



SAVE THE DATE!

OCTOBER 22

• Sisterhood & Men's Club Paid Up Dinner: "Keep This Toss That"

November 17

· Battle of the Bands

November 18

Mitzvah Day







21 ELUL 5778 · SEPTEMBER 1, 2018

No. 1

JEWISH COMMUNITY CENTER OF PARAMUS/ CONGREGATION BETH TIKVAH

Requests the pleasure of your presence at its

Annual SELICHOT Reception Saturday, September 1 at 9PM Honoring

RABBI AVRAM KOGEN



We are delighted to honor **Rabbi Avram Kogen** at Selichot this year. He is an important part of our JCCP/CBT community and we very much appreciate all that he has added to synagogue life at our shul.

Rabbi Kogen has lived in Fair Lawn since 1987. Since 2010 he has stayed over in Paramus for Shabbat on a regular basis, in order to serve as Torah Reader at the ICCP/CBT.

Rabbi Kogen, who grew up on the Upper West Side in New York City, received his basic Jewish education at home, in day schools, and at Camp Ramah. He then

chose to build on this foundation by embarking on a dual degree program offered by Columbia University and The Jewish Theological Seminary of America, earning bachelor's degrees in Psychology and in Talmud. He spent his junior year of college at the Hebrew University of Jerusalem.

Continuing at the Seminary, Rabbi Kogen earned an M.A. in Judaica, followed by Rabbinic Ordination. The prizes that Rabbi Kogen earned in Rabbinical School were in Bible and in Homiletics (the writing and delivery of sermons). Subsequently, Rabbi Kogen earned a second M.A. (in Curriculum and Teaching) from Teachers College, Columbia University. And, in 2003, the Seminary gave Rabbi Kogen the honorary Doctor of Divinity degree.

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Rabbi Kogen worked for many summers at the Ramah camps, in roles as diverse as counselor, librarian, division head, program coordinator, and business manager. During the school year, he taught at synagogue and community religious schools, and later at day schools within the Solomon Schechter system.

Rabbi Kogen is married to Linda Ripps, and they have three children: Navah, Seffi, and Matan. Navah and Seffi - and Linda - work in Jewish nonprofit organizations. Matan, who recently graduated from high school, is about to spend a year in Israel. Linda, Navah, Seffi, and Matan all have Ramah backgrounds, and they all have been active in U.S.Y. on the regional level. Rabbi Kogen has three brothers (who live in three different time zones).

Rabbi Kogen worked as a congregational rabbi in Conservative synagogues in Pensacola, Florida and in York, Pennsylvania. He is particularly proud of his Adult Education work, as well as his participation in Pensacola's Interfaith Council (a forum for community-oriented discussions among clergy of different faith traditions) and in the Pennsylvania Jewish Coalition (an umbrella organization of representatives from the various federated Jewish communities of Pennsylvania).

Since 1990, Rabbi Kogen has worked in the field of insurance and financial consulting, where he is a solo practitioner. He has earned the industry designations of Chartered Life Underwriter (CLU) and Chartered Financial Consultant (ChFC). Concurrently, he has pursued an interesting variety of Judaic projects. Besides his involvement at the JCCP/CBT, he has also taught a variety of workshops for the New Jersey region of the United Synagogue of Conservative Judaism, and he taught for five years at the Bergen County High School of Jewish Studies. He also took a turn writing Torah Sparks on the weekly Torah portion for the USCJ website for a year. JCCP members with long memories might remember that Rabbi Kogen also served here as the tutor for Bar- and Bat-Mitzvah students in the year before Cantor Weiss joined our community.

Rabbi Kogen enjoys his involvement at the JCCP/ CBT, warming to the challenge of preparing and conveying each week's Torah reading in accurate Hebrew. He values the friendships that he has made here, often at the Kiddush/luncheon and in other informal settings. He also embraces the opportunity to explore advanced topics in Judaism with those who wish to dig beneath the surface and to grow in their Jewish knowledge and practice.

NEW HIGH HOLIDAY RECORDINGS ADDED TO THE WEBSITE



The **Listen & Learn Prayers** web page has been updated to reflect the many transliterations contained in our new *Machzor Lev Shalem*. Please take advantage of the many MP3 files and expanded transliterated text sheets to make your High Holiday prayer experience even more meaningful and enjoyable. All of the transliterated text are already printed in the Machzor, so using the text sheets during services is not really necessary. But do print them out for yourself at home to help you Listen and Learn!

Also check out the Listen and Learn page prayers for the home: How to bring **Rosh** Hashanah, Festivals and every Shabbat to our mealtimes with the appropriate versions of the Kiddush, as well as how to mark the conclusion of Shabbat and Holidays with the **Havdalah** ceremony. The Listen and Learn **Birkat Hamazon** section now includes the blessings made before eating various foods.

Go to: www.jccparamus.org/education/listen-and-learn-prayers

HELP DEFEAT HUNGER!

Make our 25th annual

OPERATION ISAIAH

THE BEST EVER!

Do your first mitzvah of the year on

Kol Nidre Night, Tuesday, Sept. 18



We need any non-perishable food especially...

Peanut Butter, Tuna Fish, Rice, Cereal, Canned Fruit, Canned Vegetables, Baby Formula, Macaroni & Cheese, Pasta, Beans, Soup, Etc.

