

JEWISH COMMUNITY CENTER OF PARAMUS/ CONGREGATION BETH TIKVAH

Requests the pleasure of your presence at its

Annual Selichot Reception

Saturday, September 13 at 9PM

Honoring

JACK BAUER and RICHARD WINTERS



A Happy New Year

5786 – 2025

לשנה טובה תכתבו

TO THE CONGREGATION
AND ALL THE MEMBERS
OF THEIR FAMILIES

WE EXTEND OUR VERY BEST WISHES
FOR A NEW YEAR AMPLY BLESSED
WITH HEALTH, HAPPINESS &
WORTHWHILE ACHIEVEMENTS

**The Rabbi, Cantor,
Professional Staff, Officers,
and Board of Trustees.**



Judaism and the synagogue have been at the center of Sandy and Jack Bauer's lives since the day they met. Their friends and family had been trying to introduce them for a while, when Sandy Tursi, aged 16 and a BBG (B'nai Brith Girls) member and Jack, 18, an AZA (Aleph Zadik Aleph) member, finally met in April 1961 at a dance at the Bergenfield-Dumont Jewish Center. That was it!!! From that day forward, they did not date anyone else and were married in 1965. After living in several places, Jack and Sandy moved back to Bergenfield in 1972.

In 1938, Jack's parents, Alfred and Martha, and brother Howard came to the United States to escape the Holocaust. Jack's family settled in Washington Heights, New York where Jack and his late sister, Carol, were born. Later, Jack's

Fran Mitchel and Richard Winters first met in 1957 as students at Yavneh Academy. Fran, the daughter of Holocaust survivors and devoted JCCP members Dr. Selma and Stanley Mitchel (z"l), was born in Germany. Her family emigrated to the United States in 1948, initially settling in Brooklyn before moving to Paramus in 1956, where they quickly became active members of our synagogue.

Richard was born in Paterson, New Jersey, and went on to attend Yavneh Academy, Hackensack High School, Rutgers College, and New York Medical College, where he earned his M.D. in 1972.

Fran and Richard began dating in high school and married in 1970. While Richard attended medical school, the couple lived in Manhattan.

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Bauer continued...

family moved to Bergenfield, where Jack attended his last two years at Bergenfield High School. Jack graduated from Rutgers with a BA in History and later received an MA in History and an MBA in Management from Fairleigh Dickinson.

From 1974 to 1986, Jack worked as an internal auditor for Kidde, Inc. His role required extensive travel across the country—typically from Monday to Friday—for about 40 weeks each year. While Jack was on the road, Sandy remained at home, raising their daughters, Michel and Samara.

Even with all his travel, Jack became active in the BDJC. He was elected as a Trustee in 1972, later serving as Treasurer, First Vice President and then President. Jack will never forget the morning in February 1984, while he was in San Francisco, when he received a call from Sandy that their beloved synagogue had burned down.

Jack was appointed Chairman of the Rebuilding Committee, and with the help of the entire community, the synagogue was rebuilt. Jack was President when the BDJC reopened in 1987. He served as President from 1987 to 1988 and again from 1993 to 1994.

In 2002, due to several changes within the BDJC, Sandy and Jack became disillusioned with their once beloved shul. By chance they came upon the JCCP and found that they felt at home again and have been proud and active members since.

Jack became involved in our synagogue almost from the moment he and Sandy joined the JCCP. He played an integral role in arranging our merger with the New Milford Jewish Center, Congregation Beth Tikvah. He served on the synagogue board as Vice President and served as President of the JCCP/CBT from 2014 – 2016. During his presidency, he implemented our current security measures and completely modernized our building infrastructure, including our new roof and air conditioning, heating and electrical systems. He is also responsible for establishing our Human Resources Committee where he presently serves as co-chair.

In 1997, the Bauer's daughter Michel married her husband, David. They have two daughters, Melissa and Ariel. Jack and Sandy's younger daughter Samara married her husband Scott in 2010.

Jack is a staunch supporter of both our Friday night Kabbalat Shabbat Zoom services and Shabbat morning services. He has also been a regular at our evening Zoom minyanim almost every night since they began in 2020, sometimes leading services. He and his co-honoree for Selichot, Rich Winters—both Kohanim—often alternate taking the Kohen aliyah on Shabbat.

The JCCP/CBT is pleased to honor Jack at Selichot for his dedicated support of the religious life of our synagogue.

Winters continued...

Upon his graduation, they settled in Paramus, where they raised their two children, Leslie and Steven.

Leslie and her husband Michael live in Upper Saddle River with their children, Jaymie and Jack. Jaymie is currently pursuing her MSW at Loyola University in Chicago, and Jack is a senior at the University of Michigan, studying sports business. Steven, a certified personal trainer, lives in Florida.

Since moving to Paramus, Fran and Richard have been dedicated members of the JCCP/CBT community. They joined the Young Couples Club early on, with Richard serving as its president. Over the years, Richard has served our synagogue in many capacities: as a trustee, on the Strategic Planning Committee, the Nominating Committee, and the Religious Committee. He and Fran have also been long-time members of the Board of Governors, including serving as co-chairs.

Professionally, Richard has had a distinguished career in psychiatry. He served as an Associate Professor in the Department of Psychiatry at New York Medical College, his alma mater, and held several leadership roles at Metropolitan Hospital, including Director of Psychiatry Residency Training, Clinical Director of the Psychiatric Emergency Room, and Director of Continuing Education in Psychiatry. He was also an Attending Psychiatrist at Hackensack University Medical Center, Gracie Square Hospital, and Doctor's Hospital. Richard is a Diplomate of the American Board of Psychiatry and Neurology and a Distinguished Life Fellow of the American Psychiatric Association. Although he officially "retired" in 2007, he continues to maintain a thriving private practice in both Paramus and New York City.

