



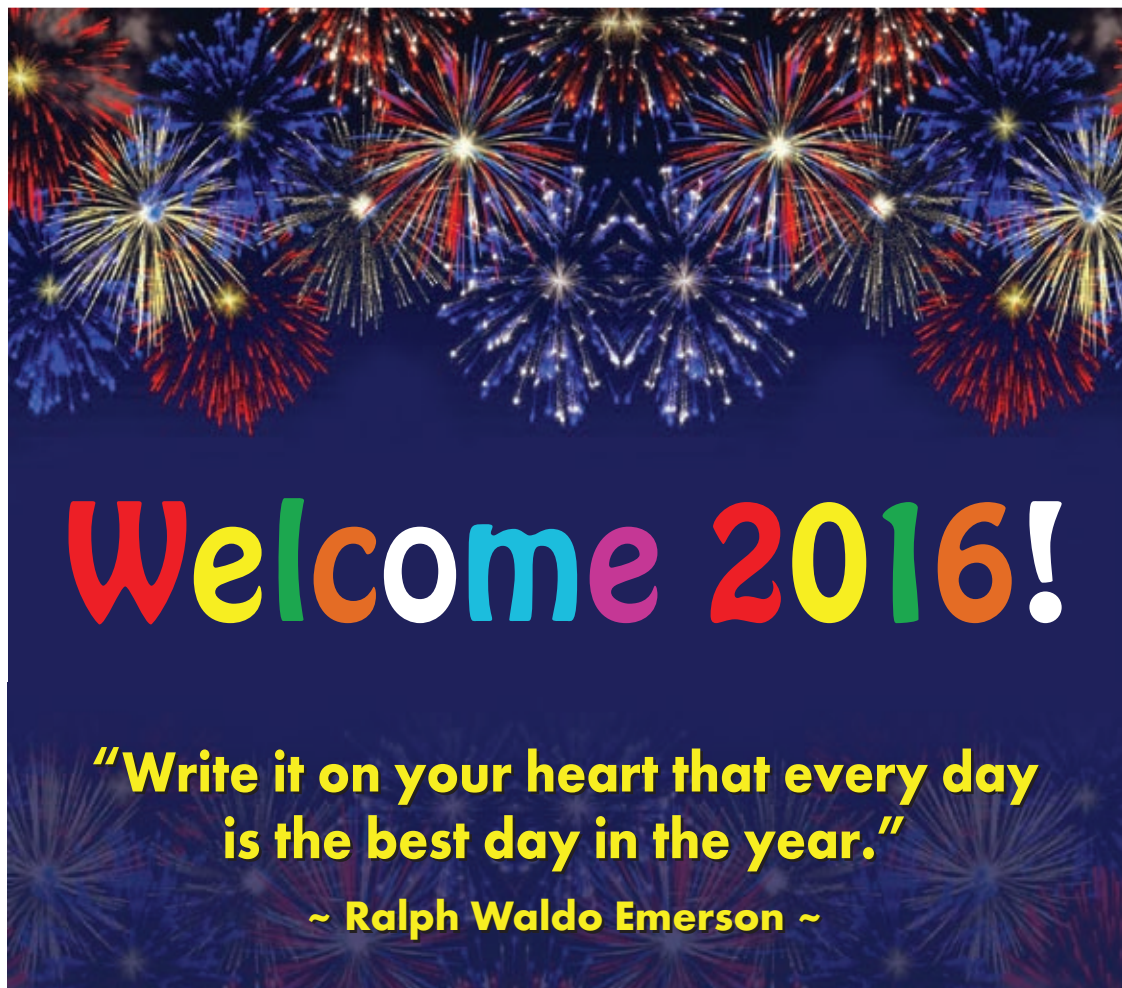
Coming In January:

- JANUARY 15**
• Shabbat Dinner
- JANUARY 20**
• Cooking for 1 or 2
- JANUARY 24**
• Family Ice Skating
- JANUARY 30**
• Family Bingo



**Choose "The Chosen"
for an interesting discussion.**

See page 7 for details



Save the date ... Come celebrate

Join us at our annual Ad Journal Dinner Dance
as we honor four very special people

Laurie and Larry Rosman

Olinda and Larry Sturm

in recognition of their years of service to our congregation.

Sunday, June 26, 2016 ... 4:30 pm





From the Rabbi



Rabbi Arthur D. Weiner

Are You Prepared?

There is a particular lesson from Parshat VaYechi, the final Torah reading in the book of *Breishet* (Genesis) that I would like to bring to your attention this month. At the end of Genesis it becomes clear that our forefather Jacob's days are numbered. Concern for his burial arrangements becomes very important to him. After all, he is the only patriarch or matriarch to have passed away outside the land of Israel. No matter what his intentions when he went to live with Joseph in Egypt, he knows that he will not return to Israel in his lifetime. Communicating his exact wishes and expectations to his family while he was still in a position to do so becomes his great concern.

For a long time now I have wanted to initiate a conversation with the congregation about Jewish funerals, burial rites and traditions, in short, everything that should be on our minds as we contemplate our future. We must take the initiative to insure that our desires and needs concerning our eventual burials are communicated to those who will be entrusted to carry out our wishes.

I deal with this issue all the time. Adult children who are not sure of what their parent's wishes and desires actually are. Too often the conversation was considered too painful, too insignificant, too, well..."people will know what to do." And I am here to tell you, just like your lawyer told many of you when you wrote a will, (or put off

writing a will, as I did for many years), that if you don't make your wishes known, decisions **about** you will be made **for** you.

