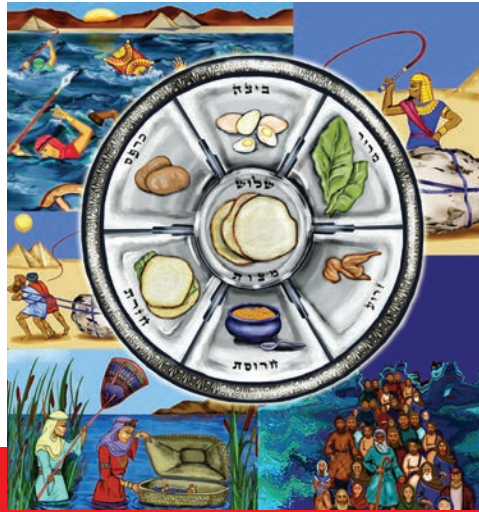




Wishing everyone Happy Passover!



WE ARE HERE FOR YOU!

Just know that we are thinking of you and if you would like to chat with someone, feel free to give us a call.

Rabbi Arthur Weiner

(201) 262-7691

Rabbi@JCCParamus.org

Eileen Schneider

(201) 914-0366

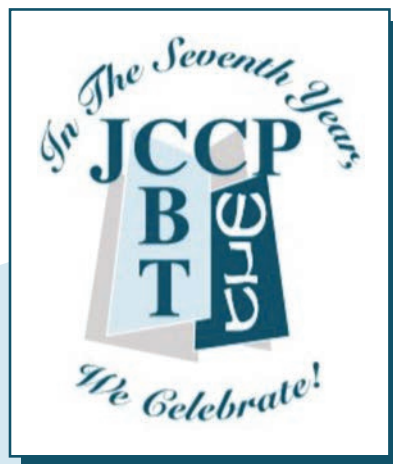
EileenSchneid@gmail.com

Please check your email and our website for the latest updates.

See page 2 for a list of important COVID-19 telephone numbers

THE JEWISH COMMUNITY CENTER OF PARAMUS / CONGREGATION BETH TIKVAH

It is with great joy that we will celebrate the Seventh Anniversary of the union of our beloved congregations



Please join us when we are able to commemorate this important milestone

at our

**38th ANNUAL
AD JOURNAL
DINNER DANCE**

Cocktails, Dinner, Dancing, Community — Date to be announced

2020 ANNUAL AD JOURNAL DINNER DANCE

We hope and pray that sometime in the year 2020 our synagogue can come together to eat, drink, dance and celebrate at our **Annual Ad Journal Dinner Dance**. We will be honoring the SEVENTH anniversary of the joining of the Jewish Community Center of Paramus with Congregation Beth Tikvah. What better way to introduce this year's most joyous theme than with a bit of learning!

The number SEVEN, 7, Shevah . . .

G-d created the heavens and the earth in six days and on the Seventh day, Shabbat, he rested.

The lands are farmed and tilled during a SEVEN year cycle, ending with Shemittah, the SEVENTH year, when the fruits are just ripe enough to pick and eat. We decorate our sukkahs with ripe fruit so that we can enjoy our Sukkot meals for SEVEN days.

Yes, we even claim to enjoy the matza we eat during the SEVEN days of Pesach (eight days in the diaspora).

At our weddings, the bride circles the groom SEVEN times and after the wedding, the newlyweds are invited to Sheva Brachot, SEVEN meals to celebrate their marriage.

When we suffer a loss, we sit Shiva for SEVEN days (Shiva, from Shevah).

In all that we do in connection with SEVEN, we do as a family, a Jewish community.

We dance together after the wedding ceremony. We eat together in our sukkahs. We sit at our Seder tables together. In difficult times, we mourn together.

Consider what we've gained during the years since our two beloved congregations became one: We've made lifelong friendships, enjoyed the blending of ideas, values and beliefs and our dedication to Jewish life, all of which have strengthened us immeasurably. We've celebrated together, broke bread and matza together and grieved together as one, as seamless today as we were during our honeymoon.

Our magnificent stained-glass windows grace our social hall, our daily davening is enriched, our birthday-grams have delighted so many recipients, communal seders are an annual highlight, we share Shabbat dinners often. Of course, there are the in-depth, nightly parking lot discussions we look forward to after our meetings.