Richard has received national recognition, including citations from the American Psychiatric Association for Excellence in Medical Student Education. He also served on the Physicians Cabinet of the United Jewish Community of Bergen County, blending his professional and communal commitments.

At the JCCP/CBT, Richard is perhaps best known for his inspiring davening and beautiful voice. He serves as Gabbai during Shabbat services, leads *Pesukei D'Zimrah* during the High Holy Days, and has chanted the Rosh Hashanah *Haftarah* for an incredible 49 consecutive years—a beloved synagogue tradition. A dedicated and frequent attendee of Shabbat services, Richard is often called upon to lead parts of the service, often on short notice.

Each summer, the popular JCCP/CBT "Shabbat Under the Stars" Friday night services are held in the Winters' stunning backyard garden—a true community highlight.

It is with great pleasure and heartfelt appreciation that we invite our synagogue family to honor Dr. Richard Winters at our Selichot services.



From the Rabbi



Rabbi Arthur D. Weiner

**"Go unto the mountain and be there."
~ Exodus 24:12**

The famed Hasidic leader Rabbi Menachem Mendel of Kotsk once asked: If God told Moses to "go unto the mountain," why add the words "and be there"? Isn't being there implied by going? His answer: One can stand on the mountain and not truly be there.

I think we understand what he meant. We've all lived that kind of absence: present in body, elsewhere in spirit. Sitting at the dinner table while scrolling through a phone. Attending a meeting while rehearsing tomorrow's to-do list.

Sitting in the sanctuary but drifting in thoughts that have nothing to do with prayer, reflection, or return.

As we enter the High Holiday season, this teaching becomes more than clever commentary. It becomes a gentle, urgent summons.

The High Holidays are not only about ritual or tradition. They are not just about showing up. They are about allowing ourselves to be engaged, fully, deeply, and honestly. They are the soul's way of saying: I am not just on this mountain. I am here. In this moment. With intention. With attention. With heart.

So we ask: Where else in our lives are we only partially present?

With our loved ones: are we truly listening, or just exchanging words? Do we hear the quiet beneath their sentences? Do we pause long enough to notice the tiredness in their voice, the joy in a passing glance, the need that remains unsaid? Presence in relationship means more than proximity. It means being attentive, not only to words, but to silences.

In our homes: are we nurturing connection or letting comfort breed indifference? Do we build our homes as sanctuaries of warmth and meaning? Presence means consciously making space for each other, and remembering that love grows through small acts of care.

In our congregation—do we come to feel, or only to fulfill? Community is not a checklist. When we walk through synagogue doors, do we allow ourselves to feel something special? Do we make room for awe, for discomfort, for joy? Presence in prayer and community means bringing our whole selves, not just our habits, but our hopes.

In our work—are we cultivating purpose, or just completing tasks?

Do we see our daily labor as contributing to something greater? Do we connect our tasks with our values? Do we honor our colleagues with dignity and care? Being present at work means refusing to let productivity eclipse purpose. It means remembering that every hour we give has weight and deserves attention.

The Kotsker Rebbe knew that presence is spiritual work. It's not just about being somewhere. It's about being awake to the holiness in that moment. When we choose to truly "be there," we open ourselves to growth, healing, and transformation. Isn't that what the High Holidays are all about?

This year, let us pray and work, not to be perfect, but to be present. And may that newfound awareness lead us not only to better days, but to a happier, healthier, and more fulfilling New Year.

L'shana Tovah – A happy and healthy new year to all.

From the Executive Director



Rita Miller Greenberg

Summer is winding down, and with the turning of the calendar, our hearts and minds begin to shift toward the High Holidays. While preparations for this special season begin months in advance, there is something about this time—these final weeks of summer—that brings a heightened sense of urgency, purpose, and focus. The anticipation builds, not just in the logistics of planning, but in the spirit of this time of year that defines this season.

Behind the scenes, our dedicated staff and volunteers are working tirelessly to ensure that every aspect of our

synagogue is ready—from the beauty of the sanctuary to the richness of our services. Every detail matters because this time of year matters deeply. It is a moment to reconnect with tradition, with each other, and with the values that we all hold dear.

As I mark my 25th year serving this remarkable community, I find myself filled with gratitude. Even after all these years, I continue to be inspired by the dedication, the generosity, and the deep sense of connection so many of you bring to our synagogue. Your involvement—in ways large and small—makes this place not just a building, but also a spiritual home.

In addition, to those who may not have found their way in just yet, I offer a heartfelt invitation: Now is the perfect time to get involved. Whether it is joining a committee, volunteering at an event, offering your skills behind the scenes, or sharing an idea for something new—we welcome your energy, your voice, and your vision. There is a place for everyone here, and your contribution can help shape the future of our community.

Not sure how to get involved? Call us. We are always here to help guide you. You might want to help with a monthly CARE committee event. Sisterhood and Men's Club always need help in the planning of, and shopping for, their wonderful events. Come to an Adult Education class either in person or on Zoom. We welcome you any way you wish to get involved. The most important thing is that you are involved and part of the Jewish Community Center of Paramus/Congregation Beth Tikvah.

