



#### **Coming In January:**

JANUARY 9

YJF Friday Night Service and Program

JANUARY 13

Sisterhood "New Year, New You"

JANUARY 16

Hebrew School Families Shabbat Dinner

JANUARY 18

GWAN: "The Jolson Story" Movie

JANUARY 23

JCCP/CBT Shabbat Dinner

JANUARY 31

Hebrew School "School on Shabbat"







10 TEVET 5775 · JANUARY 1, 2015

No. 5

Daily/Weekly Services • Adult Education Community Affairs • Board of Governors Israel Advocacy • Book Club • Basketball Fundraising • Special Events

# New Year's Resolutions

# **Get involved in the JCCP/CBT!**

Religious School • Young Jewish Families Youth Activities • Chesed • Sisterhood Men's Club • Bulletin • Website

Save the date ... Come celebrate



Join us at our annual Ad Journal Dinner Dance as we honor four very special people

Randy and Paul Auerbach Nina and Russell Rothman

in recognition of their years of dedication to our congregation.

Sunday, June 14, 2015... 4:30 pm

Test your "Seinfeld" knowledge with our trivia contest!

# iccp/cbt

# From the Rabbi



Rabbi Arthur D. Weiner

It has been a few months since I've written about Israel for our Bulletin, though the Jewish state is never far from my mind. I hope that you feel the same way. This month I write about Israel because the government has decided to dissolve itself. I'm actually quite sorry about this news. Here's why.

Israeli governments are made up of a coalition of political parties. When Israelis vote in national elections, they really are choosing a political party more than an individual candidate. For all of Israel's history, no political party has received the majority of the seats (at least 61) in the Knesset, the parliament. Instead, the party that receives the most votes is invited by the president to form a government with like-minded parties. A government is formed when one party or a group of parties can control at least 61 of the 120 seats in the Knesset. The current government of Israel was formed following the elections in January 2013. The Likud Party, which is headed by Prime Minister Benjamin Netanyahu, received the most votes and therefore was invited by the then-president, Shimon Peres, to form a government. It included Jewish Home (a right-wing party) and Yesh Atid (a centrist party that sought to secure greater rights for Israel's secular population and focused on domestic issues), as well as Hatnuah (a party on the liberal end of the political spectrum that stressed peace negotiations, social justice issues, and environmental concerns). In March 2013, these parties announced a new government that controlled a majority of 68 seats.

No sooner did Israel's 33rd government come into being than the problems started. There was much infighting related to the business of running a government in which the parties, once joined together, had so many ideological differences. Among the tensions were those arising from the most recent failed peace talks between Israel and the Palestinians brokered by Secretary of State John Kerry, the poor communications that have characterized the relationship between the Israeli government and the Obama administration, and the great concern among the Israeli public over the perception of a breakdown in relations with the United States. These and other things put ample strain on the government factions. Add to that the ideological differences among the parties with regard to the building of Jewish communities in the disputed areas beyond Israel's 1967 borders and diverse views of the government's role with regard to the economy, and the potential for an unstable government were evident from the

Few governments in Israel have lasted their allotted five years until new elections are called by law. Israel has been a nation for over 65 years, but this was its 33rd government. I had high hopes for this government. Given the experienced, talented, and patriotic men and women who were its leaders, I expected more. And given the robust role that new voices like Yesh Atid and Jewish Home were expected to play in the new government, and the unity that characterized not only this government but even the opposition parties throughout last summer's fighting against Hamas along with the Israeli public, I saw the real possibility of a government achieving great things for Israel. It is both surprising and sad that this government could not build upon that unity and real strength to govern effectively and achieve its goals. Now the tensions that were so evident even at the beginning of this government's formation have burst into public view.

As a rabbi and a leader of the Jewish community, I am often called upon for my judgments and opinions regarding the Israeli government, its decisions and policies. I have always refrained from sharing my personal views in public forums because I believe that only Israelis can make certain types of decisions, even though those decisions have real ramifications in the lives of Diaspora Jews. Yet I cannot help but share my personal sadness about the new elections coming in March. The challenges and dangers facing Israel are real. There are real tensions with the Obama administration. There are real security concerns on Israel's northern borders represented by the instability in Syria

and the continued buildup of Hezbollah forces in southern Lebanon. There are significant gaps and differences with the Obama administration and other world powers on the negotiations concerning Iran's nuclear ambitions. There are significant internal debates in Israel regarding security, settlements, and the economy that will not wait until a new government can be elected and formed

I want to make sure that the JCCP/ CBT family understands the current situation in Israel, and this is an important and unfortunate development. I hope you will join me in the hope and prayer that the next government will achieve greater success than the previous one. There is simply too much at stake for it to fail.

# Love reading the Bulletin? Read it monthly online at: www.jccparamus.org Click on Bulletin

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# Purices

OCTULLS
FRIDAY EVENING SERVICE January 28:30 p.m.
ONEG HOST: JCCP/CBT  SABBATH SERVICES
January 39:00 a.m. TORAH READING: Veyechi
KIDDUSH HOST: JCCP/CBT JUNIOR CONGREGATION10:00 a.m.
MINCHA & MA'ARIV 4:25 p.m.  FRIDAY EVENING SERVICE
January 9
SABBATH SERVICES January 109:00 a.m. TORAH READING: Shemot
KIDDUSH HOST: JCCP/CBT JUNIOR CONGREGATION
FRIDAY EVENING SERVICE January 16
ONEG HOST: JCCP/CBT  SABBATH SERVICES
January 179:00 a.m. TORAH READING: Va'era
KIDDUSH HOST: Shel Berman in honor of his Bar Mitzvah
JUNIOR CONGREGATION10:00 a.m. MINCHA & MA'ARIV4:35 p.m.
FRIDAY EVENING SERVICE January 238:30 p.m.
SHABBAT DINNER
SABBATH SERVICES January 249:00 a.m.
TORAH READING: Bo KIDDUSH HOST: JCCP/CBT
JUNIOR CONGREGATION10:00 a.m. MINCHA & MA'ARIV4:45 p.m.
FRIDAY SERVICE January 308:30 p.m. ONEG HOST: JCCP/CBT
SABBATH SERVICES
January 319:00 a.m. TORAH READING: Bershallach KIDDUSH HOST: JCCP/CBT
JUNIOR CONGREGATION

### From the Executive Director



Harvey M. Brenner, FSA, FTA

I want to share with you a philosophy of life called "Yidda Bit." It's been relayed to me by my 2-yearold granddaughter, who is smart as a whip, cute as a button and sweet like sugar. No, really, she is! Yes, I know every grandparent says that about their grandchildren, but in my Averi's case, it's all true!

