



**A Happy New Year**

5782 – 2021

לשנה טובה תכתבו

TO THE ENTIRE CONGREGATION  
 AND ALL THE MEMBERS  
 OF THEIR FAMILIES

WE EXTEND OUR VERY BEST WISHES  
 FOR A NEW YEAR AMPLY BLESSED  
 WITH HEALTH, HAPPINESS &  
 WORTHWHILE ACHIEVEMENTS

The Rabbi, Cantor and  
 the Entire Professional Staff,  
 the Officers and Board of Trustees  
 of the Congregation

**HIGH HOLY DAY SERVICES 5782 - 2021**

*Our High Holiday services will be in person as well as available to livestream except where noted!*



**SELICHOT SERVICE**

Saturday, August 28..... Zoom  
 9:30 PM

**EREV ROSH HASHANAH**

Monday, September 6..... Livestream  
 7:00 - 8:00 PM

**ROSH HASHANAH – 1ST DAY**

Tuesday, September 7..... Livestream  
 9:30 AM

**TASHLICH/MINCHA (Outdoors)**

Tuesday, September 7..... No Livestream –  
 6:15 - 7:15 PM Tickets Required

**ROSH HASHANAH – 2nd DAY**

Wednesday, September 8..... Livestream  
 9:30 AM

**MINCHA/KOL NIDRE/MAARIV**

Wednesday, September 15..... Livestream  
 6:15 - 8:00 PM

**YOM KIPPUR - DAY**

Thursday, September 16..... Livestream  
 9:30 AM

**MINCHA/NEILAH/MAARIV**

Thursday, September 16..... Livestream  
 5:30 - 7:53 PM

**Live Streaming 2021 High Holiday Services**

We are pleased to be offering live streaming of our High Holiday services again this year, **with the exception of Tashlich**. In general, our programs and services have been through Zoom, which allows participants to see, communicate and share information with one another through a two-way broadcast. Our Friday night Kabbalat Shabbat services, minyanim, and classes have provided us the opportunity to have interactive communication and see one another on-screen. Everyone can be involved, with or without their video picture on. We plan to continue Zoom programming moving forward.

In contrast, Livestream is a one-way broadcast, a bit more formal, and thus appropriate for the High Holidays. This year and moving forward, we will be live streaming High Holiday and Shabbat services as well as other events that take place in our sanctuary. We are fortunate that a generous member has donated the funds to procure our own equipment. Our camera is positioned to view the entire bimah area where Rabbi Weiner and Cantor Weiss will be davening. Unlike Zoom, you will be able to view the service, but you will not be seen on screen. We hope that congregants will feel they are a part of our community from home if they are unable or hesitant to attend in person. The link to livestream will be on the JCCP/CBT website. We hope you enjoy the High Holiday and Shabbat livestream services.





## SELICHOT 2021



For many years the Religious Committee has honored members of the synagogue who have demonstrated commitment and leadership to the religious life of the congregation on *Selichot* evening, the formal beginning of the High Holiday season. The *Selichot* observance will take place on Zoom on Saturday evening, August 28 at 9:30 PM. We hope you will join us.

This year the Religious Committee will honor all those who participated in our lay led Shabbat morning services, which were held on Zoom from February 27 to May 29, 2021. We were blessed with many lay leaders who volunteered to lead these special services. These lay-led Shabbat morning services truly filled a need for the members of our community. Thanks to our experienced and talented *daveners*, we were able to offer services not only on Shabbat, but on Passover and Shavuot as well, including the Yizkor service.

The Religious Committee extends a special thank you to Eileen Schneider, Rob Chananie, as well as our Religious Committee co-chairs Jon Levinson and Sandy Alpern who were responsible for coordinating and scheduling participants each week. Working with so many wonderful *daveners* and participants, we were able to meet the spiritual needs of our membership in this way during the pandemic, and maintain our commitment to communal prayer despite the challenges of the pandemic. Thanks also to Rabbi Weiner, Rabbi Kogen, Cantor Weiss and Samuel Gelman who provided guidance and *D'var Torahs* to be read at services.

### *Kol Hakavod to all!*

**Arthur Abrams**

**Richard Alpern**

**Sandy Alpern**

**Annette Ashkenazi**

**Laura Ashkenazi**

**Ade Berman**

**Lana Brach**

**Irene Brickman**

**Arnie Brown**

**Beth Chananie**

**Rob Chananie**

**Harlan Cohen**

**Lori Cohen**

**Gerry Conboy**

**Shana Conboy**

**Stu Conboy**

**David Elliot**

**Alyce Esrig**

**Joe Esrig**

**Roz Gerard**

**Ken Glatzer**

**Steve Julis**

**Suzy Julis**

**Howard Leopold**

**Mimi Levin**

**Jon Levinson**

**David Luria**

**Mark Menegus**

**Marwin Rapkin**

**Eileen Schneider**

**Marc Schneider**

**Joanna Smith**

**Michael Smith**

**Ruth Smith**

**Stuart Smith**

**Dina Stein**

**Phil Waxberg**

**Richard Winters**

**Wayne Zeiler**

## From the Rabbi



**Rabbi Arthur D. Weiner**

The High Holy days are a time for stories. Let me share with you one of my favorites. There is a story about a student of the martial arts. After years of training and effort he had finally reached the pinnacle of achievement. He was about to receive his black belt.

