

SAVE THE DATE!

APRIL 5

- Book Club:
"An Observant Wife"

APRIL 6

- Fran Leib Memorial Spring
Food Drive

APRIL 10

- Movie Afternoon:
"Tango Shalom"

APRIL 15

- First Passover seder at
sundown

APRIL 27

- Yom HaShoah – Holocaust
Memorial Service

MAY 22 OR 24

- Book Club:
"Life After Life"

JUNE 26

- Book Club:
"The Orchardist"

*The JCCP/CBT clergy, board of directors,
and staff wish everyone a Happy Passover!*



Just know that we are thinking of you and if you would like
to chat with someone, feel free to give us a call:

(201) 262-7691, or email: Rabbi@JCCParamus.org

Please check your email and our website for the latest updates.



**For information regarding In-Person and Zoom
Passover services, see page 3.**

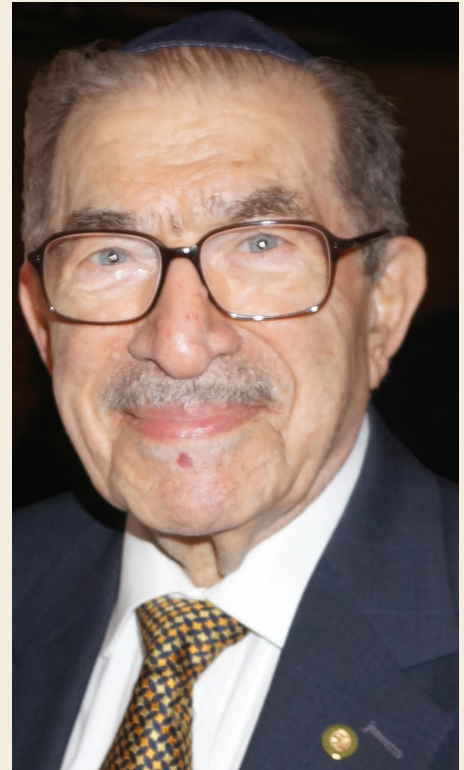


Sincere Thanks Al Nahum

For initiating the Current Events Discussion Group many years ago and then for successfully moderating it and keeping everyone informed for such a long time.

Because of your outstanding leadership this program was educational, diverse and interesting to all who attended.

Thank you Al!



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PASSOVER

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To purchase, please contact:

Eileen Schneider at 201-914-0366
(EileenSchneid@gmail.com) or

Mimi Levin at 201-362-5593
(GrandmaMimiL@verizon.net)



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From the Rabbi



Rabbi Arthur D. Weiner

An interesting article appeared recently in the *New York Times* – *Pastor Resigns After Incorrectly Performing Thousands of Baptisms* told the story of Father Andres Arango, the pastor of the St. Gregory Catholic Church in Phoenix. He accidentally changed a word in the ritual that a Catholic priest must say correctly for a baptism to be a valid sacrament.

This is not a small error. Father Arango had been a priest for over two decades. He performed thousands of baptisms during the course of his ministry in Brazil, San Diego, and Phoenix. According to canon law, all those baptisms are technically invalid, affecting the religious status of thousands of people.

Baptism is a sacrament, and is a “requirement for salvation,” according to the diocese of Phoenix. Some things just have to be done right!

When I read this article, I could not help but consider the various elements and rituals of Judaism that allow for innovation and change, and those which must be conducted according to the time-honored way established by our rabbis and sages. There are many ways to conduct a Bar or Bat Mitzvah ceremony. But there is only one way to conduct an *Aliyah* to the Torah that is the central aspect of the rite of passage that a Bar or Bat Mitzvah ceremony actually represents. There are several approaches to conducting a Jewish wedding ceremony that are within the framework of Jewish law. Yet there is only one way to conduct a valid and legally recognized Jewish divorce. The same could be said for a conversion, a *Brit Milah*, or other ceremonies that help to define personal religious status.

Passover is approaching. It is my great hope as of the writing of this column (well before Purim, to be honest) that the decreasing rates of Covid-19 contagion that have characterized February and March will allow for greater possibilities to gather with your family and friends for Passover this year in ways that the previous two Passovers did not. As wonderful as Zoom, FaceTime, and all the other technological innovations that we have depended upon to allow for human contact during the pandemic truly are, they are a poor substitute for the human interactions we took for granted in the pre-pandemic era. Passover is known in the liturgy as *Z'man Cherutanu*, the season of our freedom. God willing, I suspect that these words will have added meaning this year.

