

☆ *The* JCCP

jewish
community
center of
paramus



cbt

congregation
beth tikvah

**Coming in January
& February**

JANUARY 3

YJF Service

JANUARY 12

Shalom Baby Class

JANUARY 17

Shabbat Dinner

JANUARY 25

APT Bingo

FEBRUARY 9

Adult Games



Bulletin



VOL. LXII

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No. 5

**Daily/Weekly Services • Adult Education
Community Affairs • Board of Governors
Israel Advocacy • Book Club • Basketball
Fundraising • Special Events**

**2014
New Year's
Resolutions**

Get involved in the JCCP!

**Religious School • Young Jewish Families
Youth Activities • Chesed • Drosh & Nosh
Committees • Sisterhood • Men's Club
Bulletin & Website • Online Notices**

Save the date ... Come celebrate

Join us at our annual Ad Journal Dinner Dance
as we honor three very special people

Rox Gerard

Gloria and Albert Nahum

in recognition of their years of dedication to our congregation.

Sunday, June 22, 2014... 4:30 pm





From the Rabbi



Rabbi Arthur D. Weiner

This month, I would like to devote my column to reviewing some basics of Jewish funeral and burial practices. While the laws and observances are familiar to many people, there are those who are less familiar with them. By sharing some of the basics in this forum, I hope we may all gain a greater understanding of these important practices.

When a loss occurs, one of the first things to do is call the synagogue and speak to either me or a member of the office staff. In most cases, you are experiencing a wide range of deep emotions, and have many questions and concerns. The synagogue and its staff are here to help you, to answer your questions, and to guide you through the process.

One of the first questions that either I or the funeral director will ask upon being informed of a loss is whether the deceased has a burial plot. Our synagogue owns a large parcel of land at the Beth El Cemetery in Paramus, and all members of the congregation and their extended families have the option to purchase graves through the synagogue. It is an option worth exploring before you are in the position of having to make quick decisions. In addition to being less expensive than purchasing directly from a cemetery, the synagogue maintains records of the sale of each grave, making funeral arrangements between the funeral director and the cemetery much simpler. I would urge members of the congregation who do not own a burial plot to think of their needs and then discuss them with Harvey Brenner, our executive director.

When a death occurs, I try to contact and visit with the family as

soon as possible. The Jewish tradition encourages speedy burials, ideally within 24 to 48 hours of the loss. During the period of time between the actual death and the burial service, the person who has lost a member of their immediate family is known as an *Onen*. Many if not all Jewish observances are suspended at this time, as our main focus is to arrange for the burial of our loved one. It is during this time that we plan the funeral together, making decisions such as what type of service (chapel or graveside); the type of eulogy and speakers who will speak on behalf of the deceased; planning for the observance of shiva (the seven-day mourning period); and addressing any and all questions and needs that you and the members of your family may have.

We are fortunate to have three excellent Jewish funeral homes in Bergen County. The Jewish Community Center of Paramus/Congregation Beth Tikvah has worked closely with Gutterman/Musicant in Hackensack, Robert Schoem's Menorah Chapel in Paramus, and Louis Suburban Funeral Chapel in Fair Lawn. I have warm relations with each of these fine establishments. Though we do not endorse or recommend one over the other, we have tremendous confidence in each of them. All three have demonstrated great respect for our synagogue and our members over the years.

After funeral and burial arrangements have been completed, and the funeral has taken place, the period of *shiva* begins. *Shiva*, which comes from the Hebrew word meaning seven, refers to the seven days when we normally stay in our homes and receive the condolences of the community following a loss. Following the ancient Jewish legal principle that "part of a day counts as a whole day," the counting of the seven days begins on the day of the burial and concludes early in the morning of the seventh day. For example, if a burial takes place on a Wednesday, whether morning or afternoon, the shiva period would conclude on the following Tuesday morning. A committee in the synagogue known as the Chesed Committee can often assist in the set-up of the shiva house.

During the period of shiva, mourners are encouraged to have the *shiva minyan* (evening prayer service) in their homes. Our Religious Committee will help to conduct the minyan in your house each evening during the shiva period at 8 p.m. Even if you are not a regular attendee of our daily synagogue minyan, we believe that the reciting of what is known as the *Mourner's Kaddish* (memorial prayer) is a most significant and important observance during this time. Though people are sometimes reticent to ask for a shiva minyan in their home, believing it to be a burden on others, it is a great *mitzvah* for both the *avel* (mourner) as well as the larger community to participate in the shiva minyan. Each family in the congregation may request a minyan in either the Egalitarian or Traditional fashion in keeping with their own religious sensibilities. On Shabbat, there are no shiva minyans in the mourner's home. The mourner is encouraged to participate in the weekly Shabbat services in the synagogue.

It is important to keep in mind that dignity and simplicity are the hallmarks of a Jewish funeral. We recommend the following to help guide you during what is a most difficult and emotional time: When choosing

a casket, we encourage you to resist the more gaudy and expensive types and choose the plainest and simplest casket possible. The deceased should be prepared for burial by means of a ceremony known as *Tahara*, the traditional ritual cleaning and purification of the body. The ceremony, conducted by pious people known as the *Chevrei Kadisha* (the Holy Society), is conducted with great dignity, attesting to the fact that even in death, the body is still a holy object worthy of respect and care. Following the *Tahara*, the body is dressed in traditional white linen burial shrouds known as *Tachrichim*, and *Shomrim* (guardians) remain with the body until the actual funeral or burial service.

