly in the classroom and I am thrilled to be working with them both.

I want to personally thank Stacie Newman and Kerry Salkin for heading up the new parent committee of the Community Hebrew School of Bergen County. Together we planned a fantastic mid-summer get together for our younger school families — close to 20 families attended and all had an amazing time— water play, bubbles, chalk, crafts, fruit loop necklaces, and of course, yummy snacks. We plan for more family fun occasions during the school year.

We will continue our free, popular Sunday Special class for 3- to 5-year-olds and their parents/caregivers. Our first Sunday Special of the year will be on October 18th in Paramus. Parents and grandparents, please put the date on the calendar for a morning of fun with the kids. Details will follow in the synagogue announcements.

There will be two specific occasions during the year when our students will participate in Shabbat morning services in the sanctuary. We also have a Friday night dinner planned in

Paramus, which will include a Kabbalat Shabbat service too. Of course, the students are invited to participate any Shabbat!

Last year we welcomed two Jewish college a cappella groups and we plan to do the same this year. You are all invited to attend the concerts. Always a great occasion!

Hebrew School registration is still open — if you know anyone looking for a wonderful Jewish education, please have them reach out to me at [edudirector@chsb.org](mailto:edudirector@chsb.org).

I wish you all a Shana Tova and let us pray for a peaceful year ahead.

*Lehitra'ot!*

**Marcia Kagedan**, Educational Director





## JCCP/CBT Book Club News

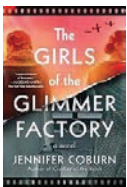
The books chosen from your recommendations sound wonderful and we will be prepared for some great reading and lively discussions. Mimi Levin welcomes all of your recommendations as they provide diversity and interest. Please call (201) 265-0454 or (201) 362-5593 with suggestions.



### The Shoemaker's Wife

By Adriana Trigiani

Tuesday, August 11 at 7 PM on Zoom  
Facilitator: Janet Topel



### The Girls of the Glimmer Factory

By Jennifer Coburn

Tuesday, October 13 at 7 PM on Zoom  
Facilitator: Sue Kaminer



### The Missing Pages

By Alyson Richman

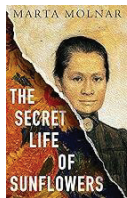
Tuesday, November 10 at 7 PM on Zoom  
Facilitator: Ruth Smith



### The Calamity Club

By Kathryn Sockett

Tuesday, December 15 at 7 PM on Zoom



### The Secret Life of the Sunflowers

By Marta Molnar

January 2027 – Date TBA  
Facilitator: Mimi Levin

## GWAN

### Group Without A Name

*All Grown Up*

*So many ongoing activities at the JCCP/CBT!*

### Come Join Us For Fun and Fitness With Allison

Monday and Wednesday

10:15-11:15 AM in the social hall at the JCCP/CBT

Work on cardio, core, balance, strength training, brain-body connection, eye-hand coordination, and enjoy a little Zumba for fun!



**TRY IT FOR FREE!**

Call Janet at 201-615-3429 or

Email [jttopel65@gmail.com](mailto:jttopel65@gmail.com)

### Lively Current Event Discussions



Mondays at 1:00 PM • Led by Herman Lindenbaum



**Canasta** - Tuesdays at 1:00 PM

**Mah Jong** - Thursdays at 1:00 PM

Often times we schedule lessons for both Canasta and Mah Jong



### Sunday Afternoon at the Movies

Stay tuned for the reopening of the JCCP/CBT movie theater in October!

Feel free to call Mimi Levin at 201-362-5593 or 201-265-0454 with any questions, suggestions for other games or any other appropriate activities.

## High Holiday Family & Adult Learning High Holiday Experiences

We are excited to announce additional opportunities for meaningful High Holiday experiences.

Sam Weiner will lead a unique **Family High Holiday Service for grades 4-7** on the first day of Rosh Hashanah and on Yom Kippur as well as an **Adult Learning High Holiday Service** on the second day of Rosh Hashanah and on Yom Kippur. The Family Service will take place at 10:30 on Rosh Hashanah and Yom Kippur. The Adult Learning Service will take place at 10:30 on the second day of Rosh Hashanah and following Yizkor, approximately 12:15, on Yom Kippur. Locations to be announced.

