

**JEWISH COMMUNITY CENTER OF PARAMUS/
CONGREGATION BETH TIKVAH**

Requests the pleasure of your presence at its

Annual Selichot Reception

Saturday, September 16 at 9 p.m.

Honoring

RONNIE and SHEL SCHMIDT



SAVE THE DATE!

SEPTEMBER 12

• Book Club

SEPTEMBER 15

• Musical Shabbat

SEPTEMBER 16

• Selichot

OCTOBER 15

• Movie

NOVEMBER 3

• Shabbat Dinner

NOVEMBER 5

• JFFNJ Mitzvah Day



Ronnie and Shel Schmidt met when Ronnie was 14 and Shel was 17 and the rest is history. After they married they lived in Sheepshead Bay, Brooklyn until moving to Paramus in 1976. They joined the JCCP almost immediately and have been active members of our synagogue since that time. We are delighted to honor them on Selichot for all their many contributions to our JCCP/CBT community.

They joined the Young Couples Club in 1977 and got involved right away. Shel became YCC Vice President in 1978 and then its President from 1979 to 1981. He was a member of the synagogue Board, was Vice President for several years and then was President of the JCCP from 1994 to 1996.

Shel grew up in Brooklyn where his family belonged to an Orthodox synagogue that was housed in a Quonset hut across the street from the projects where he grew up. His parents, Barbara and Nathan Schmidt, were active members of the congregation and were involved in the religious and organizational activities. Even though he hadn't yet become a Bar Mitzvah, Shel often went to evening services with his father when he was saying Kaddish for his mother-in-law. It was a small congregation with limited staff so he and his brother, Mark, frequently helped their father clean up after a special Kiddush or program. He even has the scars to prove it. Later, the congregation moved to a new, larger building where Shel became

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a Bar Mitzvah. Nathan Schmidt was on numerous committees and although he preferred to work in the background, eventually became a Vice President of the Congregation. Barbara Schmidt was President of the Sisterhood. Shel's sister Fran taught Sunday School while she was in college. Being involved in congregation life was just something that the family did.

Ronnie also grew up in Brooklyn, although in a more secular home. Her parents Harriet and Herbert Beal had three children, Ronnie, her sister, Eileen, and brother David. Ronnie received very little religious training or observance, but she learned so much about Judaism from Shel's family. Shel's mother taught by actions, she never preached. Her attitude inspired Ronnie to attend the PEP Program at our synagogue, and she became a Bat Mitzvah at the JCCP in 1992. She continues to regularly attend Adult Ed classes. At the JCCP/CBT Ronnie regularly attends Simchat Torah services, the Chanukah program, and Purim services, including working at the Purim Carnival, and she attends the Tikkun on Shavuot. Although Ronnie hasn't served on many committees over the years, she is always willing to help out. She is a volunteer in the synagogue office and has served as Data Specialist for the Dinner Dance Committee where she keeps track of all the ads.

One of the reasons the Schmidts moved to Paramus was because of the strong Jewish community that existed in town. Although not regular Shabbat attendees when they first joined the shul, Shel would go to morning minyan when he got a card, and go for evening minyan whenever he had a meeting. Some time in the late 1980's or early 90's, the late Murray Proskey recruited Shel to help lead Shiva minyans and he has been helping out ever since. As an officer of the synagogue Board, he attended Shabbat services more often and got involved in the religious life

of the congregation. Over the years Shel's involvement has increased. He attends Monday morning minyan, and helps out on other mornings when called. He attends evening services and Shabbat services, was instrumental in instituting and expanding Egalitarian Services at the JCCP/CBT and has been involved in the High Holidays as well as contributing to other changes in the religious life of the JCCP/CBT. Shel has served as a Vice President of United Synagogue of Conservative Judaism and is indispensable in his role on the Cyber Committee for the JCCP/CBT where he is the go to guy for any kind of problem with computers. He is a member of the HR Committee, a member of the Finance Committee and Parliamentarian for the Board of Trustees.

The JCCP was like a second home to Ronnie and Shel's daughter Sheryl. She attended the Nursery School and Hebrew School, and became a Bat Mitzvah at the JCCP. She was a teacher's helper in the Hebrew School and was a teacher for the High Holy Day Junior Congregation Program. Sheryl is married to Craig Gordon and they have two lovely daughters, Natalie and Eleanor. Craig Gordon was so welcomed at the shul while dating Sheryl that he chose to celebrate his *Auf Ruf* at the JCCP in March 2000. Both Natalie's and Eleanor's baby naming ceremonies were at the JCCP. As babies, Shel carried them around the Sanctuary as he gave out honors for the High Holidays. As they got older, they followed him around and helped. They still love coming back to Grandma and Poppy's shul for various holidays and programs.