I am also motivated to raise this issue because I am seeing less of a sense of shared understanding of Jewish funeral practices than ever before. There are many reasons for this, but almost all of them having their origins in the great demographic shifts and changes that American Judaism is experiencing right now. Fewer and fewer people have the same knowledge base about these practices than the previous generation. Yet at the same time, there is no Jewish life cycle event where the affected family is more receptive to Jewish knowledge and wisdom, or more grateful and even uplifted by the guidance, values and especially the support which it offers. That is why every once and a while we must review these laws and traditions. And even more importantly, get people talking about it.

So let me ask a few questions....

How many of you own funeral plots?

How many of you know that you can buy them from the synagogue, and they are far more reasonably priced than the cemetery?

How many of you have communicated to your children where the plots and the paperwork for them actually are?

How many of you have communicated to your children that being buried according to Jewish tradition is important to you?

These are conversations worth having with your family. They have the potential to lead to many other positive and important Jewish conversations. I have seen it happen.

As I said earlier, this subject has been on my mind a lot lately. To begin to facilitate this conversation in a community, I devoted a bulletin article last year to this subject and it generated a great deal of positive feedback. It gave me an opportunity to talk to many members of the JCCP/CBT family about the entire

gamut of Jewish funeral practices, including burial, *shiva*, mourning – even how we go about choosing a casket and the type of garment we should be buried in. As we make our decisions, we must be guided by knowledge and truth, not the vague hope that others will do everything correctly.

The words, the rhetoric that Jacob used to communicate his wishes and concerns about his impending death and burial arrangements to his son Joseph made a deep impression on our Rabbis and sages. He asked Jacob to deal

with him "kindly and truly – *chesed V'emet*." Our Rabbis teach us that every person hopes and wishes to live a long and happy life. But at the same time, the efforts, the kindness, and the mitzvot we perform on behalf of those who have passed on are among the most important we will ever have the opportunity to accomplish. For we do so without any expectation of compensation and reward, attesting to the importance of these particular observances in our lives, and as the Torah teaches us, for ourselves no less than others.

Do We Have Your Correct Email Address?

If you're not sure, just answer this question:

Are you receiving our weekly announcements?

If not, please call the office at: (201) 262-7691

or email us at: office@jccparamus.org

Jewish Community Center of Paramus Congregation Beth Tikvah

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Published monthly by the JCCP/CBT

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Services

FRIDAY EVENING SERVICE

January 1 8:30 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

January 2 9:00 a.m.
TORAH READING: Shemot
KIDDUSH HOST: JCCP/CBT
JUNIOR CONGREGATION 10:00 a.m.
MINCHA & MA'ARIV 4:20 p.m.

FRIDAY EVENING SERVICE

January 8 8:30 p.m.
Young Family Service 7:30 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

January 9 9:00 a.m.
TORAH READING: Va'era
KIDDUSH HOST: JCCP/CBT
JUNIOR CONGREGATION 10:00 a.m.
MINCHA & MA'ARIV 4:30 p.m.

FRIDAY EVENING SERVICE

January 15 8:30 p.m.
SHABBAT DINNER 6:45 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

January 16 9:00 a.m.
TORAH READING: Bo
KIDDUSH HOST: JCCP/CBT
JUNIOR CONGREGATION 10:00 a.m.
MINCHA & MA'ARIV 4:35 p.m.

FRIDAY EVENING SERVICE

January 22 8:30 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

January 23 9:00 a.m.
TORAH READING: Beshalach
KIDDUSH HOST: JCCP/CBT
JUNIOR CONGREGATION 10:00 a.m.
MINCHA & MA'ARIV 4:45 p.m.

FRIDAY EVENING SERVICE

January 29 8:30 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

January 30 9:00 a.m.
TORAH READING: Yitro
KIDDUSH HOST: JCCP/CBT
JUNIOR CONGREGATION 10:00 a.m.
MINCHA & MA'ARIV 4:50 p.m.

From the Executive Director



Norman Levin

SAVING THE JEWISH WHALES

I used to work for a prestigious Reform synagogue in Manhattan. It has a well-deserved reputation for social action. The synagogue organized and supported an orphanage for Jewish babies back in 1916. It hosts a homeless shelter which it has run continuously since 1973. It distributes food packages every Saturday morning before services and has hosted benefits for the earthquake victims in Haiti and for the victims of Hurricane Katrina.

The following comes from that synagogue's mission statement:

"The heart of the Jewish people's mission is *tikun olam*, the repair of the world. We are an active community, involved in individual participation and public activism, concerned about the needs of our members and of those in our neighborhood, our city, our country and the world. We regard these responsibilities as essential to our sense of who we are."

I applaud this mission. Yet, I wonder how any claim "essential to our sense of who we are" could omit any reference to the observance of *mitzvot*. While social action is indeed important, what makes Judaism distinctive are the commandments: the sense of obligatory behavior, not just in charitable acts but also acts that bind us to service of God.

How critical is it to be ritually invested and how critical is it to be kind and generous? How essential is *tikkun olam* to our identities as Conservative Jews?

Jack Wertheimer, Professor of American Jewish History at JTS, wrote, "... surveys regularly make clear that big Jewish gives channel the preponderant bulk of their philanthropic largess to nonsectarian causes – universities, museums, and hospitals – and only a small percentage of their philanthropy to aid fellow Jews. ... Hundreds of synagogues of all denominations sponsor social-action committees to spur volunteering at local soup kitchens, homeless shelters, and other venues aiding the downtrodden ... just at a time when Jewish communal institutions are failing to attend to the needs of Jews at home and abroad."

What is our obligation? Does funding a Hebrew School have precedence over famine relief in Ethiopia? Does providing for Jewish summer camp or supporting birthright Israel trump saving the whales? What is the Jewish thing to do?