There is much more I could say about our Jewish funeral practices, but I hope this quick review helps refresh and supply greater knowledge of the important laws, traditions and observances. One of my most important rabbinic roles and one of the most important roles a synagogue can hope to play in the life of its members is to help guide and support you through these sad moments. And if this becomes a reality, God forbid, we stand united as a professional staff and a religious community to assist you every step of the way.

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President's Message



Harlan L. Cohen

Nelson Mandela Had Complex Relationship with Jews and Israel

On December 5, Nelson Rolihlahla Mandela, the iconic leader of South Africa, died at age 95. The subsequent outpouring of commentary and remembrances from Jews in the United States, Israel and South Africa showed that the relationship between Mandela and the Jewish world was multifaceted, complex and nuanced.

Rabbi David Teutsch, who leads the Center for Jewish Ethics at the Reconstructionist Rabbinical College, noted that on "the one hand we have Mandela, the brilliant, courageous leader of a struggle for civil rights." Yet at the same time, "we have the Mandela who sometimes understands Israel as a colonialist power. Therein lies the tension."

There were deeply rooted mutual suspicions between the Jewish leadership and Mandela over the years, especially because Jews were on both sides of the conflict over apartheid. "There were progressive Jews in South Africa who played a key role as whites in supporting Mandela and the early efforts of the ANC [African National Congress]," Teutsch said. However, there "were also establishment whites in the Jewish community who supported the status quo ... And of course both of those groups appealed to Jews elsewhere for their support."

One South African Jew, Shaina Beinart, wrote in *The Forward* that to South Africans, including Jews, Mandela will forever be remembered as the "father of the nation"

since "he was truly the architect of the inclusive South Africa we know today." Beinart noted that Tata Madiba, as he was universally known, "was an iconic figure to young South Africans, black and white, Jewish, Christian and Muslim. He was a man who exemplifies strength, compassion and kindness. He had an unshakeable will to right a most profound injustice and bring equality to his fellow countrymen. He became mythic within his own lifetime, something few people accomplish however distinguished and gifted they may be."

Jews played a critical role at many stages of Mandela's life as well as an important role in the struggle of Mandela's ANC against apartheid. In the early 1940s, when a young Mandela was seeking employment as a law clerk, he was hired by Lazar Sidelsky to work at a Jewish-owned law firm in Johannesburg. Mandela wrote years later in his autobiography, "A Long Walk to Freedom," that in his experience, he found "Jews to be more broadminded than most whites on issues of race and politics, perhaps because they themselves have historically been victims of prejudice." He said the "fact that Lazar Sidelsky, one of the firm's partners, would take on a young African as an articulated clerk – something almost unheard of in those days – was evidence of that liberalism." Mandela also wrote that Sidelsky treated him with "enormous kindness," including lending him money and giving him an old suit that Mandela said he wore every day for five years until there were "more patches than suit."

Sidelsky insisted that Mandela complete his law studies, where he befriended many Jewish students. Some of the Jewish friends later served as part of his defense team during the two high-profile trials for treason and other charges in 1956 and 1964. He was convicted in the 1964 trial (one of the prosecutors was Percy Yutar, a prominent Orthodox Jew) and served 27 years of a life sentence until he was finally released in 1990. Shortly after his election as president in 1994, Mandela invited Yutar to a kosher lunch and

made a point of shaking his hand in public, thus sending a message that the harsh events of the past should not be allowed to impede a more hopeful future for South Africa.

In 1986, a South African journalist named Benjamin Pogrand, who had worked with Mandela in the 1960s, visited him in prison at Robben Island, a former leper colony off the coast of Cape Town. After learning that Pogrand's son would soon be celebrating his bar mitzvah, Mandela sent the boy a handwritten note. "From a man serving a life sentence – and at that stage having no idea when he might be released – it was a kind and thoughtful action for a youngster he had not even met," Pogrand said.

In 1994, at the opening of an Anne Frank exhibition, Mandela described how a handwritten version of her diary had served as an inspiration to him and his fellow prisoners on Robben Island.

On the day in 1993 that Mandela learned that he and former South African president F.W. de Klerk had won the Noble Peace Prize, Mandela instructed Israel's ambassador to South Africa to send a diplomatic cable to Prime Minister Yitzhak Rabin telling him that Mandela believed that Rabin, and not Mandela, should have been awarded the prize because of his historic handshake with the PLO's Yasser Arafat on the White House lawn. Of course, the following year, Rabin, Peres and Arafat were awarded the prize.

On the first weekend after Mandela won South Africa's first free multiracial elections in April 1994, he visited a church, a mosque and a synagogue. In his address to the Green and Sea Point Hebrew Congregation in Cape Town, Mandela called on Jewish expatriates to return to South Africa, with the exception of "those Jews who left for their homeland," Israel.

In 1995, a year after Mandela had been elected president of South Africa, he gave a signed copy of his autobiography to "my former boss Laz," and referred to him as the "man who trained me to serve our country." The same year, he attended a memorial service for the

slain Rabin at a Johannesburg synagogue. On Mandela's only visit to Israel, in October 1999 after he had served a single term as president, he attended the bar mitzvah of Sidelsky's grandson in Jerusalem. He also paid his respects at Rabin's grave and at Yad Vashem.