Anyway, she has a great attitude that we could learn from and mimic.

- If you ask her, "Do you want some more milk and cookies?" she answers "Yidda Bit" (or "a little bit").
- "Are you warm in that sweater?""Yidda Bit."
- "Do you want grandpa to unzip it for you?""Yidda Bit."
- · She doesn't ask for much, just "Yidda Bit."

It dawned on me that this is a sage and wise philosophy of life that we could follow. In this season of New Year's resolutions and promises we hope to keep, let's try to incorporate Yidda Bit into our everyday lives.

We don't have to commit to do too much:

- Will we attend more Shabbat and weekday services? Yidda-Bit.
- · Will we give much more tzedakah? Yidda-Bit.
- Will we do more chesed (good deeds)? Yidda-Bit.
- Will we study more Torah, take more adult ed classes and attend more events at the JCCP/CBT? Yidda Bit is the correct answer!

Let us each vow to do just Yidda Bit more than we have done in the past. Attend one more minyan service during the week so someone can say Kaddish. Take/teach a class. Give a bit more generously.

The point is that if we each try just a little harder and stretch just slightly more than in the past, the resulting increase in energy, commitment and community would be palpable and make 2015 a most extraordinary year for us all.

I vow to do Yidda Bit better with the promises I make and the vows I undertake. Won't you do the same?

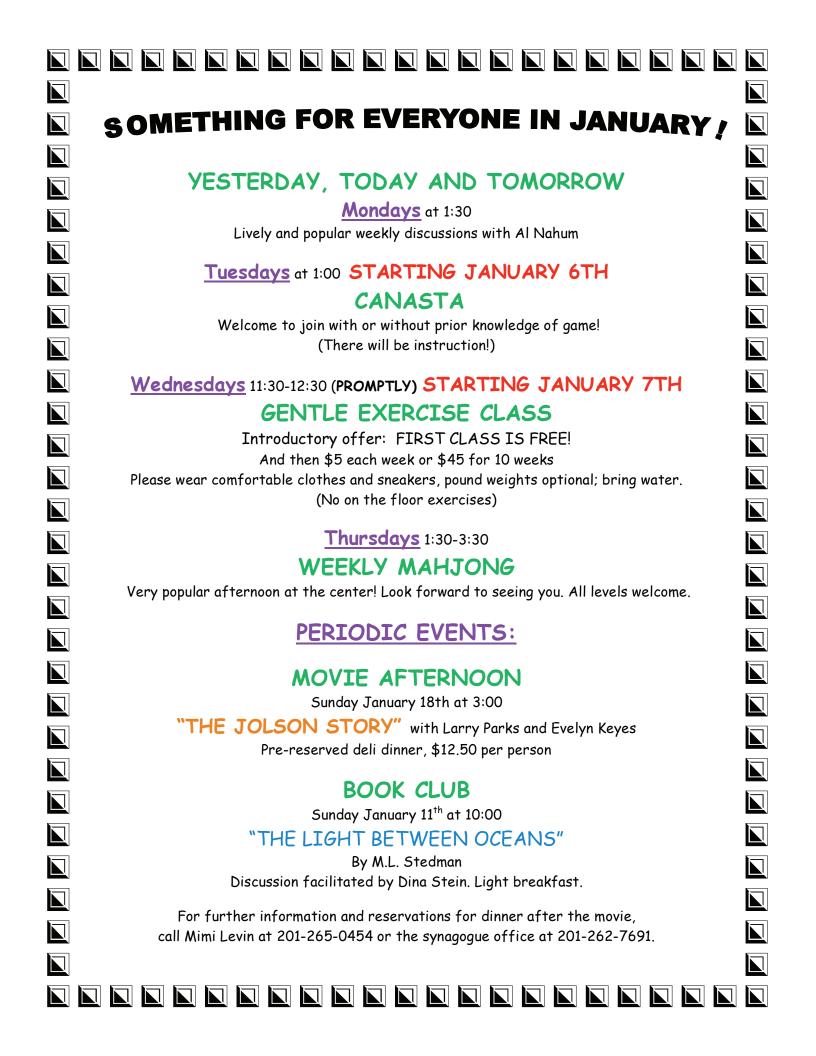
May 2015 be a peaceful, safe and healthy year for all!



# Light the Sabbath Candles

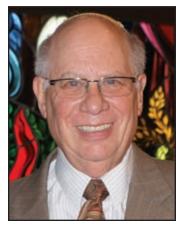


Friday, January	6	4:20 P.M.
Friday, January	9	4:27 P.M.
Friday, January		
Friday, January		
Friday, January		



# iccp/cbt

# **President's Message**



**Jacob Bauer** 

Teens and preteens brought their spirit to the JCCP/CBT on the weekend of November 21-23. We were honored to host the USY Regional Convention weekend and the Kehillah program on Sunday. Thanks to Debbie and Wayne Zeiler for their dedication to the USYers and to Marcia Kagedan for her leadership in the Kehillah program.

It is time for us to honor our own kids, therefore my Congregants of the Month for January are our post-Hey class students who either help out in the Hebrew School or Junior Congregation, or at minyan or simply attend services on Shabbos. So on Saturday, January 31, we will be having a special Kiddush luncheon to say thank you to the following teens:

Andrew Braun, Sophia Cohen, Ariel Dadon, Rina Dadon, Miri Goodman, Rivki Goodman, Todd Jay, Ashley Kashani, Jason Kashani, Melissa Knopf, Briana Leopold, Jordan Leopold, Jonathan Nitti, Jen Rivkin, Daniel Shapiro, Marissa Shapiro, Michael Sobelman, Zach Sobelman and Michael Vaks.

Casino Night was a great success. We had over 170 attendees and realized a net profit of over \$10,600. The amount of work and effort that went into this event was overwhelming and I want to thank all for their efforts.

I am happy to report that at the November Board of Trustees meeting, I signed the formal contract to sell our Midland Avenue properties. We have since received the \$100,000 down payment, which has been deposited into an escrow account. Other details of the sale are proceeding as scheduled.

As I wrote in my recent email and letter, the Suggestion Box has been working. Also noted in my correspondence, starting on January 1 we will be making computerized phone calls regarding congregation business. (You can opt out of the calls at any time by contacting the office.) During the month of January, the calls will pertain only to funeral/shiva announcements and building emergencies. We are limiting the first month's calls to make certain the system works. Once we are comfortable that it does, we can customize the calls. We will send more information in the weeks to come.