Our joining together, our *Synagogue Shidduch*, has brought us benefits too numerous to mention.

We are looking forward to the day when we can be together again. *Please join us...*

...and in the seventh year, we will celebrate!



Important Numbers

- NJDOH Toll-Free Hotline: 1-800-222-1222 or 1-800-962-1253 if using out-of-state phone line
- The New Jersey Department of Human Services a toll free warm line is activated during events that impact the mental health of New Jersey residents: 877-294-HELP (4357)
- Bergen New Bridge Medical Center Telemed: 201-204-0712
- If you believe price gouging is occurring, contact the New Jersey Division of Consumer Affairs - 973-504-6240
- Information for NJ State Employees (NJ Civil Service Commission) - <https://www.nj.gov/csc/employees/covid.html>
- For questions regarding the County Executive's Executive Order contact - EOquestions@co.bergen.nj.us
- For information on Volunteer Opportunities for COVID-19 email bcvolunteer@co.bergen.nj.us or call 201-336-6006
- For emotional support during the COVID-19 outbreak - 866-202-HELP (4357) or help@njmentalhealthcares.org
- Donate Personal Protective Equipment (PPE) - PPEdonations@NJSP.org
- Bergen County Department of Health: 201-225-7000/
After hours: 201-785-8505

The Fran Leib Memorial Spring Food Drive

Instead of collecting food on April 1, we want to still be able to help those in need, so we will be starting a monetary collection to raise appropriate funds, throughout the month of April. The primary and easiest way to send in your donations is by using a credit card on our web site. In the top right-hand corner is the link to the donation page.

Please select "Other" and type, **Food Drive**, under the **Type of Tribute**. You may also send in donations for this purpose to the Rabbis Discretionary Fund. Please write "**Food Drive**" on your check.

From the Rabbi

Passover will soon be upon us. It is a busy time of the year for all. There is cleaning, shopping, planning, and all types of extra work on top of our already hectic schedules to prepare for this holiday. Each year I am concerned that with all the work that goes into the holiday, we don't lose sight of what Passover is, and what its celebration is supposed to offer us.



Rabbi Arthur D. Weiner

This year will present special challenges due to the Covid – 19 pandemic. There's a lot to do any year before Passover, and I am aware of the additional difficulties, even hardships that observing Passover and all its complexity will pose this year. Our Passover observance this year will most likely be more limited, and as I write this, we cannot predict whether the synagogue will be open and operating at that time. Let us do our best to concentrate on the true meaning of Passover and the parts that we can observe in our own homes. Let the holiday's message of hope and freedom infuse our observances as perhaps never before, as we consider the three names by which Passover is known in the Torah.

1. Z'man Cherutainu – the season of our freedom. This is the name by which Passover is often known in our liturgy. Passover is known as *Z'man Cherutainu* because it was at this season of the year that the Jewish people were liberated from slavery in Egypt. We celebrate the deliverance from Pharaoh's hand and the newfound responsibilities that became ours as a result of our liberation. So powerful was this experience that it has animated Jewish thought and practice for the last 3300 years. Judaism as a religion and a way of life is built on two

seminal events: the exodus from Egypt and the giving of the Torah at Mt. Sinai. That is why the two are always connected in Jewish thought. The freedom that we received as a result of our liberation was for a purpose: to live as Jews, freely and proudly, with a Torah as our guide.

2. Pesach – The Hebrew word *Pesach* means to pass over, or to jump. This reminds us that during the plagues which were visited upon the Egyptians, the Jewish people were spared. This name teaches us that our deliverance was not a random act, but the will of God, confirming the promise that he made with Abraham that the Jewish people would be enslaved, but also redeemed by God's own hand. *Pesach* also refers to the special *Korban* – sacrifice - that was offered in celebration of Passover in ancient times. Indeed, among the first Mitzvot ever commanded to the Jewish people had to do with the preparation of the *Korban Pesach* for the first Passover.

3. Chag HaMatzot – The festival of unleavened bread. Of all the symbols and rituals of Passover, perhaps the Matzah is best known. Indeed you may recall the section of the Hagaddah which teaches that anyone who does not fully explain at their Seder the Passover offering, the Matzah, and the bitter herbs has not fulfilled their obligation to recount on Passover night the story of the coming out of Egypt. The Matzah reminds us of the great haste with which the Jewish people left Egypt. So quickly did they leave at God's command that there was not time for the bread they had prepared to rise. Matzah is also referred to as *Lechem Oni*, the bread of our affliction, reminding us that though we emerged from Egypt in poverty, with our new found freedoms we had the opportunity to achieve greatness.