Please: No Glass Containers or Expired Dates

Donations will benefit the Center for Food Action

Support the JCCP/CBT when you shop for

Rosh Hashanah

Purchase scrip before you head out to your favorite market and help us get free money when you buy your groceries!!

Scrip is available for Shoprite, Harold's, Foodtown, Stop & Shop and Seasons Kosher Supermarket











To purchase scrip contact
Eileen Schneider <u>eileenschneid@gmail.com</u> 201-914-0366 or
Barbara Merker merker2@optonline.net 201-488-7007

Scrip is also available in the office



From the Rabbi



Rabbi Arthur D. Weiner

As many of you are aware, our synagogue is making a major change for High Holiday Services this year. As we announced to the congregation several months ago, thanks to the generosity of Rich and Sandy Alpern, we are replacing the black Silverman Machzor (High Holiday prayer book) with the new Machzor Lev Shalem. This is the first time that we have changed the Machzor in the history of the JCCP/CBT. It's a major step forward and the differences between the 2 prayer books will become apparent immediately even to the most casual observer. I would like to talk to the congregation about several of the changes and innovations that you will find in this new prayer book.

1. Improved English translations: Machzor Lev Shalem recognizes that many who attend our High Holiday services lack a good working knowledge of the Hebrew prayers. So a new and highly readable English translation was prepared for this volume. Even when the Silverman Machzor came out in 1939, it was criticized for using a stilted English that did not even reflect the way English was spoken at that time in American history. The changes that you will see go beyond the simple removal of outdated praises like Thee, Thou and Thy. You will find a flowing, idiomatic translation that even as it attempts to faithfully translate the traditional Hebrew prayers is simultaneously sensitive to the way we speak and understand the English language today. So

for example, whereas the previous Machzor generally referred to God with gender-specific descriptions, this new *Machzor* generally prefers a more gender neutral way of understanding God in keeping with our evolving religious understanding. In Judaism God is neither male nor female. The English translation does a good job in reinforcing this theological truth.

2. Commentary and Discussion: Perhaps the most immediate change you will see is the myriad of commentaries and explanatory notes that are on each page of the new prayer book. The previous Machzor lacked any of these explanations. This new prayer book has notes, commentaries and explanations written by great scholars and world-renowned thinkers which, more than anything else in this new book will most likely enhance your High Holiday experience. The truth is our High Holiday services are long. The prayers, important as they are, don't speak to everyone equally at the same time. These notes will teach, inform and add to your understanding of not only the prayers, but the lofty concepts of the High Holiday experience in a manner that previous prayer books simply do not. Indeed one of the reasons why so many in our congregation enjoy the daily siddur that we use in the Bodeen Chapel so much is because it contains these types of notes, commentaries and explanations. The Machzor Lev Shalem has provided tremendous opportunities for learning and gaining a greater appreciation of not only the High Holidays themselves but the entire Jewish experience, providing all those who use this book on Rosh Hashanah and Yom Kippur with something to think about not only during the High Holiday period but throughout the year as well.

3. English transliteration: Our former Machzor contained no transliteration of our Hebrew prayers which, without intending to do so, literally disinvited a substantial percentage of the community from participating in the Hebrew service. Throughout Jewish history there has been tension

between the desire to maintain Hebrew as the language of prayer and the realization that too many did not have the ability to pray in the language of our ancestors. For vears. Cantor Weiss has worked hard to prepare transliterated materials to facilitate participation. The new High Holiday prayer book has made transliteration a priority. Its page design is designed to facilitate the use of its extensive transliteration to encourage the congregation to join the Cantor and the community in the Hebrew prayers. The layout is designed literally to draw the eve of the worshipper to those sections. I believe that this will help facilitate communal participation and singing for all.

Every prayer book in Jewish history, especially those that have been disseminated since the advent of the printing press reflect the editorial judgments of those who conceived as well as published them. What should they look like? What should be retained, and what should be left out, relative to previous editions? We make decisions based not only on the needs and conditions that motivated the composing of a new prayer book in the first place, but what we anticipate the needs will be in years to come. As you review and use the new High Holiday Machzor, these editorial decisions will become

apparent immediately. What we call the matba'ah shel tefilla, (the framework of prayer) remains the same, many of the extra prayers that we add on the High Holidays have been reconsidered. Some remain, some have been removed and new ones have been added. Indeed, when the Silverman Machzor was first published almost 80 years ago, many of its choices were considered radical at the time. To be perfectly honest, I am not vet comfortable with all the changes that this work has embraced. And I know for a fact that the same sentiment was shared with the editors of the Silverman Machzor years ago. Yet their judgments proved prescient and wise, and their work remained a most beloved part of American Judaism for three generations. I have every confidence that this new Machzor will do the same.

Cantor Weiss and I, along with our High Holiday guest Rabbi, Hillel Gold and guest Cantor Devin Goldenberg have spent a great deal of time this summer familiarizing ourselves with the new Machzor Lev Shalem. We are excited about what we trust it will contribute to the High Holiday experience in our community and in our lives.

L'shanah Tovah – Healthy and happy new year to all.