In common usage, the word "mitzvah" is generally understood as "good deed." Our tradition has instead always understood it literally as "commandment." The range of meanings to the present day is broader still. Those meanings include actions that we feel obligated to perform, that engage us, that we are responsible for, that we undertake out of love. We can respect our universal values without downplaying our obligation to God and to *clal Yisroel* – the Jewish People. To be a Conservative Jew means that we consider the commandments important: they lead us to a sanctity that is not only possible, not only desirable but, even more, is essential. The act of *mitzvah* is the act of transformation.

B'shalom



Friday Night Dinner

January 15, 2016 at 6:45 p.m.

Come in from the cold and enjoy a delicious catered dinner in our social hall, unwind and schmooze with your friends and family before services at 8:30 p.m.

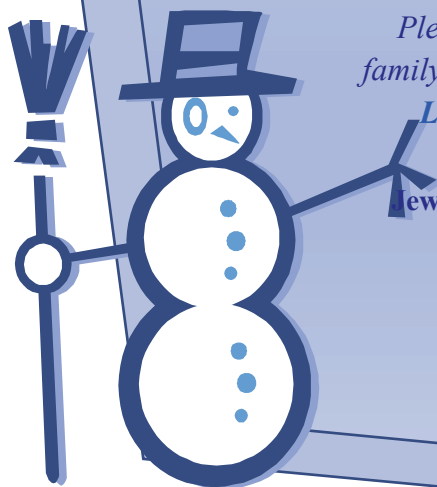
\$18 per adult ~ \$8 per child age 6-13 ~ Kids 5 and under are free ~ Maximum charge \$54 per family (immediate family members only)

RSVP by Tuesday, January 12th

Email us: office@jccparamus.org or call 201-262-7691

Please let us know if you would like to reserve a table with your family and friends. If you have special dietary needs, please contact Laurie (ljrwx@gmail.com) or Esther (hubbiem@aol.com)

Jewish Community Center of Paramus/Congregation Beth Tikvah
East 304 Midland Avenue ~ Paramus NJ





President's Message



Jacob Bauer

Due to the recent terrorist attacks in Paris, Colorado Springs and San Bernardino, the Executive Board, at their December meeting unanimously passed a resolution to increase our armed security to include every Friday night and Shabbos service plus Hebrew School coverage on Sunday mornings and Tuesday afternoons. This

resolution will be discussed by the Board of Trustees at their meeting on December 17th. After its expected approval, I am going to have a Special General Membership meeting on Sunday, January 10, 2016 at 10 a.m. to get final membership approval.

The sale of our Midland Avenue properties is progressing as expected, and the closing is anticipated sometime in February. In the meantime the purchaser has been paying us \$3,000 per month since September for the additional time we have granted.

Finally, it is January, but we are starting to focus in on nominations for our Trustees and Officers for the coming year. If any of you are interested in joining the Board of Trustees please contact me and I will forward your information to the Nominating Committee which will be formed shortly for consideration.



Light the Sabbath Candles



Friday, January 1	4:20 P.M.
Friday, January 8.....	4:27 P.M.
Friday, January 15.....	4:34 P.M.
Friday, January 23	4:43 P.M.
Friday, January 30	4:51 P.M.

THE DEADLINE FOR THE NEXT BULLETIN IS JAN. 7!

ICCP/CBT BOOK CLUB

Sunday, February 7th @ 10:30 a.m.

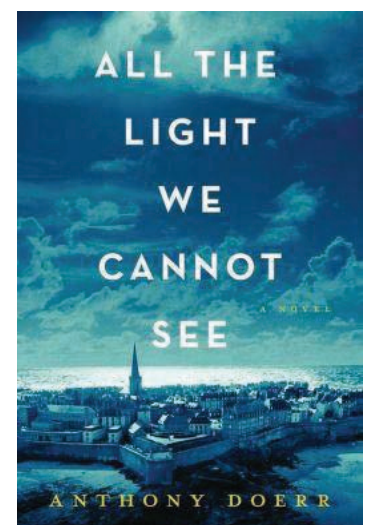
“Pulitzer Prize winner bestseller about a blind French girl and a German boy whose paths collide in occupied France as both try to survive the devastation of World War II.”

Discussion facilitated by Phyllis Waterstone

All welcome, even if you haven't read the book!
Light refreshments.

SUGGESTED DONATION OF \$2 PER PERSON

Questions contact Mimi Levin @ 201-265-0454 or
grandmamimil@verizon.net



Cooking for 1 or 2



Tired of frozen meals and fast food? Want to eat well but spend less time in the kitchen? Learn creative methods to get past the 'why bother' factor and enjoy cooking for one or two. Recipes included. Light healthy, kosher refreshments will be provided.

Cindy Zirkin, Registered Dietitian

Wednesday, January 20
12:30 p.m. Refreshments
1 p.m. Program

Jewish Community Center of Paramus
Congregation Beth Tikvah
304 East Midland Avenue, Paramus

Please RSVP

Mimi Levin at 201-265-0454 or Marcia Kagedan at 201-262-7733.
This free program is open to all JCCP/CBT members,
Hadassah members and friends.



Community Affairs

Every Day is Mitzvah Day

Thank you to everyone who donated to our **Fran Leib Memorial Fall Turkey Drive**. The turkeys, food and gift cards were given to the Center for Food Action in Mahwah. We collected 33 turkeys, over 150 bags of groceries and \$625 in cash and supermarket gift cards. Thanks also to those who provided an entire holiday dinner to 25 families 'adopted' through the Paramus Department of Human Services. This year our synagogue 'adopted' the most families of any church or synagogue in our area.

As part of the ongoing support of the Jewish residents at Bergen Regional Medical Center, the JCCP/CBT supplied **Chanukah gift packages** for the hospital's annual Chanukah party. Thanks go to **Laura Menter**, who coordinated this annual project.