Passover is filled with important ideas and values. That is why Passover remains so beloved and so widely observed. Freedom, liberation, responsibility, sacrifice, struggle—these and so many others are at the heart of the experience, and must be a part of our observance as well. Let these ideas inform and renew your understanding of this special season of the year. We look forward to sharing it with you.

Jewish Community Center of Paramus/ Congregation Beth Tikvah

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Phone (201) 262-7691 • Fax (201) 262-6516
office@jccparamus.org • www.jccparamus.org

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RABBI EMERITUS	Aryeh L. Gotlieb, z"l
RABBI'S STUDY	(201) 262-7339
CANTOR	Sam Weiss
OPERATIONS MANAGER	Rita Greenberg
RECORD KEEPER	Naz Kashani
EDUCATIONAL DIRECTOR	Marcia Kagedan
HEBREW SCHOOL	(201) 262-7733
PRESIDENT	Wayne Zeiler
VICE PRESIDENTS	Jerry Menter
	Rob Chananie
	Harriet Kugler
TREASURER	Stuart Smith
FINANCIAL SECRETARY	Paul Duboff
RECORDING SECRETARY	Lana Brach
OFFICE ASSISTANT	Dayna Rosen
BULLETIN EDITORIAL	The Bulletin Committee
	bulletin@jccparamus.org



**Support the JCCP/CBT
when you shop for**



PASSOVER

Purchase scrip before you head out to your favorite market and help us get free money while you buy your groceries!!

Scrip is available for ShopRite, Harold's, Stop & Shop and Seasons Kosher Supermarket.

To purchase scrip, contact the office or Eileen Schneider (201) 914-0300 / eileenschneid@gmail.com



Chag sameach!

LISTEN AND LEARN SEDER MELODIES

on the JCCP/CBT WEBSITE

- | | |
|--|-----------------------------------|
| (1) Kadeish, Ur'chatz, Karpas, Yachatz... | קדש, ורחץ, כרפס, יחץ |
| (2) Mah nishtanah halaylah hazeh... | מה נשתנה הלילה הזה |
| (3) Avadim hayinu... | עבדים היינו |
| (4) V'hi she-am'dah... | והיא שעמדה |
| (5) The 10 Plagues [Dam, Tz'fardeia, Kinim...] | דם, צפרדע, כנים |
| (6) Dayeinu | דיינו |
| (7) Ma lecha hayam... | [בצאת ישראל] מה' לך הים |
| (8) Yevarech et beit yisra'eil... | [ה' זכרנו יברך] יברך את בית ישראל |
| (9) Halelu... Hodu... | הללו את ה'... הודו לה' |
| (10) Chasal sidur pesach... L'shanah ha-ba'ah | חסל סדור פסח [לשנה הבאה] |
| (11) Adir hu, yivneh veito b'karov | אדיר הוא, יבנה ביתו בקרוב |
| (12) Echad mi yodei'a | אחד מי יודע |
| (13) Chad gadya | חד גדיא |

PLUS references to the Kiddush and Birkat Hamazon

Print out your own transliterated song sheets

with **color-coded** page numbers

keyed to 3 popular Haggadahs:

Ktav-Goldberg edition (yellow & red)

Maxwell House Deluxe edition

Maxwell House 2011 edition

President's Message



Wayne Zeiler

We are about to begin preparing for my favorite holiday — Passover! It is about that time where I bring out the Passover dishes (yes, we change over our house) and begin the cleaning up process. This is a lot of work, but I enjoy the process and the change in our routines, even if it is for only eight days. The change to our kitchen also means that our meals will change and foods that we look forward to all year are back on the menu! I find it interesting that Passover occurs in the spring, when there is an awakening of sorts in nature as it prepares anew for the changes ahead.

At this time of year, I am also provided with an opportunity to bring all of you up to date on the goings on at the synagogue. When I last spoke, at Yom Kippur, we had completed an active year. Aside from our daily shul routines, there have been some positive developments over the past six months that will potentially lead to some new beginnings and positive changes for our beloved JCCP/CBT.