L'shana Tovah



Light the Shabbat Candles



Friday, September 5.....	7:01 PM
Friday, September 12	6:49 PM
Friday, September 19	6:37 PM
Friday, September 26	6:26 PM
<i>(Shabbat Shuvah)</i>	

Light High Holiday Candles

Erev Rosh Hashanah Day 1: Mon., Sept. 22 ...	6:34 PM
Rosh Hashanah Day 2: Tues., Sept. 23	7:41 PM
Yom Kippur: Wed., Oct., 1.....	6:19 PM
Sukkot Day 1: Mon., Oct. 6.....	6:11 PM
Sukkot Day 2: Tues., Oct. 7	7:18 PM
Shimini Atzeret: Mon., Oct. 13	6:00 PM
Simchat Torah: Tues., Oct. 14.....	7:07 PM



JFCS

JEWISH FAMILY & CHILDREN'S SERVICES
OF NORTHERN NEW JERSEY



In conjunction with this year's High Holy Day Operation Isaiah food drive, the JCC of Paramus/Congregation Beth Tikvah's CARE Committee is partnering with JFCS to help our community!

Most Needed Items:*

- Coffee
- Canned Salmon
- Sugar
- Strawberry Jelly
- Nuts
- Dried Fruit
- Shampoo
- Sponges
- Toothpaste
- Toothbrushes



**Unopened and not expired. Other food and toiletry items not listed above are welcome.*

**Please drop off all items in the bin
inside the JCCP/CBT lobby from
Sept. 8 through Oct. 5.**

Monetary donations are also welcome. Checks are payable to "JFCSNNJ"

Questions? Call (201) 262-7691 or email Beth@JewishMediaGroup.com

JFCSNNJ.ORG 201.837.9090
Serving Bergen, Passaic, and Hudson counties!



FUNDRAISING

Consider supporting our shul by participating in these fundraising efforts:



- ❖ Leaf on the Tree of Life
- ❖ Sisterhood Gift Shop (open by appointment only; call synagogue office for more info)



Jewish Community Center of Paramus/ Congregation Beth Tikvah

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Phone (201) 262-7691 • Fax (201) 262-6516
office@jccparamus.org • www.jccparamus.org

RABBI	Arthur D. Weiner
RABBI EMERITUS	Aryeh L. Gotlieb, z"l
RABBI'S STUDY	(201) 262-7339
CANTOR	David Krasner
CANTOR EMERITUS	Sam Weiss
EXECUTIVE DIRECTOR	Rita Miller Greenberg
DIRECTOR OF CHSBC	Marcia Kagedan
HEBREW SCHOOL	(201) 262-7733
RECORD KEEPER	Naz Kashani
PRESIDENT	Stuart Conboy
VICE PRESIDENTS	Wayne Zeiler
	Robert Chananie
TREASURER	Steven Julis
FINANCIAL SECRETARY	Paul Duboff
RECORDING SECRETARY	Lana Brach
BULLETIN EDITORIAL	The Bulletin Committee
	bulletin@jccparamus.org

President's Message



Stuart Conboy

Hello my fellow congregants,

I am excited and humbled to be your president for the next two years. I am hopeful for the future. Our synagogue is where we share our simchas and our trials and come together as a second family. There are challenges ahead of us, challenges that many other Conservative synagogues are facing. But I know that our executive leadership and Board of Trustees are ready to face these challenges head on.

I also know that we cannot do it alone. We need you, our JCCP/CBT family. We need your participation. We need you to be involved and stay involved. It has been said time and time again, and I believe it to be true, that the only bad idea is the one that was never suggested. I look forward to hearing about your ideas, concerns, needs, and especially simchas from each and every one of you.

The foundation on which the JCCP/CBT was built is strong. It was built by our clergy and lay leaders, family and friends, adhering to and passing down traditions, and sharing kindnesses with each other, our community and the world. We are now the ones, all of us, who will honor that foundation by continuing to hold onto our Jewish values that will inspire the next generation.

Lastly, I would like to take this opportunity to thank Rabbi Weiner, Cantor Krasner, our Executive Director Rita Greenberg and our amazing staff at JCCP/CBT for all they do. Some of the results of their efforts can be seen but much is done behind the scenes. They work tirelessly throughout the year to help make our synagogue truly feel like our second home. Please remember to thank them in your own special way.

From my loved ones to yours, I wish you a healthy, happy, prosperous New Year. May we all be inscribed in the book of life. Shana Tova.

~ Stu Conboy

Must-Know Rosh Hashanah Words and Phrases

We use a variety of Hebrew words and terms throughout the High Holidays days. It is increasingly clear to Rabbis and Jewish educators that many of the terms and words we use are familiar, but are not fully understood by all. We need to change that. I want to share and define some words and terms in the hope that they will add to your understanding as well as provide additional opportunities for you to connect with the great ideas, themes, observances, and traditions of Rosh Hashanah and Yom Kippur.

Akedah. Pronounced ah-keh-DAH. Literally "binding," the *Akedah* refers to the biblical story of the binding of Isaac, which is traditionally read on the second day of Rosh Hashanah.

Chag sameach. Pronounced KHAG sah-MAY-akh. Literally "happy holiday," a common greeting on Rosh Hashanah and other Jewish holidays.

Elul. Pronounced el-OOL (oo as in food). The final month of the Jewish calendar, it is designated as a time of reflection, introspection and repentance.

Het. (also chet). Pronounced KHET (short e). Sin, or wrongdoing.

L'shana tovah u'metukah. Pronounced l'shah-NAH toe-VAH ooh-meh-too-KAH. A Hebrew greeting for the High Holiday season that means,

"For a good and sweet year."

Machzor. Pronounced MAHKH-zohr. Literally "cycle," the *machzor* is the special prayer book for the High Holidays, containing all the special High Holiday liturgy.

Selichot. Pronounced slee-KHOTE. Literally "forgivenesses," *Selichot* are prayers for forgiveness. *Selichot* refers to two related types of penitential prayers. The first are the prayers that are customarily recited daily at morning services during the month of *Elul*. This is also the name of the service that takes place late at night on the Saturday preceding Rosh Hashanah (August 28, 2021) and consists of a longer series of these penitential prayers.