"Before I grant you the black belt, you must pass one more test," his sensei (teacher) told him. "You must answer the essential question: What is the true meaning of the black belt?"

"It's the end of my journey, a well-deserved reward for my hard

work." The sensei responded, "If that is your answer, you are not ready to receive the black belt. Come back in one year."

A year later, the student appeared before the sensei and is asked again, "What is the true meaning of the black belt?" "It is a symbol of honor and the highest achievement in our discipline." To which the sensei responded, "You are still not ready. Come back in another year."

A year later the student again appeared before the sensei and hears the question, "What is the true meaning of the black belt?" But this time he answered, "The black belt represents not the end, but really the beginning, the start of another phase of a never-ending journey of discipline and work and the pursuit of an ever-higher standard." "Yes," said the sensei, "now you are ready to receive the black belt. But your work must continue."

There is a real High Holiday lesson in this tale. Too often, when people are asked about what Rosh Hashanah and Yom Kippur are all about, they will often concentrate on the synagogue experience, the prayers and liturgy, the special melodies or even reconnecting with friends and neighbors who they have sat near for years. Or maybe, they will talk about gathering with family and friends for traditional rituals, the special meals, apples and honey, and the joy that comes from reconnecting with loved ones.

All these are meaningful, and are an important part of the way we celebrate the New Year. But they all lack a real confrontation with the most important parts of the High Holy day experience. This season of the year provides an opportunity to reconnect with the rhythm of Jewish life, which both demands and encourages us to seek a higher standard of behavior, and make the corrections that can lead to a better life. Rosh Hashanah and Yom Kippur can be transformative because they demand that we look inward and make an honest accounting of our lives. What do our attitudes, and our actions say about us, our values and what's really important?

What is going well in our lives that we need to continue, and perhaps even devote more time and attention to in the new year?

How have we grown, and what have we learned in the past year that we want to make sure we carry forward?

Where have we fallen short?

Do we rush to judge, or fail to make space for different ideas and views?

How have we either built and improved, or sabotaged and destroyed relationships that are important to us with our family, with neighbors and friends, and our Jewish community?

Have we asked forgiveness for the mistakes we have made, and have we offered forgiveness to those who seek it from us?

Are we living our lives, to paraphrase the story above, as simply pursuing short term goals, or are we aware that Judaism envisions our lives as a journey that can lead to a better place for ourselves, and those with whom we share this world?

This bulletin will arrive during Elul, the Hebrew month that immediately precedes the High Holidays. The season challenges us to begin the preparation now by asking the hard questions of ourselves, and answering them with courage and humility. What we learn from the answers can make all the difference in making the upcoming new year not only a better one, but a transformative one as well.



We use a variety of Hebrew words and terms throughout the High Holidays days. It is increasingly clear to Rabbis and Jewish educators that many of the terms and words we use are familiar, but are not fully understood by all. We need to change that. I want to share and define some words and terms in the hope that they will add to your understanding as well as provide additional opportunities for you to connect with the great ideas, themes, observances, and traditions of Rosh Hashanah and Yom Kippur.

### Must-Know Rosh Hashanah Words and Phrases

**Akedah.** Pronounced ah-keh-DAH. Literally "binding," the *Akedah* refers to the biblical story of the binding of Isaac, which is traditionally read on the second day of Rosh Hashanah.

**Chag sameach.** Pronounced KHAG sah-MAY-akh. Literally "happy holiday," a common greeting on Rosh Hashanah and other Jewish holidays.

**Elul.** Pronounced el-OOL (oo as in food). The final month of the Jewish calendar, it is designated as a time of reflection, introspection and repentance.

**Het** (also chet). Pronounced KHET (short e). Sin, or wrongdoing

**L'shana tova u'metukah.** Pronounced L'shah-NAH toe-VAH ooh-meh-too-KAH. A Hebrew greeting for the High Holiday season that means, "For a good and sweet year."

**Machzor.** Pronounced MAHKH-zohr. Literally "cycle," the *machzor* is the special prayer book for the High Holidays, containing all the special High Holiday liturgy

**Selichot.** Pronounced slee-KHOTE. Literally "forgivenesses," *Selichot* are prayers for forgiveness. *Selichot* refers to two related types of penitential prayers. The first are the prayers that are customarily recited daily at morning services during the month of *Elul*. This is also the name of the service that takes place late at night on the Saturday preceding Rosh Hashanah (August 28, 2021) and consists of a longer series of these penitential prayers.

**Shofar.** Pronounced shoh-FAR or SHOH-far (rhymes with "so far"). The ram's horn that is sounded during the month of *Elul*, on Rosh Hashanah, and at the end of Yom Kippur. It is mentioned numerous times in the Bible, in reference to its ceremonial use in the Temple and to its function as a signal-horn of war.

