



JEWISH COMMUNITY CENTER OF PARAMUS/ CONGREGATION BETH TIKVAH

Requests the pleasure of your presence at its

Annual Selichot Reception

Saturday, September 24th at 9 p.m.

Honoring

SUSAN and DAVID SPIEGEL



Coming In September & October:

SEPTEMBER 11

- Hebrew School Opens

SEPTEMBER 13

- Book Club

SEPTEMBER 16

- Shabbat Dinner

SEPTEMBER 18

- Drum Tales –
Sunday School Program

SEPTEMBER 24

- Selichot

SEPTEMBER 25

- Movie Afternoon

OCTOBER 2

- Erev Rosh HaShanah



The Spiegel family has been a part of the JCCP/CBT community since 1962, when David's parents Arnold and Vivian first joined. It was only natural that when Susan and David had a family of their own, they too would become active members of our community. For Susan and David's children, Sara, Max, and Rebecca, the synagogue was truly their second home. They were introduced to the shul early on in their lives, the girls having their baby namings and Max having his bris here. They all attended our Hebrew School and celebrated their b'nai mitzvot here. Just like David, the Spiegel children learned at an early age that coming to shul on Shabbat and the holidays was only a part of belonging to the community.

David was born in New York City. The family moved to Paramus in 1961. After graduating from Paramus High School in 1972, he went on to earn his B.A. in social studies at Trenton State College. A summer job in a textile warehouse became his full time job after graduating from college. Eventually, this would pave the way to opening his first business. A self described serial entrepreneur,

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David has been involved in the Halloween industry since 1996. In 2012, he became a life coach. In 2013, David embarked on what he describes as his journey towards transforming his life. After struggling with obesity since childhood, he set out to try one more time to lead a healthier life. His efforts in this endeavor combined with his passion for helping others, led to his joining forces with his brother and launching Why Weight, a weight loss transformation company.

Susan's journey was a little different. Born Susan Wellington, in Philadelphia, she moved with her parents, two sisters, and brother to Cinnaminson, N.J., and graduated from Cinnaminson High School. After working in several jobs, from secretarial to retail to food services, Susan went back to school to continue her education and follow her passion for working with animals. After attending the Nash Academy for Grooming, she and David eventually opened a grooming shop in Paramus.

After meeting David, Susan returned to her studies, dedicating herself to building the foundation for a young Jewish family. Embarking on her own journey of transformation, Susan took on the challenge of conversion, a challenge that eventually became the cornerstone of her life with David.

Her conversion was not complete when they married in 1987, so David and Susan opted for a civil ceremony. Undaunted, Susan continued to study, making sure that when her first child Sara was born, there would be no question that this child was Jewish. Her conversion was complete in June of 1988, 1 1/2 months before the baby arrived.

Two more children would eventually join the family and Susan and David began building their life together, a life that has always included attendance at, and service to, the JCCP/CBT.

Their contributions to the life of the JCCP/CBT community are many. They have served as Sisterhood and Men's Club presidents. David is a regular at our daily minyans. Together they have also spearheaded countless programs, including the 4th of July Barbecue, the 4th of July Float committee, Drosh and Nosh, the rebirth of youth basketball, the "We Stand with Israel" project, the Yom Hashoah candle project, and for the last 20 years, the siyum on erev Pesach. If there is work to be done, a need to be filled or a helping hand required, just ask and they are there, and always together.

The JCCP/CBT is delighted to honor Susan and David for all they have done and continue to do, particularly for the religious life of our synagogue.

LISTEN AND LEARN, IN THE SYNAGOGUE AND AT HOME



Visit the JCCP/CBT website's **Listen and Learn** page to hear MP3 recordings of favorite High Holiday **congregational refrains**, matched to Hebrew and transliterated PDF sheets of the prayers. These sheets may also be picked up as you enter the High Holiday service of your choice.

Check out the new Listen and Learn page prayers for the home: How to bring **Rosh Hashanah, Festivals** and every **Shabbat** to our mealtimes with the appropriate versions of the **Kiddush** – as well as how to mark the conclusion of Shabbat and Holidays with the **Havdalah** ceremony. The Listen and Learn **Birkat Hamazon** section now includes the blessings made before eating various foods.

Go to: JCCParamus.org



From the Rabbi



Rabbi Arthur D. Weiner

Like millions of other Americans, I recently received a recall notice for my car. This car, though mechanically sound and in excellent working condition, has several of those Takata airbags that we have read so much about recently. This recall is no joke. Whatever inconvenience this is going to cause me, the effort to get it fixed will be well worth it. There have been too many documented instances of severe injury and even deaths associated with this malfunctioning product. It needs to be taken seriously.

Now what does this have to do with the upcoming High Holidays?

What was particularly interesting to me about the recall notice was the detailed explanation about the product, the various plans to fix the situation (and what is particularly complex about this recall is the massive scope of this product; there are literally tens of millions of cars on the road today that will need to be fixed), what the benefits of the recall would be, and what I needed to do next. As annoyed as I was to receive the notice, I thought this one was particularly well written and informative.