Shel and Ronnie: "The JCCP/CBT has been a big part of our lives for the past 40 years, through the good times and the sad times. It is our second home and the membership has become our extended family. We look forward to continuing to serve the congregation for many more years."

LISTEN AND LEARN, IN THE SYNAGOGUE AND AT HOME



Visit the JCCP/CBT website's **Listen and Learn** page to hear MP3 recordings of favorite High Holiday **congregational refrains**, matched to Hebrew and transliterated PDF sheets of the prayers. These sheets may also be picked up as you enter the High Holiday service of your choice.

Also check out the new Listen and Learn page prayers for the home: How to bring **Rosh Hashanah, Festivals** and every **Shabbat** to our mealtimes with the appropriate versions of the **Kiddush**, as well as how to mark the conclusion of Shabbat and Holidays with the **Havdalah** ceremony. The Listen and Learn **Birkat Hamazon** section now includes the blessings made before eating various foods.

Go to: www.jccparamus.org/education/listen-and-learn-prayers



Light the Sabbath Candles



Friday, September 1	7:09 P.M.
Friday, September 8.....	6:58 P.M.
Friday, September 15.....	6:46 P.M.
Friday, September 22	6:34 P.M.
Friday, September 29	6:22 P.M.

Welcome New Board Members

Men's Club President: Jeffrey Friedlander
New Trustees: Rachael Hausman,
 Barbara Merker, Peter Weiss, Jill Wiser

Jewish Community Center of Paramus/ Congregation Beth Tikvah

304 E. Midland Avenue, Paramus, NJ 07652
 Phone (201) 262-7691 • Fax (201) 262-6516
office@jccparamus.org • www.jccparamus.org

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	RABBI EMERITUS	Aryeh L. Gotlieb
	RABBI'S STUDY	(201) 262-7339
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Published monthly by the JCCP/CBT

From the Rabbi



Rabbi Arthur D. Weiner

This edition of our bulletin will reach you just a few days before the observance of *Rosh Hashanah*. Certainly, you have been preparing for the great days that are just ahead of us. Family has been invited, meals and other arrangements have been prepared, and other details taken care of, no doubt. All is ready, or as ready as it is going to be. Or so it seems.

With all the preparations we make, or fail to make, there is one aspect of the High Holiday experience that never receives the type of preparation and thought that it should. It is the experience of *Cheshbon HaNefesh*, the introspection and personal scrutiny that is supposed to take place before *Rosh Hashanah* that is so much a part of the spirit of this special time of the Jewish year. *Cheshbon HaNefesh* is what we are commanded to do at this time of the year, and all other holiday preparations, no matter how important, pale in significance to this *Mitzvah*. When *Elul*, the Hebrew month that precedes *Rosh Hashanah* arrives, it challenges us to carefully consider the way we are living our lives, and to read honestly the statement that our deeds are making about us, so that we can achieve the type of change that Judaism teaches is always possible for everyone, and the kind of life that God has granted all of us the potential to live.

There is a wonderful story about a rabbi, a great scholar and sage, who filled his whole life with acts of piety. He believed that he would

be justly rewarded in the world to come. So he prayed to God to let him see who would sit next to him in the next world, and who would be his study partner. And God granted him his wish.

God took him to a little shop where a shoemaker worked with tremendous effort. All day and far into the night the man made shoes, and yet he seemed to have little to show for it. The shoemaker was not learned, his clothes were shabby, and the shop was poor. The rabbi was outraged, and cried out, "*Ribono shel Olam*, master of the universe, after all my acts of piety, and years of study, this man is to be my neighbor and study partner in the world to come? What kind of justice is this?" God answered, "Go talk to the shoemaker."

The rabbi introduced himself. The shoemaker answered, "I have heard of your great piety. I wish I had time to learn with you. But who has the time? All day I work hard to make shoes for the people; they pay my living. And then, where there is leather left over, all night I work hard to make shoes for the poor. Nobody should be without shoes because they cannot afford them."

The rabbi then turned to God. "*Ribono Shel Olam*, Master of the World, I am not worthy to sit with him."

The High Holiday season is our own special opportunity to consider who we are, and what we have the capability to achieve right now. It's the time of the year to realize not what others have accomplished, and how we have fallen short by comparison. Rather, we must consider what we can accomplish with our own talents, our own courage, and with the help of Almighty God, who has blessed humanity with the ability to make changes. We have the ability. We have the desire. But will we make the effort? This is the question which we must reflect upon now.