**Tashlich.** Pronounced TAHSH-likh. Literally "cast away," *Tashlich* is a ceremony observed on the afternoon of the first day of Rosh Hashanah, in which sins are symbolically cast away into a natural body of water. The term and custom are derived from a verse in the Book of Micah (Micah 7:19).

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**Teshuvah.** Pronounced tih-SHOO-vuh. Literally “return”, *teshuvah* is often translated as “repentance.” It is one of the central themes and spiritual components of the High Holidays.

**Tishrei.** Pronounced TISH-ray. The first month in the Hebrew calendar, during which Rosh Hashanah, Yom Kippur and Sukkot all occur.

**Tzom Kal.** Pronounced TZOHM KAHL. This greeting for Yom Kippur (and other Jewish fast days) means “may you have any easy fast.”

**Unetaneh Tokef.** Pronounced ooh-nuh-TAH-neh TOH-keff. Literally “we shall ascribe,” a religious poem recited during the Musaf (additional service) Amidah meant to encourage us to experience the great importance and meaning of Rosh Hashanah and Yom Kippur.

**Yamim Noraim.** Pronounced yah-MEEM nohr-ah-EEM. Literally “Days of Awe”, a term that refers to the High Holiday season. Sometimes it is used to refer to the 10 days from Rosh Hashanah through Yom Kippur, which are also known as the *Aseret Yimei Teshuvah*, or the 10 Days of Repentance.

**Yom Tov.** Pronounced YOHM TOHV or YON-tiff. This is a general term for the major Jewish festivals.

## President’s Message



**Rob Chanie**

Let me begin by wishing all of you a HEALTHY, HAPPY, SWEET, PROSPEROUS, and COVID-19 FREE NEW YEAR from Beth, me and our growing family — our children and grandchildren — Joshua and Arlene, Kylie and Taylor; Rachel and Adam, Rebecca and Abigail; and Michael and Alyson.

This has been a year like no other, filled with many challenges. The synagogue has been very busy making changes in its ability to communicate and keep our congregational family together on many levels. The introduction of Zoom was a lifesaver in keeping everyone together with programs, classes, meetings, and of course, congregational services. I hope you enjoyed traveling to domestic and foreign places, hearing amazing lectures, evening minyans, the lay-led Shabbat morning services which I had the privilege of participating in, and so many more offerings.

Slowly but surely and carefully, the JCCP/CBT is returning to some normalcy. Despite that feeling to just “ZOOM” ahead and reopen, we place the health and well-being of our congregation and our community above all else — all decisions are made with the guidance of our outstanding Medical and Covid committees.

In order for my presidency to be successful, I will need your help. Your willing participation, assistance, volunteering, and support will help the JCCP/CBT continue to grow and thrive. (Okay... an occasional kosher roast beef sandwich on rye with Russian dressing sent my way will not hurt either... just checking to see that everyone is reading this article!!! Lol)

I look forward to seeing all of you in person — in good health and smiling. Stay strong and well — celebrate the upcoming High Holy Days with your families (even on Livestream if need be), wear bow ties, and enjoy life!!!

**Register Now!!!**

The Jewish Community Center of Paramus/Congregation Beth Tikvah and the Fair Lawn Jewish Center/Congregation B'nai Israel are proud to have had a successful first year and look forward to many more.



**Community Hebrew School**  
of Bergen County

over 100 years of Jewish education experience

Register for our Regional Hebrew School located in Fair Lawn and Paramus

*Family Activities and Holiday Celebrations!*  
Pre-Kindergarten - 7th grade

Contact Educational Director Marcia Kagedan for registration information:  
<http://www.chsbc.org/parents/registration-form/>  
201-815-8136 or [edudirector@chsbc.org](mailto:edudirector@chsbc.org)

*L'SHANA TOVA*

**Jewish Community Center of Paramus/  
Congregation Beth Tikvah**  
304 E. Midland Avenue, Paramus, NJ 07652  
Phone (201) 262-7691 • Fax (201) 262-6516  
[office@jccparamus.org](mailto:office@jccparamus.org) • [www.jccparamus.org](http://www.jccparamus.org)

<b>RABBI</b>	Dr. Arthur D. Weiner
<b>RABBI EMERITUS</b>	Aryeh L. Gotlieb, z"l
<b>RABBI'S STUDY</b>	(201) 262-7339
<b>CANTOR</b>	Sam Weiss
<b>EXECUTIVE DIRECTOR</b>	Rita Miller Greenberg
<b>DIRECTOR OF CHSBC</b>	Marcia Kagedan
<b>HEBREW SCHOOL</b>	(201) 262-7733
<b>RECORD KEEPER</b>	Naz Kashani
<b>PRESIDENT</b>	Rob Chanie
<b>VICE PRESIDENTS</b>	Stuart Smith Richard Alpern Harriet Kugler
<b>TREASURER</b>	Stuart Smith
<b>FINANCIAL SECRETARY</b>	Paul Duboff
<b>RECORDING SECRETARY</b>	Lana Brach
<b>BULLETIN EDITORIAL</b>	The Bulletin Committee <a href="mailto:bulletin@jccparamus.org">bulletin@jccparamus.org</a>