The Rental Committee has been working diligently over the past six months on bringing in a tenant and we are finally close to signing the lease agreement. Our future tenant, Bergen County Technical and Special Services, will be renting out our entire school facility and will have access to the gym during school hours. The initial lease will be for four years and we look forward to a long relationship with the county. This arrangement will bring us a long way towards closing the gap in our budget deficit. In addition, we will benefit from the enhanced security the county will implement.

With respect to security, we had our first fire drill in the building this past fall. It was held in conjunction with the Paramus Police Department and was the first opportunity for our security team to help with the process. We received good feedback from the police department and from Kevin Smith's team on the response during the Saturday morning services when this surprise drill occurred. In addition, all rooms now have security identifiers (letter and numeric designations), so in the event of a lock down, locations can be identified. Lock down doors are being investigated and we will supplement the upgrades that the county will make to implement its required enhanced security.

We have initiated developing better relationships with our neighboring synagogues to foster a broader community and increase programming and synergies between our congregations. I have met a number of times with the presidents of the Fair Lawn Jewish Center, Temple Beth Shalom and Temple Israel of Ridgewood and I am happy with the progress. These

meetings have led to a successful and fun Cabaret Night with Temple Beth Shalom and a joint Friday night service at our shul in December with Fair Lawn and Ridgewood. We are actively sharing events with each other, which has led to our starting a community corner on our bulletin board to share and communicate these events.

On the religious front, we are continuing to develop our Friday night services, looking for new opportunities to enhance our experience and develop new programs for Saturday mornings to be rolled out in the next few months. While experimental in nature, we hope that these will blossom into new offerings. In addition, Rabbi Weiner was able to enlist us in the Reznick Internship Program with the seminary. This is a special Fellowship Program providing top Rabbinic Intern candidates for Conservative Synagogues. More information on this exciting program to follow!

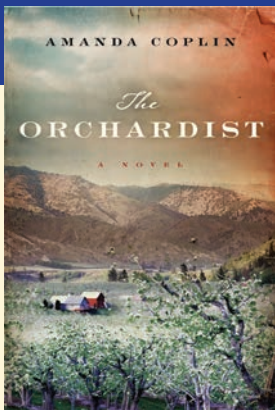
For our Hebrew School programs, we are continuing investigating opportunities for the next few years. We were excited about the joint Holocaust program with the Fair Lawn Jewish Center. The program provided a unique experience — the students read a book written by children that survived the Holocaust and had a visit from one of the authors.

After many years of talking about updating our Constitution to better reflect the size of our smaller congregation, this has finally come to fruition. These updates will be presented to the congregation for a vote following Passover so that they can take effect before the summer and the slate of officers and trustees presented by the Nominating Committee are voted on.

And finally, we have had to react to the novel coronavirus pandemic. While for months, it seemed like the United States would be spared, its arrival on our shores necessitated quick and responsible action. To assist synagogue policy making and communication, I have asked the Rabbi, the officers and Rita to form a 'SWAT' team. In addition, a medical advisory council has been created to help translate the medical aspects, guide policy and help ensure that the proper information is being disseminated. Unfortunately, and sadly for our community, we had to make the difficult decision to temporarily close our doors. Though this will hopefully be short lived, understand that we did not take this lightly. We carefully and cautiously weighed the impact on all of us. Please remember to make wise health choices, not only for yourself, but for your families and community.

I want to thank the officers, the committee chairs, and the numerous volunteers that make all the "magic" here happen. And most importantly, I want to thank my wife Debbie, and daughters Gabrielle and Rebecca, for without their constant support and allowing me to share my precious time with our congregation, I would not be able to do all that I can.

I hope that you all have a safe, meaningful and tasty Passover!



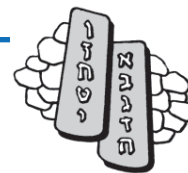
Do you have time on your 'very clean' hands?

The next book for the JCCP/CBT Book Club
(when we're able to meet)
will be

THE ORCHARDIST by Amanda Coplin

(Available as a BCCLS ebook and as a paperback from Amazon)

Jewish Community Center of Paramus Congregation Beth Tikvah



~ HOW TO SELL YOUR CHAMETZ ~

Chag Sameach to you all. I wish you a Happy and Kosher Pesach, and towards that end I offer these suggestions for selling your chametz.