Don't forget our ongoing year-round food drive; pick up an extra can of tuna or soup or a box of cereal or pasta when you are shopping and drop them in our food collection box in the JCCP/CBT lobby whenever you are here for a meeting or event during the week.

If you love to knit and crochet we are continuing to hold our knitting bees. Our finished items are sent to the Tikvah Home, a **Jewish Orphanage** in Odessa, Ukraine. We usually meet on the last Monday of the month, but we encourage you to knit on your own if you don't have time to come to our meetings. For more information please contact **Elaine Cohen** at 201-447-2485.

When you make a donation to the JCCP/CBT please consider donating to the Community Affairs Tzedaka fund. We use this money to pay for yarn for our knitting project and items for our Chanukah gift bags as well as for other tzedaka projects.

Our Chessed Committee has volunteers available if you or someone you know needs temporary help shopping or needs a ride to services or doctor appointments. Call **Eileen Schneider** at 201-722-1606 or **Nina Glaser** at 201-262-1775.

Announcing...

A New Dedication

We are so pleased to announce that the Hebrew School Technology Lab has been dedicated by Sandra Temares and her family in memory of Jack Temares, husband, father, grandfather.

We greatly appreciate that the Temares family has enabled our students to enlarge their scope of learning. They are now able to be engaged in online learning with educators and students in Israel. With technology in our Hebrew School, it opens the doors to limitless educational possibilities.

This dedication has helped us to create one of the finest Hebrew Schools in Bergen County.

We thank the Temares family for their generosity and support.

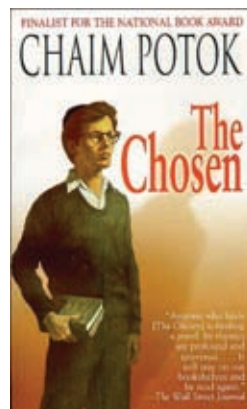
The Dedication Committee

MINI BOOK CLUB

Sunday, January 3, 2016

10:30 a.m.

Read or Re-Read
this favorite:



Come and join our
discussion over
coffee and a danish!

HAPPY NEW YEAR
2016!

Questions ~ call
Mimi Levin
201-265-0454



Join Young Jewish Families for

ICE SKATING

Fritz Dietl Ice Rink, 639 Broadway, Westwood, NJ, 07675; (201) 664-9812
(At corner of Lake Street and Broadway)

Sunday, January 24; 3:30 – 5:30 PM

Meet @ the rink!

Cost: \$13.00 per person

Price covers two-hour skating & skate rental. Payment is made to the rink.

Cash or check only.

Please R.S.V.P. to yjf18@hotmail.com by January 19

to tell us know how many adults and children (ages 4 and up) will be skating.

For more information or questions,
please contact Elana and Eugene

@ 201-449-0562 or yjf18@hotmail.com



**Young
Jewish
Families**

Shabbat Family Service and Program

January 8 - 7:30 PM

Service and story time is followed by a DAIRY oneg and
playtime in the gym.

For more information or questions, please

Contact Elana & Eugene @

201-449-0562 or yjf18@hotmail.com

or www.jccparamus.org





Young Jewish Families

SHABBAT FAMILY SERVICE AND PROGRAM

Friday, January 8, 7:30 p.m. A Family Shabbat service followed by play time and oneg in the gym. The children play, the parents schmooze. It's perfect. Come see for yourself!

ICE SKATING – fun for the whole family!

Sunday, January 24. Come ice skating with YJF. See flier in bulletin and on website for details.

SPONSOR AN ONEG

Once a month, usually on the first Friday, we hold our Friday Night Family Program. This family-friendly service is followed by an oneg and playtime in the gym. If you would like to sponsor an oneg, please contact us: \$18 for a birthday cake; \$18 for other snacks.

EVERYONE IS WELCOME

Young Jewish Families is the club for families with a child or children under bar or bat mitzvah age, their siblings, parents, and extended families. However, everyone is welcome to attend our activities and events. So please bring mothers and fathers, grandparents and great-grandparents, aunts and uncles, nieces and nephews, neighbors – but no pets please!

For more information, please contact us at yjf18@hotmail.com or 201-449-0562.

Thank you.

Eugene and Elana

Youth News

Shalom

The Youth Program is going strong. Each week we have more and more kids who choose to participate in the activities. In December the kids made their own Chanukiyot, which were quite beautiful, so good, they could have been sold at a holiday craft fair! Thank you to Iris Dadon for running this event.

The Annual Chanukah Extravaganza was also a great success. The majority of our Hebrew School kids enjoyed a night of good food, dreidel playing and eagerly anticipated kick ball with Rabbi Reshevsky in the gym. They then all enjoyed the thrilling moment when the Roof Top Menora was lit and soon after devoured the jelly and chocolate donuts!

Coming up next, on January 5th we will have our first night of using our Updated Youth Lounge. It now has a pool table, ping pong table, foosball table and air hockey table. Definitely something for everyone.

January 19th will be gym night.

Just as a reminder:

ALL JCCP/CBT kids are welcome to join our Youth Program. It meets usually from 5:30-7 p.m. It is a pay as you go activity, meaning it is \$9 each time and this is billed to your JCCP/CBT account, making it very easy for spontaneous participation.

I hope to see your 3rd-7th grade kids at an event in the near future.

Marcia Kagedan

Hebrew School News



Marcia Kagedan

Happy New Year 2016!

2015 was certainly a good one for us in the Hebrew School.

The Hebrew School families were enriched with positive Jewish experiences and developed bonds with their friends and teachers.