**FUNDRAISING**

Consider supporting our shul by participating in these fundraising efforts:

- ❖ Leaf on the Tree of Life
- ❖ Yahrtzeit Plaques
- ❖ Sisterhood Gift Shop, including yarmulkes
- ❖ Amazon Smile





# HIGH HOLIDAY RECORDINGS ON OUR WEBSITE

## HIGH HOLIDAY MELODIES, IN THE SYNAGOGUE AND AT HOME

Please visit the JCCP/CBT website's [Listen and Learn](#) page to hear MP3 recordings of favorite High Holidays congregational refrains, which are matched to Hebrew and transliterated PDF sheets of the prayers. The sheets can be read and printed from the same webpage, plus you may pick up the same sheets as you enter the High Holidays services in the JCCP/CBT sanctuary. Slip one into your new Lev Shalem Machzor — at home or in the synagogue — and get into the spirit!

Please take advantage of this material to make your High Holiday prayer experience more enjoyable — especially by singing at home some melodies that might be skipped due to this year's abbreviated services.

Also check out the [Listen and Learn](#) page of prayers for the home:

How to bring **Rosh Hashanah, Festivals** and every **Shabbat** to our mealtimes with the appropriate versions of the **Kiddush**, as well as how to mark the conclusion of Shabbat and Holidays with the **Havdalah** ceremony.

The [Listen and Learn Birkat Hamazon](#) section now also includes the blessings made before eating various foods.

For all of the above prayer sheets and song files go to: [www.jccparamus.org/education/listen-and-learn-prayers/](http://www.jccparamus.org/education/listen-and-learn-prayers/)



## From the Executive Director



Rita Miller Greenberg

Who would have thought we would still be talking about Covid after all this time? Sadly, as I write this, we still are, but the difference this time is that now we are talking about re-opening the synagogue safely.

We're figuring out how we can plan all the events and activities we know and love, doing it in a cautious and safe way. Our calendar is filling up with events for the fall and we have lots of plans to share. We will have to stay masked for now and must be vaccinated of course, but that is fine because caring about others is so very important. Being together, no matter the minor limitations right now, is the point.

No, we are not out of the pandemic but we are so much farther than we were just 6 months ago. Every-

one can join a meeting by Zoom or hopefully in person if they choose, so that no one is left out. Our High Holiday services will be both in person and via livestream, as will other events down the road. We offer it all with one common thread: we all want to be together in whatever form it takes. The new normal will be a combination of it all, which is a good thing. By offering events and activities in a number of ways, everyone is included. We are striving to find the positive in all the negative. We want to satisfy the needs of both those who feel comfortable with in person services and events (with safety precautions of course) and those who aren't yet ready for that.

We are a community, and we care about everyone. In a world where it sometimes seems that people only care about what is good for them, we are here to care about you, all of you. In person, livestream, Zoom, whatever you find works for you, we are here to support you. Please always feel free to call the office. Whether you have a question, or concern or just need an ear to listen, we are here for you. It has certainly been a rough year for everyone, but always know that we are a family at the JCCP/CBT and no problem is too big or too small. With a new year coming, it is time for a new commitment to community.

*L'Shana Tova!*

### Light the Sabbath Candles

Friday, September 3.....	7:07 PM
Friday, September 10.....	6:55 PM
Friday, September 17.....	6:43 PM
Friday, September 24.....	6:31 PM

### Light the High Holiday Candles

Rosh Hashanah-Mon., Sept. 6.....	7:02 PM
Rosh Hashanah-Tues., Sept. 7....	after 8 PM
Yom Kippur-Wed., Sept. 15.....	6:47 PM
Sukkot-Mon., Sept. 20.....	6:38 PM
Sukkot-Tues., Sept. 21.....	after 7:35 PM

# INVITING ALL OUR YOUTH

## FLIPPER USY and KADIMA

USY – 8-12 grades

KADIMA 5-7 grades

***FLIPPER chapter is sponsored by***

*Fair Lawn Jewish Center/Congregation Bnai Israel  
Jewish Community Center of Paramus/Congregation Beth Tikvah  
Temple Israel Jewish Community Center Ridgewood.*

## OPENING EVENTS

**USY** 8<sup>th</sup>-12<sup>th</sup> Grades

**Sunday September 26<sup>th</sup> 1-2:30 pm**

**TEMPLE ISRAEL, 475 GROVE STREET, RIDGEWOOD.**

**LUNCH IN THE SUKKAH AND SPORTS ACTIVITIES**

**KADIMA** 5<sup>th</sup>-7<sup>th</sup> Grades

**Sunday October 3<sup>rd</sup> 12:45-2:15 pm**

**Fair Lawn Jewish Center, 10-10 Norma Avenue**

**LUNCH AND SPORTS ACTIVITIES**

**1<sup>st</sup> Event is FREE. ALL ARE WELCOME!**

**Kids DO NOT need to belong to a synagogue to join FLIPPER.**

**BRING YOUR JEWISH FRIENDS ALONG!**

RSVP and questions:

Contact FLIPPER Advisor Marcia Kagedan, 201-815-8136

or [edudirector@jccparamus.org](mailto:edudirector@jccparamus.org)



**Community  
Hebrew School**  
of Bergen County

**BEGINS ITS FIRST YEAR OF IN-PERSON CLASSES**

Welcome to a fresh new year at the Community Hebrew School of Bergen County!