Please note that we have changed the procedure to safeguard everyone's health during the synagogue response to the coronavirus pandemic

1. After you've discarded all your other chametz, put the chametz you wish to keep in a place you can secure, such as a closet, an extra freezer, a cupboard, etc.
2. Seal or lock it, not to be opened until after the last day of Pesach. (It's not yours all that time, anyway, since the space is leased out.)
3. **Sign the form below, empowering Rabbi Weiner as your agent in effecting the sale of your chametz.**
 - ◆ Mail or email this form to the JCCP/CBT as soon as possible.
 - ◆ All forms must be received before Tuesday, April 7, 2020.
 - ◆ Traditionally, a small donation is enclosed, a part of which is used for the sale of the chametz. The rest will be used for *Ma'ot Hittin*, helping poor Jews with their Pesach needs.



I (we) _____ designate Rabbi Arthur Weiner, as the agent of the Jewish Community Center of Paramus/Congregation Beth Tikvah, located in Paramus, New Jersey, to use any enclosed contribution in part to sell my chametz* as required by Jewish Law, at the specified time before Pesach 5780. To this end, I empower Rabbi Weiner to affix my name and address to the empowerment register in his possession. Remaining funds are to be set aside for *Ma'ot Hittin*.

(* ... wherever it may be in any of my properties and/or residences.)

Signature: _____ Date: _____

Address _____

(All addresses, including place of business, are required.)

~ Guide to Pesach Preparation ~

1. DEFINITION OF CHAMETZ ... In Exodus 12:15 the Bible tells us: *Seven days you shall eat unleavened bread: on the very first day you shall remove leaven from your houses ...* The Rabbis specified five grains which can become *chametz*: wheat, barley, spelt, rye and oats. Additionally, Ashkenazic authorities prohibited rice and *kitniot* (legumes including beans, peas, lentils, corn, maize, millet and mustard). While rice and *kitniot* are not strictly speaking *chametz*, they cannot be eaten, but can be “used” as in cornstarch powder or medicines. It is easiest if they, and products containing them, are treated like *chametz*. Sephardic authorities prohibit only the five specified grains, and thus Sephardic Jews are allowed to eat legumes and rice during Passover. According to Jewish law, *matzah* may be baked using any one, *but only one*, of the five acceptable grains. Traditionally it is made from wheat.

2. GENERAL LAWS CONCERNING CHAMETZ ... During Passover it is prohibited to derive any benefit whatsoever from *chametz*. One may not eat *chametz*, or run a business involved in the buying or selling of *chametz*. Even ownership of *chametz* is forbidden. We are also obliged to remove *chametz* from our possession. This is done by a *bitul*, renouncing the possession of all *chametz* in one’s household, using the *kol chamira* formula found in the beginning of most *haggadot*. Any *chametz* left over should be burned. Another way of renouncing ownership is by selling the *chametz* in one’s possession. (See *mechirat chametz*).

A. PREPARATION OF THE HOME FOR PASSOVER ... Special care must be taken with Passover foods. If a mistake is made while preparing foods during the rest of the year, the law provides several remedies. These remedies do not apply, however, to the laws of *chametz*. The laws of annulment (one part in sixty) do not apply regarding *chametz*. Chemicals permitted during the year might be prohibited on Passover. All utensils, pots, dishes, counters and anything used for the preparation of food must be *kashered*. If it is not possible to *kasher* them, they should be replaced with utensils used exclusively on Passover. All areas of the house should be thoroughly cleaned and examined for *chametz*. A person renting a room from a non-Jew (e.g. a student in a dormitory) is responsible only for the space he or she occupies. Traditionally a formal search (*bedikat chametz*) is held the evening before the first day of Passover, using a candle for light and a feather with which to sweep up crumbs.

B. SALE OF CHAMETZ ... It is sometimes impossible to destroy or remove all of the *chametz* in one’s possession, especially when great financial sacrifice is involved (*hefsed merubah*). Therefore, rabbinic authorities used a legal device embodying a special sale called *mechirat chametz* which is arranged through a Rabbi. Since the *chametz* is sold to a non-Jew, it does not belong to a Jew during Passover. All *chametz* to be sold is isolated from the food and utensils used on Passover. Pets and other animal food should also be sold (although they remain in the house as usual) since most animal food contains *chametz*. The Rabbi arranges for all materials thus sold, to be sold back immediately after Passover.