And it got me thinking. Maybe, every once in a while, we need to get

ourselves to the repair shop and fix what is broken, and get ourselves in order. For if we were honest with ourselves, we might see that our mistakes, and misjudgments have separated us from our true selves, and prevented us from being the loving, caring, people we truly are. We lose our way at times, and do not always handle our precious relationships with the care and love and attention that they deserve.

We are aware when things are off in our lives. We know. But knowledge alone does not always compel us to make the changes and corrections that are necessary to restore us to our true selves. Maybe we need a "recall notice." Something that will shake us out of our complacency. So we might think about the direction of our lives, and the changes that we need to make to give us a better chance to achieve our full potential as human beings, and as Jews.

That something is the High Holiday season. Each year, it's a chance to think, to assess, to learn, to grow and then to join with the larger community to pray for the strength and wisdom to make the necessary changes. Each year we are reminded that even if we have tried before and failed, the possibility for change and growth and improvement is always there. Let's make a new and concerted effort this year to try.

Years ago, I found the following story somewhere, and knew I would share it with the congregation one day. Maybe it was the recall notice I received from my car's manufacturer that made me think of it. We will all drive many cars in our lives but will only live one life. The High Holiday season is around the corner. It reminds us to make this life the best we possibly can.

L'Shanah Tovah — A Happy and a Healthy New Year to all.

Elul Recall Notice

Regardless of make or year, all units known as "human beings" are being recalled by the Manufacturer. This is due to a malfunction in the original prototype unit's code named "Adam" and "Eve", resulting in the reproduction of the same defect in all subsequent units. This defect is technically termed "Serious Internal Non-morality", but more commonly known as "SIN."

Some of the symptoms of the SIN defect:

- (a) Loss of direction
- (b) Lack of peace and joy
- (c) Depression
- (d) Foul vocal emissions
- (e) Selfishness
- (f) Ingratitude
- (g) Fearfulness
- (h) Rebellion
- (i) Jealousy

The Manufacturer is providing factory authorized repair service free of charge to correct the SIN defect.

The Repair Technician, God, has most generously offered to bear the entire burden of the staggering cost of these repairs. To repeat, there is no fee required.

The number to call in for repair in all areas is: 1-800-PRAYER.

Once connected, please upload the burden of SIN through the REPEN-

TANCE procedure. Next, download ATONEMENT from the Repair Technician, God, into the heart component of the human unit. No matter how big or small the SIN defect is, Hashem will replace it with:

- (a) Love
- (b) Joy
- (c) Peace
- (d) Kindness
- (e) Goodness
- (f) Faithfulness
- (g) Gentleness
- (h) Patience
- (i) Self-control

Please see the operating manual, TORAH version 1.0, for further details on the use of these fixes. As an added upgrade, the Manufacturer has made available to all repaired units a facility enabling direct monitoring and assistance from the resident Maintenance Technician, God. Repaired units need only make Him welcome and He will take up residence on the premises.

WARNING: Continuing to operate a human being unit without corrections voids the Manufacturer's warranty, exposes the unit to dangers and problems too numerous to list.

Thank you for your immediate attention.

Please assist by notifying others of this important recall notice.



Light the Sabbath Candles



Friday, September 2.....	7:06 P.M.
Friday, September 9.....	6:54 P.M.
Friday, September 16.....	6:42 P.M.
Friday, September 23.....	6:31 P.M.
Friday, September 30.....	6:19 P.M.

THE DEADLINE FOR THE NEXT BULLETIN IS SEPT. 7

Friday Night Dinner

September 16th 2016

NEW FORMAT FOR DINNER!



Services at 6:45 pm ~ Dinner following services (around 7:30)

Guest speaker after dinner with interactive discussions on relevant topics in the community, in the news, around town.

\$20 per adult ~ \$8 per child age 6-13 ~ Kids 5 and under are free
Maximum charge of \$60 per family (Immediate family members only)

RSVP by Mon, Sept 12th ~ Email: office@jccparamus.org or call 201-262-7691
YOU MUST RSVP FOR THE DINNER!

If you have special dietary needs or would like to reserve a table with your family and friends, please contact Laurie (ljrwx@gmail.com) or Esther (hubbiem@aol.com).

Upcoming Shabbat Dinners: October 28, December 2, March 31, April 28
March 3 – Shabbat Across America

JCCP/CBT ~ 304 E. Midland Avenue – Paramus NJ

Welcome New Board Members

3rd Vice President: Rob Chananie

Treasurer: Stuart Smith

Recording Secretary: Debbie Zeiler

Sisterhood Co-President: Diane Weiss

New Trustees: Joe Esrig, Roz Mehr,
Larry Rosman, Fran Winters, Richard Winters

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Do We Have Your Correct Email Address?