In the New Year, may we be blessed with the knowledge gained from our *Cheshbon HaNefesh*, and with seeing the fruits of our growth.



Shabbat
שבת
שלום
Shalom



"NAOMI IS LIKE
THE SUN...SHE
RADIATES
WARMTH,
LIGHT,
GENEROSITY
AND HAS A
GRAVITATIONAL
PULL THAT
DRAWS YOU
TO HER
LOVING,
CREATIVE
SPIRIT"

הכנה לשבת
HACHANAH LE SHABBAT
"PREPARING FOR SHABBAT"

Featuring
Naomi Less

Naomi is an internationally
renowned, multi-skilled talent...
a musician, facilitator and educator

September 15th

HAPPY HOUR AT 5:00
**MUSICAL SHABBAT
PROGRAM AT 6:00**

Free and open to the community

**Sponsored by the Religious Committee
JCCP/CBT
304 E. Midland Avenue Paramus**

Check out Naomi on her website
naomiless.com

Services

FRIDAY EVENING SERVICE

September 1 8:00 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 2 9:00 a.m.
TORAH READING: Ki Tetze
KIDDUSH HOST: JCCP/CBT
MINCHA & MA'ARIV 7:10 p.m.

FRIDAY EVENING SERVICE

September 8 8:00 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 9 9:00 a.m.
TORAH READING: Ki Tavo
KIDDUSH HOST: JCCP/CBT
MINCHA & MA'ARIV 7:00 p.m.

FRIDAY EVENING SERVICE

September 15 8:00 p.m.
MUSICAL SHABBAT PROGRAM 6:00 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 16 9:00 a.m.
TORAH READING: Nizavim
KIDDUSH HOST: JCCP/CBT
MINCHA & MA'ARIV 6:50 p.m.

FRIDAY EVENING SERVICE

September 22 8:00 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 23 9:00 a.m.
TORAH READING: Ha'Azinu
KIDDUSH HOST: JCCP/CBT
MINCHA & MA'ARIV 6:35 p.m.

FRIDAY EVENING SERVICE

September 29
MINCHA AND KOL NIDRE 5:45 p.m.

SABBATH SERVICES

September 30 YOM KIPPUR
See HIGH HOLIDAY Schedule

President's Message



Howard Leopold

Dear Friends,

Now that the High Holidays are upon us, it is time to reflect upon the past year and look forward to the coming year.

Last year at this time, we were facing a substantial budget deficit. As you may know, since May, 2017, we have been renting on a full-time basis to a school the downstairs classroom areas as well as the gym. This arrangement, coupled with the increase in rental fee income from other part-time tenants will dramatically reduce our budget deficit for this fiscal year.

While we are still reviewing all of the financial information, as of the time of my writing of this article, it is fair to say that the budget deficit for this fiscal year will be a small fraction of what we experienced during the last two years.

Looking forward, you can expect to see many of the same programs that have been offered in the past, as well as new and exciting programs in the future. Information about these events will be sent to you by email, contained in the monthly bulletins, listed in the weekly brochure that is available every Shabbat morning, and included on the digital board at the front of the synagogue. We are also hoping to plan activities with other local synagogues. We have partnered with other synagogues in the last year and the events have all been enjoyable and successful.

I would like to highlight the Group Without a Name (GWAN), which continues to provide almost daily activities, mostly during daytime hours, for our members and friends. Activities from this very successful group include movies, games, discussions, yoga, and day trips. We will also be part of FLIPPER, which is a group of local synagogues that will be scheduling youth activities for children in grades five through twelve. The activities will be held both in our synagogue as well as in the various local synagogues. Attendance was excellent last year, and we hope to continue the tradition this year. I know that the Men's Club and Sisterhood are also planning new and exciting events.

Your participation and input are appreciated, but we are always looking for help, ideas, and volunteers. So, please don't be bashful, and contact me if you would like to get involved or have any ideas.

Lastly, from my family to yours – best wishes for a sweet, happy, and healthy new year!

Do We Have Your Correct Email Address?

If you're not sure, just answer this question:

Are you receiving our weekly announcements?

If not, please call the office at: (201) 262-7691
or email us at: office@jccparamus.org

HIGH HOLIDAY ANNOUNCEMENT

We are excited to announce to the congregation an additional opportunity for a meaningful High Holiday experience:

On the second day of Rosh Hashanah, from 11-12:15, we will have an Adult Learning High Holiday experience. This service, led by Sam Weiner, will provide an opportunity for adults to learn more about the High Holiday services and prayers, address questions and encourage a different type of experience than the one offered in the sanctuary or Stark Hall.