We are also taking additional measures on building security. Further details will be sent as needed.

Again, please join us on January 31 to help us say thank you to our teens.

# **NEW SIDDUR SKILLS COURSE FOR ADULTS**

Please reserve Tuesday nights in February and March at 8:15 for the Building Siddur Literacy class taught by Cantor Weiss.

It is designed for adults who have a basic Hebrew reading ability but want greater proficiency in understanding and navigating the siddur. We will be using familiar prayers as a springboard for improving vocabulary and exploring common themes.

# **Youth Group News**

A quiet calm had settled in the JCCP/CBT and hung silently in the air for several moments, then was replaced with the tension of expectation for what was about to erupt within the walls of our building. It was 2 p.m. on Friday, November 21. We stood quietly on the steps watching the front doors. And then it happened: The doors opened and the lobby was filled with joyous teens excited to be in Paramus for the USY Fall Kinnus weekend, emotional at seeing old friends and grateful to be in our synagogue. For the next 46 hours, our hallowed halls were filled with about 200 excited teens from 37 towns engaging in activities (religious, educational and leisurely), showing true leadership, exemplifying the pleasures of youth and remaining respectful to their surroundings, their host families and our congregation.

For a write-up on our initial feelings, please go here: http://goo.gl/sRLQQF.

We want to thank everyone who was involved in this event, from when it was just a thought in our minds until the weekend was complete. This includes but is not limited to:

- Dassy Mark, the regional director of Hagalil USY, for selecting the JCCP/CBT to hold the event.
- Rabbi Weiner and Harvey Brenner for helping with the planning.
- Harlan Cohen and Jack Bauer for supporting the use of our shul for the Kinnus.
- The host families that opened their homes for our USY.
- The chaperones that helped at the meals and dances.
- Our custodial staff, who worked tirelessly all weekend setting up, reconfiguring rooms and in food setup.
- Our friends and families who provided support, an ear or shoulder when needed.
- All of the congregants who participated with us in davening during the weekend.

This was a wonderful, all-encompassing weekend, one to remember for years to come.

December had many activities on the schedule: a Kadima regional Chanukah event; a Chaverim Chanukah party; two Latkes and Laughs events, one each for USY and Kadima, with our own Adam Seitz; a regional membership dance for USY following Latkes and Laughs. And we also planned for 2015.

We wish you a Happy Chanukah and look forward to seeing everyone in the New Year!

Wayne and Debbie Zeiler, 201-599-1392

Wayne.zeiler@gmail.com / Dibble.one@gmail.com

"You don't stop laughing when you grow old, you grow old when you stop laughing." ~ George Bernard Shaw ~

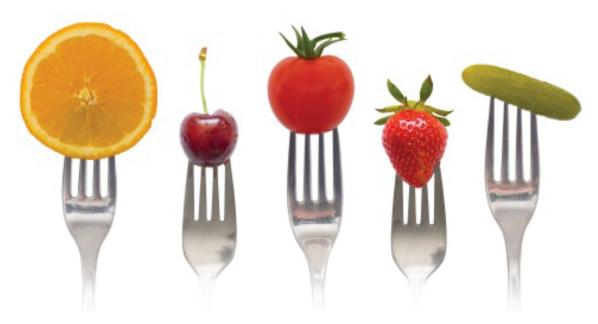
#### And now a few words from our USY/Kadima adviser:

Looking forward to 2015, I know it will be a big transition. The year of my college graduation will be over and it will be my first full year in the "real world." There will be several milestones taking place in my life. For me, 2015 is a new beginning. For USY and Kadima, 2015 will also have a big transition. Over the past few months as an adviser, I have built relationships with the kids and learned how to communicate best with them. We have worked together to build the events of the last few months and I think the kids have shown me how much they love being a part of this chapter. We have some great ideas for events coming up for 2015. I am looking forward to growing with the kids and learning more about them in the upcoming year.

Danielle Porwich danielleporwich@gmail.com

# New Year, New You

Mindful Eating for Good Health



Learn how to make the right choices for health and eat mindfully so that you enjoy your food, satisfy your hunger and eat less.

**Tuesday, January 13**th **7:00 pm** 

# debbie bessen ms rd cso clt

Debbie is a Registered Dietitian and board certified specialist in oncology nutrition with more than 15 years of experience. She currently serves as the oncology dietitian for the Cancer Center at Holy Name Medical Center in Teaneck. Debbie also has a private practice where she specializes in food sensitivities and Gastrointestinal disorders.





# **FALL KINNUS 2014**

### Instead of writing another article on the Fall Kinnus, we want to share some of the responses that we have received and show some of the pictures from the weekend.

"Hosting a Regional Kinnus at my own synagogue was something I never thought would happen. This experience was so inspiring, and to know and to see the impact USY makes on teenagers in the comfort of my own Jewish community provides me with a sense of pride. With the leadership all deriving from teenagers makes the convention even more meaningful. I would like to thank all the people who came together to make this weekend possible. As a senior, I know this convention will impact me in all my future endeavors. I hope events like this Kinnus will become more frequent in the JCCP/CBT community and inspire the lives of young families forever."

~ Deena Kleinstein, co-president of USY, Paramus chapter

"Hosting the USY fall Kinnus at the JCCP/CBT was such a meaningful experience for me. I have been involved with USY since freshman year and always wanted Paramus to host a regional event. It made me realize how much we have grown as a chapter to be able to have such a big event here. Just by looking around, I knew that everybody enjoyed the weekend. The programming went well and everyone was respectful during Shabbat prayers. Showing my friends around the temple and having my Jewish identity shine as it always does at USY events – this time even more than usual – was so exciting. It felt like one big community. As a senior, having the Kinnus at the temple I have been a part of my whole life was extra special because I was able to share the enthusiasm with my peers."

~ Rachel Brodsky, co-president of USY, Paramus chapter



"I wasn't a USY kid growing up. I was a Ramah kid, however, and heard countless stories from friends about all of their USY escapades. But by the time I was willing to join, I was already ending high school. Joining the USY community this year has been amazing. Based on the Fall Kinnus that we hosted, I missed out on quite a bit when I was growing up. But from an adviser's standpoint, I also think that for my first weekend convention, it was the perfect introduction to regional weekends. I was able to network and bond with not only the regional staff and other advisers, but the kids as well. In between kitot and other activities, I learned how precious these moments are in our lives. As a Ramah alum, I am used to seeing the enthusiasm and love for Judaism, but I also saw some other Hagalil traditions that make USY so unique. The kids showed me what Hagalil is all about and I am thrilled to have become a part of the USY community, for it has reminded me what makes Judaism so special."