If you're not sure, just answer this question:

***Are you receiving our weekly
announcements?***

If not, please call the office at:
(201) 262-7691 or email us at:
office@jccparamus.org



Services

FRIDAY EVENING SERVICE

September 2.....8:30 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 3.....9:00 a.m.
TORAH READING: Re'eh
KIDDUSH HOST: JCCP/CBT
MINCHA & MA'ARIV7:10 p.m.

FRIDAY EVENING SERVICE

September 9.....8:30 p.m.
ONEG HOST: Sharon & Joshua Kates in honor of
Freddie's Bar Mitzvah

SABBATH SERVICES

September 10.....9:00 a.m.
TORAH READING: Shoftim
KIDDUSH HOST: Sharon & Joshua Kates in honor of
Freddie's Bar Mitzvah
MINCHA & MA'ARIV6:55 p.m.

FRIDAY EVENING SERVICE

September 16.....6:45 p.m.
SHABBAT DINNER.....7:30 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 17.....9:00 a.m.
TORAH READING: Ki Tetze
KIDDUSH HOST: JCCP/CBT
MINCHA & MA'ARIV6:45 p.m.

FRIDAY EVENING SERVICE

September 23.....8:30 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

September 24.....9:00 a.m.
TORAH READING: Ki Tavo
KIDDUSH HOST: JCCP/CBT
MINCHA & MA'ARIV6:35 p.m.

FRIDAY EVENING SERVICE

September 30.....8:30 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

October 1.....9:00 a.m.
TORAH READING: Nitzavim
KIDDUSH HOST: JCCP/CBT
MINCHA & MA'ARIV6:20 p.m.

From the Executive Director



Norman Levin

Is Prayer About Uniformity or Unity?

"Ours is not a bloodline, but a text line." – *Jews and Words*, Amos Oz and Fania Oz-Salzberger

Here we are, within weeks of the High Holy Days. Looking forward to the services? No?

For many of us, penance for our flaws and failings of the past year is done by sitting through the lengthy services. Being bored and uncomfortable is what coming to *shul* is about: repetitive, drawn-out prayers in a language we can barely read, let alone understand.

It doesn't have to be this way. Wouldn't it be wonderful if the High Holy Day service was inspirational and enlightening?

For a Jew who attends synagogue services regularly, one can depend on the comfort of familiarity: no matter where in the world one finds oneself, he or she will be comfortable with the prayerbook, the rhythm of the service and, often, even the melodies of the prayers.

Can Jewish ethics persist without the structure of communal ritual?

What is more typical is when people avoid synagogue services because they are unaccustomed and uncomfortable with the Hebrew prayers. Many of us never gained the skills needed to be at ease with the *siddur* – the prayer book. The cadence of each service can

be jarring to the occasional visitor. Perhaps that's the reason Shabbat services don't draw a large attendance from our members. For some, Saturday mornings have become a time to attend synagogue only when there is a Bar or Bat Mitzvah to celebrate.

We shouldn't use our discomfort as an excuse to avoid attendance on a regular basis. As Dennis Prager once wrote, "A serious Jew – 'serious' is the only Jewish label that should matter – attends *shul* each Shabbat, regardless of comfort level, just as a serious worker goes to work whether or not he or she loves it."

Participating in Jewish prayer is a critical part of creating a united people. These communal rituals accomplish the purpose of converting individuals into a cohesive force. Can Jewish ethics persist without the structure of communal ritual?

Jewish values are anchored by Jewish practice and prayer, and we ought to be exploring ways to improve our ritual experiences, not abandoning them. It is futile to expect meaningful worship if we don't have the basic skills to participate. Our children's education, the social interaction we share, even the social justice activities that we take seriously – all these are reinforced by our shared synagogue experience. Come on a regular basis to Friday evening and/or Saturday morning services. The melodies, and then the words, will become increasingly familiar.

We will assemble next month for introspection and repentance during these Wholly Awesome Days because the key to Jewish living is our commitment to a set of values which are fostered by community and continuity. These values are the markers on a path to holiness, but only when we journey together. By the time the High Holy Days arrive next year, you would feel not just as a member of the tribe but as a player on the team.

L'Shana tova to you and your loved ones.

CARE PACKAGES FOR YOUR KIDS IN COLLEGE



If you would like your child/ren to receive JCCP/CBT care packages at college, please send us their domestic college address for the upcoming year, as well as their academic year (freshman, sophomore, junior, senior).

This program is for children of our members. However, if you would like us to send a care package to your grandchildren, please submit a check for \$20, which covers the cost of the 2 care packages plus shipping.

**Please submit their addresses as soon as possible via email to Debbie Zeiler (dibble.one@gmail.com) or Esther Marks (hubbien@aol.com). If you have any questions, please send an email or give us a call
Debbie 201-599-1392 or Esther 201-261-7499**



Dinner Club

Join us for the 3rd Annual Friday Night Shabbat Dinner Club

Let us set a place for you at our Shabbat table!