3. PROHIBITED FOODS ... Prohibited foods include the following: leavened bread, cakes, biscuits, crackers, cereal, coffees containing cereal derivatives, wheat, barley, oats, spelt, rye and all liquids containing ingredients or flavors made from grain alcohol. Most Ashkenazic authorities have added the following foods (*kitniot*) to the above list: rice, corn, millet, legumes, beans and peas. String beans, however, are permitted. The Committee on Jewish Law and Standards of the Rabbinical Assembly has ruled unanimously that peanuts and peanut oil are permissible. Some Ashkenazic authorities permit, while others forbid, the use of legumes in a form other than their natural state, for example, corn sweeteners, corn oil, soy oil. Sephardic authorities permit the use of all of the above. Consult the rabbi for guidance in the use of these products.

4. PERMITTED FOODS

A. Products which may be purchased without a *Kosher Le-Pesach* label before or during Passover:

Baking soda	Nestea (regular and decaffeinated)
Bicarbonate of soda	Nuts, whole (unground)
Coffee, regular, unflavored	Olive oil (extra-virgin only)
Eggs	Pecans, whole or half pecans (not pieces)
Fish, fresh (whole or gutted)	Tea bags - unflavored
Fruits and vegetables, fresh	Tea leaves (Pure black, green or white leaves)
Meat, Kosher (fresh or frozen)	Spices, whole (unground)

B. The following products may be purchased without a *Kosher Le-Pesach* label before Passover. If bought during Passover, however, they require a *Kosher Le-Pesach* label:

Fish, filleted	Quinoa, pure (no additives)
Fruit, frozen (no additives)	Salt, non-iodized
Fruit juices, pure (no additives)	Sugar, white, pure (no additives)

C. The following products require a *Kosher Le-Pesach* label whether bought before or during Passover:

Any product containing matzah, matzah flour or matzah meal	Ice cream
Baked goods, all	Liquor
Butter	Matzah
Cakes, Passover	Oils
Candy	Processed foods, all frozen
Cheeses	Tea, decaf
Chocolate milk	Tea, herbal
Coffee, decaf	Tuna, canned
Farfel	Wine
	Yogurt

5. OTHER “NON-FOOD” CONSIDERATIONS ...

A. MEDICINES ... Because the principle of *pikuach nefesh* (the preservation of life) takes precedence over all other laws, all medicines prescribed by a doctor in connection with life-sustaining therapy are permitted on Passover. Be aware that all medications, e.g. aspirin, vitamins and tranquilizers, while not made from *chametz*, may contain *chametz* as a binder. That is why, as a general rule, capsules are preferable to tablets. As in all cases, when a question arises, the Rabbi should be consulted. Generally we are very lenient with regard to medicine.

B. COSMETICS ... Lotions, ointments and creams need no special Passover formulation. Many other cosmetics however, have an alcohol base. Those made from grain alcohol are regarded as *chametz*.

C. BABY FOOD ... Baby food for Passover use is readily available. If Passover baby food cannot be obtained, however, the baby's food should be prepared in a separate part of the house so that this food is not mixed with food for other members of the family.

D. PET FOOD ... Most pet foods contain *chametz*. Both the pet and the pet food should be sold (see *mechirat chametz*) during Passover. This arrangement can be discussed with the Rabbi.

6. KASHERING UTENSILS AND APPLIANCES FOR PASSOVER ... Purging and open flame are the two basic methods of *kashering*,

A. PURGING (*Hag'alah*) ... Most cooking utensils can be made kosher by immersion in boiling water. This includes metal pots, most baking pans, flatware and most other kitchenware. The procedure is as follows:

1. The article to be *kashered* is thoroughly scoured (cleaned).
2. The article is set aside and not used for 24 hours.
3. The article is completely immersed in a pot of actively boiling water.
4. The articles are then rinsed immediately under cold water.
5. If a pot is too large to fit into another pot, the pot to be *kashered* is filled to the brim with water, and that water is brought to a boil. While the water is boiling, a hot stone or piece of metal is dropped into the pot in order that the water is kept at its peak heat and also to ensure that the water boils over the side of the pot.
6. The pot in which the articles were *kashered* is itself *kashered* as per step 5 above.