~ Danielle Porwich, USY Adviser, Paramus chapter



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### FALL KINNUS 2014 (continued...)

"It was wonderful to have the shul alive with so many kids. They were a great bunch. It was nice to house them. The kids were respectful and well behaved. Services were great. There was so much ruach; I wish we could bottle it. Again, thank you for doing it."

~ Harriet Kugler

"The weekend was great! I am glad many saw what went on, and I wish more saw and participated. Hopefully this gives us a good taste for future programs. Hosting was wonderful. That and helping out on the weekend gave us a chance to be actively involved rather than just bystanders. The kids were so happy to see each other and were very pleasant, respectful and appreciative. What I loved was that these were kids from towns not so close to each other who probably wouldn't know each other if not for USY. My kids were in ninth grade and already knew each other, so they must have started with United Synagogue programs in Kadima. They were already talking about USY on Wheels and Pilgrimage. These could be the beginning of lifelong friendships. I know I have some. Thank you for all you did."

~ Ruth Smith

"I can't begin to thank you for all of your help leading up to and throughout the weekend. The weekend was a huge success. And we are very grateful for the warm welcome received from your community. Please extend our most sincere thanks to the host families. We could not have done this without them, their support and their willingness to be flexible. We appreciate all the help from volunteers at meals, at the dance, serving food, and participating with the USYers. Thank you for believing this could be done and then being instrumental in making sure it was a success!."

~ Dassy Mark, Regional Director, Hagalil USY



"Over 200 teenagers and staff visited us for the Fall Kinnus, leading our Shabbat services, enjoying the hospitality of so many families within the congregation who hosted them, participating in social and educational experiences, and celebrating a wonderful and positive Jewish experience in our community. I was so proud of our synagogue family that weekend. To see so many young adults enjoying a special Shabbat together was great to behold. I want to thank the many members of the congregation who volunteered to serve meals, to offer their homes, to serve as chaperones, and to assist in all the ways that make such an event like this possible. Their efforts made a wonderful statement about our strength and commitment to our collective Jewish future. A special thanks to Wayne and Debbie Zeiler, the chairs of our Youth Committee for all their outstanding efforts on behalf of our children, and all those who volunteered to help and opened their homes to our guests."

~ Rabbi Arthur Weiner

Wayne and Debbie Zeiler, 201-599-1392 Wayne.zeiler@gmail.com / Dibble.one@gmail.com







# **Hebrew School News**



Marcia Kagedan

#### HAPPY NEW YEAR 2015!

Chanukah was certainly a very wonderful experience here at the JCCP/CBT. The children were so excited and prepared. From decorating the hallways, shopping at the APT boutique, participating in the Chanukah Extravaganza with the youth department and witnessing the rooftop lighting, as well as performing at the Chanukah Breakfast, Chanukah was quite memorable.

Now we look forward to a new year that will be filled with growth, learning and good times.

In January we have our annual electives series in which the children will explore an area of study of their choice. Reports about this will be in the next Bulletin.

#### Some important calendar dates: Tuesday, January 6:

• Welcome back to Hebrew School

#### Sunday, January 11:

• Sunday Special for 4- to 7year-olds

#### Tuesday, January 13:

• First of four weekly electives classes

#### Friday, January 16:

 Hebrew School Shabbat dinner and service sponsored by APT

#### Sunday, January 18:

• Tefillin workshop for 7th-grade students and families.

#### Sunday, January 25:

• 6th grade attends Kehillah Program at the JCCP/CBT.

#### Saturday, January 31:

• School on Shabbat and Mini Shabbaton 10:30-5:30: details to follow. PIP will also meet.

#### Sunday, February 1:

NO SCHOOL

#### **Upcoming events:**

Saturday, February 2:

APT Bingo Night

#### **SNOW CLOSING EMERGENCIES**

- 1. If on a Tuesday Paramus Public Schools are closed or if they cancel after school activities, Hebrew School is closed. Notifications will be made via Facebook and the synagogue website.
- 2. If inclement weather occurs on a Sunday and a decision is made to cancel school, there will be notification via emails, the synagogue website and on Facebook.
- 3. Announcements will also be made at 201-262-7733.

Wishing you all a warm month.



Support the JCCP/CBT whenever you make a purchase on Amazon.com! Look for the Amazon link/banner on the homepage of the JCCP/CBT website. Find the Amazon link either on the bottom left-hand side of the homepage or under "Donate While Shopping Online." You will be able to make purchases using your current Amazon account, or you can create a new one. By clicking on the Amazon link on the JCCP/CBT website, the synagogue will get credit for your purchases. We will not see your purchases or any personal information. We just receive a check!





# In Honor of Alan Jay

A contribution has been received by

The American Heart Association

In memory of Bruce Granat

#### JCCP/CBT Men's Club

Jewish Community Center of Paramus/ Congregation Beth Tikvah Paramus, New Jersey

# **Young Jewish Families**

#### **UPCOMING EVENTS**

#### FAMILY SHABBAT SERVICE AND PROGRAM

Friday, January 9, February 6, and March 6, at 7:30 p.m.

Once a month, usually the first Friday of each month, we hold our Friday Night Family Program. This event is a family-friendly Friday night service followed by an oneg and playtime in the gym. Please see the flier in the Bulletin and on the JCCP/CBT website for details.

Please watch your emails, the website and the Bulletin for upcoming events. Please see our calendar on the website for the entire year of events.

#### Sponsor an Oneg

If you would like to sponsor an oneg for the Family Shabbat Service and Program, please contact us: \$18 for a birthday cake; \$18 for other snacks.

#### **E**VERYONE IS **W**ELCOME

Young Jewish Families is the club for families with a child or children under Bar or Bat Mitzvah age, their siblings, parents, and extended families. However, everyone is welcome to attend our activities and events. So please bring mothers and fathers, grandparents and great-grandparents, aunts and uncles, nieces and nephews, neighbors – but no pets please!

For more information, please contact us at vif18@hotmail.com or 201-449-0562.

Thank you.

**Eugene and Elana Heitlinger** 

THE DEADLINE FOR THE **NEXT BULLETIN IS JAN. 7!** 















# and Program

# **JANUARY 9 - 7:30 PM**

Please join us for our JANUARY Family Friday Night Shabbat service and program.