Shabbat dinner with two other JCCP/CBT families (some familiar faces, maybe some new ones, some empty nesters, some widow/ers, some kids) . . . around a table with challah, wine, good food, good talk. Then dinner again, held a few months later, with two other JCCP/CBT guests at a second host's table, and a third dinner, a few months later, with another combination of host and guests. JCCP/CBT's Friday Night Shabbat Dinner Club launched in September 2014 to incredible success. The reviews were heartwarming. Participants were delighted. And here we are starting *Year Three*.

Here's how it works: There are four "cycles" of dinners between September and June. Depending on the number of Shabbat Dinner Club members, we hope you dine with a different grouping each meal. Everyone will be encouraged to host one of the three dinners, and be a guest at the other two meals (although exceptions will be made). Everyone will gather together for our 4th Shabbat dinner "end of the cycle" meal.

All the participants complete a survey so they can share any special needs they may have: allergies to pets and foods, dietary restrictions, and accessibility needs. While the meal needs to be kosher or dairy, the home need not be – so everyone is welcome. Once this information is collected, a roster will be finalized, and each member will receive a list indicating the host for each cycle and two guest families. The host then contacts guests offering possible dates. Other details about scheduling and information about Shabbat traditions will also be provided.

JCCP/CBT's Dinner Club is a delightfully relaxed way to share Shabbat, broaden shul friendships, and deepen your sense of community. *We're happy to set a place for you at the table!*

Questions? Concerns? Contact Judy Jaffe: 201-599-9197 or jafOranges@gmail.com; or Ruth Smith: 201-261-2743 or RuthASmith1@gmail.com

EVERYONE is invited to join – singles, families with children, families without children, empty nesters, vegetarians – so sign up right now (as in ASAP).

Shabbat Shalom!



President's Message



Howard Leopold

Dear Friends,

I hope that everyone has enjoyed this past summer. With the High Holidays upon us shortly, I am excited about the upcoming year that lies ahead.

While we remain a very active traditional yet progressive synagogue, we have so many programs to offer that are simply just not available anywhere else in this area. As I am sure you know, we hold both Egalitarian and Traditional services on Saturday mornings as well as on most holidays. We offer

daily minyans, our Hebrew School continues to flourish, adult education regularly meets with new programs, there are programs for young Jewish families, the group without a name (GWAN) meets several times a week where all types of games, movies, and discussions are held, and our Men's Club and Sisterhood continue to provide different activities for all.

You will shortly be advised of new programs and initiatives. For instance, Rob Chananie will be acting in a position that I just created. If you have news that you would like publicized such as graduations, special birthdays, weddings, etc., please let him know so that we can get the word out. You can contact him at Communications@JCCParamus.org. In this way, we can share new and positive occasions and information in the community.

I encourage everyone to get involved as there is surely something for everyone. If you have ideas or concerns, please let me know so that we can further improve what we already offer.

HIGH HOLIDAY ANNOUNCEMENT

We are excited to announce to the congregation an additional opportunity for a meaningful High Holiday experience:

On the second day of Rosh Hashanah, at noon, we will have an Adult Learning High Holiday experience. This service, led by Sam Weiner, will provide an opportunity for adults to learn more about the High Holiday services and prayers, address questions and encourage a different type of experience than the one offered in the sanctuary or Stark Hall.

Perhaps you have trouble understanding the prayers or feel that not being able to read Hebrew is an impediment to your overall participation. Or your High Holiday experience is simply not being met by our existing High Holiday offerings. You are not alone. This service just might be for you.

SEEKING HIGH HOLIDAY USHERS & GREETERS



Erev Rosh Hashanah is on Sunday, Oct. 2. There is still time to sign up to be a JCCP/CBT High Holy Day usher. We welcome women and men who have served in the past and look forward to newcomers signing up as well. It is a wonderful and important, fulfilling job.

There are many posts to be filled. You can sign up for one hour (one post) or multiple posts during all the High Holy Days. A guide sheet will be sent and information is readily available. We look forward to hearing from you.

If you have any questions or can volunteer, contact Robert Chananie and Gary Glaser, High Holy Day ushering co-chairs, ASAP at 201-561-6284 or RobChananie@gmail.com

JCCP/CBT HIGH HOLIDAY SERVICES ☆ 5777 – 2016



A Happy New Year

5777 – 2016

לשנה טובה תכתבו

TO THE ENTIRE CONGREGATION
AND ALL THE MEMBERS
OF THEIR FAMILIES

WE EXTEND OUR VERY BEST WISHES
FOR A NEW YEAR AMPLY BLESSED
WITH HEALTH, HAPPINESS &
WORTHWHILE ACHIEVEMENTS

The Rabbi, Cantor and
the Entire Professional Staff,
the Officers and Board of Trustees
of the Congregation

SANCTUARY
Traditional Service

STARK HALL
Egalitarian Service

S'lichot Reception & Service

Saturday, September 24

9:00 P.M.

9:00 P.M.

Rosh Hashanah – 1st Day

Sunday, October 2

6:15 P.M. *SANCTUARY* 6:15 P.M.