Shofar. Pronounced shoh-FAR or SHOH-far (rhymes with "so far"). The ram's horn that is sounded during the month of *Elul*, on Rosh Hashanah, and at the end of Yom Kippur. It is mentioned numerous times in the Bible, in reference to its ceremonial use in the Temple and to its function as a signal-horn of war.

Tashlich. Pronounced TAHSH-likh. Literally "cast away," *Tashlich* is a ceremony observed on the afternoon of the first day of Rosh Hashanah, in which sins are symbolically cast away into a natural body of water. The term and custom are derived from a verse in the Book of Micah (Micah 7:19).



ORDER YOUR LULAV & ETROG SET

To increase the awareness and observance of *Sukkot* among our membership and the larger community, the Jewish Community Center of Paramus/Congregation Beth Tikvah will again provide *Lulavim* and *Etrogim* from Israel for those who wish to order them. They will be delivered to our congregation straight from our supplier in Israel, ready for the joyous festival of Sukkot. **Sukkot begins on Tuesday evening, October 7, 2025.**

We encourage each family in the congregation to purchase a Lulav and Etrog and observe this great *Mitzvah*. Each set will include all the four species: the **etrog**, the **lulav**, the **hadassim** (myrtle), and **aravot** (willow). The price for each set is \$45.00.

The deadline for orders is September 30, 2025

Your *Lulav* and *Etrog* will be ready for pickup on Tuesday, October 7, 2025, and throughout the observance of Sukkot.

To order your Lulav and Etrog please do one of the following:

- 1. Call the Synagogue office at 201-262-7691**
- 2. Email the synagogue office at office@jccparamus.org**
- 3. Return the following order form by September 30, 2025.**

Name: _____

Email: _____

Telephone: _____



JCCP/CBT HIGH HOLIDAY SERVICES ☆ 5786 – 2025



A Happy New Year

5786 – 2025

לשנה טובה תכתבו

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of the Congregation

SELICHOT SERVICE

Saturday, September 13 9:00 PM In person/Livestream

EREV ROSH HASHANAH

Monday, September 22 6:30 PM In person/Livestream

ROSH HASHANAH – DAY 1

Tuesday, September 23 9:00 AM In person/Livestream
Traditional

TASHLICH

Tuesday, September 23 6:00 PM In person only/No Livestream

MINCHA/MAARIV

Tuesday, September 23 6:30 PM In person/Livestream

ROSH HASHANAH – DAY 2

Wednesday, September 24 9:00 AM In person/Livestream
Egalitarian

MINCHA & MAARIV

Wednesday, September 24 6:30 PM In person/Livestream

MINCHA/KOL NIDRE/MAARIV

Wednesday, October 1 5:30 PM In person/Livestream
Egalitarian

YOM KIPPUR DAY

Thursday, October 2 9:00 AM In person/Livestream
(Yizkor approximately 11:30 AM) Traditional

MINCHA/NEILAH/MAARIV

Thursday, October 2 4:45-7:26 PM In person/Livestream
(conclusion of Yom Kippur) Egalitarian

SUKKOT - DAY 1

Tuesday, October 7 9:30 AM In person/Livestream
Traditional

SUKKOT - DAY 2

Wednesday, October 8 9:30 AM In person/Livestream
Egalitarian

VIRTUAL EARLY YIZKOR SERVICE

Monday, October 13 5:30 PM Zoom

SHEMINI ATZERET/YIZKOR

Tuesday, October 14 9:30 AM In person/Livestream
Traditional

SIMCHAT TORAH EVENING

Tuesday, October 14 7:15 PM In person/Livestream
Egalitarian

SIMCHAT TORAH MORNING

Wednesday, October 15 9:30 AM In person/Livestream
Egalitarian

For further information about the services, please call the office.



HIGH HOLIDAY RECORDINGS ON OUR WEBSITE

HIGH HOLIDAY MELODIES, IN THE SYNAGOGUE AND AT HOME

Please visit the JCCP/CBT website's [Listen and Learn](#) page to hear MP3 recordings of favorite High Holidays congregational refrains, which are matched to Hebrew and transliterated PDF sheets of the prayers. The sheets can be read and printed from the same webpage, plus you may pick up the same sheets as you enter the High Holidays services in the JCCP/CBT sanctuary. Slip one into your new Lev Shalem Machzor — at home or in the synagogue — and get into the spirit!

Please take advantage of this material to make your High Holiday prayer experience more enjoyable — especially by singing at home some melodies that might be skipped due to this year's abbreviated services.

Also check out the [Listen and Learn](#) page of prayers for the home:

How to bring **Rosh Hashanah**, **Festivals** and every **Shabbat** to our mealtimes with the appropriate versions of the **Kiddush**, as well as how to mark the conclusion of **Shabbat** and **Holidays** with the **Havdalah** ceremony.

The [Listen and Learn Birkat Hamazon](#) section now also includes the blessings made before eating various foods.

For all of the above prayer sheets and song files go to: www.jccparamus.org/education/listen-and-learn-prayers/



Hersh Goldberg Polin's Chocolate Chip Cookies

Continuing our tradition of including delicious recipes for our loyal JCCP/CBT family, we decided to reprint a special one that ran in the **Jewish Standard**. It was in honor of American-Israeli Hersh Goldberg-Polin,* 23, who was wounded and abducted by Hamas during the Re'im music festival massacre on October 7, 2023. He was held hostage for almost 11 months, until his body was recovered from a tunnel in Rafah in the Gaza Strip on August 31, 2024.