Perhaps you have trouble understanding the prayers or feel that not being able to read Hebrew is an impediment to your overall participation. Or your High Holiday experience is simply not being met by our existing High Holiday offerings. You are not alone. This service just might be for you.

THE DEADLINE FOR THE NEXT BULLETIN IS OCT. 7

From the Operations Manager



Rita Greenberg

It is hard to believe that it is almost 5778 and another High Holiday season is about to begin. The synagogue is abuzz with preparations. Chairs to be ordered, floors cleaned, and silver polished. It is an exciting and busy time of year but full of potential for the New Year.

This year will feel a bit different with the Egalitarian service in the main sanctuary and the Traditional service in Stark Hall. But whatever service you choose, one thing is for sure – it is a time to start anew! It is time to again try our best to be patient and thoughtful, kind and respectful of others. We cannot allow the rude and harsh rhetoric floating around us these days, to dissuade us from what we know to be Jewish values – *Tikkun Olam*.

Although our congregation is a bit smaller in members than when I first came to the JCCP/CBT 17 years ago, it continues to be a place with heart, filled with people who give of themselves, selflessly. A place one can go to for services, Shabbat dinners, movies and card games. A place with volunteers who inspire me daily. I see that anything can be achieved at any age and it gives me a hopeful peek into the future. This time of year is a time to stop and appreciate as well as reflect on those things we could have done better.

I hope this coming year you will come into the synagogue for any of the wonderful events we have and maybe even volunteer for something that perhaps you never thought of before. Come to a Shabbat dinner, come learn canasta or mahjong, or take a wonderful Adult Education class with Rabbi Weiner, Rabbi Gold, or Stu Lehrer. Join the Shabbat Dinner Club or just come to a Friday night or Saturday morning service. Do something you had never really thought of doing here before. I think you will be surprised at how welcoming an environment you will find.

Isn't a sense of community what it is all about?

L'Shana Tova to you and yours.

SEEKING HIGH HOLIDAY USHERS & GREETERS



Erev Rosh Hashanah is on Wednesday, September 20. There is still time to sign up to be a JCCP/CBT High Holy Day usher. We welcome women and men who have served in the past and look forward to newcomers signing up as well. It is a wonderful and important, fulfilling job.

There are many posts to be filled. You can sign up for one hour (one post) or multiple posts during all the High Holy Days. A guide sheet will be sent and information is readily available. We look forward to hearing from you.

If you have any questions or can volunteer, contact Robert Chananie and Gary Glaser, High Holy Day ushering co-chairs, ASAP at 201-561-6284 or RobChananie@gmail.com

JCCP/CBT HIGH HOLIDAY SERVICES ☆ 5778 – 2017

SANCTUARY
Egalitarian Service

STARK HALL
Traditional Service



ב"ה

SELICHOT RECEPTION & SERVICE

Saturday, September 16 9:00 PM 9:00 PM
Honoring Ronnie & Shel Schmidt

ROSH HASHANAH – 1st Day

Wednesday, September 20 6:30 PM 6:30 PM

Thursday, September 21

Service Begins	8:30 AM	8:30 AM
Torah Service	9:45 AM	9:45 AM
Shofar Service	10:30 AM	10:30 AM
Musaf	11:00 AM	11:30 AM
Rabbi Weiner's Sermon	11:30 AM	11:00 AM
Tashlich / Mincha (<i>Outdoors</i>) / Maariv	6:00 PM	6:00 PM

ROSH HASHANAH – 2nd Day

Friday, September 22

Service Begins	8:30 AM	8:30 AM
Torah Service	9:45 AM	9:45 AM
Shofar Service	10:30 AM	10:30 AM
Rabbi Weiner's Sermon	11:00 AM	11:30 AM
Musaf	11:30 AM	11:00 AM
Mincha / Maariv	6:30 PM	6:30 PM

SHABBAT SHUVA

Friday, September 22 (NO LATE SERVICE) 6:30 PM 6:30 PM

Saturday, September 23

Service Begins	9:00 AM	9:00 AM
Mincha / Maariv	6:30 PM	6:30 PM

YOM KIPPUR – KOL NIDRE

Friday, September 29

Mincha	5:45 PM	5:45 PM
Doors Close for Kol Nidre	6:00 PM	6:00 PM

YOM KIPPUR DAY

Saturday, September 30

Service Begins	8:30 AM	8:30 AM
Torah Service	10:00 AM	10:00 AM
Sermon	10:45 AM	10:45 AM (Rabbi Gold)
Yizkor	11:15 AM	11:15 AM
Musaf	12:00 PM	12:00 PM
Mincha	4:45 PM	4:45 PM
Ne-ilah / Maariv / Havdallah	6:00 PM	6:00 PM