Monday, October 3

Service Begins	8:30 A.M.	8:30 A.M.
Torah Service	9:45 A.M.	9:45 A.M.
Shofar Service	10:30 A.M.	10:30 A.M.
Musaf	11:00 A.M.	11:30 A.M.
Rabbi Weiner's Sermon	11:30 A.M.	11:00 A.M.
Tashlich and Mincha (<i>Outdoor service</i>)	5:45 P.M.	5:45 P.M.

Rosh Hashanah – 2nd Day

Tuesday, October 4

Service Begins	8:30 A.M.	8:30 A.M.
Torah Service	9:45 A.M.	9:45 A.M.
Shofar Service	10:30 A.M.	10:30 A.M.
Rabbi Weiner's Sermon	11:00 A.M.	11:30 A.M.
Musaf	11:30 A.M.	11:00 A.M.
Mincha/Maariv	6:15 P.M.	6:15 P.M.

Shabbat Shuva

Friday, October 7

8:30 P.M. 8:30 P.M.

Saturday, October 8

Service Begins	9:00 A.M.	9:00 A.M.
Mincha/Maariv	6:10 P.M.	6:10 P.M.

Yom Kippur – Kol Nidre Eve

Tuesday, October 11

Mincha	5:30 P.M.	5:30 P.M.
Doors Close for Kol Nidre	5:45 P.M. <i>SHARP</i>	5:45 P.M. <i>SHARP</i>

Yom Kippur Day

Wednesday, October 12

Service Begins	8:30 A.M.	8:30 A.M.
Torah Service	10:00 A.M.	10:00 A.M.
Rabbi Weiner's Sermon	10:45 A.M.	10:45 A.M.
Yizkor	11:15 A.M.	11:15 A.M.
Musaf	12:00 P.M.	12:00 P.M.
Mincha	4:30 P.M.	4:30 P.M.
Ne-ilah Closing Service	5:45 P.M.	5:45 P.M.

Community Yizkor

Wednesday, October 12

3:45 P.M. 3:45 P.M.

FAMILY, ADULT LEARNING, YOUTH & TEEN SERVICE AND BABYSITTING

BABYSITTING (Downstairs) — All 3 days (11:00 A.M. to 1:00 P.M.)

FAMILY SERVICE (Upstairs) — 1st Day of Rosh Hashanah (11:00 A.M. to 12:15 P.M.); Yom Kippur Day (11:00 A.M. to 12:15 P.M.)

ADULT LEARNING SERVICE (Upstairs) — 2nd Day of Rosh Hashanah (11:00 A.M. to 12:15 P.M.)

YOUTH/TEEN PROGRAM (Downstairs) — 1st Day of Rosh Hashanah (12:15 P.M. to 1:00 P.M.); 2nd Day of Rosh Hashanah (11:00 A.M. to 1:00 P.M.); Yom Kippur Day (12:15 P.M. to 1:00 P.M.)

Jewish Community Center of Paramus / Congregation Beth Tikvah
Hebrew School

FIRST SUNDAY SPECIAL OF THE YEAR

SUNDAY, SEPTEMBER 18

From 9:45-11:00 for ages 4-7 • From 10:45-noon for ages 8-13

DRUM TALES

Check them out at www.musicaliq.com

An interactive exploration of NEW BEGINNINGS with drumming, stories, sound and music. Each student, from Pre-Kindergarten through 7th grade will have their own drum to play.



**INVITING ALL 4-13 YEAR OLDS TO JOIN US
FOR THIS SPECIAL FREE MUSICAL IQ PROGRAM!**

**JCCP/CBT grandparents – bring the grandkids!
Parents, bring the neighbor's kids!**

Let us know who to expect

RSVP to 201-262-7733 or edudirector@jccparamus.org

~ ADULT EDUCATION 2016-2017 (5777) ~

"He who does not increase his knowledge, decreases it ..." (Pirke Avot, 1:13)

Dear Fellow Congregants,

In August you received our annual appeal letter asking for donations to fund our Adult Education programming for the coming year. Thank you to those who have already sent in their checks.

Almost every Adult Education class and event at the JCCP/CBT is offered without cost. Now more than ever, we need your help. In order to continue to provide free classes and cover our expenses, we rely on donations from our **Annual Adult Education Appeal. The money we collect is our only funding;** Adult Education is not funded by the synagogue.

We look forward to hearing from you and thank you in advance for your continued support and commitment to Jewish education.

Sincerely,

Mark Topel, Adult Education Committee Chairman



~ ADULT EDUCATION SPONSOR FORM ~

You can count on my/our support for the coming year. A check for \$ _____ is enclosed.

- | | | |
|------------------------------------|-----------|----------------------------|
| <input type="checkbox"/> Patron | \$ 100.00 | (Per individual or couple) |
| <input type="checkbox"/> Sponsor | \$ 72.00 | (Per individual or couple) |
| <input type="checkbox"/> Builder | \$ 36.00 | (Per individual or couple) |
| <input type="checkbox"/> Supporter | \$ 18.00 | (Per individual or couple) |

Name(s) _____ email _____

Address _____ Phone _____



Hebrew School News



Marcia Kagedan

Welcome to a NEW YEAR at the Jewish Community Center of Paramus/Congregation Beth Tikvah Hebrew School!