This recipe, Hersh's favorite cookies, was reprinted with permission from Norene's Kitchen Facebook page, the Gilletz family; it came from Hersh Goldberg-Polin's family. We hope everyone who makes the sweet recipe we chose for the New Year smiles and thinks of Hersh, z"l, and remembers and prays for him and all the other hostages.

**Side note, Hersh Goldberg-Polin was one of the original hostages our shul "adopted" to especially pray for.*



Ingredients:

- 1 cup softened butter
- ½ cup white sugar
- 1¼ cups of brown sugar – can use all brown or all white
- ½ teaspoon vanilla extract
- ½ teaspoon cardamom
- ½ teaspoon cinnamon
- 2 large eggs
- 2¼ cups white flour - Half spelt is a fun twist
- 1 teaspoon baking soda
- 1/2 teaspoon baking powder
- 1 teaspoon of salt
- 2 cups chocolate chips

Instructions:

In a mixer with a flat beater, mix the butter with sugars and spices until smooth. Gradually add the eggs, mixing for another two minutes. In a separate bowl, mix all the other ingredients, except the chips. Then, gently mix together and add the chocolate chips, until everything is mixed. Cover the bowl and put in the refrigerator, at least half an hour, or even overnight. Preheat the oven to 350°F. Roll out the cookie dough and use a cookie cutter to make small balls. Place on a cookie sheet lined with parchment paper. Gently flatten the cookies and leave space in between for baking. Bake for about 10 minutes until the cookies are golden brown, but soft in the center. Remove and cool on a wire rack and wait for the compliments to roll in. Remember to smile and think of Hersh Goldberg-Polin, z"l.



5786/2025 NEW YEAR'S GREETINGS

Renee & Arthur Abrams
Zelda Abrams
Payam & Anna Aghachi
Sandra & Richard Alpern
Natalia & Yan Anchipolovsky
Rebecca & Dennis Anglani
Estelle Argaman
Fran Aronesty
Avichai & Lauren Atari
Randy & Paul Auerbach
Joan & Carl Bagner
Katherina & Mark Bak
Deborah & Richard Barbash
Jill & Jeffrey Bart
Sara & David Barzillai
Sandra & Jacob Bauer
Asi & Hagit Berger
Marilyn & Ralph Berkowitz
Irene Brickman & Adolph Berman
Ruth Berman
Randie & Howard Berner
Claire Beslow
Frances Blackman
Stanley Blecher
Karen & Bernard Blick
Diana Bodeen & Jon Rothschild
Helga Bodeen
Gilda & Herb Botwinick
Lana & Peter Brach
Mark Brandwein
Dina & Jeff Braun
Arie Bronstein
Lois & Arnold Brown
Beth & Robert Chananie
Lisa & Michael Cleaver
Beverly & Arthur Cohen
Lori & Harlan Cohen
Elaine & Martin Cohen
Judith & Raymond Cohen

Nancy & Stanley Cohen
Iris & Uri Cohen
Susan & Howard Cohn
Sheldon Cole
Shana & Stuart Conboy
Betty D'Ver
Shai & Meyrav Danan
Siona & Sandu Davidovitch
Beverly & Milton Diamond
Lindsay & Justin Donovan
Brian Doughty
Carol Rosensstock & Dennis Doughty
Michelle Doughty
Bernice Drapkin
Jeffrey Dreifus
Linda & Paul Duboff
Barbara Edlin
Judy & Michael Elfenbein
David Elliot
Michael Epstein
Alyce & Joseph Esrig
Phyllis Esterow
Benjamin Fais
Candice & Michael Feiler
Sandy Feinberg
Ina Feinstein & Ian Shore
Mr. & Mrs. Craig Fenster
Joanne & Nathan Fink
Frieda & Alan Finkelstein
Jacqueline & Steven Finkelstein
Beverly & Barry Fishman
Iris & Herbert Fleishman
Amy & Stephen Forman
Judith Freund
Jeffrey Friedlander
Kerry and David Futterman
Linda & Arthur Gaer
Roselyn Gerard
Adele & Michael Ginsberg

Nina & Gary Glaser
Phyllis & Kenneth Glatzer
Marni & Aaron Gold
Stephen Gold
Stacey & Charles Goldberg
Irma Goldberg
Nancy Goldfarb
Nicole & Marco Goldish
Roberta Goldstein
Shayna & David Gombas
Hope & David Goodman
Rhonda & Daniel Gordon
Nancy & Roy Gordon
Marylin Granat
Barbara & Robert Grodsky
Janet & Ira Grotsky
Leo & Beth Guttman
Shari and Manny Haber
Rachael & Lionel Hausman
Lynn & Charles Holz
Barbra & Kenneth Horner
Nancy & Lawrence Horowitz
Janie & Philip Horowitz
Helen Hutmacher
Audrey & Lloyd Hyman
Gina & Louis Izower
Lisa & Scott Japko
Shifra & Jay Jenkins
Sandra Jonas
Suzana & Steven Julis
Larry Kahn
Susan & Bruce Kaminer
Donna & Alan Kaminsky
Esther Kantrowitz
Harold Kaplan
Marcia Katz
Leni Kirsch
Linda & Leslie Klein
Ruth and Richard Kling

cont'd...