COMMUNITY YIZKOR SERVICE

Saturday, September 30 4:00 PM 4:00 PM

A Happy New Year

5778 – 2017

לשנה טובה תכתבו

TO THE ENTIRE CONGREGATION
AND ALL THE MEMBERS
OF THEIR FAMILIES

WE EXTEND OUR VERY BEST WISHES
FOR A NEW YEAR AMPLY BLESSED
WITH HEALTH, HAPPINESS &
WORTHWHILE ACHIEVEMENTS

The Rabbi, Cantor and
the Entire Professional Staff,
the Officers and Board of Trustees
of the Congregation

SPECIAL SERVICES:

BABYSITTING (Downstairs)

All days 11:00 AM to 1:00 PM

FAMILY SERVICE (Upstairs)

1st Day of Rosh Hashanah..... 11:00 AM to 12:15 PM
Yom Kippur Day 11:00 AM to 12:15 PM

ADULT LEARNING SERVICE (Upstairs)

2nd Day of Rosh Hashanah..... 11:00 AM to 12:15 PM

YOUTH/TEEN PROGRAM (Downstairs)

1st Day of Rosh Hashanah..... 12:15 PM to 1:00 PM
2nd Day of Rosh Hashanah..... 11:00 AM to 1:00 PM
Yom Kippur Day 12:15 PM to 1:00 PM

Our Growing List of Winners

Membership Lottery - #19

1 Year of Free Membership

Previous Winners of 1 Year's Free Membership

	<p>1999 Myra and Michael Levine</p>	<div style="border: 1px solid black; padding: 2px; text-align: center;">A Leaf on the Tree of Life</div> 
	<p>2000 Karen and Bernie Blick</p>	
<div style="border: 1px solid black; padding: 5px;">Dinner for 6 at Shabbat Across America</div>	<p>2001 Sheila and George Leipsner</p>	<div style="border: 1px solid black; padding: 5px;">2 Free Seats in Either Service</div> 
	<p>2002 Linda and Leslie Klein</p>	
	<p>2003 Linda and Barry Miller</p>	
	<p>2004 Alyce and Joe Esrig</p>	
	<p>2005 Phyllis and Larry Polevoy</p>	
	<p>2006 Claire and Ed Beslow</p>	
	<p>2007 Lola and Henry Weber</p>	
	<p>2008 Estelle and Meir Argaman</p>	
	<p>2009 Doris Schonberg</p>	
	<p>2010 Doris Schonberg</p>	
	<p>2011 Sandy Temares</p>	
	<p>2012 Helen and Gary Hutmacher</p>	
	<p>2013 Linda and Mel Polkow</p>	
	<p>2014 Shelley and Owen Moritz</p>	
	<p>2015 Ruth and Donald Berman</p>	
	<p>2016 Phyllis and Larry Polevoy</p>	

Mail the completed form and your check to the JCCP/CBT
 or contact Fred Harris at 201-444-2352 or
flhcarpediem@aol.com

~ Submit early to guarantee your participation ~

Drawing Sept 17th

Join the "Winners' Circle"

Membership Lottery - 2017

A Leaf on the
Tree of Life



**1 Year of
Free Membership**

**2 Free Seats in
Either Service**



Please enter me/us in the Lottery as follows:

No. of chances (Check one)	Cost	
<input type="checkbox"/> 1	\$18	(\$18 per chance)
<input type="checkbox"/> 2	\$34	(\$17 per chance)
<input type="checkbox"/> 3	\$48	(\$16 per chance)
<input type="checkbox"/> 4	\$60	(\$15 per chance)
<input type="checkbox"/> 5	\$70	(\$14 per chance)
<input type="checkbox"/> 10	\$100	(\$10 per chance)
<input type="checkbox"/> 15	\$125	(\$8.35 per chance)

No. of
chances:

**20 or More Chances for an amazingly low
\$7.50 / Chance**

Name(s) :

Telephone:

Email:

HIGH
HOLIDAY
PARKING

~ Please include your check with this application ~

Hebrew School News



Marcia Kagedan

Shalom Everyone,

I do hope everyone had a relaxing and fun summer and now feels ready to begin a new school year with energy, excitement and an appetite for learning and Jewish adventures!

Our school year is filled with learning and with exciting programs. Something new this year will be a visit from TEVA LAND – a non-profit animal shelter and educational organization that will bring a selection of farm animals to the JCCP/CBT Hebrew School on Sunday October 29th and connect this visit to the stories of Creation and Noah that we will be reading at that time. I am so excited! This year our 4th-7th grades will participate in Kehillah Programming that involves students from 10 different congregations. This is always a highlight and you will hear more about this in the coming months. We are also planning some family social events with the young families from Beth Tefillah, our neigh-

boring congregation on Forest Avenue. I guarantee some fun times.