Chanukah was celebrated in many ways – lighting the candles, enjoying performances, lighting the Roof-Top menorah, eating sufganiyot (jelly donuts) and of course, the presents!!

This coming month the children will be invited to participate in a

TZEDAKAH BOX competition. This project is being sponsored by Irene Reiss, a founding member of the Jewish Community Center of Paramus. In order to encourage giving tzedakah (charity) money and to teach the children the importance of HIDDUR MITZVAH, Irene has given each student a blank, white tzedakah box for them to decorate and beautify in whichever way they choose. She will select the best three entries and will give them each a delightful prize. Of course, the idea is for the children to use their handmade boxes to give money to charity on a regular basis. It is a custom to put some coins into the box prior to the weekly lighting of the Shabbat candles. Many give Tzedakah every day of the week, but not on Shabbat itself!

HIDDUR MITZVAH means to do a mitzvah to the best of our ability. Examples of this are the way we use our best dishes to adorn our tables on Shabbat and Yomtov, we decorate and make the sucah as beautiful as we can, we perform acts of loving kindness—whether that be visiting the elderly or sick, helping a neighbor, taking care of our pets or helping

the unemployed get back on their feet. In each instance, we should do the Mitzvah in the nicest possible way, with genuine sincerity and without expecting a reward in return.

COMING UP IN JANUARY:

Tuesday, Jan. 5:

- Classes resume.

Tuesday, Jan. 12:

- Youth program after Hebrew School for 3rd-7th grades.

Saturday, Jan. 16:

- 2nd Annual MINI SHABBATON. Children in Pre-K-2nd grade will come to the synagogue from 10:30 till 12 noon. 3rd-7th grade get to spend the whole day at the synagogue, from 10:30-5:30. Parents of kids in 3rd-7th grades and all the younger kids, with their parents, are invited to return to the synagogue at 4 p.m. for end of Shabbat experiences, including a light supper and Havdallah. Last year we had a truly wonderful day and I expect the same this year!

Sunday, Jan. 17:

- No school, as the kids have spent all of Saturday at the synagogue instead.

Sunday, Jan. 24:

- Kehillah Program for 6th grade at JCCP/CBT from 9:45-12:30.
- 7th grade trip to Museum of Jewish Heritage with Fair Lawn Jewish Center Hebrew School.

Tuesday, Jan. 26:

- Youth Program after Hebrew School for 3rd-7th grades.

Saturday, Jan. 30:

- Annual APT BINGO NIGHT.

Sunday, Jan. 31:

- Sunday Special for 4-7 year olds. PJ PARTY!!

IN CASE OF INCLEMENT WEATHER: School closings will be announced through FACEBOOK (JCCP-HEBREW SCHOOL), email, website (www.jccparamus.org) and a message will be available at 201-262-7733. As a general rule, if Paramus Public Schools are closed or if they cancel after school activities on a Tuesday, Hebrew School is automatically cancelled. On a Sunday, a decision to cancel school for snow or ice will be made as early as possible and again posted on FACEBOOK, EMAIL, WEBSITE and at 201-262-7733.

Shalom and have a great month!



JEWISH COMMUNITY CENTER OF PARAMUS

CONGREGATION BETH TIKVAH



304 East Midland Avenue ~ Paramus, NJ 07652 ~ Phone 201.262.7691 ~ Fax 201.262.6516 ~ www.jccparamus.org

בייח

50/50 Purim Raffle ~ 2 Prizes! Total: \$10,000

Provided we sell all 200 tickets

1st Prize: \$7,500

2nd Prize: \$2,500



RESERVE YOUR NUMBER NOW!

January, 2016

Dear Fellow Congregants,

Our raffle license has finally arrived. Accordingly we can officially begin to sell tickets for the upcoming Purim Raffle. Some numbers have been reserved, but there are still many available. Please contact me to see if **YOUR LUCKY NUMBER(S)** are still available. You can email me at flhcarpediem@aol.com or call me at 201-444-2352. Our raffle is once again offering TWO PRIZES, and yes, you are eligible to win both if you buy two or more tickets. Participate and you *might* win \$10,000. So whether or not you've participated before, if you're able to do so, please participate now.

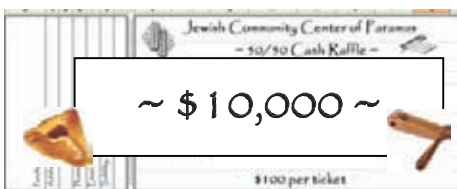
The shul belongs to us all and this is a good way to help ... and maybe win \$10,000.

It's as simple as that.

Thank you and I look forward to hearing from you. Email me or call me if you wish.*

Fred Harris

Drawing
March 23, 2016



We will sell only 200 tickets
\$100 per ticket

*To reserve your ticket(s):

1. **EMAIL** me at flhcarpediem@aol.com or call me @ (201) 444-2352
3. **CALL** the JCCP/CBT office at (201) 262-7691 and tell Rita or Naz what number you would like.

~ Apply Early: The first person to request a number gets it ~



Sisterhood News

A TOAST TO 2016

Yes, this is the January Bulletin. However, as I sat down to write this article, my calendar says that it's December 6, 2015, the first night of Hanukkah. So, I will spend a moment writing about December, and when you read this, it will be old news. But I also promise to look to the very near future and write about my hopes for 2016.

As I am writing this article, the Hanukkah candles are flickering in the background and the house still smells like oil, potatoes and onions. There is something special about the candles tonight and the smell of latkes. After the terrible world events of the past three or so weeks, these candles are bringing lightness and the latkes are bringing comfort in the aftermath of a time of darkness and sadness. There's much to be said for that. . . . lead in to 2016.