Melissa & Jeff Kolodkin
 Renee & Bruce Konigsberg
 Marcia Kopeloff
 Claudia & Harry Kramer
 Harriet Kugler
 Alexander Kushner
 Mrs. Sally Lax
 Janet Leeds
 Leslie & John Lehman
 Daniel Leib
 Roselba & Ira Leibowitz
 Sheila & George Leipsner
 Julie & Howard Leopold
 Jennifer & Kevin Leopold
 Mildred Lerman
 Miriam Levin
 Rita Levin
 Craig Levinsohn
 Jon Levinson
 Barbara & Daniel Liebgott
 Rhoda Liebowitz
 Susan & Stanley Liebowitz
 Herman Lindenbaum
 Andrea & Jeffrey Link
 Frances & Marvin Lipton
 Michael Long & Emily Klotz
 Marsha & Eric Lowenthal
 Michelle Lustberg
 Edith Maclin
 Rachel & George Malamud
 Evelyn Masheb
 Debra & Peter Mason
 Roz & Robert Mehr
 Jane & Mark Menegus
 Barbara Merker
 Cynthia & Bruce Meyer
 Linda & Barry Miller
 Lauren & Gideon Miller
 Jacob Miller
 Vivien Miller
 Joan & Jack Mintz
 Sandra & Lawrence Mintz
 Andrea & Stuart Mirowitz
 Roberta Paley & Joseph Moskowitz

Tina & Eliahou Murad
 Barbara & Paul Nadel
 Albert Nahum
 Bob Nesoff
 Lois & Edward Newman
 Inna & Igor Okunev
 Lori & Michael Pechman
 Susan & Murray Perl
 Joan Plavin
 Phyllis & Larry Polevoy
 Linda & Melvin Polkow
 Sheila & Joel Pollack
 Sally Prosky
 Steven Prystowsky
 Shawn Rabban
 Debra & Arie Rave
 Irene Reiss
 Lisa & Matthew Root
 Linda & Howard Rose
 Martin Rosenbaum
 Rima & Roger Rosenstein
 Roy Ross
 Carol Rossmer
 Bia Roth
 Nina & Russell Rothman
 Joi & Richard Rothschild
 Claudia & Arnold Rubenstein
 Roni Rubin
 Wendy & Barry Salkin
 Davida & David Saltzberg
 Helen Schmelkin
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Save The Date

SUNDAY, NOVEMBER 2
For an elegant brunch
at the JCCP/CBT to
honor and celebrate



MIMI LEVIN

a true
Woman of Valor

WATCH FOR
UPCOMING DETAILS

David Goodman named JFCS of Northern NJ president



Evan Hochberg and David Goodman

The JCCP/CBT is proud of our congregant **David Goodman** who was named the new board president of Jewish Family & Children's Services of Northern NJ. The organization also welcomed its new CEO, **Evan Hochberg**; both were recognized at JFCS' annual meeting on June 30.

Our shul supports JFCS-NNJ all year long, beginning with the Operation Isaiah Food Drive collection, set for September 8 to October 5, to benefit the JFCS Corner Market Food Pantry. Look for the donation bin inside the shul lobby!

Support the JCCP/CBT when you shop for

Rosh Hashanah

**ShopRite ♦ Stop & Shop
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\$50 or \$100

To purchase, please contact:

Eileen Schneider at 201-914-0366
(Eileenschneid@gmail.com)

Delivered to your home!

The JCCP/CBT receives a 5% donation for each card sold!





The new CARE Committee (Community Action Reaching Everyone) Co-Chairs, Sandy Alpern, Beth Chananie, and Ruth Smith are looking forward to a great year with some old and some new monthly projects. We welcome your ideas for new projects.



SEPTEMBER: “Operation Isaiah,” our food/toiletry/ household item collection to benefit the Jewish Family & Children’s Service Corner Food Pantry. Donations accepted from September 8 to October 5.

OCTOBER: “The CARE Committee CARES For You,” (a new series), with breakfast and speaker from CareOne on “Fall Prevention.” The Paramus Health Department will also attend.

NOVEMBER: The Fran Leib Memorial Turkey Drive to benefit the Center for Food Action and the annual “Adopt a Family” to benefit the pantry at the Paramus Department of Health and Human Services.

DECEMBER: Toy Drive to benefit Paramus Policemen's Benevolent Association (PBA).

JANUARY: The annual David Shulman Memorial Coat Drive – collecting new and “like new” coats.



Debbie Zeiler outgoing Co-Chair of CARE Committee, with first VP Wayne Zeiler



Volunteers helped prepare and serve 160 meals provided by the JCCP/CBT to Family Promise



Outgoing Co-Chair of CARE Committee Roz Gerard and her son Steve



L'SHANA TOVA

Best Wishes for a Sweet New Year From Sisterhood!



The new Sisterhood co-Presidents are looking forward to a great year! While we know we have big shoes to fill, we are already busy planning and looking for ideas for some exciting events and activities.

Our first events will be as follows:

- September 14th: Sisterhood/Men's Club opening breakfast (9:30 a.m.). This free event is open to all, and will feature a discussion by Leonard J. Witman, Esq., lecturer and author in the tax, estate, elder law planning and deferred compensation fields.
- October 10th: Shabbat/Sukkah dinner (more details to follow).

If anyone would like to become involved in Sisterhood, or has any comments or questions, please reach out to any or all of us. We look forward to welcoming everyone back in September!

Lisa Japko: lisajapko@gmail.com

Roz Mehr: rmehr5@hotmail.com

Julie Leopold: julieleopold@yahoo.com



Rabbi Arthur Weiner of the JCC of Paramus/Congregation Beth Tikvah stops to congratulate his long-term congregant Al Nahum along the parade route.

World War II vet, 100, is Paramus July 4 parade's grand marshal

Al Nahum, 100, a U.S. Army World War II veteran and 70-year Paramus resident, was the grand marshal of this year's July 4 parade in Paramus. About a week before the parade, the town's mayor, Chris DiPiazza, and its council president, Ace Antonio, visited Mr. Nahum in his home to present him with the official sash.