Light the Sabbath Candles



Friday, September	7	6:59	P.M.
Friday, September	14	6:47	P.M.
Friday, September	21	6:36	P.M.
Friday, September	28	6:24	P.M.



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FRIDAY	EVENIN	IG SE	RVICE
August 31			

...... 8:00 p.m.

ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 1......9:00 a.m.

TORAH READING: Ki Tavo KIDDUSH HOST: JCCP/CBT

MINCHA & MA'ARIV 7:15 p.m.

FRIDAY EVENING SERVICE

September 7...... 8:00 p.m.

ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 8......9:00 a.m.

TORAH READING: Nitzavim KIDDUSH HOST: JCCP/CBT

MINCHA & MA'ARIV 7:00 p.m.

FRIDAY EVENING SERVICE

September 14 8:00 p.m.

ONEG HOST: JCCP/CBT

SABBATH SERVICES September 159:00 a.m.

TORAH READING: Vayellech KIDDUSH HOST: JCCP/CBT

MINCHA & MA'ARIV 6:50 p.m.

FRIDAY EVENING SERVICE

September 21 8:00 p.m.

ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 229:00 a.m.

TORAH READING: Ha'Azinu KIDDUSH HOST: JCCP/CBT

MINCHA & MA'ARIV 6:40 p.m.

FRIDAY EVENING SERVICE

September 28 8:00 p.m.

ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 299:00 a.m.

TORAH READING: Sukkot KIDDUSH HOST: JCCP/CBT

MINCHA & MA'ARIV 6:25 p.m.

SEE HIGH HOLIDAY SCHEDULE

President's Message



Wayne Zeiler

L'Shana Tova!

As I sit here writing this, it is at the start of my presidency at the JCCP/CBT. As you sit there reading this, it is at the start of the Jewish New Year 5779. As the saying goes, "A journey of a thousand miles begins with a single step." I like to approach any new aspect of my life as an adventure. When my daughters Gab and Bec were younger, Debbie and I referred to any family trip we went on as adventures. By framing something new as an adventure, it becomes fun and exciting, has the potential to make any hurdles in our way seem doable, and keeps us aware to pay attention, as we start with that first step.

In the upcoming days, I will be learning a lot -- as I walk through the shul, as I greet people, and (yes) even as I attend meetings. The one thing I am clear on, is that we have a great team in place as we face the challenges ahead, work through issues, and strive to keep the JCCP/CBT a viable entity into the future. Having just had our first Town Hall, I look forward to future opportunities to hearing your thoughts, getting your feedback, and hopefully, hearing where you think that you can make a difference.

I look forward to serving our community as the President. At the end of the day, I am still a congregant – one of many. As I take this first step of many, I invite all of you to join me. We are stronger together than we are as individuals. Together we can strive to be all that our community can be, not just for this week, not just for this month, not just for this year, but for many years to come. I look forward to the fun and exciting adventure ahead, to take this adventure together.

From Debbie, Gabrielle, Rebecca and myself, I want to wish each of you a happy, healthy and prosperous New Year. May we all be inscribed, once again, in the book of life.

Jewish Community Center of Paramus/ Congregation Beth Tikvah

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OPERATIONS MANAGER Rita Greenberg **RECORD KEEPER** Naz Kashani **EDUCATIONAL DIRECTOR** Marcia Kagedan

(201) 262-7733

HEBREW SCHOOL PRESIDENT **VICE PRESIDENTS** Gerry Menter

Wayne Zeiler Rob Chananie **Harriet Kugler**

TREASURER FINANCIAL SECRETARY RECORDING SECRETARY OFFICE ASSISTANT **BULLETIN EDITORIAL**

Stuart Smith Paul Duboff Lana Brach Dina Leffel

The Bulletin Committee bulletin@jccparamus.org



HIGH HOLIDAY ANNOUNCEMENT

We are excited to announce to the congregation an additional opportunity for meaningful High Holiday experiences.

On the second day of Rosh Hashanah, at 11:00 AM, and on Yom Kippur at 12:30 PM, we will have an Adult Learning High Holiday experience. This service, which will be led by Sam Weiner will provide an opportunity for adults to learn more about the High Holiday services and prayers, address questions and encourage a different type of experience than the one offered in the sanctuary or Stark Hall. This service has been extremely well received for the past several years so we have added it for Yom Kippur as well.

Perhaps you have trouble understanding the prayers. Or the Hebrew is an impediment to your overall participation. Or your High Holiday experience is simply not being met by our existing High Holiday offerings. You are not alone. This service just might be for you.

From the Operations Manager



Rita Greenberg

As we begin preparations for the High Holidays, so many things come to mind. There is of course the cleaning, preparing, ordering, and organizing that are a part of our normal expectations of what we do months before the holidays begin. But aside from the physical aspects of all we do to prepare for this special time of year, there is also the preparing of our mind for a new year. We relive all that we have experienced over the past year and see where we can make changes for the better. Have we been the best we can be? What can we change for the better? How can we be the best form of ourselves? Have we helped those who need help? Have we been as kind to each other as we possibly can? Have we been grateful each and every day for those things in our

lives that we are truly fortunate to have even though at times that is difficult? The world we are now experiencing is making others forget what simple kindness is all about. We must never be anything other than kind and thoughtful and caring to all. To be cruel and thoughtless and unkind is not being truthful – it cannot become the new "norm" - it is merely being cruel and thoughtless and unkind. Something we must never be.