B. OPEN FLAME (*Libun*) ... Any utensils which come into direct contact with fire, such as a barbecue spit, a barbecue grill, a broiling pan or rack, is *kashered* by open flame. The procedure is as follows:

1. The article to be *kashered* is thoroughly scoured (cleaned).
2. The article is set aside and not used for 24 hours.
3. The article is then put under an open flame and thoroughly heated until the metal glows red hot or is so hot that a piece of paper is singed when it is touched to the metal.

C. SPECIAL CASES ... Utensils with wooden handles cannot be *kashered*, because particles of food which could lodge between the handle and the blade cannot be effectively removed by purging. The proper method to *kasher* glassware is to soak it in clear water for 72 hours, changing the water every 24 hours. Fine (glazed) china that has not been used for twelve months can be considered as new. Earthenware and other pottery cannot be *kashered*, since whatever they absorb cannot be purged. Most glazes are porous, and thus cannot be *kashered*. Utensils covered with a non-stick surface such as Teflon can be *kashered* like other utensils. Countertops and tables made of Formica or other laminates should be thoroughly scoured. Those made of wood are scraped with a steel brush. The surface is then left bare for 24 hours, after which the surface is thoroughly rinsed with boiling water poured directly from the pot in which it was boiled.

D. APPLIANCES ... Thoroughly scrub your stovetop. Remove all plastic knobs to prevent melting before the next step. The burners are then turned on full until the metal glows red hot or a piece of paper is singed when touched to the metal. Wipe off any food in a self cleaning oven and then run a cleaning cycle with the racks in place. If the oven is of the continuous cleaning type (not self-cleaning), the Rabbi should be consulted. The shelves and bins of refrigerators and freezers are removed in order to facilitate cleaning. The shelves, bins and walls are then thoroughly washed. A metal sink is *kashered*; a porcelain sink cannot be *kashered* and should be thoroughly scrubbed with heavy duty aluminum foil. Plastic tubs should be used to wash dishes. The interior of a dishwasher is thoroughly scoured, paying careful attention to the strainer over the drain. The dishwasher is left unused for 24 hours and then run through a wash cycle without soap. Any metal surface of a small appliance that comes in contact with food should be *kashered* by purging. Plastic parts are treated as mentioned above. An electric frying pan which can be immersed, should be purged. Many electrical appliances cannot be immersed and therefore cannot be *kashered*. An electric mixer should have its beaters purged and its bowls either purged (metal) or washed (glass). An electric can opener should have its blade and magnets removed and purged. The rest of the appliance should be cleaned so that no food remains in any crevice.

E. MICROWAVE OVENS ... Microwave ovens present a special case since the inside surface does not become hot. One recommended procedure is to thoroughly clean the inside and then place a dish of water into the oven and allow it to boil for a few minutes. If the oven is a combination microwave and standard oven, consult the Rabbi.

PASSOVER SERVICES • 5780-2020

Tuesday Night, April 7

Bedikat Chametz - Search for the Chametz

Wednesday, April 8

Fast of the First Born

(Chametz must be sold and disposed by 11:53 AM)

6:30 AM

EREV PESACH – Wednesday, April 8

Mincha and Maariv

SERVICES

7:15 PM



PASSOVER

1st Day – Thursday, April 9

Mincha and Maariv

9:00 AM

7:15 PM

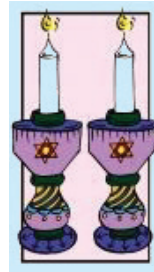
2nd Day – Friday, April 10

Mincha and Maariv

No Late Friday Night Service

9:00 AM

7:15 PM



Chol HaMoed – Intermediate Days of Passover

Saturday, April 11

9:00 AM

7:15 PM

Sunday, April 12

9:00 AM

8:00 PM

Monday, April 13

6:45 AM

8:00 PM

Tuesday, April 14

6:45 AM

7th and 8th Days of Passover

Tuesday, April 14

7:20 PM

Wednesday Morning, April 15

Service

Afternoon Yizkor Service

Mincha and Maariv

9:00 AM

6:50 PM

7:20 PM



In addition to the Yizkor observance on Thursday April 16, we will also have a Yizkor observance on Wednesday evening, April 15 at 6:50 PM. We hope this additional time will encourage all members of the congregation to participate in this important memorial service.