PASSOVER SERVICES In-Person and Livestreamed

Passover services will be both in-person and on livestream on the first two days of Passover, April 16 and 17, and the last two days of the holiday, April 22 and 23.

See the schedule in this Bulletin and email announcements for more information.



The Chananie's Zoom Pesach seder 2021

Jewish Community Center of Paramus/ Congregation Beth Tikvah

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LISTEN AND LEARN SEDER MELODIES

on the JCCP/CBT WEBSITE

- | | |
|--|---|
| (1) Kadeish, Ur'chatz, Karpas, Yachatz... | קִדֵּשׁ, וּרְחֹץ, כָּרְפָס, יַחַץ |
| (2) Mah nishtanah halaylah hazeh... | מָה נִשְׁתַּנָּה הַלַּיְלָה הַזֶּה |
| (3) Avadim hayinu... | עֲבָדִים הָיִינוּ |
| (4) V'hi she-am'dah... | וְהִיא שֶׁעֲמָדָה |
| (5) The 10 Plagues [Dam, Tz'fardeia, Kinim...] | דָּם, צְפַרְדֵּי, כִּנִּים |
| (6) Dayeinu | דַּיִינוּ |
| (7) Ma lecha hayam... | [בְּצֵאת יִשְׂרָאֵל] מַה־לָּךְ הַיָּם |
| (8) Yevarech et beit yisra'eil... | [ה' זְכָרְנוּ יְבָרֵךְ] יְבָרֵךְ אֶת בֵּית יִשְׂרָאֵל |
| (9) Halelu... Hodu... | הַלְלוּ אֶת ה'... הוֹדוּ לֵה' |
| (10) Chasal sidur pesach... L'shanah ha-ba'ah | חֲסַל סִדּוּר פֶּסַח [לְשָׁנָה הַבָּאָה] |
| (11) Adir hu, yivneh veito b'karov | אֲדִיר הוּא, יִבְנֶה בֵּיתוֹ בְּקָרוֹב |
| (12) Echad mi yodei'a | אֶחָד מִי יוֹדֵעַ |
| (13) Chad gadya | חָד גְּדִיָּא |

PLUS references to the Kiddush and Birkat Hamazon

Print out your own transliterated song sheets
with **color-coded** page numbers
keyed to 3 popular Haggadahs:

Ktav-Goldberg edition (yellow & red)

Maxwell House Deluxe edition

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President's Message



Rob Chanie

To my wonderful JCCP/CBT family,

Many ideas went through my head as I pondered what I wanted to write for this special Passover bulletin. It has been 2 long years since our lives were turned upside down with the pandemic. That being said, however, I am still grateful for so much.

When we had to close our synagogue building — our second home — we still were able to meet and interact with each other via Zoom & eventually livestream — new terms for all of us. These new and strange tools enabled us to stream

(another new word for some) services, classes and programs all nights of the week and Shabbos as well.

We were and still are here to daven together, greet our friends, and console those who are sick or in mourning. It's been a long road.

Hopefully soon, we will resume business as usual and return inside for everything, to our beloved second home, our synagogue. Being there for each other in good times and bad times is not a new concept but a way of life at the JCCP/CBT. If you ever have any concerns, need assistance or just need someone to talk to, remember to reach out to the shul office, (201) 262-7691 and let us know how we can help.

Please remember for now that if you are away from us for a few weeks, a few months, or even have relocated, we are only a Zoom or livestream apart.

Beth and I wish you a zissen Pesach — hopefully this year with family and friends at the seder table.



**You have heard from me, now
I would love to hear from you...**

How am I doing?

***How can the JCCP/CBT
help you?***

**Feel free to email me with ideas,
suggestions, and anything you
would like to share:**

President@JCCParamus.org

From the Executive Director



Rita Miller Greenberg

Finally. The light at the end of the tunnel, or at least a peek of light at the end of the tunnel. What a perfect time — spring — to feel like our life is feeling some small amount of normalcy again. At the JCCP/CBT we have been cautiously optimistic. Since the very beginning of the pandemic we always made sure our primary concern was for you — our congregants. Keeping everyone safe was always, and still remains, our goal. We have been quite fortunate in our success with that.