The rooms are ready, teachers hired, kids registered and we are excited for a wonderful new year of learning and growth.

- Sunday September 11 is opening day. Children and parents will enjoy a welcome back breakfast and children will meet their teachers.
- Sunday September 18 is our first Sunday Special. All our students will enjoy DRUM TALES. Each child will have their own bongo drum and will learn to play it in different ways and while doing so, will learn about new beginnings, new friends, new teachers and the Jewish New Year. Non registered students are invited to join us on this day too. Thank you to APT for bringing DRUM TALES to us.

• Tuesday September 20 we will be visited by Israeli Cadets, (who are here as guests of JFNNJ). They will meet with our students and tell them about themselves and their experiences in the Israeli Army. They will also talk about Rosh Hashanah, how it is celebrated in Israel, and what the holidays mean to them as Israelis.

• Sunday September 25 our 7th grade students will participate in a Kehillah Program with 7th grade students from 10 other Hebrew Schools.

• Tuesday September 27 Cantor Weiss will give a Shofar blowing workshop to our students. If you have a shofar please have your child bring it along. It will be a loud, fun learning experience!

And all this before the High Holidays even begin!

Sunday October 2 there will be no Hebrew School as the building will be prepared for the High Holiday services. Rosh Hashanah begins on Sunday evening October 2. The JCCP/CBT offers several High Holiday prayer experiences and I am sure each family will find the one that they will enjoy the most. Information on all the options are in this bulletin and tickets are still available in the main office. 201-262-7691.

I wish everyone a *Shannah Tovah!* This should be a happy, healthy, productive and fulfilling year for all.



Support the JCCP/CBT whenever you make a purchase on Amazon.com! Look for the Amazon link/banner on the homepage of the JCCP/CBT website. Find the Amazon link either on the bottom left-hand side of the homepage or under "Donate While Shopping Online." You will be able to make purchases using your current Amazon account, or you can create a new one. By clicking on the Amazon link on the JCCP/CBT website, the synagogue will get credit for your purchases. We will not see your purchases or any personal information. We just receive a check!

Men's Club

Just in case you missed anything, this past year the Men's Club provided breakfasts for opening day, Chanukah breakfast and dinner, Purim baskets, Yom Hashoah candles, Passover breakfast, Man of The Year Award, weekly card nights, and a spaghetti dinner featuring sports writer Tara Sullivan of the Bergen Record. It was one of the most successful years we have ever had, and we are so grateful to have such committed members to allow attendees to take advantage of these programs.

This year we will continue offering opportunities to socialize, worship, and to recognize and celebrate our member's accomplishments.

Please give some thought and submit your choice for this year's Bruce Granat Memorial Man of The Year Award, recognizing the efforts and involvement of a member that emulates the enthusiasm and commitment of our friend Bruce Granat, who died several years ago. All submissions will be confidential, and much appreciated. Men's Club will sponsor a special Shabbat kiddush during Sukkot, when we will announce and honor the selected individual. Submit your suggestions in confidence to jccpcbtmanoftheyear@gmail.com, or call the temple office, (201) 262-7691.

All men are invited to join the Club, attend our meetings, and become part of the executive team. Aside from a generous salary, a company car, year-end bonus, and a lucrative retirement plan, there is worldwide acclaim and admiration. Would you believe a free bagel on opening day? Just join and see!

We wish everyone a wonderful year!



SHANA TOVA!

~ Beth Chananie ~

In time for Rosh HaShanah... Here's a quick easy (somewhat healthy) jello mold recipe.

It is cold, crunchy, refreshing and very nice for the new year or any time.

APPLE MOLD

Ingredients:

- 1 package cherry or raspberry jello
- ½ cup chopped apples (stick to firm ones, like Delicious)
- 1 ¾ cups boiling water
- ½ cup finely chopped celery
- ½ cup finely chopped walnuts
- ½ cup raisins (optional)
- Very thin apple rings

Preparation:

Dissolve jello in hot water. Chill until slightly thickened. Add apples, celery, walnuts, raisins. Before it totally is firm, add a few sliced fresh apple rings to the top. Serve ice cold.



Sisterhood News

WELCOME BACK!

Wasn't I just wishing you all a wonderful summer? It's a pleasure to be sitting at my desk, welcoming you back. .

At the end of the summer, we hear all the time:

1. *The party's over; boy, did the summer fly by – time to get back to the mundane routine, oh well;*

–or–

2. *The summer was great but looking forward to the New Year – there's lots to be excited about.*

For so many of us, wasn't much of the summer spent with JCCP-CBT friends at barbecues, day trips, weekends away or weddings? Spending time, building bonds and making memories with our JCCP-CBT family is what we do, not just during summer, but all year long. Building bonds is one of the great strengths of our community.