Come with your parents, grandparents, family and friends.





Service and story time is followed by a light DAIRY oneg and playtime in the gym.



For more information or questions, please don't hesitate to contact Elana & Eugene @ 201-449-0562 or yjf18@hotmail.com or check us out on our website www.jccparamus.org





# ~ Purim Raffle ~



# \$10,000 in Prizes ~ Only 200 Tickets will be sold

Drawing March 4, 2015

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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481	482	483	484	485	486	487	488	489	490	491	492	493	494	495	496	497	498	499	500

## I'll take the number(s) I've circled above. My check is enclosed.

Remember, shaded spaces have already been sold.

Fill in the 3 lines below ... choose some alternate numbers ... just in case ... enclose your check for \$100 per ticket ... and bring or mail *this entire page* to the JCCP/CBT office.

Name:	If my choice isn't available, I'll take:				
	1st Alternate:				
Phone:	2nd Alternate:				
Email:	3rd Alternate:				



# **Sisterhood News**

#### HAPPY NEW YEAR!

When we say farewell to one year and welcome the next, the media – newspapers, radio, television, magazines and social media (for those who participate, present writers excluded – what videos went viral in 2014?) – always provide those end-of-the-year wrap-ups with summaries of notable events, namely accomplishments, awards, births, and deaths.

In the JCCP/CBT-Sisterhood community, we have our own wrap-up. In 2014 there certainly were many memorable events. We installed our beautiful windows, which symbolized the unity of CBT and the JCCP. Through the efforts and participation of our Sisterhood, we enjoyed an enormously successful Paid-Up Membership Dinner, where we welcomed Judith Hiemer, stained glass artisan par excellence, who spoke about stained glass windows throughout history and throughout the world, including our own in Paramus.

We all had fun playing Military Bridge, hearing about biblical beauty, tasting wine, and cooking and baking competitively.

For our congregants' health and fitness needs, Sisterhood began and continues to run a circuit training program, a five-week class leading to increased well-being for its participants.

While on the subject of health, on January 13, Debbie Bessen, a registered dietician at Holy Name Hospital in Teaneck will speak about nutrition and starting the new year right nutritionally. Nutrition in the New Year: Certainly it's a topic that we will all benefit from greatly. Please be sure to join us at 7 p.m.

Sisterhood is of vital importance to the greater JCCP-CBT community. It is the one group where we as women can come together, give to the community and benefit from the returns.

In 2014, Sisterhood started the Birthdaygram program, under which members can send greetings to some, many or all of our women. It's a terrific way to say Hi, Happy Birthday and "we are thinking of you." To participate, just complete the form attached to this Bulletin with a check  $\dots$  your good wishes will soon be in the mail!

For 2015, Sisterhood has much in the works. Remember to please fill out the recipe forms attached as soon as possible so that we can publish a best-selling JCCP-CBT cookbook.

We are planning a lot of events – wine tasting, speakers, and ... stay tuned for big, exciting news.

Our New Year's message is one of thanks to those who volunteered their time to make 2014 a success. We look forward to a fabulous 2015! There's lots coming ... more news to follow.

Our New Year's resolutions for 2015: Continue to participate and give back to our community!

With our very best wishes for a Happy, Healthy and Peaceful 2015.

Wendy Steinberg / Lori Cohen

# **Community Affairs**

# Every Day is Mitzvah Day

In December we donated 45 Chanukah gift bags to Jewish residents of Bergen Regional Medical Center. Thank you to Laura Menter, who is coordinating this project, which our synagogue has been doing for many years.

The JCCP/CBT is well known for our efforts to feed the hungry of Bergen County. Our turkey drives are always successful and much appreciated by the food banks. Don't forget our ongoing food drive: Bring an item or a bag of non-perishable food to the synagogue when you come for a meeting or activity during the week. Especially needed items include canned tuna and meat, hearty soups, Parmalat, pasta, hot and cold cereal, and fruit juice.

Attending and supporting our morning and evening minyan is especially important during the winter months, when many regulars are away. Morning minyan is held at 6:45 a.m. Mondays and Thursdays, and at 7 a.m. Tuesdays, Wednesdays, and Fridays. Evening minyans are held at 8 p.m. from Sunday through Thursday. Your help is needed for this meaningful mitzvah.

For those seeking volunteer opportunities in our North Jersey community, the Volunteer Opportunities link on the Jewish Federation of Northern New Jersey site – JFNNJ.org – has a list of projects that need your help. For questions, please contact Alice Blass, volunteer coordinator, at 201-820-3948 or AliceB@jfnnj.org.

If you love to knit and crochet, we are continuing to hold our knitting bees. Our finished items are sent to the Tikvah Orphanage in Odessa, Ukraine. We have been sending knitted and crocheted articles to the orphanage since 2005; now we need more people to contribute finished goods. After all these years, we would appreciate money donations so that we can buy enough yarn of the same weight and color to make a whole garment. Please consider making a donation to the Community Affairs Tzedaka fund when you give in honor or in memory of a loved one.

We will still teach anyone who would like to learn to knit or crochet for the orphanage. You may knit wherever you like and we will arrange to pick up the finished projects. However, you might want to join us for an enjoyable afternoon at our knitting bees. The company is great and so are the refreshments. We usually meet on the last Monday of the month. For more information, please contact Elaine Cohen at 201-447-2485.

Our Chesed Committee has volunteers available if you or someone you know needs temporary help shopping or a ride to services or doctor appointments. Call Eileen Schneider at 201-722-1606 or Nina Glaser at 201-262-1775.



Thinking about all the football action in January? Or perhaps just having friends and family over on a Sunday afternoon? Here's a nice dairy recipe to serve with pita chips.

#### *Ingredients:*

4 cups fat-free plain Greek yogurt, strained

4 cloves of minced garlic

1 big cucumber (squeeze out juice) and shred

1 1/2 ounces wine vinegar

3 ounces olive oil

Smidge of kosher salt

#### **Preparation:**

Mix everything together and leave in bowl overnight. Serve chilled.



Sunday, January 18th, at 3 o'clock



**点点点点点点点点点点点点点点点点点点点点点点点点点** 







Movie @ 3 p.m. followed by pre-reserved supper, \$12.50 per person.

