

## ONGOING EVENTS



Canasta - Every Tuesday at 1:00pm

Mahjong - Every Thursday at 1:00pm

Exercise - Mon., Wed., Friday at 10:15am

Al Nahum Yesterday, Today, Tomorrow – Every Monday at 1:30pm

Knitting Bee - Last Wednesday of every month at 12:30pm knitting for Jewish orphanage in Odessa.

**FRIDAY NIGHT SHABBAT DINNER CLUB ...** We just completed a fantastic year and registration is now open to join our fun club next year. For more information on this wonderful way to share Shabbat, broaden synagogue friendships, and deepen your sense of community, please visit our website. We look forward to welcoming you at the Shabbat table!

**SPONSOR A KIDDUSH ...** Celebrate your simcha at the JCCP/CBT. There are several ways you can celebrate your special occasion with your JCCP/CBT family. Choose one of our many options. Visit our website for a copy of our Kiddush sponsor form.

**SISTERHOOD BIRTHDAY GREETINGS ...** Support Sisterhood and let your female friends at the JCCP/CBT know you care with a birthday greeting. For just \$1 per name, you can send your friends all the best for a birthday. Just circle a name and submit with your payment and your name will be listed on the personalized birthday card. Pick up a list of names today in the JCCP/CBT office.

**THE PARAMUS FOOD PANTRY ...** Located at 105N Farview Avenue in Paramus, it is always in need of the following items: Laundry detergent, dish detergent, deodorant, shampoo, paper goods, canned tuna, juices, mayonnaise, ketchup, coffee, jelly, salad dressing. Pantry hours are: Monday: 9:30am - 1:30pm, Wednesday: 4-7pm, Thursday: 12-4pm and Friday 2-5pm.

**FOOD DONATIONS ...** Please also remember that we collect non-perishable food items year round here at the JCCP/CBT.

304 East Midland Avenue, Paramus ~ (201) 262-7691 ~ [www.jccparamus.org](http://www.jccparamus.org)

# Jewish Community Center of Paramus Congregation Beth Tikvah

NEWSLETTER ~ JULY/AUGUST 2019



## SHABBAT UNDER THE STARS

Please join us for our third outdoor Shabbat Under the Stars Service of the summer on Friday, August 2, at 7:00pm at the home of Fran and Richard Winters. Our service will be a blend of our Traditional Friday night service as well as singing and musical accompaniment during the Kabbalat Shabbat service led by our President, Wayne Zeiler. All are welcome to participate.

## MEN'S CLUB KIDDUSH

Our Men's Club has a history of bestowing the Man of the Year award to someone who has demonstrated distinguished service to our JCCP/CBT community. This year we will be honoring Jack Miller. Jack's tireless energy and dedication to both the religious life of the congregation, as well as serving in a variety of other volunteer roles, is well known to everyone. Please join us for Shabbat morning services on Saturday, August 3, as Men's Club will be sponsoring a special Kiddush and honoring Jack's ongoing service. We hope you will make every effort to attend.

## HIGH HOLIDAY TICKETS

The 5780 High Holiday ticket applications have been mailed and you should have received them. If you have not, please contact the JCCP/CBT office. Remember the deadline for the lottery is Sunday, August 11. Please make sure that if you wish to be seated with friends, all applications are submitted at the same time.

## MAZEL TOV ~ Y'ASCHER KOACH

A warm and special thank you to the congregants, friends, and family who supported the Dinner Dance. It was a wonderful event, filled with love and good cheer. To those of you who attended, thanks for making the evening even more joyous. We thank the Dinner Dance Committee for all its hard work.

## UPCOMING EVENTS

**RABBI GOLD'S CLASS** ... Mondays at 7:00pm. Join Rabbi Gold's class "Triple-F/J (Fascinating, Fabulous, Fun Jewish Topics)".