In January, most publications feature a Year in Review. As for our Sisterhood Year in Review, 2015 was a terrific year. In May, Dr. Edna Nahshon gave a terrific talk on Jews and Shoes and those who attended learned a lot about Jewish history and . . . fashion. Dr. Nahshon gave a wonderful presentation, but the highlight of the evening was those unbelievable cupcakes!! Those cupcakes were so amazing that we had to figure out some way to preserve the memory and so, we took lots of pictures. For those that worked on those cupcakes, we can all agree that the spirit and fun we had was . . . the best. So how did we preserve that memory? We featured those cupcakes as the cover of MORE RECIPES FROM THE HEART, our brand new JCCP-CBT cookbook, yet another highlight of our year. We are proud to say that we published a cookbook including over 200 recipes from so very many of our members, both women and men. While we do have an incredibly beautiful book, so much of what that book is about is the teamwork and dedication that went into making it happen. Our annual Paid Up Membership Dinner was a smashing success. More than 50 women gabbed and dined, enjoyed the music of Tuvia Zimmer and of simply being together. It was an evening that was close to perfect.

The events were wonderful, our cookbook is outstanding, but we can't stress enough that to keep it going, we need volunteers. I promise, for each and every one of you that elects to become an active member of Sisterhood, there will be fun, friendship and great personal reward. Please make involvement in Sisterhood a New Year's Resolution for 2016! It will be a most important resolution (after resolving to lose those 20 pounds).

I would be remiss if I didn't extend tons of gratitude to my friends that supported Sisterhood throughout the year. You know who you are. It was an honor and my great privilege to work so closely with you.

In closing, I ask that you all take a moment to consider how fortunate we are to be a part of this community and, to have as worries, whether all of the recipes submitted actually made it to the cookbook and, whether we should order two trays of eggplant parmigiana for the Paid Up Membership Dinner rather than one. There's much to be said for that.

With very best wishes to all for a Happy, Healthy, Prosperous and Exciting New Year!!

Very Best Regards,

Lori Cohen

DID YOU KNOW.....

Our congregation started out in a firehouse



We have had 4 Rabbis, 5 Cantors and 7 Executive Directors

We show at least one movie a month



We have activities for every age group



from little tots to golden oldies

Our main sanctuary has 49 lights – 50 if you include the ner tamid



The parking lot fits 101 cars

There are 1,956 Yizkor plaques in the sanctuary



GWAN IN JANUARY

Mondays at 1:30

YESTERDAY, TODAY and TOMORROW

Lively and popular weekly discussions with Al Nahum

Tuesdays at 1:00

CANASTA AND SCRABBLE

Canasta and Scrabble are very popular and enjoyable. All levels are welcome.

Wednesdays 11:30-12:30

GENTLE EXERCISE CLASS

Come join our exercise class. Everyone needs to move!
Our instructor makes exercise fun and effective at any level.
Come and try it out! Just \$5 per week. **Free trial session!**

Thursdays 1:30-3:30

WEEKLY MAHJONG

Participants continue to learn and enjoy the game.
Call Mimi if you are interested in learning the game and we'll get a teacher!

LOOK FOR INFORMATION ON THESE UPCOMING EVENTS:

- 'Mini' Book Club, Sunday January 3rd 2016, 10:30 a.m., discussing "Chosen" by Chaim Potok. No facilitator. Light refreshments.
- COOKING FOR 1 OR 2 Brightview Program on Wednesday January 20th @ 12:30 p.m. RSVP to Mimi or Marcia @ 201-262-7733. Refreshments will precede the 1 p.m. presentation by Cindy Zirkin, a registered dietician.
- Book Club on Sunday February 7th, 2016, 10:30 a.m. "All the Light we Cannot See" by Anthony Doerr. Discussion facilitated by Phyllis Waterstone. Light refreshments.
- NEXT MOVIE will be on Sunday February 21st @ 3 p.m. "The Intern". Offered with pre-reserved deli supper.

**IN CASE OF INCLEMENT WEATHER or WITH ANY QUESTIONS
CALL THE SYNAGOGUE OFFICE @ 201-262-7691
OR MIMI LEVIN @ 201-265-0454 or grandmamimil@verizon.net**



Adult Education

"He who does not increase his knowledge, decreases it ..." (Pirke Avot, 1:13)

Please join us as we proudly celebrate 20 years of studying Jewish history in our winter adult education series with **Rabbi Weiner's** class **"The History of Jews of Germany."** This class will meet on **six Wednesday afternoons or evenings** beginning **February 3, 2016, at 2:30 p.m. or 8:15 p.m.** The class will cover the history of the Jewish people in Germany beginning in the fifth century through World War I. We will learn about how the first communities were established, as well as periods of economic success and intellectual achievement. We will explore the responses to the Crusades, anti-Semitism, and forced expulsions, and gain greater insight into its leading personalities, institutions, and the issues that shaped the community. Our winter Jewish history series is always one the highlights of our Adult Education calendar; come and discover why.

Stu Lehrer will be teaching a class called **"The Name of the Game"** on **four Monday nights: January 4th, 11th, 25th, and February 1st.** The first 2 sessions will be a study of the influence and association of Jewish names, from the 'name changing' of the famous to the quota system established by institutions. The class will conclude with the showing and in-depth discussion of the Academy Award winning film "Gentlemen's Agreement". The movie will be shown in 2 parts, on January 25th and February 1st.

Cantor Weiss will be teaching a new class **"Exploring the Passover Haggadah"** on **six Monday nights at 8:15 p.m., from February 8th to March 14th.** We will learn about the Haggadah's history, structure and contents. We will also discover interesting teachings and explanations of key texts. Join us for this class which is sure to enhance your Passover experience.