The first year of the joint venture between the Fair Lawn Jewish Center/Congregation B'nai Israel and the Jewish Community Center of Paramus/Congregation Beth Tikvah (2020-2021) was successful, even though the vast majority of classes were held via Zoom. Our students and teachers really got to know each other on the screen and when they finally met in person for events at the end of the school year, the relationship solidified.

The plan for the fall is to be IN-PERSON following all Covid guidelines. FINALLY! School will begin on Sunday, September 12, at the JCCP/CBT. After the fall holidays, we will meet in Fair Lawn and then will be moving back and forth according to a set calendar. This allows our students and families to be comfortable in both locations and for the children to know each synagogue and its leadership team. Both Rabbi Rachel Salston and Rabbi Arthur Weiner look forward to being involved in the everyday running of the school.

The school calendar is filling up with many special programs. There will be holiday celebrations for the students and parents, social events including a talent show, basketball, Havdalah on a few Saturday nights during the year, trips, and cooking classes to name just a few. The families will enjoy dinner in the FLJC/CBI sukkah on Thursday, September 23, and then brunch in the JCCP/CBT sukkah, along with meeting the teachers on Sunday, September 26. The children will also have the pleasure of not one, but TWO Purim carnivals as a joint venture.

Registration is open for all classes, kindergarten through 7th grade. Monthly Pre-K programs are also planned. Students will continue to study for their bar/bat mitzvahs at their respective synagogues. Our teachers are excited to welcome the children back to school!

If you haven't yet signed up, please do so ASAP on the website: [www.chsbc.org](http://www.chsbc.org)

*Wishing everyone a Shanah Tovah, a year of health, happiness and personal growth!*

**Marcia Kagedan**, CHSBC Educational Director  
(201) 815-8136 or [Edudirector@chsbc.org](mailto:Edudirector@chsbc.org)

**Welcoming Our Rabbinical Intern  
Samuel Gelman**



**Samuel Gelman**

We are pleased to announce that Samuel Gelman, our Rabbinical Student Intern for 2020-2021 will continue as our Rabbinic Intern for the new Jewish year. He is in his senior year at the Rabbinical School of the Jewish Theological Seminary of America. He will begin his new responsibilities at the JCCP/CBT after the High Holidays. We are delighted that Samuel has accepted our invitation to return for another year, and we look forward to the many contributions he will add to our synagogue life.

Samuel will visit our synagogue each month for new and creative Shabbat and Holiday programming, teach

in our adult education program, and teach in our Community Hebrew School. He will also offer online classes throughout the year as well.

Even during the pandemic, Samuel enriched our synagogue programming. He was a favorite among our Hebrew school children and their parents, and developed a loyal following among our adult education community. He was a strong presence at our Shabbat services and helped us create a great Purim celebration as well.

Samuel grew up in New Jersey, and graduated from Princeton University in June 2016. After graduation from college, he served Jewish communities in a variety of roles, including as a High Holiday Rabbi and Cantor, a drama specialist at Jewish camps, a youth theater director and a teacher in different Hebrew schools.

Samuel's first visit to the congregation will take place in October. Please look for special announcements about Samuel after the High Holidays.

**ADULT HIGH HOLIDAY  
LEARNING SERVICE**

**Sam Weiner** will once again lead his **Adult Learning Service**, an alternative and meaningful **High Holiday** experience. This is the 5th year we are offering this to the JCCP/CBT family. It's an opportunity for adults to learn more about the High Holiday service and prayers and encourages a different type of experience than the one offered in the sanctuary service.

Perhaps you have trouble understanding the prayers. Maybe the Hebrew is an impediment to your overall participation or your **High Holiday** experience is simply not being met by our existing offerings. You are not alone. This service just might be for you.

Look for more information in the **High Holiday** mailings and emails.

# Services

## REOPENING OUR SYNAGOGUE – A GRADUAL APPROACH

We want to update you regarding our progress with opening up the synagogue in a safe and conservative manner. As you know, we have put safeguards into effect to protect the congregation against the COVID-19 virus and the variants that now present a major problem, especially with the unvaccinated population. In addition, those who are fully vaccinated and 65 years and above, especially with other medical issues, comprise 75% of the breakthrough cases. The Covid Committee, in consultation with the Medical Committee and the Rabbi, acts in the best interest of the synagogue and every congregant.

We are implementing a stepwise approach to safely open the synagogue for events and meetings. We have been conducting Shabbat services successfully, and will be re-introducing the Book Club and movies shortly. We must continue to be vigilant and maintain the use of masks and social distancing to prevent possible asymptomatic spread of COVID-19 and the Delta variant.

We are sensitive to your needs and would like to proceed in the safest manner possible. We will continually update the information so that we can move forward to open up the synagogue for more events, while considering the medical and scientific information.