**HEBREW SCHOOL OPEN HOUSE SHABBAT BBQ** ... Fri, July 19 from 6:30-8:00pm. Current and prospective Hebrew school families are invited to a special Shabbat dinner. Candle lighting, Kiddush, challah, BBQ, games and dessert. Free event, reservations required. To RSVP, call the office or email Marcia Kagedan at [edudirector@jccparamus.org](mailto:edudirector@jccparamus.org).

**MOVIE AFTERNOON** ... Sun, July 28 at 3:00pm. "Hidden Figures" directed by Theodore Melfi, starring Taraji P. Henson, Octavia Spencer and Janelle Monae. The true story of how three brilliant African-American women worked at NASA to help launch John Glenn into space. \$2 for movie and snacks, \$13.50 for pre-ordered deli supper and movie. RSVP to Mimi Levin for supper at 201-265-0454.

**BOOK CLUB** ... Tues, July 30 at 7:00pm. "The Room on Rue Amelie" by Kristin Harmel. A novel set in Paris during WWII about an American woman, a dashing pilot, and a young Jewish girl whose fates unexpectedly entwine. \$2 suggested. Snacks will be served. RSVP to Mimi Levin at 201-265-0454.

**SISTERHOOD EVENT** ... Sun, September 22 at 10:00am. "Breakfast with the Women Justices of the U.S. Supreme Court". Enjoy a delicious breakfast and a special program presented by Trish Chambers Productions. More information to follow.

**HONEY IS COMING** .... Send your friends and family a personalized Rosh Hashanah jar of honey and card gift set. Each jar of honey is \$12. To order visit <http://www.honeyfromtheheart.org/jcp>. Free shipping on orders placed before August 5. Questions? Contact Harriet Kugler at [Hkgaga3@aol.com](mailto:Hkgaga3@aol.com).

## TISHA B'AV 2019 - 5779

**SATURDAY EVENING, AUGUST 10, AT 8:45 PM**

*Tisha B'Av*, the 9th day of *Av*, is the saddest and most tragic day in the Jewish year. It commemorates the destruction of the First and Second Temples, as well as other Jewish national calamities. To observe *Tisha B'Av* we will sit together in the Bodeen Chapel with lit candles to create an atmosphere that reflects the somber mood of the day. The Book of Lamentations, traditionally attributed to the prophet Jeremiah, as he witnessed the First Temple's destruction, is chanted during the Service. The reading of Lamentations and mourning type practices that are also a feature of the day help us to recall the suffering and the persecution of our people throughout the ages. *Tisha B'Av* is also a day of fasting, which ends the next day at darkness. Please plan to join us for this important evening as Rabbi Weiner and Cantor Weiss lead us in this profoundly moving experience.

**SUNDAY MORNING, AUGUST 11, AT 9:00 AM**

The morning service for *Tisha B'Av* is unlike any other morning service of the year. Following the tradition of Rabbi Meir of Rothenburg of the 13th century, we do not wear *Talit* or *Tefillin* at the *Shacharit* service. We mourn for the martyrs of our people on this day reciting special prayers after the morning service known as *Kinot*. This special section will be introduced and led by Cantor Weiss.

**SUNDAY AFTERNOON, AUGUST 11, AT 1:30 PM**

A special early Mincha Service will be held at 1:30 pm on Sunday afternoon. During the Mincha Service, *Talit* and *Tefillin* are worn, signifying the waning of the intense sorrow of the day.

Please join us for the observance of this significant day in the calendar, so that we may realize the words of our Sages, who taught that "...those who mourn the destruction of Jerusalem will one day be granted the merit to see its glorious redemption."

## UPCOMING HOLIDAY CALENDAR

|                    |                          |
|--------------------|--------------------------|
| Fast of Tamuz:     | July 21                  |
| Tisha B'Av:        | August 11                |
| Rosh Hashana:      | September 29 – October 1 |
| Kol Nidre:         | October 8                |
| Yom Kippur:        | October 9                |
| Sukkot First Days: | October 14-15            |
| Shemini Atzeret:   | October 21               |
| Simchat Torah:     | October 22               |