Thursday Morning, April 16

Service

Mincha and Maariv

Passover Ends

9:00 AM

7:20 PM

8:28 PM



Schedule subject to cancellation if Synagogue is closed

The JCCP/CBT's new Shiva Committee needs YOU

In an effort to be a Supportive Community, Beth Chanie and Debbie Zeiler are reinvigorating the shul's Shiva Committee.



In the event of a death of a congregant or a congregant's immediate family member, a small group of volunteers will be there to help. After the first call to our Rabbi at the shul, (201) 262-7691, he will reach out and let the family know that help is available including but not necessarily limited to:

Covering mirrors; setting up a hand washing station outside the house; receiving a food delivery while people are at the funeral; setting up the prepared food; hard-boiling eggs, and making coffee, with supplied items.

Volunteers are needed ASAP to help fulfill this mitzvah. Please reach out to Beth or Debbie to be part of this very important supportive team. our goal is to have at least 12 volunteers to call with a day's notice to help a family in need. Typically, two people will be needed per shiva visit and volunteers will be rotated.

Beth Chanie 201-638-7222 or Beth@JewishMediaGroup.com

Debbie Zeiler 201-906-8257 or dibble.one@gmail.com

CLASSIC PASSOVER RECIPES ~ from Beth Chanie ~

CHAROSET

1 pound chopped walnuts
6 apples
1 cup sweet concord grape wine
cinnamon to taste
zest from ½ lemon
2 teaspoons honey



Peel apples if desired and slice with apple slicer. Chop apples and lemon zest. Stir together apples, lemon zest and walnuts. Stir in honey and cinnamon and enough wine to bind together.



PASSOVER ROLLS

4 cups matzah meal
2 teaspoons salt
2 tablespoons sugar
2 cups water
1 cup oil
8 eggs
Vegetable spray for pan

Mix sugar, salt, and matzah meal. Bring water and oil to a boil and add to dry mixture. One at a time, beat in the eggs thoroughly. Mixture should sit for 20 minutes. Oil your hands well and shape the dough into medium balls and place them on a cookie sheet sprayed with vegetable spray. Bake at 375° for 50 minutes until golden on top.

The Jewish Community Center of Paramus/Congregation Beth Tikvah invites our entire community to attend our annual

YOM HASHOAH - HOLOCAUST MEMORIAL SERVICE

Monday Evening, April 20, 2020 – 7:00 PM
Jewish Community Center of Paramus/Congregation
Beth Tikvah

We are honored to announce that our guest for the service will be

Dr. Jennifer Rich

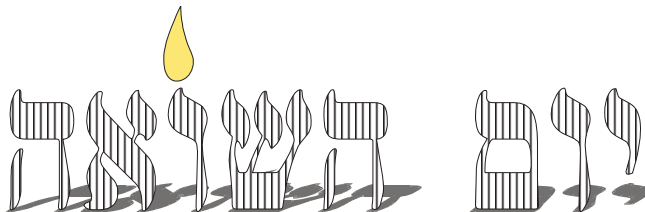
Keepers of Memory: The Holocaust and Transgenerational Identity

How do descendants of Holocaust survivors remember the Holocaust, the event that preceded their birth but has shaped their lives? Through personal stories and in-depth interviews, Rich examines the complicated relationship between history, truth, and memory. *Keepers of Memory* explores topics that include how stories of survival become stories of either empowerment or trauma for the descending generations, career choice as a form of commemoration, religion, and family life. Ultimately, this work paints a compelling picture of the promises and pitfalls of memory and points to implications for memory and commemoration in the coming generations.

Jennifer Rich is the Executive Director of the Rowan Center for the Study of the Holocaust, Genocide, and Human Rights at Rowan University in Glassboro, New Jersey, and an assistant professor of Sociology. Her first book, *Keepers of Memory: The Holocaust and Transgenerational Identity* is a major contribution to the field of Holocaust Studies. Her recent work has appeared in *The Washington Post*, *The Philadelphia Inquirer*, *The Conversation*, and *Hechinger Report*.

Come and join the entire community to commemorate Yom Hashoah. Your participation will help ensure that the Holocaust and its innocent victims will not be forgotten.

This program may be canceled due to closures because of coronavirus



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