While Mandela had close relationships and alliances with many Jews, his relationship with Israel has been described as "complicated." Writing in *The Times* of Israel, Raphael Ahren reported that "[w]hile always courteous and never hate-filled, the South African icon's dealing with Israel were overshadowed by Jerusalem's staunch support for his tormentors and, even more so, his ironclad loyalty to the Palestinian cause." According to David Saks, the associate director of the South African Jewish Board of Deputies, the umbrella organization for the country's Jewish community, "Mandela always strove to be scrupulously fair to both sides, even though his inclination was very much towards the Palestinian side." Even though he was "deeply supportive" of the Palestinian struggle for independence, according to Saks, Mandela "never deviated from his view that this could only be attained through all parties recognizing Israel's legitimate right to exist within secure borders."

Gideon Shimoni, who grew up in South Africa and served as the head of Hebrew University's Institute of Contemporary Jewry, said Mandela was "very sympathetic to Zionism in the sense of being a national movement for freedom and self-determination of the Jewish people." However, he also "had very strong loyalties to those who assisted him, whether it was Gaddafi on the one hand, or Arafat, on the other one. And he made it clear that those who are the enemies of the Jews are not necessarily his enemies."

Abraham Foxman recounted after Mandela's death that during a 1990 visit to the United States, where Mandela met with American Jewish leaders amid a controversy over his support for Arafat and the PLO, Mandela explained how in the context of his person-



al struggle and years in imprisonment and isolation, he "needed the support of anybody I could get. And Arafat gave me support." At the same time, Mandela "understood that while Israel was being boycotted by most of the countries in the world, the white South African government was one of the few countries that was dealing with it." According to Foxman, Mandela told the American Jewish leaders, "I'm not angry at you and Israel because Israel was dealing with the apartheid South African government. Therefore, don't be angry at me because I was dealing with Castro and Arafat. If you can understand that, we can go forward."

Foxman helped to arrange a visit between Mandela and Natan Sharansky, whose book, "Fear No Evil," had inspired Mandela while he was in prison. With the assistance of Harry Belafonte, the two former prisoners of conscience

held an emotional meeting in Los Angeles. Foxman recalled that meeting, a poignant moment for both the African-American and Jewish communities, as one of his proudest accomplishments.

Upon Mandela's death, the chief rabbi of South Africa, Warren Goldstein, recalled Mandela's long struggle for freedom during which he had many enduring friendships and professional relationships with Jews. Rabbi Goldstein called Mandela's death a "clarion call for all people to fulfill the Jewish imperative of tikkun olam." Rabbi Goldstein said that "Judaism teaches that the best way to pay tribute to those how have passed on is to do good deeds in their honor. The greatest tribute we can pay is to live like Mandela, in accordance with the values he practiced and taught – values of human dignity, forgiveness, kindness, courage, tenacity, strength, honesty and integrity."

Do We Have Your Correct Email Address?

If you're not sure, just answer this question:

Are you receiving our weekly announcements?

If not, please call the office at **(201) 262-7691** or email us at **office@jccparamus.org**



Light the Sabbath Candles



Friday, January 3.....	4:21 P.M.
Friday, January 10.....	4:28 P.M.
Friday, January 17.....	4:36 P.M.
Friday, January 24.....	4:44 P.M.
Friday, January 31.....	4:53 P.M.

Services

FRIDAY EVENING SERVICE

Friday, January 3 8:30 p.m.
ONEG HOSTS: Iris & Uri Cohen in honor of
Almog's Bar Mitzvah

SABBATH SERVICES

Saturday, January 4.....9:00 a.m.
TORAH READING: Bo
KIDDUSH HOSTS: Iris & Uri Cohen in honor of
Almog's Bar Mitzvah

JUNIOR CONGREGATION: 10:00 a.m.
MINCHA & MA'ARIV: 4:25 p.m.

FRIDAY EVENING SERVICE

Friday, January 10..... 8:30 p.m.
Young Jewish Families Service 7:30 p.m.
ONEG HOSTS: Naz & Yahya Kashani in honor of the
B'nai Mitzvah of Ashley and Jason

SABBATH SERVICES

Saturday, January 119:00 a.m.
TORAH READING: Beshallach
KIDDUSH HOSTS: Naz & Yahya Kashani in honor of the
B'nai Mitzvah of Ashley and Jason

JUNIOR CONGREGATION: 10:00 a.m.
MINCHA & MA'ARIV: 4:30 p.m.

FRIDAY EVENING SERVICE

Friday, January 17..... 8:00 p.m.
PLEASE NOTE DIFFERENT TIME FOR EVENING SERVICE
SHABBAT DINNER 6:45 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

Saturday, January 18 9:00 a.m.
TORAH READING: Yitro
KIDDUSH HOST: JCCP/CBT
JUNIOR CONGREGATION: 10:00 a.m.
MINCHA & MA'ARIV: 4:40 p.m.

FRIDAY EVENING SERVICE

Friday, January 24..... 8:30 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

Saturday, January 259:00 a.m.
TORAH READING: Mishpatim
KIDDUSH HOST: JCCP/CBT
JUNIOR CONGREGATION: 10:00 a.m.
MINCHA & MA'ARIV: 4:45 p.m.

FRIDAY EVENING SERVICE

Friday, January 31..... 8:30 p.m.
ONEG HOST: JCCP/CBT

SABBATH SERVICES

Saturday, February 1.....9:00 a.m.
TORAH READING: Terumah
KIDDUSH HOST: JCCP/CBT
JUNIOR CONGREGATION: 10:00 a.m.
MINCHA & MA'ARIV: 4:53 p.m.