Now, we want to give you that true sense of community back. We have been back in the building for a little while now and doesn't it feel great! The events have been wonderful and in many ways it seems as if the intensity of the past 2 plus years is in the past. We have gotten through this successfully because of all of you.

In person we have kept our "social distance", but we've been able to see each other up close as so many of us have shown up for our great variety of Zoom events. We intend to continue with Zoom for those of you who feel more comfortable with it. We did not stand still during this time, as we have learned to communicate, keep in touch and do things in new ways during the pandemic and much of this will stay with us. We have learned how important community is during this time, how much it really means to us when we truly need it most. I doubt we will ever look at anything quite the same way again.

I know I missed the many visits I used to receive during the course of my day. I missed the interaction with so many of you. Now we can begin to look forward to new events and joining together in the synagogue at whatever capacity we are able. Be sure to always check our website (www.jccparamus.org) and check the calendar for all of the events that are happening now and in the future. If in doubt, give us a call anytime and we will fill you in on the latest. A big thank you to all the many people who put their heads together during our darkest pandemic times, especially pre vaccination, to come up with the most interesting, informative and fun ideas. Community Affairs, Sisterhood, GWAN, Men's Club and of course Adult Education, to just mention a few, kept us going with wonderful programming. Our Zoom minyans were and continue to be so successful. The sense of community at the JCCP/CBT is something we can all be proud of.

Have a wonderful Passover!

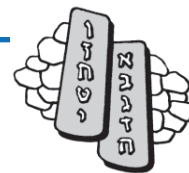
FUNDRAISING

**Consider supporting our shul by participating
in these fundraising efforts:**

- ❖ Amazon Smile ❖ Leaf on the Tree of Life
- ❖ Sisterhood Gift Shop (open by appointment only;
call synagogue office for more information)



Jewish Community Center of Paramus Congregation Beth Tikvah



~ HOW TO SELL YOUR CHAMETZ ~

Chag Sameach to all.

We wish the entire community a Happy and Kosher Pesach.

1. After you've discarded all your other chametz, put the chametz you wish to keep in a place you can secure, such as a closet, an extra freezer, a cupboard, etc.
2. Then seal or lock it that space, and do not open it until after the last day of Pesach. (It's not yours all that time, anyway, since the space is leased out.)
3. Sign the form below, empowering Rabbi Weiner to act as your agent in effecting the sale of your chametz and mail to the synagogue. If you would like to preform the sale of Chametz in person, please call the office at 201-262-7691 to make an appointment.

♦ **All forms must be received before Friday, April 15, 2022.**

♦ Traditionally, a small donation is enclosed, a part of which is used for the sale of the chametz. The rest will be used for *Ma'ot Hittin*, helping poor Jews with their Passover needs.



I (we) _____ designate Rabbi Arthur Weiner, as the agent of the Jewish Community Center of Paramus/Congregation Beth Tikvah, located in Paramus, New Jersey, to use any enclosed contribution in part to sell my chametz* as required by Jewish Law, at the specified time before Pesach 5782. To this end, I empower Rabbi Weiner to affix my name and address to the empowerment register in his possession. Remaining funds are to be set aside for *Ma'ot Hittin*.

(* ... wherever it may be in any of my properties and/or residences.)

Signature: _____ Date: _____

Address _____

(All addresses, including place of business, are required.)

A Guide to Pesach Preparation for the JCCP/CBT community

1. DEFINITION OF CHAMETZ ... In Exodus 12:15 the Bible tells us: *Seven days you shall eat unleavened bread: on the very first day you shall remove leaven from your houses ...* The Rabbis specified five grains which can become *chametz*: wheat, barley, spelt, rye and oats. Additionally, Ashkenazic authorities prohibited rice and *kitniot* (legumes including beans, peas, lentils, corn, maize, millet and mustard). While rice and *kitniot* are not strictly speaking *chametz*, they cannot be eaten, but can be “used” as in cornstarch powder or medicines. It is easiest if they, and products containing them, are treated like *chametz*. Sephardic authorities prohibit only the five specified grains, and thus Sephardic Jews are allowed to eat legumes and rice during Passover. According to Jewish law, *matzah* may be baked using any one, *but only one*, of the five acceptable grains. Traditionally it is made from wheat.