**Our Family Service** is an opportunity for parents and children **grades 4-7** to join in an age-appropriate High Holiday experience.

**Our Adult Learning** service is an opportunity for adults to learn more about the High Holiday service and prayers, to ask questions, and to have a different experience than the one offered in the sanctuary. Perhaps you have trouble understanding the prayers. Maybe the Hebrew is an impediment to your participation. This service just might be for you!



**Jewish Community Center of Paramus  
Congregation Beth Tikvah**

**~ ADULT EDUCATION 2026 - 2027 (5787)**

"He who does not increase his knowledge, decreases it ..." (Pirke Avot, 1:13)

Dear Fellow Congregants,

The Adult Education Committee is planning courses and events for the New Year, 2026-2027 (5787). Make this the year you take a class or attend a Book Club meeting whether in person at the synagogue or from the comfort of your own home on Zoom.

We hope you will expand your Jewish horizons by joining us for a variety of offerings, something for everyone: Classes taught throughout the year by Rabbi Weiner, Rabbi Gold, and others. We will also feature unique programs like Virtual Jewish Travel. This year we will continue the Jewish Virtual Museum series as well as the Jewish Scholars series in cooperation with Partners for Jewish Programming.

**Every Adult Education class and event at the JCCP/CBT is offered at little or no cost.**

In order to continue to provide free classes and cover our expenses for other events, we rely on donations from our **Annual Adult Education Appeal. The money we collect now is our only funding.** Adult Education is not funded by the synagogue. In these times, your generous donations are especially appreciated.

We look forward to hearing from you and thank you in advance for your continued support and commitment to Jewish education and our synagogue.

Sincerely,

*Mark Topel*

Adult Education Committee Chairman

✂.....

**~ ADULT EDUCATION SPONSOR FORM ~**

You can count on my/our support for the coming year. A check for \$ \_\_\_\_\_ is enclosed.

- ☐ Patron \$136.00 (Per individual or couple)
- ☐ Sponsor \$100.00 (Per individual or couple)
- ☐ Builder \$36.00 (Per individual or couple)
- ☐ Supporter \$18.00 (Per individual or couple)

Name(s) \_\_\_\_\_ email \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

## RECENT JCCP/CBT EVENTS



Left: Rabbi Weiner and Steven Montag, the featured speaker at our Yom Hashoah program. Right: Congregants lighting yahrzeit candles at the program.



JCCP/CBT members at the Israel Day Parade.



Our CARE volunteer artists visited the new Bergen Volunteer Medical Center to see our artwork on display.



A very cold spring morning for our Fran Leib Food and Turkey Drive for the Center for Food Action.



Our Hebrew school children learned how to make matzah at the Brooklyn Jewish Children's Museum.



CHSBC - Hebrew School graduation.

# SAVE the DATE



Eden Weiss

**Sunday, November 8, 9 a.m.**

An IMPORTANT program for ADULTS of ALL ages.

***The CARE Committee Cares About You***

This year's annual breakfast:

***"Know Before You Go"***

Featuring guest speaker, **Eden Weiss, LCSW**

*CareOne's Regional Director of Business Development*

Discussion to focus on "Know Before You Go," a valuable opportunity to educate families and caregivers on how to better prepare for important healthcare and aging-related decisions. The discussion will include what information should be brought to medical appointments and what questions to ask to ensure productive conversations with providers. Also it will highlight key considerations when touring subacute rehabilitation facilities, long-term care communities, assisted living, and other aging resources — such as understanding levels of care, services offered, staffing, therapy programs, transition planning, costs, and questions families may not think to ask. The goal would be to provide practical guidance and help aging adults and families feel more informed and confident when navigating these decisions.

Kosher breakfast will be supplied by CareOne of Teaneck.

RSVP: [Beth@JewishMediagroup.com](mailto:Beth@JewishMediagroup.com) or call the office (201) 262-7691.

***Join Us!!!***



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