Friday Night Dinner

Join us for our monthly Shabbat Dinner

Dinner at 6:45 p.m.
Services at 8:00 p.m.

January 17th at 6:45 p.m.

JCCP/CBT

E. 304 Midland Avenue ~ Paramus

Enjoy a delicious catered dinner in our social hall, unwind and schmooze with your friends and family before services at 8:00 p.m.

\$18 per adult ~ \$8 per child age 6-13

Kids 5 and under are free

Maximum charge of \$54 per family
(Immediate family members only)

RSVP by Tuesday, January 14th*

Email us: office@jccparamus.org or

Call 201-262-7691

**We may not be able to honor late RSVPs
so please respond by January 14th!*

*Let us know if you'd like to reserve a table with your
family and friends.*

If you have special dietary needs, please contact Laurie
(ljrwax@yahoo.com) or Esther (hubbiem@aol.com)
to ensure we order accordingly.



Hebrew School News



Marcia Kagedan

And a Happy New Year to all!
Chanukah seems so long ago ... and I guess it was! The festivities at the JCCP/CBT were well attended and enjoyed by all. The Chanukah Extravaganza and the breakfast were delightful. Thank you again to Men's Club, APT and everyone who worked on these events.

The short month of December also included School on Shabbat, PIP, Shalom Baby and FUN IN THE KITCHEN, our monthly free program for 4- to 7-year olds. Our 6th grade continued its participation in the Kehillah Program, and the 6th and 7th grades enjoyed the first "Minyan of the Minds," with parents and kids learning about the morning prayer service and "interviewing" Rabbi Weiner. So many secrets were shared as to why and how Rabbi Weiner chose his career. Fascinating!

January is filled with activity. Shalom Baby, Fun with Zumba, PIP, a second-grade PJ and Shema party, and, at the end of the month, APT Bingo Night. We are also planning

a Hebrew Reading class for adult beginners, which is set to begin on Sunday, January 12th. Please let me know ASAP if you are interested in participating.

DATES IN JANUARY:

Sunday, Jan. 5:

Welcome back to Hebrew School

- Special Welcome Back Breakfast for the students.
- Important meeting for parents with Rabbi Weiner and Marcia Kagedan. Each Hebrew School family should be represented.

Sunday Special – Fun with ZUMBA at 10 a.m. for 4- to 7-year-olds

Sunday, Jan. 12:

Kehillah for 6th grade at the JCCP/CBT; 10 a.m.-12:30 p.m.

Adult Beginners Hebrew Reading Class at 9:45 a.m.

Shalom Baby at @ 9:30 a.m. for toddlers through 4-year-olds.

PIP at 9:45 a.m.

Sunday, Jan. 19:

PJ and Shema Party for 2nd-graders and parents.

Saturday, Jan. 25:

APT Bingo Night!

REMINDER:

In the event of inclement weather...

On a Tuesday, if Paramus Public Schools are closed or afterschool activities are canceled, there will be no Hebrew School. If in doubt, call the school office or synagogue office for information. Every attempt will be made to contact families by email and Facebook. Likewise, if there is snow on a Sunday, you will be contacted in the same ways.

Lehitra'ot.

Sing for Tu b'Shvat

The holiday of Tu b'Shvat (the 15th day of Shevat, or Jan. 16th) is an opportunity to celebrate the importance of trees and fruits, especially in the Land of Israel. Cantor Sam Weiss invites you to join the **Paramus-Tikvah Singers** for two meetings, on **January 7 and 14 at 7 p.m.**, to learn songs in honor of Tu b'Shvat and Eretz Yisrael. What a great way to chase away the winter doldrums!

Young Jewish Families

SHABBAT FAMILY SERVICE AND PROGRAM

Friday, January 3 at 7:30 p.m.

Family Shabbat Service and Program celebrating and honoring Tu b'Shvat. Please join us for our family-friendly Friday Night Family Service and Program, as we also celebrate and honor Tu b'Shvat. As always, we will begin with a light service and interactive story time, followed by playtime and DAIRY nosh in the gym, where the children play and the parents schmooze.

LUNCH & MAKE TERRARIUM FOR TU B'SHVAT

Sunday, January 5 at 11:30 a.m.

Join us for lunch, arts and crafts, and make a terrarium in celebration of Tu b'Shvat. Please see flier for details and the reservation form in this Bulletin and on the JCCP/CBT website.

SPONSOR AN ONEG

Does your child have a birthday you would like to celebrate with YJF? We celebrate birthdays at our **Friday Night Family Program**. If you would like to sponsor an oneg, please contact us: \$18 for a birthday cake; \$18 for other snacks.

Young Jewish Families is the club for Families with a child or children under bar or bat mitzvah age, their siblings, parents, and extended families. However, everyone is welcome to attend our activities and events.

For more information, please contact us at yjf18@hotmail.com or 201-449-0562.

Thank you,
Eugene and Elana Heitlinger

Youth Group News

As we write this column, the countdown has begun to the end of 2013. Where did the calendar year zip off to? One benefit is that our children away at college will be coming home to take over our house. Ahhh, can't wait.

The first half of the Youth year has been highly successful, as Kadima/Chaverim and USY have enjoyed great turnouts and awesome events. Of course, both groups celebrated the unique occurrence of Thanksgiving, a term that was trademarked by a Boston-area resident, who in turn created a Facebook page and Twitter account to honor the rare confluence. The convergence of Thanksgiving and Chanukah will not occur again until the year 78911. Definitely an event celebrated by lots of latkes, turkey and jelly donuts! Kadima/Chaverim was to close out the year with Sports Night in the gym.