Sincerely,

**Dr. Steven Rubin**  
*Chairperson Medical and Covid Committees*

**Stuart M. Smith**  
*Co-Chairperson Covid Committee*

## Raspberry Chocolate Rugelach

Raspberry and chocolate are a classic combination for rugelach. You can use mini-chocolate chips or finely chopped, good-quality dark chocolate, to sprinkle on top of the raspberry jam layer. These are sweet and tart perfection.

Yields 2½ dozen cookies



### Ingredients

1 cup (2 sticks) unsalted butter, at room temperature  
8 ounces full-fat cream cheese, at room temperature  
¼ cup sugar  
1 teaspoon vanilla  
¼ teaspoon salt  
2 cups unbleached all purpose flour  
½ cup dark chocolate chips or chunks  
¾ cup raspberry jam  
1 egg, beaten for glaze

### Instructions:

In a stand mixer fitted with a paddle attachment, beat the butter and cream cheese until smooth. Scrape down sides of bowl. Add the sugar, vanilla, and salt and beat until combined. You can also do this by hand.

Add the flour and mix just until dough comes together. Divide dough into four pieces. Wrap in plastic wrap and place in the fridge for 1 to 2 hours or up to 24 hours.

Preheat oven to 375°F.

Roll each piece of dough into a large circle. Using an 8 or 9 inch round form, cut the dough into a perfect circle. I recommend using a pizza cutter for this task.

Place the dark chocolate chips in a food processor fitted with a blade attachment and pulse until you have fine chocolate "crumbs."

Spread each circle of dough with approximately 3 tablespoons raspberry jam, leaving ¼ inch border all around. Top with a thin even layer of chocolate crumbs.

Using the pizza cutter, cut the dough into 8 even triangles. Starting at the longer end, roll up each triangle.

Place the point side down on a baking sheet lined with parchment paper or a silicone baking mat.

Brush each rugelach with beaten egg.

Bake for 16 to 18 minutes until golden. Allow to cool on wire rack.





# 5782/2021 NEW YEAR'S GREETINGS

Renee & Arthur Abrams  
Zelda Abrams  
Sandra & Richard Alpern  
Natalia & Yan Anchipolovsky  
Marilyn Anshien  
Estelle Argaman  
Fran & Dan Aronesty  
Laura Ashkenazi  
Randy & Paul Auerbach  
Joan & Carl Bagner  
Deborah & Richard Barbash  
Jill & Jeffrey Bart  
Sara & David Barzillai  
Sandra & Jacob Bauer  
Liliana & Gustavo Baumzweig  
Hanna & Yoseff Ben-Shoan  
Gerald Benovitz  
Marilyn & Ralph Berkowitz  
Irene Brickman & Adolph Berman  
Ruth & Donald Berman  
Randie & Howard Berner  
Marceline Bernstein  
Robert Bernstein & Hana Zilberstein  
Claire Beslow  
Frances Blackman  
Stanley Blecher  
Karen & Bernard Blick  
Diana Bodeen & Jon Rothschild  
Helga Bodeen  
Gilda & Herb Botwinick  
Lana & Peter Brach  
Dina & Jeff Braun  
Carolyn Kaufman & Alan Breda  
Lois & Arnold Brown  
Lotte Buff  
Beth & Robert Chananie  
Lisa & Michael Cleaver  
Lisa Clipper & John Sarhage  
Beverly & Arthur Cohen  
Lori & Harlan Cohen  
Jeanette Cohen  
Elaine & Martin Cohen  
Judith & Raymond Cohen  
Nancy & Stanley Cohen  
Iris & Uri Cohen

Susan & Howard Cohn  
Jen & Ken Cole  
Linda & Sheldon Cole  
Shana & Stuart Conboy  
Betty D'Veer  
Iris & Mishel Dadon  
Siona & Sandu Davidovitch  
Beverly & Milton Diamond  
Bernice Drapkin  
Linda & Paul Duboff  
Roberta & Lawrence Edelstein  
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Sylvia & David Egleston  
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 Ruth Wolf  
 Martha & Arthur Yevin  
 Debbie & Wayne Zeiler  
 Diane & Arnie Zettler  
 Seymour Zuckerman



## THE MIRACLE OF SISTERHOOD

I have always believed in miracles.

Some of my earliest memories are of the fairy tales my mother read to me. Sleeping Beauty, awakened by the kiss of a handsome prince after she'd been asleep for a hundred years. A magic carpet that could fly. A pumpkin that turned into a beautiful coach and a glass slipper that fit on only one foot in an entire kingdom. Bubbameisters, old wives tales like turning a glass upside down to find that valuable something you knew you lost. When you found it . . . "it's a miracle!"

How about those Amazing Mets in 1969? Man's first steps on the moon. Airplanes. The invention of the computer, machines once so large that rooms had to be built around them and now, every piece of knowledge from the beginning of time can be instantly accessed on the small devices we carry with us, that we can no longer live without. I just used mine to find examples of modern-day miracles but realized that there are so many I thought of on my own I didn't even need Google to help me. Dr. Jonas Salk's discovery of the vaccine that eradicated Polio. Israel's victorious emergence from the 6-Day War in 1967. Captain Chesley Burnett "Sully" Sullenberger's rescue of 155 people after US Airways Flight 1549 became disabled in the Hudson River in 2009.