Dinner reservations call Mimi Levin @ 201-265-0454 Or the synagogue office @ 201-262-7691

#### HAPPY BIRTHDAY

#### January 1-2

Renee Abrams Uri Cohen Bernice Drapkin Julie Leopold Sandra Nesoff Irene Vaks Lawrence Weisberg

#### January 3-9

Linda Klein
Jesse Schneider
Amir Yomtobian
Nancy Gordon
Debra Rave
Gustavo Baumzweig
Joan Link
Barry Salkin
Marilyn Waxman
Joel Preefer

#### January 10-16

Harlan Cohen
Tina Murad
Marc Brodsky
Harry Galinsky
David Goodman
Janette Levine
Bruce Safro
Sheree Weidman
Jennie Bronstein
Daniel Kaminsky
Milton Diamond
David Elliot

#### **January 17-23**

Josh Elyash Kurt Lichten Trudy Strick Rubin Camins Cynthia Meyer Leslie Klein Hilda Samoohi Howard Berner Barbara Merker Allan Teplitzky Leonard Blackman Melitta Lorsch

#### January 24-30

Marilyn Anshien Ina Nebelkopf Karen Blick Peter Brach Andrew Kestenbaum Gilda Botwinick Howard Cohn Harold Lerman Alan Breda Sandra Feinberg JoAnne Lehner

#### January 31

Jarette Brown Stan Gershengoren

# **HAPPY ANNIVERSARY**

#### January 3-9

David & Martha Cohen Arnold & Claudia Rubenstein Uri & Iris Cohen Sol & Zelda Abrams

#### **January 10-16**

Paul & Randy Auerbach Fred & Lotte Buff Carnie & Shirley Friedman

#### January 17-23

Charles & Shelly Schreiber Bernard & Karen Blick Arnold & Libby Kessler

#### **January 24-30**

Arnold & Jacqueline Rawitz Gary & Joan Saperstein

# Do We Have Your Correct Email Address?

If you're not sure, just answer this question:

# Are you receiving our weekly announcements?

If not, please call the office at: (201) 262-7691 or email us at: <a href="mailto:office@jccparamus.org">office@jccparamus.org</a>

# **Adult Education**

"He who does not increase his knowledge, decreases it ..." (Pirke Avot, 1:13)

The JCCP/CBT is proud to be able to offer most of our courses and events at no cost. We rely on your support from our **Annual Adult Ed Appeal**. Thank you to those who have recently sent in their donations: **Builder**: **Bia Roth**; **Supporter**: **Harriet Mutnick**; **Patron**: **Nancy & Stanley Cohen**. To date we have collected \$2,076 from 47 contributors.

- The Book Club will be discussing "The Light Between Oceans" by M.L. Stedman. Dina Stein will act as facilitator; a light breakfast will be served. Sunday, January 11, at 10 a.m.
- Jewish History: The History of Zionism, the Jewish National Movement. Instructor: Rabbi Weiner. Six Wednesdays, beginning January 28, at 3 or 8:15 p.m. This winter marks 19 years of the study of Jewish history during our winter Adult Education series. For the second consecutive winter we will be studying the history of Zionism. The original session introduced the history of the movement from its beginnings through the establishment of the State of Israel in 1948. This year we will study Zionism from the birth of Israel to the current era. Join us as we consider the successes and challenges of modern Zionism. We hope to see you there!
- Play Canasta on Tuesdays at 1:30 p.m. You are welcome to join with or without prior knowledge of the game. We will teach you! For more information, contact Mimi Levin at 201-265-0454.
- Gentle Exercise Classes will be held on Wednesdays beginning January 7 from 11:30 a.m. to 12:30 p.m. The first class is free; the others will have a charge of \$5 per class; \$45 for 10 weeks. Please wear comfortable clothes and sneakers. No "on the floor" exercises.
- "The Jolson Story," with Larry Parks and Evelyn Keyes, is our monthly afternoon movie on Sunday, January 18, at 3 p.m. Join us after the movie for a pre-reserved deli dinner, \$12.50 per person. For dinner reservations, please call Mimi Levin at 201-265-0454 or the synagogue office, 201-262-7691.

#### **Coming in February:**

- Cantor Weiss will teach a new Building Siddur Literacy class on Tuesday nights in February and March at 8:15 p.m. for those with a basic Hebrew reading ability.
- Sweet Tastes of Torah VI. Rabbi Weiner will be among nearly two dozen rabbis from across North Jersey to lead us in an outstanding evening of adult Jewish learning sponsored by the North Jersey Board of Rabbis. Saturday, February 7, at the Fair Lawn Jewish Center, 10-10 Norma Avenue. Doors open at 6:30 p.m.; Havdalah at 6:50; classes start at 7:30. Cost: \$15 advance online registration; \$20 at the door.

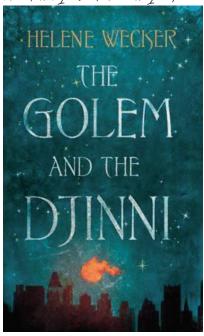
#### **Regular events sponsored by Adult Education:**

- Yesterday, Today and Tomorrow Everyone is welcome to join these lively and popular weekly discussions led by Al Nahum. Mondays, 1:30 p.m.
- Mahjongg. Players of all abilities are welcomed. Thursdays, 1:30-3:30 p.m., in the Bodeen Chapel. Contact Mimi Levin at grandmamimil@verizon.net or 201-265-0454 for more information.

If you would like to support our programs but haven't sent in your check yet, it's never too late! Your donation is most appreciated. Contact **Mark Topel**, Adult Education committee chair, at <a href="marktopel@verizon.net">marktopel@verizon.net</a> or 201-967-9179 with your comments or suggestions for trips or classes.

**BOOK CLUB NEWS** 

(Exact, date in early February to be announced)



Carolyn Kaufman will facilitate a discussion of this fascinating book which is 2014-15 book selection of JFNNJ ONE BOOK ONE COMMUNITY

Light, refreshments PLUS a surprise creative activity!











### SAVE THE DATE

JFNNJ ONE BOOK ONE COMMUNITY EVENT Thursday May 14<sup>th</sup> 7-9 p.m. at Temple Emeth in Teaneck Meet the author, Helene Wicker, and special program.