Our Youth Department is also planning an exciting year. The opening Flipper Kadima event is scheduled for Sunday October 8th. Kadima is for 6th-8th graders and I do hope that both our Hebrew School and Day School students will participate. More information about Flipper Kadima and USY (for High School students) will be distributed as it is known. FLIPPER connects our young people with kids from 3 other congregations in the area for social activities.

Our in house youth program will continue with Fred Weisman. Chaverim meets mostly on Tuesdays after Hebrew School. All 4th-7th graders are welcome to attend. There is usually pizza for supper and then an activity. Our first activity will be on Tuesday September 26th from 5:30-7 p.m.

School begins on Sunday September 10th. Parents will be welcomed back with a breakfast with our new APT committee and kids will have special snacks too! If you know any families who have not yet registered for Hebrew School please have them contact me at edudirector@jccparamus.org. Remind your friends and neighbors that membership is no longer required for a child to attend our Hebrew School and for new Sunday only students, it is just \$365 for the year. Quite a deal! A dollar a day!

I take this opportunity to wish one and all a Happy and Healthy New Year. May this New Year bring you and the world health, happiness and peace.

FUNDRAISING

Consider supporting our shul by participating in these fundraising efforts:

- ❖ Amazon Smile
- ❖ Sisterhood Gift Shop, including yarmulkes
- ❖ Leaf on the Tree of Life
- ❖ Yahrtzeit Plaques
- ❖ TD Bank Affinity Program



GWAN (Group Without A Name)

WHERE EVERYONE IS WELCOME!

MONDAYS

- **Gentle Exercise Class**, 10:15-11:15 a.m.
Come and try it out! Just \$6 per week. Free trial session!
- **Yesterday, Today and Tomorrow**, 1:30 p.m.
Lively and popular weekly discussions with Al Nahum.

TUESDAYS

- **Canasta and Scrabble**, 1 p.m.
All levels welcome!



WEDNESDAYS

- **Gentle Exercise Class**, 11:30 a.m. -12:30 p.m.
\$6 per session.



THURSDAYS

- **Mahjong**, 1:30 -3:30 p.m.



LEARN TO PLAY CANASTA AND MAHJONG
Instruction begins after the fall holidays

SPECIAL HOLIDAY SCHEDULE OF ONGOING ACTIVITIES:

Canasta AND Mahjong will not meet the weeks of September 18th or 25th due to the High Holidays. Mahjong will NOT meet on October 5th or 12th (Sukkot holiday). Instead Mahjong will meet on Wednesdays October 4th and 11th.

BOOK CLUB

Tuesday, September 12, 7 p.m.
Belle Rosenblum will lead discussion of "LILAC GIRLS" by Martha Hall Kelly.

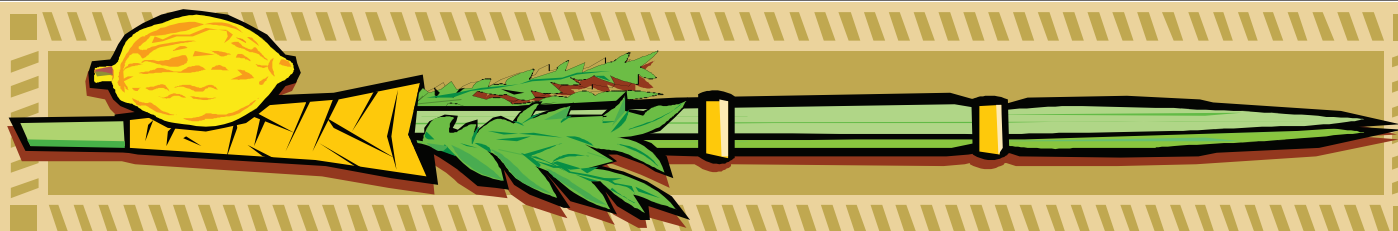


MOVIE AFTERNOON

Sunday, October 15, 3 p.m. "UNITED 93." Deli supper is offered after the movie. Movie and snacks alone \$2. Movie and pre-reserved deli dinner \$13.50.

Save the date for GAME NIGHT and CARD NIGHT
Saturday, October 28 at 7:30 p.m.