The temple was to host the USY/Hagalil Membership Regional Dance on Dec. 14, but unfortunately heavy snowfall forced a postponement. We hope to reschedule soon.

Wayne and Debbie Zeiler
201-599-1392

Dibble.one@gmail.com
Wayne.zeiler@gmail.com

"Each New Year, we have before us a brand new book containing 365 blank pages. Let us fill them with all the forgotten things from last year — the words we forgot to say, the love we forgot to show, and the charity we forgot to offer."

~ Peggy Toney Horton

Young Jewish Families invites you to

LUNCH & MAKE A TERRARIUM FOR TU B'SHEVAT



Sunday, January 5

JCCP gym; beginning @ 11:30 AM

{Students from classes ending at 12:30 should come directly to the gym.
We will have plenty of food and activities.}

adults - \$6.00

children-4-13 - \$4.00



Lunch will be hot dogs.

Activities to include arts & crafts project and building a soda bottle terrarium. We will provide the soda bottles, dirt and seed. However, you may bring your own bottle if you want.

For more information or questions, please don't hesitate to contact
Elana & Eugene Heitlinger @201-449-0562 or yjf@jccparamus.org



**Please send check and form by December 31 to
JCCP/YJF, E 304 Midland Ave, Paramus, NJ, 07652**

Name: _____

Telephone: _____ **E-mail:** _____

of Adults: _____ **Children 4-13:** _____ **0-3yrs:** _____

Amount enclosed: \$ _____





Men's Club

We were delighted to have had such a huge turnout for the Chanukah dinner and enjoyed hosting this very special event. In fact, we have decided to offer the same holiday dinner free to everyone who attended the next time Chanukah and Thanksgiving occur at the same time. See you then!

In the meantime, look for upcoming Men's Club events and expect some things that we've never tried before. Pro bono legal assistance may be required and will be appreciated.

With no political agenda or statement, we recognize the passing of Nelson Mandela, a man whose perseverance and struggle for his strong beliefs can only be admired by people of all faiths.

Sisterhood News

Happy and healthy New Year from Sisterhood! January represents new beginnings, so we invite you to take this opportunity to get involved with Sisterhood programs and activities.

FEBRUARY 9 – GAME DAY!

Come in from the cold and enjoy an afternoon of your favorite card and board games. Food, friends, fun ... that's a winning combination on a cold winter afternoon! Keep an eye out for our flyer for more details and to RSVP!

SISTERHOOD TALLIT

Become part of JCCP/CBT history. Names embroidered on the Sisterhood Tallit will endure for generations to come. Add your name, the names of your children, grandchildren, great-grandchildren, parents, grandparents, in-laws, siblings and spouses.

\$18 for the first and last name of one person (Sarah Levy)

\$18 for the two first names and last name (Sarah and David Levy)

\$10 for each additional name (Sarah, David, Daniel Levy)

\$8 additional for "& Family" (Sarah, David, Daniel Levy & Family)

To participate, please call **Laurie Rosman** at 201-599-9904 or email Laurie at ljrwax@yahoo.com.

BOOK OF LIFE

Publicize your simcha (bar mitzvah, bat mitzvah, wedding, anniversary, etc.) with a beautiful calligraphed inscription in the JCCP/CBT Sisterhood's Book of Life. For details, call Merle Harris at 201-444-2352.

JANUARY BOARD MEETING

January Sisterhood Board meeting: Tuesday, January 14, at 8:15 p.m.

FEBRUARY SPEAKER: Rachelle Weisberger, author of *"Biblical Beauty: Ancient Secrets and Modern Solutions"*

For the past 15 years Rachelle has researched historical, cultural and biblical sources. Hidden within the Hebrew Bible is a rich archive of practical concepts for enhancing a woman's natural attributes, for maintaining physical well-being and for finding a path to personal fulfillment. *"Biblical Beauty: Ancient Secrets and Modern Solutions"* seamlessly integrates ancient perspectives with practical advice and specific tips on a variety of subjects. It offers enlightening guidance on skin care, sun care, makeup, hair care, fragrance, jewelry, healthy aging, motherhood and feminine leadership.

Adult Education

"He who does not increase his knowledge, decreases it ..." (Pirke Avot, 1:13)

Rabbi Weiner's winter class, **"The History of Jerusalem,"** will meet for six consecutive Wednesdays starting January 29; classes at 3 and 8:15 p.m. Join us as we explore the history of Jerusalem from its earliest settlement to the modern era, and what it has meant to Judaism and other faiths and communities. This will be our 18th year studying Jewish history with Rabbi Weiner during our winter adult education season.

Cantor Weiss invites you to join the **Paramus-Tikvah Singers** for meetings on Tuesday, January 7 and 14 at 7 p.m. to learn songs in honor of Tu b'Shvat and Eretz Yisrael.

The cantor's class on **"How the Siddur Grew and Changed over Time"** will be taught on six consecutive Tuesdays at 8:15 p.m. starting February 4. There is no charge, and you can attend as few or as many sessions as you wish.

The JCCP/CBT will again be a sponsor of **Sweet Tastes of Torah**. This is a wonderful community night of learning presented by the North Jersey Board of Rabbis. It will be held at Temple Emeth in Teaneck on Saturday evening, **February 1. Rabbi Weiner will again be one of the featured teachers.** Please plan to attend. For more information, please call 201-652-1687 or send an email to sweettastesoftorah@gmail.com.