Join us for these regular events:

- **Yesterday, Today and Tomorrow** – Everyone is welcome to join these lively and popular weekly discussions led by **Al Nahum. Mondays, 1:30 p.m.**
- **Mahjong.** Players of all abilities are welcome and we'll teach you. **Thursdays, 1:30-3:30 p.m.** For more information, contact **Mimi Levin** at grandmamimil@verizon.net or 201-265-0454 for more information.
- Play **Canasta** on **Tuesdays from 1 to 3:30 p.m.** You are welcome to join with or without prior knowledge of the game. We are so happy that **Bev Cohen, Esther Kantrowitz** and **Robin Costa** are volunteering their time to teach us how to play! For more information, contact **Mimi Levin** at 201-265-0454.
- **Scrabble** lovers are invited to come down to the synagogue on **Tuesdays at 1 p.m.** and play.
- **Gentle Exercise Classes** continue on **Wednesdays from 11:30 a.m. to 12:30 p.m.** It's time for all of us to get in shape! The instructor makes exercise fun and effective at any level. Come and try it out! Just \$5 each week. Please wear comfortable clothes and sneakers. No "on-the-floor" exercises.
- The **Book Club** will meet on **Sunday, January 3 at 10:30 a.m.** for an open discussion of **Chaim Potok's book "The Chosen"**. On **Sunday, February 7 at 10:30 a.m., Phyllis Waterstone** will facilitate our discussion of **"All The Light We Cannot See" by Anthony Doerr.**

The Adult Education Committee is continuing to plan our programming for 2015-2016. If there is a class or program you would like to see or a trip you'd like to suggest, please contact committee chair **Mark Topel** at marktopel@verizon.net or 201-967-9179. We'd love to hear your ideas.

Here's a nice hearty recipe to serve this month when the weather outside is cold and frigid. Enjoy!

Stuffed Peppers

- 1 1/2 pounds chopped meat (or a mix of chopped turkey or chicken and beef)
- 1/2 cup rice, uncooked
- 1/4 teaspoon pepper
- 1/2 teaspoon salt
- 1 teaspoon garlic powder
- 1/3 cup seasoned bread crumbs
- 1 egg
- 9 or 10 green peppers

Sauce

- 3 chopped onions
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 5 tablespoons sugar
- juice of 2 lemons
- 1 8-ounce can or jar of tomato sauce



Remove about an inch from the tops of the green peppers and scoop out insides. Put the peppers in a pot of boiling water, cover, and turn off the flame. Keep them in for 2 minutes. Mix onion, sugar, lemon juice, 1/3 can of tomato sauce, salt, and pepper for sauce. Pour the sauce into a pot that is large enough for the peppers. Mix together the meat, rice, bread crumbs, egg, and seasonings. Stuff the peppers with the meat mixture. Stand peppers in the pot that has the sauce. Bake at 350 degrees for 1 1/2 hours. Add a little boiling water now and then. Pour remaining tomato sauce (from can or bottle), slightly diluted, over peppers. Bake another 1/2 hour.

APT Chanukah Tricky Tray

A special **thank you** to all those that kindly donated their time, talents and opened their wallets for the APT Chanukah Tricky Tray. APT could not do all the many activities and provide the services we offer to the Hebrew School children and their families without your generosity. We truly hope that although this was in part designed as a fundraiser, it brings the "Hebrew School family" closer to our larger "JCCP/CBT community". Many people participated and the fun will continue as the winners receive and enjoy the prizes.

The proceeds from this fun event will help in part fund our next few big events - - **Bingo on January 30, Shabbat Dinner for the Hebrew School Families on February 5**, and an **Afternoon Listening to a Cappella Groups on March 6**. Save the dates and look for more information in the coming weeks.

Winners	Description of prize	Generously donated by
Sternberg & Heitlinger	Shabbat dinner with Mrs. A	Ellen Azizollahoff
Schneider	Hebrew Reading: tutoring session	Naomi Charnov
Heitlinger	<i>"Torah & Tea"</i>	Beth Held
Wiser	<i>"Hand crafted cross-stitch embroidery"</i>	Stu Lehrer
Schneider & Wiser	Shabbat dinner with your family and Morah Alicia's	Alicia Messer
Weiss	1 free Mets ticket	Rabbi Reshevsky
Wiser	<i>"President for a Day"</i>	Jack Bauer
Alpern	3 - Voice Lessons	Cantor Weiss
Schneider	<i>"Principal for a Day"</i>	Marcia Kagedan
Zelman	Admission for 4 to the Museum of Jewish Heritage & guided tour by Thorin Tritter	Thorin Tritter
Leopold	Pool Party at Eileen Schneider's	Eileen Schneider
Schmidt	\$25 Gift Card to iTunes	Norman Levine
Mehr x 2 Wiser x 2	<i>"Bowling Party"</i> with the Rabbi	Rabbi Weiner
Leopold	<i>"Movie Night"</i>	Mimi Levin & Amy Tobenkin
Alpern	\$20 of Lottery Tickets	APT
Zelman	\$20 Gift Card to "Five Below"	APT



Men's Club

We were once again delighted to host the annual Chanukah breakfast and dinner, both well attended and enjoyed by everyone.

It was particularly pleasing to see the many talents demonstrated by our Hebrew School students, several of whom performed alone and demonstrated the commitment and enthusiasm necessary to achieve such excellent results.

We look forward to joining with Sisterhood in bringing acclaimed musician Ed Mann to our Temple in February, and encourage everyone to enjoy this special event.

The time for debate about fairness and proportionality has long passed, and we will allow the top legal minds to structure the framework for future negotiations. For now we will simply welcome home Mr. Jonathon Pollard, and wish him peace after his long ordeal.

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JCCP/CBT MEN'S CLUB

congratulates and thanks the Hebrew school students who made this year's Chanukah breakfast program so successful.