2. GENERAL LAWS CONCERNING CHAMETZ ... During Passover it is prohibited to derive any benefit whatsoever from *chametz*. One may not eat *chametz*, or run a business involved in the buying or selling of *chametz*. Even ownership of *chametz* is forbidden. We are also obliged to remove *chametz* from our possession. This is done by a *bitul*, renouncing the possession of all *chametz* in one’s household, using the *kol chamira* formula found in the beginning of most *haggadot*. Any *chametz* left over should be burned. Another way of renouncing ownership is by selling the *chametz* in one’s possession. (See *mechirat chametz*).

A. PREPARATION OF THE HOME FOR PASSOVER ... Special care must be taken with Passover foods. If a mistake is made while preparing foods during the rest of the year, the law provides several remedies. These remedies do not apply, however, to the laws of *chametz*. The laws of annulment (one part in sixty) do not apply regarding *chametz*. Chemicals permitted during the year might be prohibited on Passover. All utensils, pots, dishes, counters and anything used for the preparation of food must be *kashered*. If it is not possible to *kasher* them, they should be replaced with utensils used exclusively on Passover. All areas of the house should be thoroughly cleaned and examined for *chametz*. A person renting a room from a non-Jew (e.g., a student in a dormitory) is responsible only for the space he or she occupies. Traditionally a formal search (*bedikat chametz*) is held the evening before the first day of Passover, using a candle for light and a feather with which to sweep up crumbs.

B. SALE OF CHAMETZ ... It is sometimes impossible to destroy or remove all of the *chametz* in one’s possession, especially when great financial sacrifice is involved (*hefsed merubah*). Therefore, rabbinic authorities used a legal device embodying a special sale called *mechirat chametz* which is arranged through a Rabbi. Since the *chametz* is sold to a non-Jew, it does not belong to a Jew during Passover. All *chametz* to be sold is isolated from the food and utensils used on Passover. Pets and other animal food should also be sold (although they remain in the house as usual) since most animal food contains *chametz*. The Rabbi arranges for all materials thus sold, to be sold back immediately after Passover.

3. PROHIBITED FOODS ... Prohibited foods include the following: leavened bread, cakes, biscuits, crackers, cereal, coffees containing cereal derivatives, wheat, barley, oats, spelt, rye and all liquids containing ingredients or flavors made from grain alcohol. Most Ashkenazic authorities have added the following foods (*kitniot*) to the above list: rice, corn, millet, legumes, beans and peas. String beans, however, are permitted. The Committee on Jewish Law and Standards of the Rabbinical Assembly has ruled unanimously that peanuts and peanut oil are permissible. Some Ashkenazic authorities permit, while others forbid, the use of legumes in a form other than their natural state, for example, corn sweeteners, corn oil, soy oil. Sephardic authorities permit the use of all of the above. Rabbi Weiner does not recommend *kitniot* for use on Passover

4. PERMITTED FOODS

A. Products which may be purchased without a *Kosher Le-Pesach* label before or during Passover:

Baking soda	Nestea (regular and decaffeinated)
Bicarbonate of soda	Nuts, whole (unground)
Coffee, regular, unflavored	Olive oil (extra-virgin only)
Eggs	Pecans, whole or half pecans (not pieces)
Fish, fresh (whole or gutted)	Tea bags - unflavored
Fruits and vegetables, fresh	Tea leaves (Pure black, green or white leaves)
Meat, Kosher (fresh or frozen)	Spices, whole (unground)

B. The following products may be purchased without a *Kosher Le-Pesach* label before Passover. If bought during Passover, however, they require a *Kosher Le-Pesach* label:

Fish, filleted	Quinoa, pure (no additives)
Fruit, frozen (no additives)	Salt, non-iodized
Fruit juices, pure (no additives)	Sugar, white, pure (no additives)

C. The following products require a *Kosher Le-Pesach* label whether bought before or during Passover:

Any product containing matzah, matzah flour or matzah meal	Ice cream
Baked goods, all	Liquor
Butter	Matzah
Cakes, Passover	Oils
Candy	Processed foods, all frozen
Cheeses	Tea, decaf
Chocolate milk	Tea, herbal
Coffee, decaf	Tuna, canned
Farfel	Wine
	Yogurt

5. OTHER “NON-FOOD” CONSIDERATIONS ...

A. MEDICINES ... Because the principle of *pikuach nefesh* (the preservation of life) takes precedence over all other laws, all medicines prescribed by a doctor in connection with life-sustaining therapy are permitted on Passover. Be aware that all medications, e.g., aspirin, vitamins and tranquilizers, while not made from *chametz*, may contain *chametz* as a binder. That is why, as a general rule, capsules are preferable to tablets. As in all cases, when a question arises, the Rabbi should be consulted. Generally, we are very lenient with regard to medicine.