Paramus Mayor Chris DiPiazza, right, and Paramus Council President Ace Antonio flank Al Nahum.

Friendship WALK

SUNDAY SEPT 14

1 WE ARE ONE

Friendship Circle

10:00AM
Registration

10:30AM
Walk

Yeshivat Noam
70 W. Century Rd., Paramus

www.NJFriendshipWalk.com

L'SHANA TOVA

Register Now!!!

The Jewish Community Center of Paramus/Congregation Beth Tikvah and Congregation B'nai Shalom/Fair Lawn Jewish Center are proud to have had another successful year and look forward to 2025-2026.

Community Hebrew School
of Bergen County

over 100 years of Jewish education experience

Register for our Regional Hebrew School located in Fair Lawn and Paramus

Family Activities and Holiday Celebrations!
Pre-Kindergarten - 7th grade

Contact Educational Director Marcia Kagedan
for registration information:
<http://www.chsb.org/parents/registration-form/>
201-815-8136 or edudirector@chsb.org



Welcome to a new school year at the Community Hebrew School of Bergen County. We have a full and exciting year planned for our students. As always, we meet some days at Congregation B'nai Sholom/Fair Lawn Jewish Center and some days at the Jewish Community Center of Paramus/Congregation Beth Tikvah.

We're thrilled to welcome back several of our amazing teachers—and to introduce three new educators. This year, we're lucky to have two fantastic music teachers, Ralph and Matt, who are sure to be a hit with our students. It's shaping up to be a great year!

As always, the beginning of the year will be filled with refreshing our Hebrew skills while at the same time preparing for the month of Tishrei. The children will learn the traditional melodies of some of our High Holiday liturgy and make decorations for both the Paramus and Fair Lawn sukkahs. Families are invited on the **Sunday of Sukkot, October 12**, to join their children in the Paramus sukkah for brunch.

Our **Sunday Specials** program for children ages 3–5 and their parents or grandparents returns this year! These fun, free monthly sessions include music, stories, crafts, and snacks. The first Sunday Special will be **September 28 from 9:30–10:45 a.m. in Fair Lawn**, with a festive Sukkot theme. Don't miss it!

We're also bringing back a beloved tradition: the **Shofar Corps**! Older students and Hebrew School alumni will learn to blow the shofar and share their talents by sounding the shofar at senior residences and for homebound community members. It's always a powerful and meaningful experience.

Our youth program, **Kadima** (4th–7th graders), will have its opening event on Sunday, September 28, at Temple Israel in Ridgewood. Kadima (and USY for 8th–12th graders) is a combined youth group of JCCP/CBT, CBS/FLJC and TI/Ridgewood. On September 28, at 12:15 p.m., the Kadima group will meet in Ridgewood for pizza lunch, activities, sports, and crafts. Synagogue membership is not required to be part of either of our youth programs.

USY will begin the year with a fun **apple-picking trip on Sunday, September 14**, in partnership with the Bergen County High School of Jewish Studies.

Hebrew School registration is still open – if you know someone looking for a wonderful Jewish education for their child, please have them reach out to me at edudirector@chsb.org.

Marcia Kagedan, Educational Director

INVITING ALL 4th–7th graders

FLIPPER KADIMA Youth Program is sponsored by

Congregation B'nai Sholom/ Fair Lawn Jewish Center

Jewish Community Center of Paramus/Congregation Beth Tikvah

Temple Israel Jewish Community Center Ridgewood.

OPENING EVENT

Sunday September 28th 12:15–1:45

TEMPLE ISRAEL, 475 Grove Street, Ridgewood



PIZZA LUNCH, SPORTS and CRAFTS

1st Event is FREE. BRING YOUR JEWISH FRIENDS ALONG!
FUTURE EVENTS ARE PAY AS YOU GO. NO MEMBERSHIP FEE.

Synagogue membership not required.

Events this year include: BOWLING, SPORTS, SNOW TUBING,
EGG CREAM CREATION, MOVIE NIGHT, ADVENTURE PARK!

RSVP with any dietary needs and questions: Contact FLIPPER Advisor,
Marcia Kagedan, edudirector@chsb.org

CHSBC = Community Hebrew School of Bergen County sponsored
by Congregation B'nai Sholom/Fair Lawn Jewish Center and the
Jewish Community Center of Paramus/Congregation Beth Tikvah

INVITES ALL CHILDREN AGES 3–5

"SUNDAY SPECIAL"

A free monthly program for younger children with a
parent/caregiver, offered by CHSBC.



Sunday September 28th, 9:30–10:45

**GET READY FOR YOM KIPPUR
AND SUKKOT with
CRAFTS, SNACKS (Kosher and nut free)
STORIES, MUSIC and GAMES**

THIS MONTH'S LOCATION:

Congregation B'nai Sholom/Fair Lawn Jewish Center
10–10 Norma Avenue.

RSVP: **Marcia Kagedan** edudirector@chsb.org



JCCP/CBT Book Club News

Dear Book Club participants,

The books that have been chosen because of recommendations by many of you sound wonderful and we are in for some great reading and lively discussions. I welcome all your recommendations as they provide diversity and interest.



The Prison Minyan
By Jonathan Stone
Sunday, Sept. 7 at 10:00 AM
In Person at JCCP/CBT
Facilitator – Janet Topel

The Shell Seekers
By Rosamunde Pilcher
Sunday, Oct. 19 at 10:00 AM
Location TBA
Facilitator – Mimi Levin



The Stolen Life of Colette Marceau
By Kristin Harmel
Sunday, Nov. 16 at 10:00 AM
Location TBA
Facilitator – Janet Topel

Atmosphere
By Taylor Jenkins Reid
Sunday, Dec. 21 at 10:00 AM
In Person at JCCP/CBT



Trust
By Herman Diaz
Sunday, Jan. 25 at 10:00 AM
In Person at JCCP/CBT

The Unexpected Diva
By Tiffany Warren
Sunday, Feb. 22 at 10:00 AM
In Person at JCCP/CBT

If you would like to lead a discussion or have any questions, contact Mimi Levin at 201-265-0454 or 201-362-5593.