Special thanks to the teachers, administrators and parents who mentored and supported these talented students.



HEBREW SCHOOL CHANUKKAH CONCERT



Café Europa, a social and supportive program for Holocaust survivors, bringing participants together monthly to socialize, reconnect with old friends, develop supportive networks and enjoy the variety of programs.
The JCCP/CBT is proud to be the host periodically.



JCCP/CBT CHANUKKAH DINNER AND MENORAH LIGHTING



JEWISH COMMUNITY CENTER OF PARAMUS



HAPPY BIRTHDAY

January 1

Renee Abrams
Uri Cohen
Bernice Drapkin
Julie Leopold
Sandra Nesoff
Irene Vaks
Lawrence Weisberg

January 2-8

Linda Klein
Jesse Schneider
Amir Yomtobian
Nancy Gordon
Debra Rave
Gustavo Baumzweig
Joan Link
Barry Salkin
Trudy Strick
Joel Preefer

January 9-15

Harlan Cohen
Tina Murad
Harry Galinsky
David Goodman
Janette Levine
Sheree Weidman
Jennie Bronstein

January 16-22

Milton Diamond
David Elliot
Josh Elyash
Kurt Lichten
Diane Weiss
Rubin Camins
Cynthia Meyer
Leslie Klein
Howard Berner
Barbara Merker

Allan Teplitzky
Leonard Blackman

January 23-29

Melitta Lorsch
Marilyn Anshien
Ina Nebelkopf
Karen Blick
Peter Brach
Andrew Kestenbaum
Gilda Botwinick
Howard Cohn
Susan Liebowitz

January 30-31

Alan Breda
Sandra Feinberg

Mazel Tov

HAPPY ANNIVERSARY

January 2-8

David & Martha Cohen
Arnold & Claudia Rubenstein
Uri & Iris Cohen

January 9-15

Paul & Randy Auerbach
Fred & Lotte Buff
Carnie & Shirley Friedman

January 16-22

Charles & Shelly Schreiber
Bernard & Karen Blick

January 23-29

Gary & Joan Saperstein



Yahrzeit Observances

For the week of Jan. 1 **We Remember:**

JACK ELMAN
IRENE GOLDSTEIN
GEORGE GRANAT
MICHAEL RICH
NATHAN TEMARES
JILL WITTEN

For the week of Jan. 2-8 **We Remember:**

IRVING GALL
AUGUSTA PERRY
ANNA SAFER
PHILIP SALKIN
DONALD SPRINGER
FLORENCE BARON
ROSE DEVORE
SAMUEL GOLDSTEIN
ADA GWIRTZ
CELIA HORNSTEIN
IRA MARKS
RICHARD CHANANIE
BETTY MISTHAL
JOSEPH ROSENBLUM
JACK GERARD
LEON KUPER
BESSIE SCHIMMEL
ALAN SHERR
ALBERT WEINBERG
ABRAHAM ANTEBI
SAMUEL GOLDFARB
LOUIS ROTH
ARNOLD SCHAFFER
DOROTHY ABRAMS

For the week of Jan. 9-15 **We Remember:**

CHARLES CLIPPER
ESTELLE GOODMAN
JUDITH KALMAN
DAVID MATALON
OLEK MONKA
DAVID NOREN
BENJAMIN TORON
FLORENCE WEINBERG
FRIEDA FLETCHER
SAM HAREN
IRVING MANNASSE
HYMAN SCHUSTER
NETTIE GREENBAUM
GERTRUDE WEISS
ALICE ADELSON
SAM POLSKY
ETTA SHAMKIM
ARND STIEFEL
ROSE TURNER
SUSANNE FRIEDMAN
GARY GROSSER
HEDWIG HIRSCHBERG
KENNETH KAUFMAN
SYLVIA KUPER

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MINNIE SELIGMAN
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MELVIN DREIER
DOROTHY KRIMSKY
MANFRED ROSENBAUM
SAMUEL SCHREIBER
CELIA WIDES
SARA LAPOFF
SHARON LAVINE
JULIE SELTZER
MICHAEL SMITH
HARRY ZISKIN

For the week of Jan. 16-22 **We Remember:**

SAMANTHA GABBAY
SOL KAPLAN
SANFORD MILLER
PAULINE SIMON
MARTHA BAUER
GERTRUDE BERMAN
ELSIE KELLIN
NATHAN SEHRES
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TED TURNER
DOROTHY ZEPPENICK
JEAN BART
ROSALIND FREEDMAN
JENNIE KIRSTEIN
GERTRUDE TEMARES

For the week of Jan. 23-29 **We Remember:**

PAULINE AMPER
ENRIQUE GLUZMAN
DAVID ROUTMAN
BENJAMIN WEINBERG
MICHAEL ARONESTY
SHMUEL KATS
LOUIS SOKOL
GISELA BRACH
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ANNA WEINBERG
IRVING BARBASH
ALFRED BAUER
SAM ISSER
BRONIA SAMUELS
MINNIE SCHAFFER
VICTOR COHEN
BETTY LIPTON
OLIVER MARTON
ERNEST SAMUEL
ROSE WEISER

For the week of Jan. 30-31 **We Remember:**

MAURICE DELIT
ANNA ISSER
HERBERT TRACHTENBERG
ANN EDELSON
MINNA EDLIN
SYDE GORDON
PAULA LEHRBERGER
IRENE SALOMON
MARCUS SCHWARTZMAN
GERT TOFFEL

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"Sharing is equal to all of the Commandments."

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Abe Altman

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Shel Berman's beloved wife, Bernice
Raquel Karp's beloved husband, Robert
Harlan Cohen's beloved father, Bernard

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In Memory

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