B. COSMETICS ... Lotions, ointments and creams need no special Passover formulation. Many other cosmetics however, have an alcohol base. Those made from grain alcohol are regarded as *chametz*.

C. BABY FOOD ... Baby food for Passover use is readily available. If Passover baby food cannot be obtained, however, the baby's food should be prepared in a separate part of the house so that this food is not mixed with food for other members of the family.

D. PET FOOD ... Most pet foods contain *chametz*. Both the pet and the pet food should be sold (see *mechirat chametz*) during Passover. This arrangement can be discussed with the Rabbi.

6. KASHERING UTENSILS AND APPLIANCES FOR PASSOVER ... Purging and open flame are the two basic methods of *kashering*,

A. PURGING (*Hag'alah*) ... Most cooking utensils can be made kosher by immersion in boiling water. This includes metal pots, most baking pans, flatware and most other kitchenware. The procedure is as follows:

1. The article to be *kashered* is thoroughly scoured (cleaned).
2. The article is set aside and not used for 24 hours.
3. The article is completely immersed in a pot of actively boiling water.
4. The articles are then rinsed immediately under cold water.
5. If a pot is too large to fit into another pot, the pot to be *kashered* is filled to the brim with water, and that water is brought to a boil. While the water is boiling, a hot stone or piece of metal is dropped into the pot in order that the water is kept at its peak heat and also to ensure that the water boils over the side of the pot.
6. The pot in which the articles were *kashered* is itself *kashered* as per step 5 above.

B. OPEN FLAME (*Libun*) ... Any utensils which come into direct contact with fire, such as a barbecue spit, a barbecue grill, a broiling pan or rack, is *kashered* by open flame. The procedure is as follows:

1. The article to be *kashered* is thoroughly scoured (cleaned).
2. The article is set aside and not used for 24 hours.
3. The article is then put under an open flame and thoroughly heated until the metal glows red hot or is so hot that a piece of paper is singed when it is touched to the metal.

C. SPECIAL CASES ... Utensils with wooden handles cannot be *kashered*, because particles of food which could lodge between the handle and the blade cannot be effectively removed by purging. The proper method to *kasher* glassware is to soak it in clear water for 72 hours, changing the water every 24 hours. Fine (glazed) china that has not been used for twelve months can be considered as new. Earthenware and other pottery cannot be *kashered*, since whatever they absorb cannot be purged. Most glazes are porous, and thus cannot be *kashered*. Utensils covered with a non-stick surface such as Teflon can be *kashered* like other utensils. Countertops and tables made of Formica or other laminates should be thoroughly scoured. Those made of wood are scraped with a steel brush. The surface is then left bare for 24 hours, after which the surface is thoroughly rinsed with boiling water poured directly from the pot in which it was boiled.

D. APPLIANCES ... An oven is thoroughly scoured. The burners are then turned on full until the metal glows red hot or a piece of paper is singed when touched to the metal. Remove all plastic knobs from around the oven to prevent melting. If the oven is of the continuous cleaning type (not self-cleaning), the Rabbi should be consulted. The shelves and bins of refrigerators and freezers are removed in order to facilitate cleaning. The shelves, bins and walls are then thoroughly washed. A metal sink is *kashered* as is a large pot; a porcelain sink cannot be *kashered* and should be thoroughly scrubbed with heavy duty aluminum foil. Plastic tubs should be used to wash dishes. The interior of a dishwasher is thoroughly scoured, paying careful attention to the strainer over the drain. The dishwasher is left unused for 24 hours and then run through a wash cycle without soap. Any metal surface of a small appliance that comes in contact with food should be *kashered* by purging. Plastic parts are treated as mentioned above. An electric frying pan which can be immersed, should be purged. Many electrical appliances cannot be immersed and therefore cannot be *kashered*. An electric mixer should have its beaters purged and its bowls either purged (metal) or washed (glass). An electric can opener should have its blade and magnets removed and purged. The rest of the appliance should be cleaned so that no food remains in any crevice.