GWAN

Group Without A Name

All Grown Up

So many ongoing activities at the JCCP/CBT!

Come Join Us For Fun and Fitness With Allison

Monday, Wednesday and/or Friday

10:15-11:15 in the social hall at the JCCP/CBT

Work on cardio, core, balance, strength training, brain-body connection, eye-hand coordination, and enjoy a little Zumba for fun!



TRY IT FOR FREE

If interested call Janet at 201-615-3429
or email jttopel65@gmail.com



Lively Current Event Discussions

Mondays at 1:00 PM • Led By: Herman Lindenbaum



Canasta - Tuesdays at 1:00 PM

Mah Jong - Thursdays at 1:00 PM

Often times we schedule lessons for both Canasta and Mah Jong



Sunday Afternoon at the Movies

Stay tuned for emails about upcoming movies at the JCCP/CBT

GWAN/Sisterhood/Mens Club Cards and Game Afternoon

Date to be announced

Feel free to call Mimi Levin at 201-362-5593 or 201-265-0454 with any questions, suggestions for other games or any other appropriate activities.

High Holiday Family & Adult Learning High Holiday Experiences

We are excited to announce additional opportunities for a meaningful High Holiday experience.

For many years, we have offered a unique **Family High Holiday Service** on the first day of Rosh Hashanah and on Yom Kippur and an **Adult Learning High Holiday Service** on the second day of Rosh Hashanah and Yom Kippur. These services will be led by Sam Weiner and will take place in the Bodeen Chapel.

Our Family Service is an opportunity for parents and children to join in an age-appropriate High Holiday experience for the entire family.

Our Adult Learning High Holiday service is an opportunity for adults to learn more about the High Holiday service and prayers, to ask questions, and encourage a different type of experience than the one offered in the sanctuary. Perhaps you have trouble understanding the prayers. Maybe the Hebrew is an impediment to your overall participation, or your High Holiday experience is simply not being met by our existing High Holiday offerings. You are not alone. This service just might be for you.



**Jewish Community Center of Paramus
Congregation Beth Tikvah**

~ ADULT EDUCATION 2025-2026 (5786)

"He who does not increase his knowledge, decreases it ..." (Pirke Avot, 1:13)

Dear Fellow Congregants,

The Adult Education Committee is planning courses and events for the New Year, 2025-2026 (5786). Make this the year you take a class or attend a Book Club meeting whether in person at the synagogue or from the comfort of your own home on Zoom.

We hope you will expand your Jewish horizons by joining us for a variety of offerings, something for everyone: Classes taught throughout the year by Rabbi Weiner, Rabbi Gold, Dr. Thorin Tritter and others. We will also feature unique programs like Virtual Jewish Travel. This year we will also add a Jewish Virtual Museum series as well as a new Jewish Scholars series in cooperation with Partners for Jewish Programming.

Every Adult Education class and event at the JCCP/CBT is offered at little or no cost. In order to continue to provide free classes and cover our expenses for other events, we rely on donations from our **Annual Adult Education Appeal. The money we collect now is our only funding.** Adult Education is not funded by the synagogue. In these times, your generous donations are especially appreciated.

We look forward to hearing from you and thank you in advance for your continued support and commitment to Jewish education and our synagogue.

Sincerely,

Mark Topel

Adult Education Committee Chairman

✂.....

~ ADULT EDUCATION SPONSOR FORM ~

You can count on my/our support for the coming year. A check for \$ _____ is enclosed.

- ☐ Patron \$136.00 (Per individual or couple)
- ☐ Sponsor \$100.00 (Per individual or couple)
- ☐ Builder \$36.00 (Per individual or couple)
- ☐ Supporter \$18.00 (Per individual or couple)

Name(s) _____ email _____

Address _____ Phone _____

RECENT JCCP/CBT EVENTS



Outgoing President Stu Smith with Rabbi Weiner.



Newly installed president Stu Conboy with his wife Shana and their recently bar mitzvahed son, Gerry.



Lori Cohen and Ruth Smith, outgoing longtime Co-Chairs of Sisterhood.



Above: Congregant Steve Julis holds a Torah at the Yom Hashaah Program held at the JCCP/CBT. Below: JCCP/CBT member Michael Epstein, a survivor.



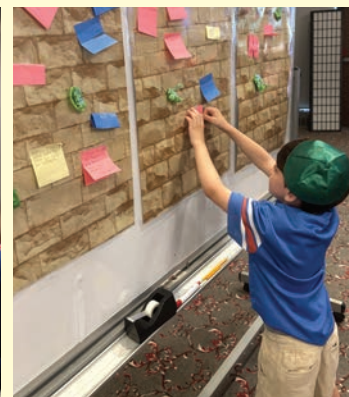
Above and below: CARE volunteers painted canvases to create what will be a beautiful wall hanging for the Bergen Volunteer Medical Initiative's new office.



Below and at right: The Hebrew School students at CHSBC celebrating Yom Ha Atzmaut, Israel's Independence Day. All the games were invented in Israel.



SIP - A session of our Synagogue Involvement Program to help people feel more comfortable at services, led by Rob Chanie.



Jewish Community Center of Paramus
Congregation Beth Tikvah
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Debbie Zeiler
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