Questions? Contact Mimi Levin @ 201-265-0454 or grandmamimil@verizon.net



# JCCP/CBT BOARD OF TRUSTEES MINUTES

October 23, 2014

PRESENT: Judith Abel, Richard Alpern, Paul Auerbach, Jack Bauer, Lana Brach, Rob Chananie, Alyce Esrig, Phyllis Glatzer, Charles Goldberg, Tom Heisler, Andy Jaffe, Judy Jaffe, Harriet Kugler, Howard Leopold, Dan Liebgott, Esther Marks, Gerald Menter, Matt Root, Marissa Rosenzweig, Eileen Schneider, David Shulman, Wendy Steinberg, Debbie Zeiler, Wayne Zeiler, Arthur Abrahms, Sandra Alpern, Arnold Brown, Harlan Cohen, Paul Duboff, Kenneth Glatzer, Fred Harris, Gary Hutmacher, Dan Lieb, Mimi Levin, Dr. Roger Rosenstein, Russell Rothman, Shel Schmidt, Amy Tobenkin, Roz Gerard, Alan Jay, Rabbi Arthur Weiner, Harvey Brenner.

**Guest:** Joe Esrig

D'var Torah: Rabbi Weiner

#### **Open Session**

Mimi Levin said the Hebrew School received a \$1500 donation from a member to support its technology initiative. There are 10 new students in grades K-1, and she credits Marcia Kageden and her Sunday Special programs.

#### **Good and Welfare**

- Sisterhood had its paid up dinner. 6O-65 people attended and it was deemed a big success.
- Sandy and Rich Alpern will be grandparents again in the Spring.
- Roz Gerard announced that on Nov.2 the blood bank will be here.
- Nov.19 will be the turkey drive and the Adopt-a-family program continues.
- Pythians will be doing a coat drive-contact David Shulman.
- The Chananies have a new granddaughter named Kylie.
- The money in the pushka tonight will go to the Alzheimer's
- Nov.1 there will be a special Kiddush to honor the Buffs- please
- Jack read a letter from the Center for Food Action thanking the JCCP/CBT for it donation.

#### Minyan

#### **Minutes**

- Motion to accept the minutes as amended-David Shulman
- · Seconded-Richard Alpern
- · Passed unanimously

#### Rabbi's report

- He participated in the annual pre- Rosh Hashonna phone call with the president of the United States and other pulpit rabbis through the US.
- On Sept 28 Dr. Eric Mandel spoke here about Israel
- He was happy about the High Holidays and weddings that are booked over the next year or two.
- The next adult education season begins on Monday night. Oct.

#### High Holiday Recap – Alan Jay

• 1022 tickets were sold, 566 in the sanctuary and 456 in Stark hall with \$10,200 coming in.

- · A survey will be sent out via email and in the bulletin for feedback. People who attended without tickets will be addressed.
- The attendance at the community Yizkor was light but it was appreciated.

#### Membership Lottery

• The membership lottery raised 5K, but Fred Harris said it is always the same families who participate and the board was under represented.

#### **Executive Director's report**

- The membership grid has been revised.
- Membership since July 1 is down due mostly to deaths and members moving.
- There are 3 different solutions to our roof repair problem. Howie Leopold knows somebody who is qualified to look at the proposals and give an opinion. One of the options involves a spray which must be done before the weather gets too cold so time is of the essence.
- Motion Arthur Abrams that a roofing consultant be hired at a cost not to exceed \$3500 to come from capital funds to look at all aspects of the proposal and make a recommendation to the president.

#### Seconded by Sandy Alpern Carried unanimously.

• There was also a discussion regarding solar panels through a company called Green Faith. The panels can be leased or they can be purchased outright through a loan from a bank that specializes in faith based organizations that use solar panels with the cost to be rolled into the roof repair. It was determined more information is needed.

#### Re-affirmation of No Nut Policy

- Jack asked the board to consider making the whole building nut free.
- After some discussion, Judy Jaffe suggested this is a complicated issue which should be addressed by a small committee. She will head said committee in order to draft a policy. Jack will participate on that committee.
- In the meantime, Rabbi Weiner suggested a temporary addendum to all contracts that involve people bringing food into the building.

#### Rabbi Gottlieb

- · Russell, Gary and Jack will meet with Rabbi Gottlieb's son regarding the house. According to a 1995 contract the rabbi is to receive \$600 a month upon vacating the house.
- Jack has asked Olinda Sturm for an appraisal on the home.

Dan Liebgott reported that he did a lot of research and suggested we invest a million dollars by dividing it equally among four different places.

- · Cap Fund
- S&P 500 Index
- Fidelity Advisor
- · Income and Bond Fund of America

continued...



continued...

Discussion followed.

Motion: Harlan Cohen moved to table this discussion until next month subject to getting a written description of the invest-

Gary Hutmacher seconded the motion. Carried unanimously

#### Scrip

• The board should actively participate in the scrip program. Scrip is being sold by Esther Marks for Fairway, Shop Rite and Stop and Shop.

#### Casino Night Update

• Howie Leopold reported that the core committee has been meeting. There are lots of prizes and baskets are needed to put them in.

#### Youth

• Wayne Zeiler reported that there is still a need for homes for the young people who will be attending the convention during the week-end of Nov.21-23.

#### **Property Update**

- · Jack reported that the deal fell through with tenant who was considering renting our downstairs space.
- Regarding the three properties that are for sale, a contract has been drawn up and presented to the buyer.

Meeting Adjourned at 10:05p.m. Motion made by: Mimi Levin Seconded: Alyce Esrig

Respectfully submitted, Judith Abel



#### For the week of Jan. 1-2 We Remember:

SYLVIA BUND **ELEANOR DICKEY** YETTA GALL JACK GOLDSTEIN TILLIE HALPERN **ELIAS HAMMER** ANNA LEVIN JEROME NOE **ANNIE SCHWEIDEL BENJAMIN ZASS GERD BODEEN** JEANNE GOLDSTEIN **ESTELLE MAZON SOPHIE MINTZ** DAVID SCHIFF

#### For the week of Jan. 3-9 We Remember:

RUDOLPH BRESSLER **EDNA CHAZEN IRVING ELIAS** MARVIN SESIT **ROSINA BREITHOLTZ** SANDRA HANDEL **EVA LOPYAN** JOSEPH MANN **BENJAMIN WATERSTONE ESHRAT DAFTARI** MICHAEL EPSTEIN **ADOLF KINSBRUNSTEIN LOUIS LAZARUS SOLOMON ROSENSTEIN** LILLIAN BRODSKY **BEATRICE CHICUREL** LAWRENCE SKOLNIK FLORENCE SOLOMON **IRENE FRIED** SEYMOUR GREENSTEIN **SAUL JONAS BEN HARRIS ROSE BLATT** SYLVIA EPSTEIN

LENORE GOLDFARB MALKA HALBERT MILDRED MARKIN WILLIAM MATUSON **EVA MERKER IRENE NOVICK ROSE TILLMAN** MARVIN WIDES **ELLIS YEVIN** 