In the coming year, you will see many changes at the synagogue. Many of them with the thought of opening our arms to all to include everyone - some of them small changes, but many much bigger. You have already experienced some of these changes - for example in the new weekly announcement format we send each week. You will experience our new High Holiday prayer books this year. We are planning many new and different events for the coming year and much more. Watch for these changes and as always, tell us what you think.

Let me start the New Year off with a big heartfelt thank you to all of our wonderful volunteers who I learn from each and every day and whose help is indispensable.

L'Shanah Tovah

Happy Healthy New Year

SEEKING HIGH HOLIDAY USHERS & GREETERS



Erev Rosh Hashanah is on Sunday, September 9. There is still time to sign up to be a JCCP/CBT High Holiday usher. We welcome women and men who have served in the past and look forward to newcomers signing up as well. It is a wonderful and important, fulfilling job.

There are many posts to be filled. You can sign up for one hour (one post) or multiple posts during all the High Holidays. A guide sheet will be sent and information is readily available. We look forward to hearing from you.

If you have any questions or can volunteer, contact Robert Chananie and Gary Glaser, High Holiday ushering co-chairs, ASAP at 201-561-6284 or RobChananie@gmail.com

JCCP/CBT High Holiday Services \$ 5779 - 2018

TO THE WAY YEAR TO THE WAY YEAR

A Happy New Year

5779 - 2018

כשנה שובה תכתבו

TO THE ENTIRE CONGREGATION

AND ALL THE MEMBERS

OF THEIR FAMILIES

WE EXTEND OUR VERY BEST WISHES

FOR A NEW YEAR AMPLY BLESSED

WITH HEALTH, HAPPINESS &

WORTHWHILE ACHIEVEMENTS

The Rabbi, Cantor and

the Entire Professional Staff,

the Officers and Board of Trustees

of the Congregation

SANCTUARY Egalitarian Service

STARK HALL

Traditional Service

S'LICHOT RECEPTION & SERVICE

Honoring Rabbi Avram Kogen
Saturday Evening, September 1 9:00 PM 9:00 PM

ROSH HASHANAH - 1st Day

Sunday Evening, September 9 7:00 PM 7:00 PM (Sanctuary)

Monday, September 10

Service Begins 8:30 AM 8:30 AM Torah Service 9:45 AM 9:45 AM **Shofar Service** 10:30 AM 10:30 AM Musaf 11:00 AM 11:30 AM 11:00 AM Rabbi Weiner's Sermon 11:30 AM Tashlich / Mincha (Outdoors) / Maariv 6:30 PM 6:30 PM

ROSH HASHANAH - 2nd Day

Tuesday, September 11

Service Begins 8:30 AM 8:30 AM **Torah Service** 9:45 AM 9:45 AM **Shofar Service** 10:30 AM 10:30 AM Rabbi Weiner's Sermon 11:00 AM 11:30 AM Musaf 11:30 AM 11:00 AM Mincha / Maariy 7:00 PM 7:00 PM

SHABBAT SHUVA

Friday, September 14 8:00 PM 8:00 PM

Saturday, September 15

Service Begins 9:00 AM 9:00 AM
Mincha / Maariv 6:50 PM 6:50 PM

YOM KIPPUR - KOL NIDRE

Tuesday, September 18

Mincha 6:15 PM 6:15 PM

Doors Close for Kol Nidre 6:30 PM SHARP 6:30 PM SHARP

YOM KIPPUR DAY

Wednesday, September 19

Service Begins 8:30 AM 8:30 AM

Torah Service 10:00 AM 10:00 AM

Sermon(Rabbi Weiner) 10:45 AM10:45 AM (Rabbi Gold)Yizkor11:15 AM11:15 AM

ADULT LEARNING SERVICE (Upstairs)

2nd Day of Rosh Hashanah11:00 AM to 12:15 PM

 Musaf
 12:00 PM
 12:00 PM

 Mincha
 5:15 PM
 5:15 PM

 Ne-ilah Closing Service
 6:30 PM
 6:30 PM

COMMUNITY YIZKOR SERVICE

Wednesday, September 19 4:30 PM 4:30 PM

SPECIAL SERVICES:

BABYSITTING (Downstairs)

All days ______11:00 AM to 1:00 PM

YOUTH/TEEN PROGRAM (Downstairs)

 FAMILY SERVICE (Upstairs)
 1st Day of Rosh Hashanah
 12:15 PM to 1:00 PM

 1st Day of Rosh Hashanah
 11:00 AM to 12:15 PM
 2nd Day of Rosh Hashanah
 11:00 AM to 1:00 PM

 Yom Kippur Day
 11:00 AM to 12:15 PM
 Yom Kippur Day
 12:15 PM to 1:00 PM

L'Shanah Tova

Our Best Wishes For A Year Filled With All Good Things, Including Food!!

Please follow our newest feature: Our Recipe of the Month from the Bestselling

RECIPES FROM THE HEART* - Now In Its Third Edition!!!