So, if you think about it, No. 1 above is flawed. Yes, summer is fun. No, we're not likely to be hosting or attending barbecues in February, however, when you are part of a vibrant community, the rest of the year is anything but mundane and routine.

We are very excited about our Sisterhood plans for the New Year. First of all, it is my great pleasure to welcome Diane Weiss as Sisterhood Co-President. Diane is filled with energy and ideas. Here is a preview of some of the events we hope to be hosting:

- Cooking class;
- Night of comedy (which we all can use);
- Jewelry boutique (treat yourselves);
- Yoga classes; (it's a lot easier to stay fit in the summer, yoga is perfect to keep us all in shape throughout the year); and
- Patron of the arts day, a day in the city with lunch (a ladies day out!).

Bringing all of these events to fruition requires the time and commitment of a large and strong group. There's no reason we can't have a year that is social, healthy, cultural and...profitable!

So, when considering your New Year thoughts on how to be a better person and how to make this year better than last, please consider giving even a little time to our community. Your contributions make a difference; the awards are tremendous.

In closing, we wish you all a joyous, peaceful and healthy new year! Enjoy your families and of course, the festive meals (remember, there are wonderful holiday recipes in *More Recipes From the Heart*, our cookbook, available in the gift shop or from the office).

L'Shana Tova,

Lori Cohen and Diane Weiss

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www.jccparamus.org**



Click on Bulletin

SCRIP NEWS!!

Scrip is now available for



SEASONS

SHOP WITH FAMILY.

A Kosher Supermarket in Clifton

Please contact Esther (201-261-7499) or the office if you'd like to place an order for Scrip.

SAVE THE DATE

Sunday, November 6 • 8:30 a.m. - 1:30 p.m.



Community Affairs

Every Day is Mitzvah Day

Our first Mitzvah of the year will be **Operation Isaiah**, the collection of food on Kol Nidre eve, Tuesday, October 11. Please help feed the hungry by bringing a bag of non-perishable food with you to services that evening. You may also place your donation in the food collection box in the lobby up to a week in advance. Don't forget our year-round food drive; pick up an extra can of tuna or a box of cereal or pasta when you are shopping and drop them in our food collection box in the JCCP/CBT lobby whenever you are here for a meeting or event during the week.

The JCCP/CBT will be a host site for **Jewish Federation of Northern New Jersey's Mitzvah Day**, on Sunday, November 6. More details to come. There will also be a Blood Drive in conjunction with the American Red Cross that day. Contact beth@jewishmediagroup.com. If you donate blood regularly, the last day to donate will be September 12 if you plan to donate on November 6.

If you love to knit and crochet we are continuing to hold our knitting bees. Our finished items are sent to the Tikvah Jewish Orphanage in Odessa, Ukraine. We usually meet on the last Monday of the month, but we encourage you to knit on your own if you don't have time to come to our meetings.

Our Chesed Committee has volunteers available if you or someone you know needs temporary help shopping or needs a ride to services or doctor appointments. Call **Eileen Schneider** at 201-722-1606.

Board of Governors

We are just ending our 43rd year of the Board of Governors, and we are starting to gather information and suggestions for the coming year.

What are your interests? We would love to hear from you.

To start the year, we are going to have a Shabbat dinner on November 11th, and will sponsor the oneg that evening too.

We extend an invitation to all our fellow congregants to join the Board of Governors.

Wishing everyone a happy, healthy and prosperous New Year.



~ Dr. George and Sheila Leipsner ~

SEPTEMBER WITH GWAN AT THE JCCP/CBT

(Group Without A Name)

Mondays at 1:30

YESTERDAY, TODAY and TOMORROW
Lively and popular weekly discussions
with Al Nahum

Tuesdays at 1:00

CANASTA and SCRABBLE
All levels welcome!

Wednesdays 11:30-12:30

GENTLE EXERCISE CLASS

Come join our exercise class.

Everyone needs to move!

Come and try it out! Just \$5 per week.

Free trial session!

Thursdays 1:30-3:30

WEEKLY MAHJONG

Participants continue to enjoy the game.

Planning a new beginner's class in the fall.

*If you have suggestions for other games
to be played on either*

*Tuesdays or Thursdays, please contact
Mimi Levin.*

BOOK CLUB

Tuesday September 13th @ 6:45 PM

"SAVING SOPHIE" by Ronald Balson

Book discussion facilitated by

Belle Rosenbloom

MOVIE AFTERNOON

Sunday September 25th @ 3 p.m.

"THE MANCHURIAN CANDIDATE"

with Frank Sinatra

Deli supper will be offered.

Movie alone is \$2. Movie and pre-
reserved deli dinner is \$13.

Questions? Contact

Mimi Levin 201-265-0454

grandmamimil@verizon.net

In order to increase the awareness and observance of Sukkot for our membership and community, the JCCP/CBT will provide *Lulavim* and *Etrogim* from Israel for those who wish to order them. They will be delivered in time for the joyous festival of Sukkot.