E. MICROWAVE OVENS ... Microwave ovens present a special case since the inside surface does not become hot. One recommended procedure is to thoroughly clean the inside and then place a dish of water into the oven and allow it to boil for a few minutes. If the oven is a combination microwave and standard oven, consult the Rabbi.

PASSOVER Schedule of Services and Observances • 5782-2022

Thursday Night, April 14 *Bedikat Chametz* - Search for the Chametz

Friday, April 15

**Minyan and Fast of the First Born on Zoom - Use minyan service link
6:30 AM**

Please remember that Chametz must be sold and disposed of by 11:50 AM

**Mincha and Kabbalat Shabbat on Zoom - Use minyan service link
6:00 PM**

Shabbat Morning April 16 - Passover Day 1

**In-person at the JCCP/CBT or livestream
9:30 AM**

Sunday Morning April 17 - Passover Day 2

**In-person at the JCCP/CBT or livestream
9:30 AM**

**Maariv and Havdalah on Zoom - Use minyan service link
8:30 PM (Special time)**

Chol HaMoed – Intermediate Days of Passover Monday, April 18

8:00 PM on Zoom - Use minyan service link

Tuesday, April 19

8:00 PM on Zoom - Use minyan service link

Wednesday, April 20

8:00 PM on Zoom - Use minyan service link

Thursday, April 21 - Erev 7th Day of Passover

**Special Yizkor Observance on Zoom - Use minyan service link
6:45 PM**

Friday April 22 Passover Day 7

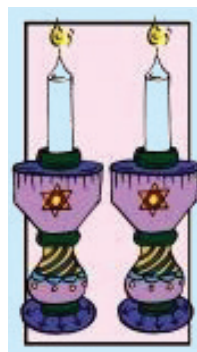
**In-person at the JCCP/CBT or livestream
9:30 AM**

Shabbat April 23 Passover Day 8

**In-person at the JCCP/CBT or livestream
9:30 AM**

Yizkor Observed

**Maariv and Havdalah on Zoom - Use minyan service link
8:45 PM (Special time)**



PASSOVER RECIPE

~ from Beth Chananie ~



YUMMY MANDELBROT

1/2 cup unsalted butter (or margarine)
 2 cups sugar
 6 eggs
 1 teaspoon orange or lemon juice
 3 cups matzah cake meal
 3/4 cup potato starch
 1/2 teaspoon salt
 1 cup chopped walnuts
 1-1/2 cups chocolate chips (or raisins...
 up to you)
 2 teaspoons sugar mixed with 1 teaspoon
 cinnamon

Preheat oven to 350 degrees. Cream together the butter (or margarine) and sugar, and add eggs one at a time and beat after each one. Add juice.

In a separate bowl, sift the potato starch, cake meal, and salt. Gently mix into the egg mixture. Add nuts and chocolate (or raisins) and mix really well.

Take the mixture and make two loaves about 2 inches wide and about an inch high. Sprinkle on top with the cinnamon/sugar mix.

Line a cookie sheet with parchment paper. Place the loaves on top.

Bake at 350 degrees for 25 minutes. Remove and cut into 1/2 inch slices on the diagonal. Do not separate. Bake for 15-20 minutes more.

Cool. Make a nice cup of tea and enjoy!!!



Shalom JCCP/CBT Friends!

The year has been flying by and I can't believe that Pesach is around the corner. Our Community Hebrew School of Bergen County (CHSBC) has grown in numbers by 50% since this time last year and thankfully we have been meeting in person. Even with switching between Paramus and Fair Lawn, teachers and students have shown up at the right location EVERY time! Our students are making excellent progress with their Hebrew skills. Mrs. A. (who many of you know) has been helping out with tutoring individual kids and small groups of students and her efforts have certainly paid off. The children enjoy tefillah twice a week and are growing familiar with synagogue services. This is an important element of our curriculum as it prepares them for the future. Wherever they are in life, they will be able to enter a synagogue and feel a level of comfort and ease as they will recognize the prayers.

Purim was wonderful. The children enjoyed a fabulous carnival here at the JCCP/CBT. Many of our regular games were used as well as some favorites from the Fair Lawn carnival which were transported to Paramus and added to the fun selection. Instead of prizes, each child received a Purim goody bag including a hamantash. Many families enjoyed the family Megillah reading at FLJC/CBI while others enjoyed the zoom reading from the JCCP/CBT — something for everyone.

We are excited that Cantor Yoni Stokar of the Fair Lawn Jewish Center/CBI has been meeting with the students teaching them Purim and Pesach top hits. The hallways have been quite musical.