To Start the Year Off in Good "Taste":

YES I KNOW YOU HAVE A LOT OF BRISKET RECIPES BUT THIS IS A GOOD ONE! **

(The One With That Secret Ingredient)

Ingredients

4 large garlic cloves, minced (or more if you like)

1/4 teaspoon pepper

1 teaspoon of paprika

1 teaspoon of salt

1 teaspoon of vegetable oil

2 medium to large onions, sliced

1 3- pound piece of boneless brisket, excess fat trimmed (second cut is best).

1 cup of ketchup or Heinz chili sauce (Chili sauce is delicious)

½ cup water

2 pounds Yukon gold potatoes, quartered. No need to peel Yukon gold potatoes. Just wash them well.

Mix garlic, spices, salt and oil into a paste and rub this onto the meat, on both sides, well. (Your hands will be all red). Let the meat rest with the rub for about 30 minutes. Preheat oven to 400° .

Put the onions on a roasting pan and top with the brisket, fat side up. Cover the pan with foil and roast for 15 minutes. Reduce the oven temperature to 325° . Pour the ketchup or chili sauce over the brisket and spread it lightly over the meat. Add the water to the pan, but around the brisket, not over it. Cover with foil and bake for $1\frac{1}{2}$ hours, basting with water if the pan gets too dry.

Add the quartered potatoes to the pan around the meat. Baste meat and potatoes with the pan juices and sprinkle the potatoes lightly with salt. Cover and roast for 45 minutes; turn potatoes over and roast for 45 minutes longer, or, until both the brisket and potatoes are very tender when pierced with a fork.

Remove meat to a board, ketchup side up. Remove the onions with a slotted spoon. Put ½ cup of the onions in a medium saucepan and add the roasting juices from the meat. Boil about 5 minutes or until well flavored and slightly thickened.

Carve the meat into thin slices crosswise. Pour the sauce into a gravy boat or sauce bowl and serve separately.

*You Can Purchase the Beautiful Hardcover Edition in the Gift Shop. A Perfect Present For Any Occasion – Contact Laurie Rosman at (201) 906-5830 / ljrwax@gmail.com

**From the First RECIPES FROM THE HEART - Copyright 2003



In order to increase the awareness and observance of *Sukkot* among our membership and the larger Jewish community, the Jewish Community Center of Paramus/Congregation Beth Tikvah will again provide *Lulavim* and *Etrogim* from Israel for those who wish to order them with us. They will be delivered to our congregation straight from our supplier in Israel, ready for the joyous festival of Sukkot. **Sukkot begins on Sunday evening, September 23, 2018**.

Each year, more and more of our members purchase *Lulavim* and *Etrogim*, and we hope for even more this year. We encourage each family in the congregation to purchase a set and observe this great *Mitzvah*. Each set will include all the four species: the *etrog*, the *Iulav*, the *hadassim* (myrtle), and *aravot* (willow). The price for each set is \$40.00. We are pleased to announce that there is no price increase this year.

Your *Lulav* and *Etrog* will be ready for pickup on Sunday morning, September 23, 2018.

To order your Lulav and Etrog please do one of the following:

- 1. Call the Synagogue office at 201-262-7691
- 2. Email the office at office@jccparamus.org
- 3. Return the following order form by September 17, 2018.

Name:		 	
Address:			
Telephone):		



Hebrew School News



Marcia Kagedan

Shalom Everyone,

I hope everyone had a relaxing and fun filled summer and that you are ready to begin this new school year with energy, excitement and an appetite for learning and Jewish adventures. Our school this year is filled with learning and with exciting programs.

Our Youth department is also planning an exciting year. FLIPPER Kadima is for 6th - 8th grade students open to our Hebrew School and Day School students. FLIPPER USY is for high school students. FLIPPER connects our young people with kids from several other

Bergen County Congregations. We also have a Chaverim program for children in 4th - 7th. Look for our upcoming fliers.

School begins on Sunday, September 16. Parents will be welcomed back with a breakfast and kids will have special snacks. If you know of any families who have not yet registered for Hebrew School please have them contact me at edudirector@jccparamus.org. Remind your friends and neighbors that membership is no longer required for a child to attend our Hebrew School. For new Sunday school only students (K-1), tuition is just \$365 for the year. Quite a deal.... a dollar a day!!

I take this opportunity to wish one and all a Happy and Healthy New Year. May this New Year bring you and the world health, happiness and peace.

Congratulations
& Welcome
to our New Trustees!

~ LAURA MENTER ~ ~ DEBBIE ZEILER ~



GWAN (Group Without A Name)

WHERE EVERYONE IS WELCOME!

MONDAYS

- Gentle Exercise Class, 10:15-11:15 a.m. \$6 per session*
- **Yesterday, Today and Tomorrow**, current events discussion with Al Nahum, 1:30 p.m.

TUESDAYS

• Canasta & Scrabble, 1 p.m. All levels welcome!



WEDNESDAYS

• Gentle Exercise Class, 10:15-11:15 a.m. \$6 per session*

THURSDAYS

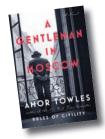
• Mahjong, 1:30 p.m., instruction available

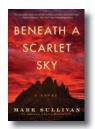


FRIDAYS

- Gentle Exercise Class, 10:15-11:15 a.m. \$6 per session*
- *If interested in the *Gentle Exercise Class*, please contact **Janet** at 201-967-9179 or **marktopel@verizon.net**

BOOK CLUB







The next book we will be reading is "A GENTLEMAN IN MOSCOW" by Amor Towles and the facilitator will be Dina Stein. This year we will also be reading "BENEATH THE SCARLET SKY" and the facilitator will be Sandra Jonas.