We encourage families to buy a set, which includes the four species – *etrog*, *lulav*, *hassim* (myrtle), and *aravot* (willow), and observe the great *Mitzvah*. Each set is \$40 and there is no price increase this year.

**Pick up will be on
Sunday, October 16.**

To order, call the synagogue office,
(201) 262-7691
or email
Office@JCCParamus.org



Yahrzeit Observances

For the week of Sept. 1-2

We Remember:

HANNAH GOLDSTEIN
SYLVIA SALKIN
HERBERT BODEEN
LOUIS MILLER
JOSEPH NEWMAN

For the week of Sept. 3-9

We Remember:

MIRIAM ABRAHAM
SANFORD DANIELS
SIDNEY RAWITZ
WALTER ROSENBAUM
ROBERT SHORE
TANYA AUERBACH
LAWRENCE BASNER
JACK HANDEL
ROSE SCHWARZAPFEL
ANNA FIDELMAN
YAGHOUB NAZARZADEH
LOUIS REISS
LEO THEUMAN
STANLEY FOX
ITISOARA IFTODE
BERNARD KEUSCH
HENRY PROSNITZ
BENJAMIN SHULTZ
THELMA SOBEL
LENA MANN

IRVING CAMINSKY
ROSE MOSSACK
SIDNEY PLAVIN
ALEC WITTEK
CLAIRE GLASER
ESTHER GORDON

For the week of Sept. 10-16

We Remember:

BENJAMIN GWIRTZ
MICHAEL KNEPFER
TINNIE POPIEL
IRVING SCHWEIDEL
ARNOLD SEGAL
LOUIS SKULNICK
BEN BERMAN
MILTON CAMINSKY
MAMIE CHAITE
LLOYD COHN
RONALD GOLDSTEIN
FRED STERNBERG
SAUL D'VER
LENA ISSER
EVELYN LEVINE
PAUL ADELSON
ROSE ANSHIEN
DIANA GREENE
ADA COHEN
IDA HUTMACHER
MEYER LEVINE

AARON MANDEL
JOSEPH EISEN
HENNY MARTON

For the week of Sept. 17-23

We Remember:

BERTHA BASSETT
CILLY KLEIN
NATHANIEL LURIA
MAURICE SIMON
SALLY STRAUSS
HARRY BESLOW
SOL VIEZEL
JEAN WALENSKY
EMANUEL WOLF
LILLIAN BARKEN
JACK COHEN
ETHEL COOPER
GERTRUDE GLASS
WILLIAM KEER
ABRAHAM LESERKEWICZ
DAVID LESERKEWICZ
FAIGA LESERKEWICZ
HENOCH LESERKEWICZ
ISAR LESERKEWICZ
MALKA LESERKEWICZ
MENACHEM LESERKEWICZ
MIRIAM LESERKEWICZ
MIRL LESERKEWICZ
RAYZEL LESERKEWICZ

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BESSIE TORON
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MAE LIBES
ISRAEL MISCHER
HELEN NADLER
CELIA REISMAN
JACK LEVY
MORRIS ROSENBLATT
GIZZELA STERN

For the week of Sept. 24-30

We Remember:

JOAN FALLON
WILLIAM GOLDFARB
MARTIN GOTTESMAN
RUTH HINKLE
EMILIE HIRSCHBERG
MEYER ABRAMS

MAX BIRNBAUM
REBECCA GOLIN
FRANK BEATCH
DEBORAH KAPLAN
SAMUEL POPIEL
SOL RENERT
YAGHOUB SAGHIAN
MAURICE SIEGEL
AUSTIN BASNER
JUDITH FILS
SAMUEL REISMAN
ESTHER KLEINSTEIN
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The Congregation Gratefully Acknowledges the Following Contributions:

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Charlie Goldberg

Beth & Rob Chananie's son Michael wedding to Alyson

Linda & Paul Duboff's son Joshua's marriage to Debbie Sharnak

In Memory

Harlan Cohen's beloved mother Frances

Laura Ashkenazi's beloved husband, Sim

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Stu Lehrer's beloved father Ray

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Harold Kaplan

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In Honor

Beverly Fox's special birthday

Lori & Harlan Cohen's son Simeon's marriage

In Memory

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In Memory

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In Memory

Stu Lehrer's beloved father Ray

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Al Nahum

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In Memory

Stu Lehrer's beloved father Ray

Donor

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Donor

Roz Gerard

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In Honor

Fran & Richard Winters for hosting a wonderful

end of year Shabbat dinner

Bunny & Leon Jaffe's 65th wedding anniversary

Sheldon Berman's Israel Bonds honor

Irene Brickman & Ade Berman's Israel Bonds honor

Beverly Fox's special birthday

(Al Nahum, Barbara Merker, Sheila Wolfson & Thelma Springer)

Beth & Rob Chananie's son Michael's marriage to Alyson

In Memory

Stu Lehrer's beloved father Ray

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In Memory

Harlan Cohen's beloved mother Frances

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NO glass containers or expired dates.

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