Our next **JCCP/CBT Book Club** meeting will take place in February; date and book to be announced. Any questions, please call Beth Chanie at 201-262-0063 or Mimi Levin at 201-265-0454.

Please visit our website's **Listen and Learn** page (under the "Learning" menu) for MP3 recordings of the Torah Aliyah blessings, Ashrei, and Birkat Hamazon, as well as some High Holidays melodies. The recordings are matched to Hebrew and transliterated PDF sheets of the prayers.

An **Adult Beginners** class in **Learning to Read Hebrew** is set to begin on Sunday, January 12, at 9:45 a.m. Contact **Marcia Kagedan** at 201-262-7733 or edudirector@jccparamus.org to express your interest or for more information. A 10-week program is planned; open to Hebrew School parents and JCCP/CBT adults.

Stu Lehrer will teach a class in the spring called **"The Pioneers of Judaism."**

Please join us for these regular events:

- **Drosh and Nosh – Wednesdays 7:30-8 p.m.** An opportunity to study the week's Torah portion with fellow congregants taught by a different person each week.
- **Yesterday, Today and Tomorrow – Mondays at 1:30 p.m.** Everyone is welcome to join these lively and popular weekly discussions led by **Al Nahum**.

Most of the Adult Education classes and events at the JCCP/CBT are offered without any fees. To cover our expenses, we rely on donations from our **Annual Adult Ed Appeal** letter. If you have not already made your donation, it's not too late! Any donation is most welcome. Patrons: \$100; Sponsors: \$72; Builders: \$36; Supporters: \$18. Make your check payable to JCCP/CBT and include a note to credit it to Adult Ed.

Thank you to Sandra Jonas, who made a contribution as a Supporter since the last Bulletin deadline.

**THE DEADLINE FOR THE
NEXT BULLETIN IS JAN. 7!**



JOIN US FOR A

SUNDAY AFTERNOON OF ADULT GAMES

February 9th – 2:00 to 5:00 p.m.



Come in from the cold and play your favorite games with friends!!

Card Games ~ Mah Jongg, Poker, Military Bridge, Canasta

Board games ~ Rummikub, Scrabble, and more...

Please bring playing equipment or your favorite board game!!

Dairy snacks will be served ~ \$5.00 per person

*To plan accordingly, you must RSVP to attend, so please use tear-off below
to respond and submit your payment.*

Any questions, please call Mimi Levin at 201-265-0454

Count us in!! We'd love to laugh, schmooze, eat and have fun!!

Name(s) and phone number _____

Number of attendees ____ **@ \$5.00 per person ~ Total enclosed \$** _____

Please make checks payable to JCCP/CBT and drop at center or mail to:

JCCP/CBT ~ E. 304 Midland Avenue, Paramus, NJ 07652

****Please write "Game Day" on the outside of the envelope****





Community Affairs

Every Day is Mitzvah Day

Our **Fall Fran Leib Memorial Turkey Drive** was a success. Roz Gerard and Dan, Ann and Larry Leib deserve our thanks for standing in the synagogue parking lot from 7:15 to 9 a.m. (it was a cold day!) waiting for donations. We collected 42 frozen turkeys, more than 40 bags of groceries, and nearly \$1,000 in checks and supermarket gift cards that were donated to the **Center for Food Action** in Mahwah. The CFA is especially grateful to the **Auerbach family**, who donated a ton (yes, 2,000 pounds) of fresh produce, as they do every year. JCCP/CBT members also adopted 30 families from Paramus. Each of the families received a full Thanksgiving meal, including all the trimmings. Thanks to all the generous donors who helped to brighten the holidays for so many.

On **Sunday, December 8**, a group of volunteers went to the Saddle Brook **Center for Food Action** warehouse to help sort food. Thank you to **Merle Harris** who chaired this project and many thanks to all our volunteers: **Sandy Alpern, Annette Ashkenazi, Laura Ashkenazi, Joan Bagner, Marsha Blecher, Stanley Blecher, Iris Fleishman, Lisa Glatzer, Phyllis Glatzer, Fred Harris, Merle Harris, Linda Klein, Ann Leib, Dan Leib, David Luria, Mark Menegus, Alan Stein, Dina Stein, and Martha Yevin.**

Don't forget our ongoing year-round food drive. Pick up an extra can of tuna or soup or a box of pasta when you are shopping, and put your items in the food collection box in the JCCP/CBT foyer whenever you are here for a meeting or event during the week.

Thanks to **Laura Menter**, who again chaired our **Chanukah gift bag project**, which our synagogue has supported for many years. **Blanche Weinberg, Merle Harris, Lotte Buff, and Harriet Mutnick** helped Laura assemble the bags, which were donated to Jewish residents of the Bergen Regional Medical Center.

If you love to knit and crochet, we are continuing to hold our knitting bees. Our finished items are sent to the Tikvah Orphanage in Odessa, Russia. We have lots of yarn available; we'll even pick up your work! We usually meet on the last Monday of the month, but we encourage you to knit on your own if you don't have time to come to our meetings. For more information, please contact **Elaine Cohen** at 201-447-2485.

Our Chessed Committee has volunteers available if you or someone you know needs temporary help shopping, or needs a ride to services or doctor appointments. Call **Eileen Schneider** at 201-722-1606 or **Nina Glaser** at 201-262-1775.

Our committee would love to hear from you if you have an idea for a project. Contact committee chair **Roz Gerard** at memapop@aol.com or 201-262-5828.