Jewish Federation's **One Book, One Community** selection is "AMONG THE LIVING" by Jonathan Rabb. Carolyn Kaufman will be the facilitator.

The dates for these discussions TBA.

For further information or reservations, please contact **Mimi Levin** at 201-265-0454 or **grandmamimil@verizon.net**



FUNDRAISING





Consider supporting our shul by participating in these fundraising efforts: Sisterhood Gift Shop,

including yarmulkes 🌣 Amazon Smile 💠 Leaf on the Tree of Life 💠 Yahrtzeit Plaques 💠 TD Bank Affinity Program





5779/2018 NEW YEAR'S GREETINGS

Renee & Arthur Abrams Zelda Abrams Sandra & Richard Alpern Natalia & Yan Anchipolovsky Marilyn Anshien John Antebi Estelle Argaman Fran & Dan Aronesty Laura Ashkenazi Randy & Paul Auerbach Joan & Carl Bagner Deborah & Richard Barbash Jill & Jeffrey Bart Sara & David Barzillai Celia Bass

Sandra & Jacob Bauer Liliana & Gustavo Baumzweig Hanna & Yoseff Ben-Shoan Gerald Benovitz

Marilyn & Ralph Berkowitz Irene Brickman & Adolph Berman **Ruth & Donald Berman** Randie & Howard Berner Marceline Bernstein

Robert Bernstein & Hana Zilberstein

Claire & Edward Beslow Claire Birnbaum Frances Blackman Stanley Blecher Charlotte Blechman Karen & Bernard Blick

Diana Bodeen & Jon Rothschild

Helga Bodeen Gilda & Herb Botwinick Lana & Peter Brach Dina & Jeff Braun Merri & Ned Braunstein Lori & Yakov Brayman

Carolyn Kaufman & Alan Breda

Jennie & Arie Bronstein Lois & Arnold Brown

Lotte Buff

Ruth & Ruby Camins Beth & Robert Chananie **Beverly & Arthur Cohen** Lori & Harlan Cohen Jeanette Cohen Elaine & Martin Cohen Judith & Raymond Cohen

Nancy & Stanley Cohen

Iris & Uri Cohen

Susan & Howard Cohn Jen & Ken Cole Linda & Sheldon Cole Betty D'Ver Iris & Mishel Dadon

Viviane & Abraham Danan Siona & Sandu Davidovitch Beverly & Milton Diamond

Bernice Drapkin Linda & Paul Duboff

Roberta & Lawrence Edelstein

Barbara & Philip Edlin Sylvia & David Egleston Judy & Michael Elfenbein

David Elliot Sandi Elman Kira & Josh Elyash Barbara & Michael Epstein Alyce & Joseph Esrig Phyllis & David Esterow Benjamin Fais

Louis Fallon

Candice & Michael Feiler

Sandy Feinberg

Ina Feinstein & Ian Shore Mr. & Mrs. Craig Fenster Joanne & Nathan Fink Frieda & Alan Finkelstein Jacqueline & Steven Finkelstein Beverly & Barry Fishman

Iris & Herbert Fleishman Amy & Stephen Forman

Beverly Fox Irene Frank Rhoda Fried Jeffrey Friedlander Carnie Friedman

Corinne & Norman Frolow

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Sisterhood Birthday Greetings

Support Sisterhood and let your female friends at the JCCP/CBT know you care with a Birthday Greeting for birthdays September- December!

For just \$1 per birthday greeting, you can send your friends all the best for a happy and healthy birthday. Simply circle the names of your female friends and submit with payment, and your name will be listed on the personalized birthday card.

This is the first order form for September- December 2018 birthdays

Your name and email:	
Your phone number:	
Total money enclosed: \$	

Mail your check, made payable to JCCP/CBT Sisterhood to: JCCP/CBT Sisterhood, East 304 Midland Ave. Paramus, NJ 07652 Questions: Call Lili at 201-986-1201



SISTERHOOD BIRTHDAY GREETINGS

Please circle the names of your friends below:

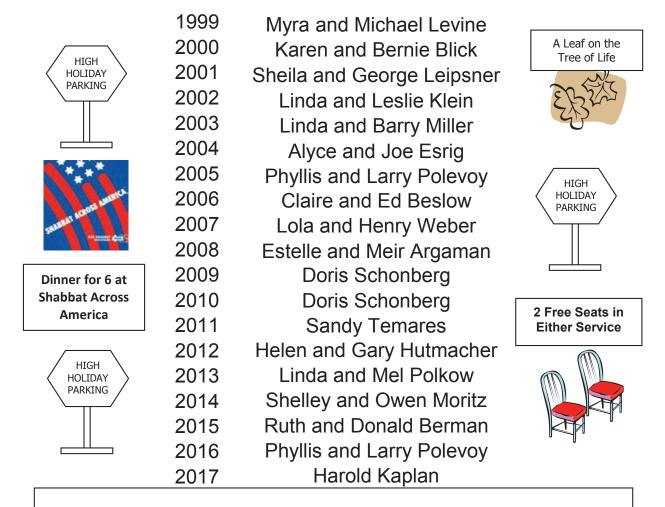
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
Laura Ashkenazi	Randy Auerbach	Lana Brach	Jill Bart
Deborah Barbash	Randie Berner	Lori Brayman	Beth Chananie
Celia Bass	Marceline Bernstein	Sandra Elman	Viviane Danan
Beverly Cohen	Dina Braun	Rhonda Gordon	Roberta Edelstein
Susan Cohn	Sue Greenberg	Suzana Julis	Sylvia Egleston
Linda Cole	Janie Horowitz	Esther Kantrowitz	JacquelineFinkelstein
Iris Dadon	Michelle Lustberg	Sylvia Karpen	Rhoda Fried
Barbara Epstein	Shelley Moritz	Marcia Katz	Nicole Goldish
Candice Feiler	Irene Reiss	Gladys Kozuch	Janet Grotsky
Beverly Fishman	Linda Rose	Bernice Leibowitz	Barbra Horner
Amy Forman	Shirley Rosenblatt	Myrna Levine	Shoshana Ishayik
Claudia Kramer	Nina Rothman	Marsha Lowenthal	Melissa Kolodkin
Eve Lehrer	Roni Rubin	Nancy Luks	Miriam Levin
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Mildred Lerman	Janet Topel	Evelyn Masheb	Linda Miller
Kimberly Lesser	Phyllis Waterstone	Susan Matalon	Joan Plavin
Gloria Levy	Roslyn Weiss	Joan Mintz	Phyllis Polevoy
Edith Maclin		Roberta Moskowitz	Carol Rossmer
Laura Menter		Anita Preefer	Eileen Schneider
Edith Maclin		Sally Prosky	Ruth Smith
Laura Menter		Yelena Pyatski	Linda Theos
Lori Pechman		Phyllis Radest	Karen Weiner
Renee Robbins		Rima Rosenstein	Francine Winters
		Phyllis Radest	
		Marissa Rosenzweig	
		Ronnie Schmidt	
		Celia Segal	
		Joan Simmons	
		Irma Soled	
		Mona Storch	
		Lola Weber	
		Melanie Weisberg	
		Jill Wiser	

Our Growing List of Winners

Membership Lottery - #20

1 Year of Free Membership

Previous Winners of 1 Year's Free Membership



Mail the completed form and your check to the JCCP/CBT or contact Fred Harris at 201-444-2352 or flhcarpediem@aol.com

~ Submit early to guarantee your participation ~

Thank You

Join the "Winners' Circle"

Membership Lottery - 2018

A Leaf on the Tree of Life



1 Year of Free Membership

2 Free Seats in Either Service



Please enter me/us in the Lottery as follows:

f chances leck one)	Cost	
1	\$18	(\$18 per chance)
2	\$34	(\$17 per chance)
3	\$48	(\$16 per chance)
4	\$60	(\$15 per chance)
5	\$70	(\$14 per chance)
10	\$100	(\$10 per chance)
15	\$125	(\$8.35 per chance)

No. of chances:

20 or More Chances for an amazingly low \$7.50 / Chance

Name(s):	HIGH
Telephone:	HOLIDAY PARKING
Email:	

~ Please include your check with this application ~





Community Affairs

Every Day is Mitzvah Day

The JCCP/CBT is proud of our Community Affairs (Social Action) Committee. We are well known in Bergen County for our long standing efforts in feeding the hungry. We have fall and spring Turkey Drives which benefit the Center For Food Action. We donate the food from our ongoing food drive to various food pantries, including sites in Paramus and Oradell. Our food drives are named in memory of Fran Leib, former Co-Chair of the Community Affairs Committee, who worked tirelessly for many years to help eliminate hunger in Bergen County. Please bring a bag or an item of non-perishable food and drop it in our collection box in the synagogue lobby for our ongoing food drive.

This fall our first Mitzvah of the year 5779 will be Operation Isaiah, our collection of food on Kol Nidre eve, Tuesday, September 18. Thank you to Ken and Phyllis Glatzer who are again chairing this event. Please bring a bag of non-perishable food that evening; you may also bring your donation during the week before.

On the morning of Sunday, October 14 we will send a group of volunteers to the Center for Food Action Warehouse to unpack and sort donated food. If you want to help, please call Merle Harris at 201-444-2352.

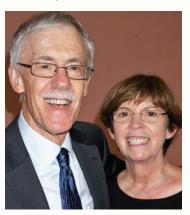
Our Chesed Committee has volunteers available if you, or someone you know, needs temporary help shopping or needs a ride to services, synagogue events or doctor appointments. Call Eileen Schneider at 201-722-1606 for help or to volunteer to drive.

Our committee would love to hear from you if you have an idea for a project. Contact committee chair Roz Gerard with suggestions and questions at memapop@aol.com or 201-262-5828.

Simchat Torah!

~ October 2 ~ Honoring **Lana Brach Rich & Sandy Alpern**







JEWISHFEDERATIONMITZVAHDAY

DO GOOD. FEEL GOOD.