Questions, suggestions for other games and movie dinner reservations, contact Mimi Levin at 201-265-0454 or grandmamimil@verizon.net



In order to increase the awareness and observance of *Sukkot* among our membership and the larger Jewish community, the Jewish Community Center of Paramus/Congregation Beth Tikvah will again provide *Lulavim* and *Etrogim* from Israel for those who wish to order them with us. They will be delivered to our congregation straight from our supplier in Israel, ready for the joyous festival of Sukkot.

Each year, more and more of our members purchase *Lulavim* and *Etrogim*, and we hope for even more this year. We encourage each family in the congregation to purchase a set and observe this great *Mitzvah*. Each set will include all the four species: the **etrog**, the **lulav**, the **hadassim** (myrtle), and **aravot** (willow). The price for each set is \$40.00. **We are pleased to announce that there is no price increase this year.**

Your *Lulavim* and *Etrogim* will be ready for pickup on Tuesday, October 3, 2017.

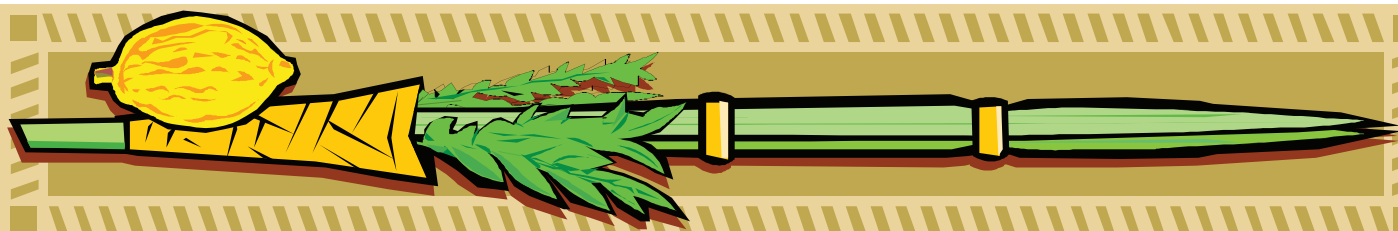
To order your Lulav and Etrog please do one of the following:

1. Call the Synagogue office at 201-262-7691
2. Email the office at office@jccparamus.org
3. Return the following order form by September 26, 2017.

Name: _____

Address: _____

Telephone: _____



Community Affairs

Every Day is Mitzvah Day

Our first Mitzvah of the year will be **Operation Isaiah**, the collection of food on Kol Nidre eve, Friday, September 29th. Please help feed the hungry by bringing a bag of non-perishable food with you to services that evening. You may also place your donation in the food collection box in the lobby earlier in the week. Most needed items include cereal, hearty soups, canned meat and fish, canned vegetables, Parmalat, disposable diapers, baby food, fruit juice and peanut butter. Don't forget our year-round food drive; pick up an extra can of tuna or a box of pasta when you are shopping and drop them in our food collection box in the JCCP/CBT lobby whenever you are here for a meeting or event during the week.

Jewish Federation of Northern New Jersey's Mitzvah Day will take place on Sunday, Nov. 5th. This year the hands-on projects will take place at Federation, 50 Eisenhower Drive in Paramus. There will be AM and PM sessions, and more information will be coming soon.

If you love to knit and crochet we need you. Our finished items are sent to the Tikvah Orphanage in Odessa, Ukraine. For more information please contact **Elaine Cohen** at 201-447-2485.

Our Chesed Committee has volunteers available if you or someone you know needs temporary help shopping or needs a ride to services or doctor appointments. Call **Eileen Schneider** at 201-722-1606 for help or to volunteer.

Here's an easy recipe to make a delicious soup for the High Holy days or perhaps for Sukkot. *Happy, healthy new year to all!*

~ Beth Chananie ~

Delicious Mushroom Barley Soup

Serves 6 (you might want to double the recipe!)

Ingredients:

7 cups parve chicken or vegetable broth/stock (you can also use powdered broth and follow the directions, or just use chicken broth and then the soup will be meat)

1/2 cup uncooked pearl barley, rinsed and drained

2 tablespoons olive oil

1 large Spanish or Vidalia onion, chopped

1 cup of chopped carrots

1 cup chopped celery

2 cloves garlic, minced

1 lb. fresh mushrooms (can use shiitake), stems removed and cleaned, sliced thin

4 tablespoons light soy sauce or tamari

1/4 cup red wine or dry sherry

Kosher salt and pepper to taste (can also add thyme)



Preparation:

In a large pot, sauté onions in olive oil until they are translucent (about 5 minutes) over medium heat. Add garlic, carrots, celery and then mushrooms. Cook until softened, about 10 minutes. Stir in soy sauce and sherry. Put the barley and about 1 1/2 cups broth/stock in a saucepan. Bring to a boil and cover. Simmer until the barley is tender, about 20 minutes. Add the sautéed vegetables and all the liquid to the cooked barley and add the remaining broth/stock. Season with pepper. Simmer over very low heat for another 20 minutes.