As we enter spring, the calendar will fill with some outside activities including our annual Lag B'Omer sports and lunch park event. Watch for details after Passover.

Registration is open for Hebrew School for the 2022-23 school year. Help us to spread the word that we have a great school and that all are welcome. Send me the contact info of prospective families or encourage them to reach out to me at: **201-815-8136** or edudirector@chsbc.org.

I wish everyone a *Chag Kasher Vesameach* and hope that you have a healthy Passover and are able to be together with your friends and family. Oh what a couple of strange years we have had. Let's hope that going forward we will again join together for all these special holidays.

Hope to see you all soon!

Marcia Kagedan, CHSBC Educational Director

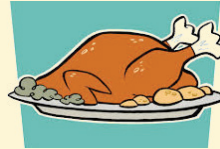
www.chsbc.org



Jewish Community Center of Paramus/Congregation Beth Tikvah

FRAN LEIB MEMORIAL SPRING FOOD DRIVE

Wednesday, April 6 • 8-9:30 a.m.



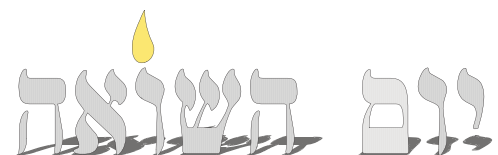
The JCC of Paramus/Congregation Beth Tikvah will collect solidly frozen kosher/non-kosher turkeys and non-perishable packaged food (no glass) for its **Fran Leib Memorial Food Drive**, in the JCCP/CBT parking lot. Food is donated to the **Center for Food Action in Mahwah**. Shop Rite gift cards or checks payable to Center for Food Action, Mahwah, welcome.
For more information: (201) 262-7691 or www.jccparamus.org

The JCC of Paramus/Congregation Beth Tikvah will hold its annual **Yom HaShoah** memorial event on **Wednesday, April 27** in two parts.

At **7:15 p.m.**, **Rabbi Arthur Weiner** and **Cantor Sam Weiss** will lead a memorial service on **Zoom**, followed by the daily evening minyan (*use the regular religious services link*)

At 8:30 p.m., there will be a special program, **"Disobedience - The Sousa Mendes Story"**

Aristides De Sousa Mendes was a Portuguese diplomat in France. He was ordered by Portuguese officials not to issue visas to refugees, but he ignored that when he witnessed the plight of people trying to flee from Hitler. He issued 30,000 visas of which 10,000 were for Jews. When this was discovered, Mendes was stripped of his title, his job, and his home. It took many years and the efforts of his survivors and his children to bring his heroism to light. **The movie "Disobedience" is his story. In the week leading up to this program, you will be able to view the film via a special link that will be emailed to the congregation on or around April 18.** On April 27, there will be a special program on Zoom featuring a descendant of De Sousa Mendes and one of the people he saved. They will speak about him and what he did and there will be a Q&A session. Many have heard of Raoul Wallenberg and Oskar Schindler. Here is our opportunity to learn about a Righteous Christian hero who has only in recent years been recognized.





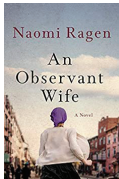
Adult Education on Zoom at the JCCP/CBT

This spring our **Adult Education classes** will again be offered every Monday through Thursday via Zoom. Check our weekly announcements for information about classes given by Rabbi Arthur Weiner, Cantor Sam Weiss, Rabbi Hillel Gold and our rabbinic intern Samuel Gelman.

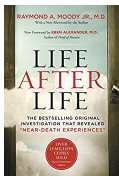
We will also offer several special events, including the **Virtual Travel series** to Venice on April 6, Prague on April 24, India on June 2, as well as the final event of our **American Judaism: Past, Present and Future series** on May 22 with Professor Samuel Heilman.

Contact Chair **Mark Topel** at topelmark@gmail.com for more information.

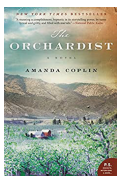
JCCP/CBT BOOK CLUB SPRING 2022 Upcoming Book Club Events!