Sunday, November 18

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Jewish Community Center of Paramus Congregation Beth Tikvah



~ ADULT EDUCATION 2018-2019 (5779) ~

"He who does not increase his knowledge, decreases it ..." (Pirke Avot, 1:13)

Dear Fellow Congregants,

The Adult Education Committee is planning courses and events for the New Year, 2018-2019 (5779). Make this the year you take a class, attend a Book Club meeting, or even learn to play Mahjong or Canasta. Maybe you'd like to join us for our monthly Sunday afternoon films, a lecture, a concert or a trip. To accommodate everyone, we hold classes and events in both the afternoon and evening. We hope you will expand your Jewish horizons by joining us for a variety of offerings:

Classes taught throughout the year by Rabbi Weiner, Cantor Weiss, Rabbi Gold and Stu Lehrer JCCP/CBT Book Club ~ Jewish Film Festival GWAN events~Yesterday, Today and Tomorrow

The fourth annual **Harold Lerman Fund For Israel Education and Engagement** event will be held on the evening of Sunday, May 12, so save the date! We are pleased to announce that our speaker will be Ambassador Dennis Ross. Ambassador Ross is counselor and William Davidson Distinguished Fellow at The Washington Institute for Near East Policy.

Adult Education courses can increase your knowledge and give you the skills you need to participate in and be more comfortable at services. Don't miss this opportunity to be a wonderful role model for your children and grandchildren. Even if you do not attend any classes, you can visit our website's **Listen and Learn** page, (under the "Learning" menu), for MP3 recordings of favorite High Holiday congregational refrains, melodies for Torah aliyah blessings, and more, matched to Hebrew and transliterated PDF sheets of the prayers.

Almost every Adult Education class and event at the JCCP/CBT is offered at little or no cost. In order to continue to provide free classes and cover our expenses for events like a scholar-in-residence or a speaker, we rely on donations from our Annual Adult Education Appeal. The money we collect is our only funding; Adult Education is not funded by the synagogue.

We look forward to hearing from you and thank you in advance for your continued support and commitment to Jewish education.

Sincerely,

Mark Topel

Adult Education Committee Chairman

~ AC	OULT EDUCATION SPONS	SOR FORM ~
You can count on my/our sup	port for the coming year. A	A check for \$ is enclosed.
□ Patron	\$ 100.00	(Per individual or couple)
Sponsor	\$ 72.00	(Per individual or couple)
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Name(s)	email	
Address	Phone	

SISTERHOOD AND MEN'S CLUB PRESENT PAID UP DINNER

KEEP THIS TOSS THAT

MONDAY OCT 22ND 6:30PM

If you can't open your drawers, if clutter topples out of closets, and paperwork covers your tabletops then run don't walk to this de-cluttering comedy show!

Join Organizing Humorist and bestselling author

Jamie Novak as she shares her laugh-out-loud funny

approach for what to do with all the stuff,

without getting overwhelmed.

Wondering what to keep? What to toss? What to share or sell? And how to let it all go?



Jamie Novak is the author of multiple bestsellers including Keep
This Toss That.

You may have seen her on HGTV, QVC or Better TV.

Get Organized:

STEP 1

Pay your membership dues by October 12th

STEP 2

Contact Laurie to reserve your seat 201-906-5830 no later than October 12, 2018

STEP 3

Join us on Oct.

22nd Enjoy a meal
and organizing
experience while
having FUN!!

WE CAN NOT TAKE
WALK INS

WE LOOK
FORWARD TO
SEEING YOU!!



SATURDAY, NOVEMBER 17

7:30 PM BATTLE OF THE BANDS

Save the date!!!

More information to follow

Come cheer as
Wayne Zeiler, our
JCCP/CBT
President (and his
band), compete

Wine and Nosh

with other bands

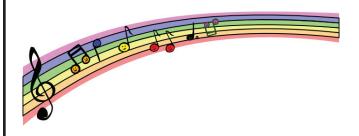
Dress in attire from your favorite decade!

Dancing

Trivia Contest

Prizes

JCCP/CBT
E. 304 Midland Avenue
Paramus, NJ 07652





REGISTER NOW!

The JCCP/CBT's successful Friday Night Shabbat Dinner Club is beginning its 5th year. You host one of three kosher Shabbat dinners, and are a guest of another host on two other dates. Everyone gathers together for the 4th and final Shabbat dinner. For information, call Judy Jaffe at (201) 599-9197 or email JafOranges@gmail.com.

JCCP/CBT FRIDAY NIGHT DINNERS SAVE THE DATES....



OCTOBER 19 NOVEMBER 30 APRIL 5



CARE PACKAGES FOR YOUR KIDS IN COLLEGE



If you would like your child/ren to receive JCCP/CBT care packages at college, please send us their domestic college address for the upcoming year, <u>as well as their academic year</u> (freshman, sophomore, junior, senior).

This program is for children of our members. However, if you would like us to send a care package to your grandchildren, please submit a check for \$20, which covers the cost of the 2 care packages plus shipping.

Please submit their addresses as soon as possible via email to Debbie Zeiler (dibble.one@gmail.com) or Esther Marks (hubbiem@aol.com). If you have any questions, please send an email or give us a call Debbie 201-599-1392 or Esther 201-261-7499

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