### For the week of Jan. 10-16

We Remember: **CHARLES ABEL** MAX FARBERG SYLVAN HERSHEY **ESTHER LORBER BARBARA WEST JACK ELMAN IRENE GOLDSTEIN GEORGE GRANAT** MICHAEL RICH **NATHAN TEMARES** JILL WITTEN **AUGUSTA PERRY** ANNA SAFER PHILIP SALKIN DONALD SPRINGER FLORENCE BARON **ROSE DEVORE** SAMUEL GOLDSTEIN **ADA GWIRTZ CELIA HORNSTEIN** IRA MARKS RICHARD CHANANIE **BETTY MISTHAL** JOSEPH ROSENBLOOM **JACK GERARD LEON KUPER BESSIE SCHIMMEL ALAN SHERR ALBERT WEINBERG ABRAHAM ANTEBI** SAMUEL GOLDFARB **LOUIS ROTH** ARNOLD SCHAFFER

#### For the week of Jan. 17-23 We Remember:

**DOROTHY ABRAMS EVA BASNER** MOLLIE CHAMICH FRANCIS ESRIG **ROSE HANDEL SARAH OKUNEV** MARGOT SHYMAN **CAROL BLUM** LEONARD BLUM **BESSIE SOLOMON CHARLES CLIPPER ESTELLE GOODMAN** JUDITH KALMAN **DAVID MATALON OLEK MONKA DAVID NOREN BENJAMIN TORON** FLORENCE WEINBERG FRIEDA FLETCHER SAM HAREN **IRVING MANNASSE HYMAN SCHUSTER NETTIE GREENBAUM** LINDA NITTI **GERTRUDE WEISS** ALICE ADELSON SAM POLSKY HANNAH SAFRO **ETTA SHAMKIM ARND STIEFEL ROSE TURNER** SUSANNE FRIEDMAN **GARY GROSSER ERIC HALBERT HEDWIG HIRSCHBERG** KENNETH KAUFMAN SYLVIA KUPER **CLIFFORD MASHEB** MINNIE SELIGMAN

**ALFRED SPRINGER** 

#### For the week of Jan. 24-30 We Remember:

DAVID BRICKMAN MELVIN DREIER DOROTHY KRIMSKY **ESTHER KROLL** SALOMON MAYMAN MANFRED ROSENBAUM SAMUEL SCHREIBER **CELIA WIDES** SARA LAPOFF **SHARON LAVINE** JULIE SELTZER MICHAEL SMITH HARRY ZISKIN **SOL KAPLAN** SANFORD MILLER PAULINE SIMON MARTHA BAUER **GERTRUDE BERMAN ELSIE KELLIN NATHAN SEHRES** ALBERT ALPERN **ELAYN BARNEY** JOSEPH BARON HENRY FRIEDLANDER ISADORE GALL **DAVID GOTTESMAN** JESSIE LEIPSNER RIVE MARKS **ROSE VOGELFANGER** RAYMOND ABRAMS HARRY BASS VERA MOSSACK ISIDOR NAPCHEN IRVING STERNBERG

#### For the week of Jan. 31 We Remember:

**IRWIN AUERBACH FAY DANIELS TED TURNER** DOROTHY ZEPPENICK

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Fairway Scrip:	\$50		_\$100	Total enclosed for FW: \$
	For mor	e informa	ition pleas	e contact:

Esther Marks ~ 201-261-7499 or Ruth Smith ~ 201-261-2743 Rita or Naz in the office – 201-262-7691

JCCP/CBT ~ E. 304 Midland Avenue, Paramus, NJ 07652



# The Congregation Gratefully Acknowledges the Following Contributions:

Sharing is equal to all of the Commandments.

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Eugene Heitlinger's beloved father, Noe Heitlinger

Dr. George & Sheila Leipsner

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In Memory Donor

Eugene Heitlinger's beloved father, Noe Heitlinger

Nina & Russell Rothman



of the **DECEMBER 2014** JCCP/CBT BULLETIN CONTEST "JEWISH FOODS FOR JEWISH HOLIDAYS"

ONE FREE ADMISSION TO JCCD/CBT SYNAGOGUE SHABBAT DINNER

AWARDED TO

SANDY RAUFD

December 2014

Elana Heitlinger / Editor JCCP/CBT Bulletin

#### **Answers to December Trivia Contest:**

- 1. Chanukah (Jelly donut/sufganiya/ sufganiyot)
- 2. Shavuot (Blintzes)
- 3. Sukkot (Etrog)
- 4. Rosh Hashanah (Round challah)
- 5. Rosh Hashanah (Apples and honey)
- 6. Pesach (Matzah)
- 7. Chanukah (Latkes)
- 8. Purim (Hamantaschen)
- 9. Chanukah (Gelt)
- 10. Shavuot (Cheesecake)
- 11. Pesach (Seder plate)
- 12. Tu b'Shevat (Dried fruit and nuts)
- 13. Pesach (Horseradish)
- 14. Shabbat (Challah)
- 15. Any of the fast days (Nothing!!)
- 16. Rosh Hashanah (pomegranate)



# Welcome to the JCCP/CBT Bulletin

# **TRIVIA Contest!**



# Think you know "Seinfeld"?

Here are some questions about one of the great sitcoms in television history - with a Jewish twist.

> **Entrants should send their responses to:** jccpcbtbulletincontest@gmail.com





The first person with all the correct answers will win the prize: 25% off 1 item from Sisterhood Gift Shop (expires March 1, 2015)

### **GOOD LUCK!**

- 1. Who gave Jerry the astronaut pen?
- 2. What was the name of the Florida community that Jerry's parents lived in?
- 3. Jerry's elderly aunt passed away the day after he ridiculed pony owners like her. What was the aunt's name?
- 4. What did Jerry call his grandmother?
- 5. Jerry had an annoying uncle what was his name? (Hello!)
- 6. Which character was anti-circumcision (even going so far as to take the baby at his brit so he wouldn't have to undergo the ritual)?
- 7. Elaine was famous for having "shiksappeal" so much so that the rabbi who lived in her building wanted to take her to which Southern resort city?
- 8. What was the name of the bakery that was famous for its marble rye? (Jerry robbed an elderly lady for one!)
- 9. Who cooked for the Jewish singles dance run by Kramer? (Kramer gave up on the cooking after making some dreadful kreplach!)
- 10. What was the name of the dentist who converted to Judaism - for the jokes?







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