When we read Torah on Shabbat, we learn about the rainbow that appeared after the great flood, a sign to Noah that there would be no more destruction, the manna that fell from heaven to sustain the Jews while they wandered in the desert; Moses' encounter with the Burning Bush that was not consumed; the plagues that befell the Egyptians, the parting of the Red Sea and G-d's delivery of the Ten Commandments to Moses on Mount Sinai.

We think about the miracle of nature on Tu B'Shevat and on Purim, we study the miracle of how Queen Esther saved the Jewish people from the evil Haman.

So, what is a miracle? The Oxford English Dictionary defines a *miracle* as:

*An amazing product or achievement, or an outstanding example of something*

There are numerous other meanings for miracles but suffice it to say, we can all agree that surviving 2020 — early 2021 with our health is nothing short of a **miracle!!**

For me, a large part of *getting through* the months and months of isolation was that our Sisterhood could all be together so often, in our little Zoom squares, for so many events. We kept Sisterhood going, from our excellent program about the First Ladies, to our documentary about the tapestry of the Torah, to our Woman's Health discussion, our Hanukah Gift sale and our Hamentasch Bake-In (what great, messy fun we had that morning). Like the story of Hanukah, while we thought we only had enough in us for one Zoom event, the oil kept burning, our momentum kept going and our light continued to shine — we made it through the year, each and every month. Our success during this difficult year is a tribute to all of you who participated. We made our own miracle!

And then, there was Pfizer, Moderna, and Johnson & Johnson. The speed and efficacy in which those vaccines enabled us to get our lives back is just that *amazing achievement* that is the definition of a **miracle**.

In closing, our Sisterhood High Holiday wish to you all is that we emerge from our Zoom squares in good health and continue to be together in one room in the many, many years to come.

L'Shanah Tovah,

**Lori Cohen**, Co-President  
and the entire JCCP-CBT Sisterhood Board

# JCCP/CBT EVENTS



Left: Marcia Kagedan, *CHSBC Educational Director*, oversees youth group project to make snack packs to donate the the Center for Food Action. Above: March 2021 Fran Leib Memorial Turkey Drive.



Hebrew School students wrote their own "10 rules for home" based on the 10 Commandments.

Above: Hebrew School students celebrate Israel Independence Day outdoors. Right: Men's Club volunteers hand out Yom Hashoah candles.



Above: Debbie Zeiler delivered donated toys to JFNNJ. Right: USY board at last event of the year when all the kids were vaccinated and could be together outside without masks.





## ORDER YOUR LULAV & ETROG SET

In order to increase the awareness and observance of *Sukkot* among our membership and the larger Jewish community, the Jewish Community Center of Paramus/Congregation Beth Tikvah will again provide *Lulavim* and *Etrogim* from Israel for those who wish to order them with us. They will be delivered to our congregation straight from our supplier in Israel, ready for the joyous festival of Sukkot. **Sukkot begins on Monday evening, September 20, 2021.**

Each year, more and more of our members purchase *Lulavim* and *Etrogim*, and we hope for even more this year. We encourage each family in the congregation to purchase a set and observe this great *Mitzvah*. Each set will include all the four species: the **etrog**, the **lulav**, the **hadassim** (myrtle), and **aravot** (willow). The price for each set is \$40.00. **We are pleased to announce that there is no price increase this year.**

**Your *Lulav* and *Etrog* will be ready for pickup on Sunday morning, September 19, 2021.**

**To order your Lulav and Etrog please do one of the following:**

- 1. Call the Synagogue office at 201-262-7691**
- 2. Email the office at [office@jccparamus.org](mailto:office@jccparamus.org)**
- 3. Return the following order form by September 10, 2021.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_



**COMMUNITY AFFAIRS**  
INVITES ALL OF YOU  
TO JOIN US AT ONE OF  
OUR MEETINGS

**September 14th**  
**October 19th**  
**November 16th**  
**December 14th**

(All dates and times are subject to change)

Tuesdays at 8:30 pm. Zoom or In Person TBD.

Our past 1 ½ years have been very rewarding and we are looking forward to our future. We are always looking for people to join us in helping and/or coming up with ideas.

Please reach out to Debbie or Roz if you would like to see what we are about or to share your ideas at one of our meetings.

Roz Gerard  
201-262-5828  
memapop@aol.com

Debbie Zeiler  
201-906-8257  
dibble.one@gmail.co



Are you sandwiched?  
Do you take care of your kids and your parents?  
If you answered yes, then please join us.

**The Sandwich Club**

Where we talk, share, strategize, and listen to each other  
as we navigate our sandwich worlds!

**September - no meeting**  
**October 13th**  
**November 10th**  
**December 18th**

(Dates and times subject to change)

Wednesdays at 7:00 pm.

Meetings will be via zoom or in person based on current Covid policies and / or weather conditions. The above dates are tentative and we may as a group decide to change to Sundays.

Reach out to Joan or Debbie to join our email list and/or to get more information.