Jewish Federation
OF NORTHERN NEW JERSEY

www.jfnj.org/mitzvahday

#JEWISHFEDERATIONMITZVAHDAY

DO GOOD. FEEL GOOD.

Sunday, November 5

Jewish Federation • 50 Eisenhower Drive, Paramus, New Jersey

Beth Figman • Director, Volunteer Services • 201-820-3947 • bethf@jfnj.org



**Jewish Community Center of Paramus
Congregation Beth Tikvah**

~ ADULT EDUCATION 2017-2018 (5778) ~

"He who does not increase his knowledge, decreases it ..." (Pirke Avot, 1:13)

Dear Fellow Congregants,

The Adult Education Committee is planning courses and events for the New Year, 2017-2018 (5778). Make this the year you take a class, attend a Book Club meeting, or even learn to play Mahjong or Canasta. Maybe you'd like to join us for our monthly Sunday afternoon films, a lecture, a concert or a trip. To accommodate everyone, we hold classes and events in both the afternoon and evening. We hope you will expand your Jewish horizons by joining us for a variety of offerings, something for everyone:

**Classes taught throughout the year by
Rabbi Weiner, Cantor Weiss, Rabbi Gold and Stu Lehrer
JCCP/CBT Book Club, Jewish Film Festival
Yesterday, Today and Tomorrow**

This year, we invite you to hear Dr. Raisy Weiss, who will be speaking at our kickoff event in October. Don't miss this, she is a wonderful speaker.

Adult Education courses can increase your knowledge and give you the skills you need to participate in and be more comfortable at services. Don't miss this opportunity to be a wonderful role model for your children and grandchildren. Even if you do not attend any classes, you can visit our website's **Listen and Learn** page, (under the "Learning" menu), for MP3 recordings of favorite High Holiday congregational refrains, melodies for Torah aliyah blessings, and more, matched to Hebrew and transliterated PDF sheets of the prayers.

Almost every Adult Education class and event at the JCCP/CBT is offered at little or no cost. In order to continue to provide free classes and cover our expenses for events like a scholar-in-residence or a speaker, we rely on donations from our **Annual Adult Education Appeal. The money we collect is our only funding;** Adult Education is not funded by the synagogue.

We look forward to hearing from you and thank you in advance for your continued support and commitment to Jewish education.

Sincerely,
Mark Topel

Adult Education Committee Chairman



~ ADULT EDUCATION SPONSOR FORM ~

You can count on my/our support for the coming year. A check for \$ _____ is enclosed.

- Patron \$ 100.00 (Per individual or couple)
- Sponsor \$ 72.00 (Per individual or couple)
- Builder \$ 36.00 (Per individual or couple)
- Supporter \$ 18.00 (Per individual or couple)

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HELP DEFEAT HUNGER!
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Do your first mitzvah of the year on
Kol Nidre Night, Friday, Sept. 29



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Baby Formula, Macaroni & Cheese,
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Please: No Glass Containers or Expired Dates

Donations will benefit the Center for Food Action

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To purchase scrip contact
Eileen Schneider eileenschneid@gmail.com 201-914-0366 or
Barbara Merker merker2@optonline.net 201-488-7007

Scrip is also available in the office

Shabbat Dinner Club

REGISTER NOW!

The JCCP/CBT's successful Friday Night Shabbat Dinner Club is beginning its 4th year. You host one of three kosher Shabbat dinners, and are a guest of another host on two other dates. Everyone gathers together for the 4th and final Shabbat dinner. For information, call Judy Jaffe at (201) 599-9197 or email JafOranges@gmail.com.

JCCP/CBT FRIDAY NIGHT DINNERS **SAVE THE DATES....**



November 3, January 5,
March 9 – Shabbat Across America,
April 20



CARE PACKAGES FOR YOUR KIDS IN COLLEGE



If you would like your child/ren to receive JCCP/CBT care packages at college, please send us their domestic college address for the upcoming year, as well as their academic year (freshman, sophomore, junior, senior).

This program is for children of our members. However, if you would like us to send a care package to your grandchildren, please submit a check for \$20, which covers the cost of the 2 care packages plus shipping.

**Please submit their addresses as soon as possible via email to Debbie Zeiler (dibble.one@gmail.com) or Esther Marks (hubbiem@aol.com). If you have any questions, please send an email or give us a call
Debbie 201-599-1392 or Esther 201-261-7499**

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