Tuesday, April 5
An Observant Wife by Naomi Ragen
Facilitated by Esther Kantrowitz



Sunday May 22 or Tuesday May 24
Life After Life by Kate Atkinson
Facilitated by Jon Sterling
(Maybe in Person)



Sunday, June 26
The Orchardist by Amanda Coplin
Facilitated by Stephen Waterstone
(In Person)

Times and places for April, May and June meetings will be announced. Please share any questions or exciting book club suggestions with Mimi at (201) 265-0454 or (201) 362-5593 or email at Grandmamimil@verizon.net.

Have a great time reading and please stay healthy!

GWAN Group Without A Name

Exciting News!
Many activities are coming back to the synagogue!



Weekly Current Events Discussion Group
Monday's 1:00-3:00 PM
Moderator – Herman Lindenbaum



Exercise Class Resumes With Susan!
Mondays, Wednesdays and Fridays
10:15 AM
Any questions, please call Janet Topel
At (201) 967 - 9179



Canasta!
Tuesdays at 1:00 PM
Please RSVP to Mimi Levin



Mah Jong!
Thursdays at 1:00 PM
Please RSVP to Mimi Levin



An Afternoon at the Movies!
Tango Shalom
Sunday, April 10 at 1:00 PM
In the Sanctuary

For questions about any of these activities or to RSVP to Tango Shalom, Canasta or Mah Jong please call Mimi Levin at (201) 265-0454 or (201) 362-5593

JCCP/CBT EVENTS



Sock drive for Jewish Federation NNJ –
Community Affairs January Giving Month



Toy drive for Jewish Family & Children's Services NNJ – December Giving Month



Annual Fall Fran Leib Food Drive



Chanukah fun at our Community Hebrew School
of Bergen County (CHSBC)



CHSBC classes made hamantaschen for Purim



Rooftop Chanukiah lighting ceremony led by Rabbi Weiner



The JCCP-CBT SISTERHOOD

Why will this year be different from all other years? Well, maybe there's more food in the pantry than normal. We're probably all still trying to use up the stockpiles we've collected during two years of a pandemic. This year, we will not moan and groan about the great Pesach cleanout. Instead, we are overjoyed that finally, we can fill the emptied shelves with enough food for our Seder crowds and then some.

Two years – where does the time go. On February 23, 2020, so many of us were gathered in the social hall at Sisterhood's *Welcome to the New Decade* Dance Party. We embraced each other, ate and danced – all together without masks. Another lifetime ago. Three weeks later – it all came to a screeching stop. Or did it? We've since, so it seems, been through a lot of plagues, fires, floods, hail and... an exceptionally long period of pestilence.

Hopefully, the darkness of the last two years will be behind us soon and while we look forward to re-emerging, embracing each other, eating and dancing again, wondering what life after Covid will look like, I hope that we all take some time to reflect on all the good that came out of life during a pandemic.

We are filled with pride that we can't even remember all the wonderful events Sisterhood hosted (via Zoom) these past two years, programs that kept us connected and engaged from the comfort of our homes. Although we couldn't personally deliver them, we sent jars of honey to family and friends through two successful Rosh Hashanah fund raisers. We all learned a lot about our First Ladies last fall during an excellent presentation with Trish Chambers (**who will be back on September 18!**). We learned about the **Tapestry of Spirit** project in which women from all over the world embroidered sections of an entire Torah big enough to cover a football field. Even if we had no access to our gift shop – we had a very successful Hanukah auction with items from the shop. Just about this time last year, we were together in our respective kitchens baking delicious hamantaschen from our personal collections of hamantasch recipes. We all got smarter and healthier after Dr. Galit Steinberg presented a session on women's health issues. There is not much healthy about the incredible **babkas** we just baked, filled with butter and chocolate but isn't a Sunday morning of baking, bonding and eating just what the doctor ordered!! Despite the challenging times we lived through, we had plenty of time to enjoy our events and, our community and we remembered all our birthdays with Sisterhood Birthday-Grams.



Looking forward with the memories we've made during these past years, as we re-emerge from a kind of darkness, the future is bright. Sisterhood has many exciting events on the horizon. We can't wait until we can enjoy them together, in person. Be on the lookout for lots of announcements. Our next event is **April 25**. We will be presenting **Leslie Schifrien**, a dietician who will speak on **important topics relating to nutrition**.

And while at the end of our Seders this year we will say Next Year in Jerusalem, why shouldn't we also say Next Year in Paramus, when we can all be together in our homeland.

Zissen Pesach to All!

The JCCP-CBT SISTERHOOD

Lori Cohen / Laurie Rosman, Co-Presidents

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