Joan Link  
201-800-2231  
joaniespumoni@yahoo.com

Debbie Zeiler  
201-906-8257  
dibble.one@gmail.com



**Jewish Community Center of Paramus  
Congregation Beth Tikvah**

~ ADULT EDUCATION 2021-2022 (5782) ~  
"He who does not increase his knowledge, decreases it ..." (Pirke Avot, 1:13)

Dear Fellow Congregants,

The Adult Education Committee is planning courses and events for the New Year, 2021-2022 (5782). Despite the COVID-19 pandemic, we have continued our adult education program on Zoom throughout the past year and a half, and will continue, with your generous assistance to offer programs and opportunities for learning no matter what the new year may bring.

Make this the year you take a class or attend a Book Club meeting whether from the comfort of your own home or hopefully soon in person. We hope you will expand your Jewish horizons by joining us for a variety of offerings, something for everyone:

**Classes taught throughout the year by  
Rabbi Weiner, Cantor Weiss, Rabbi Gold,  
Rabbinic Intern Samuel Gelman, Rabbi Avram Kogen  
and talented lay leaders**

We look forward to our 5th Spring event sponsored by the **Harold Lerman Fund for Israel Education and Engagement** scheduled for May 2022.

Adult Education increases your knowledge and helps you be more comfortable at services. You can visit our website's **Listen and Learn** page, (under the "Learning" menu), for MP3 recordings of favorite High Holiday congregational refrains, melodies for Torah aliyah blessings, and more, matched to Hebrew and transliterated PDF sheets of the prayers.

**Every Adult Education class and event at the JCCP/CBT is offered at little or no cost.** In order to continue to provide free classes and cover our expenses for other events like we've had this past year, we rely on donations from our **Annual Adult Education Appeal. The money we collect now is our only funding;** Adult Education is not funded by the synagogue. In these times, your generous donations would be especially appreciated.

We look forward to hearing from you and thank you in advance for your continued support and commitment to Jewish education and our synagogue.

Sincerely,  
*Mark Topel*

Adult Education Committee Chairman

✂.....



**~ ADULT EDUCATION SPONSOR FORM ~**

You can count on my/our support for the coming year. A check for \$ \_\_\_\_\_ is enclosed.

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Name(s) \_\_\_\_\_ email \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Your First Mitzvah of the New Year: Helping Defeat Hunger!



# 29th ANNUAL OPERATION ISAIAH

## Kol Nidre Night, Wednesday, September 15

We need *any* non-perishable food, especially...

- |               |                   |        |
|---------------|-------------------|--------|
| Peanut Butter | Baby Forumula     | Rice   |
| Beans         | Canned Fruit      | Cereal |
| Soup          | Canned Vegetables | Pasta  |
| Tuna Fish     | Macaroni & Cheese | Etc.   |



**Please: No Glass Containers or Expired Dates**

Donations will benefit the Center for Food Action

## JCCP/CBT BOOK CLUB FALL 2021

Upcoming Book Club Events!

**September** – No scheduled meeting

**Wednesday, October 6**

*The Beekeepers of Aleppo* by Christy Lefteri  
Facilitated by Jon Sterling!

**Wednesday, November 10**

*The Orchardist* by Amanda Coplin  
Facilitated by Stephen Waterstone!

**Wednesday, December 8**

*Unstoppable* by Joshua M. Greene

Times and places for all meetings to be announced.

Please share any questions or exciting book club suggestions with Mimi at (201)265-0454 or (201)362-5593, email [Grandmamimil@verizon.net](mailto:Grandmamimil@verizon.net)



**Have a great time reading and please stay healthy!**



**NJ**  
*Friendship*  
**WALK**

**SUNDAY,  
SEPTEMBER 12**  
VOTEE PARK, TEANECK  
10:00AM REGISTRATION  
10:30AM WALK

[www.NJFriendshipWalk.com](http://www.NJFriendshipWalk.com)



# CARE PACKAGES FOR YOUR KIDS IN COLLEGE

The JCCP/CBT sends holiday packages to our undergraduate college students. This year we will once again send different packages based on what year your child is in, so throughout their college years, they will have received packages covering several Jewish holidays. If you would like your child/ren to receive a JCCP/CBT care package, please send us their mailing address for the upcoming year, as well as their academic year (freshman, sophomore, junior, senior).

And because this academic year has so much uncertainty, we are leaving the option open as to what we send. This year will most certainly be different from the past but no less fun for our kids!

This program is for children of our members. However, if you would like us to send a care package to your grandchildren or other family members, please submit a check for \$20, which covers the cost of the 2 care packages plus shipping.

Please submit the addresses via email to Roz Mehr (rmehr5@hotmail.com) If you have any questions, please send an email or give a call to Roz at 551-486-4743.

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when you shop for

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*To purchase, please contact:*

Eileen Schneider at 201-914-0366  
([eileenschneider@gmail.com](mailto:eileenschneider@gmail.com)) or

Mimi Levin at 201-362-5593  
([Grandmamimi@verizon.net](mailto:Grandmamimi@verizon.net))



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

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