SAVE THE DATE!!



MILITARY BRIDGE

Saturday, March 1, 2014 ~ 7:30 p.m.

Dairy Dessert ~ Prizes

\$10 per person

Sharing Our Simchas



Miri Chana Goodman & Rivke Noama Goodman

Miri Chana Goodman and Rivke Noama Goodman celebrated their b'not mitzvah at a special Chanukah service on Sunday morning, December 1. Miri and Rivke are the daughters of Hope and David Goodman and sisters of Laili and Sari. Their grandparents are Elaine and Seymour Schlossberg and Roz and Larry Goodman.

Miri and Rivke are seventh-graders at the Solomon Schechter Day School of Bergen County. In the summer, they attend Camp Young Judaea/Sprout Lake.

Miri and Rivke enjoy helping others. They recently returned from a volunteer service trip to New Orleans, where they helped clean up of a garden maintained by local students, prepare meals for veterans and rebuild a home destroyed during Hurricane Katrina.

Miri enjoys playing the piano, gymnastics, and playing football with her sisters. She prides herself on being an excellent student and loves to learn.

Rivke enjoys reading, writing, gymnastics and also playing football with her sisters. She loves to write fictional stories and hopes to be an author one day.



from Beth Chananie

Here's a nice recipe to make to serve while watching football games or just relaxing.

This comes from Jamie Geller's new book, "Joy of Kosher."

TROPICAL FRUIT GUACAMOLE

Ingredients:

3 tablespoons fresh lime juice (almost 2 limes)
2 cups ripe avocados, pitted, peeled & diced
1/2 teaspoon kosher salt
1/4 cup diced mango
1/4 cup diced pineapple
2 tablespoons finely chopped red onion
2 tablespoons coarsely chopped fresh cilantro
Tortilla chips for serving

Preparation:

Place the avocados, lime juice, and salt in a medium bowl. Using a fork or potato masher, mash the avocados until fairly smooth. Gently stir in the mango, pineapple, onions, and cilantro. Serve immediately with tortilla chips.



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Provided we sell all 250 tickets

1st Prize: \$10,000

2nd Prize: \$2,500



RESERVE YOUR NUMBER NOW!

Dear Fellow Congregants,

For only the second time, we will have TWO PRIZES. You can even win both if you buy two tickets. Participate and you *might* win \$12,500. But even if you don't win, you definitely **will** help us achieve our goals. So whether or not you've participated before, if you're able to do so, please participate now.

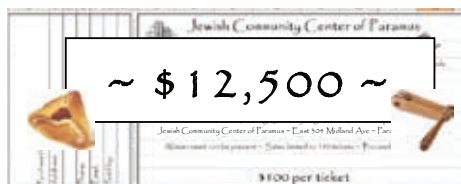
The shul belongs to us all and this is a good way to help. Plus ... you could win \$10,000 or \$12,500.

It's as simple as that.

Thank you and I look forward to hearing from you. Email me or call me if you wish.*

Fred Harris

Drawing
March 15, 2014



We will sell only 250 tickets
\$100 per ticket

***To reserve your number(s):**

1. **SEND** an email to flhcarpediem@aol.com
2. **CALL** Fred Harris @ (201) 444-2352
3. **CALL** the JCCP office at (201) 262-7691 and tell Rita or Naz what number you would like to reserve.

~ Apply Early: The first person to request a number gets it ~



HAPPY BIRTHDAY

January 1-3

Renee Abrams
Uri Cohen
Bernice Drapkin
Julie Leopold
Sandra Nesoff
Irene Vaks
Lawrence Weisberg
Mahnaz Nabatian
Linda Klein
Jesse Schneider
Amir Yomtobian

David Elliot
Josh Elyash
Kurt Lichten
Trudy Strick

January 18-24

Rubin Camins
Cynthia Meyer
Leslie Klein
Hilda Samoochi
Michael Poritz
Howard Berner
Barbara Merker
Allan Teplitzky
Leonard Blackman
Melitta Lorsch
Marilyn Anshien
Ina Nebelkopf

January 4-10

Nancy Gordon
Debra Rave
Gustavo Baumzweig
Joan Link
Barry Salkin
Marilyn Waxman
Joel Preefer
Harlan Cohen
Tina Murad
Fariborz Nabatian

January 25-31

Karen Blick
Peter Brach
Andrew Kestenbaum
Gilda Botwinick
Howard Cohn
Carin Cooperman
Harold Lerman
Alan Breda
Sandra Feinberg
JoAnne Lehner
Jarette Brown
Stan Gershengoren

January 11-17

Marc Brodsky
Harry Galinsky
David Goodman
Janette Levine
Bruce Safo
Sheree Weidman
Jennie Bronstein
Daniel Kaminsky
Milton Diamond



HAPPY ANNIVERSARY

January 4-10

David & Martha Cohen
Lev & Sofya Korinets
Arnold & Claudia Rubenstein
Uri & Iris Cohen
Sol & Zelda Abrams
Paul & Randy Auerbach

January 11-17

Fred & Lotte Buff
Carnie & Shirley Friedman

January 18-24

Charles & Shelly Schreiber
Bernard & Karen Blick
Arnold & Libby Kessler

January 25-31

Arnold & Jacqueline Rawitz
Gary & Joan Saperstein



Yahrzeit Observances

For the week of Jan. 1-3

We Remember:

FRIEDA FLETCHER
SAM HAREN
IRVING MANNASSE
HYMAN SCHUSTER
NETTIE GREENBAUM
GERTRUDE WEISS
ALICE ADELSON
SAM POLSKY
HANNAH SAFO
ETTA SHAMKIM
ARND STIEFEL
ROSE TURNER

For the week of Jan. 4-10

We Remember:

SUSANNE FRIEDMAN
GARY GROSSER
ERIC HALBERT
HEDWIG HIRSCHBERG
KENNETH KAUFMAN
SYLVIA KUPER
CLIFFORD MASHEB
MINNIE SELIGMAN
ALFRED SPRINGER
DAVID BRICKMAN
MELVIN DRIER
DOROTHY KRIMSKY
ESTHER KROLL
SALOMON MAYMAN
MANFRED ROSENBAUM
SAMUEL SCHREIBER
CELIA WIDES
SARA LAPOFF
SHARON LAVINE
AHARON NABATIAN
MICHAEL SMITH
HARRY ZISKIN
SOL KAPLAN
SELMA KIRSCHNER
SANFORD MILLER
PAULINE SIMON
MARTHA BAUER
GERTRUDE BERMAN
ELSIE KELLIN
NATHAN SEHRES
ALBERT ALPERN
ELAYN BARNEY
HYMAN BLUMBERG
HENRY FRIEDLANDER
ISADORE GALL
DAVID GOTTESMAN
JESSIE LEIPSNER
RIVE MARKS
NANAJAN POURAT
ROSE VOGELFANGER

For the week of Jan. 11-17

We Remember:

RAYMOND ABRAMS
HARRY BASS
VERA MOSSACK
ISIDOR NAPCHEN
WILLIAM ROSS
IRVING STERNBERG
IRWIN AUERBACH
FAY DANIELS
SARAH LEVENSON
TED TURNER
DOROTHY ZEPPERICK
JEAN BART
ROSALIND FREEDMAN
JENNIE KIRSTEIN
GERTRUDE TEMARES
PAULINE AMPER
ENRIQUE GLUZMAN
DAVID ROUTMAN
RAY SCHNAPP
BENJAMIN WEINBERG
MICHAEL ARONESTY
SHMUEL KATS
LOUIS SOKOL
GISELA BRACH
AHRON KAUFMAN
GOLDY KAUFMAN
SAMUEL ISRAEL
MURRAY MILLER
MINNIE ROZANSKY

For the week of Jan. 19-24

We Remember:

JOSHUA ADLER
CLAIRE ANTEBI
GERALD COHEN
ESTHER ELFLENBEIN
SHIRLEY FARBERG
SYLVIA HEITNER
SUE KAHN
ROSE KAPLAN
JULIA KNEPFER
ANNE RUBY
LILLIE RUTMAN
MAX SCHWEIDEL
MOSES WAKSMAN
ANNA WEINBERG
IRVING BARBASH
ALFRED BAUER
SAM ISSER
LOUIS MEYER
BRONIA SAMUELS
MINNIE SCHAFFER
VICTOR COHEN
BETTY LIPTON
OLIVER MARTON
ERNEST SAMUEL

ALLEN SKLAR
ROSE WEISER
MAURICE DELIT
PHILIP FORMAN
ANNA ISSER
HERBERT TRACHTENBERG
MADELEINE BRODSKY
ANN EDELSON
MINNA EDLIN
SYDE GORDON
PAULA LEHRBERGER
IRENE SALOMON
SARAH SCHOPF
MARCUS SCHWARTZMAN
GERT TOFFEL
ROSE LICHTENSTEIN
SONIA WOLFSON
FLORENCE GOLDFARB
KITTY JAFFE
NATHAN KLEIN
SIDNEY SASLOW

For the week of Jan. 25-31

We Remember:

FLORENCE BERLIN
SOL MINTZ
MICHAEL MOSKOWITZ
SAM COHEN
FANNY LAZARUS
CHAIM EISENBAUM
ABRAHAM GALE
DAVID PERSOFSKY
SYLVIA CHARATZ
EILEEN ELLIOT
SONIA LASKOWSKI
MORRIS MANN
JULIET MATALON
JOSEPH SINGER
STEVEN STAFFA
BETTY EPAND
EDWARD FINELT
ISABEL MARKS
LEO SESIT
EILEEN BART
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IDA SCHIMMEL
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MARSHALL WILENSKY
SAM JAFFE
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ELAINE LUKS
SALLY NESOFF





Contributions

The Congregation Gratefully Acknowledges the Following Contributions:

“Sharing is equal to all of the Commandments.”

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Marilyn Granat's beloved husband, Bruce

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Florence Keusch's sister-in-law, Shirley Laskowski

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Stuart Smith's beloved sister, Dr. Francine Smith

Gloria & Al Nahum

Larry Danziger's brother, Raymond

Cookie & Herb Botwinick

Lola & Henry Weber

Lotte & Fred Buff

Richard Granat's beloved brother, Bruce Granat

Jane & Michael Baker

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In Honor

Rachael Van Dam's daughter and Ruth Van Dam's granddaughter's marriage

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In Memory

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In Memory

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Marilyn Granat's beloved husband, Bruce

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In Honor

Renee & Arthur Abrams' wedding anniversary

Donor

Eve & Stu Lehrer

In Memory

Bruce Granat, father of Danielle Mirsky

Donor

Elliot Rebhun

GEORGE REISS MEMORIAL FUND

In Honor

Irene Reiss' 90th birthday

Donor

Isabel Freedman

COMMUNITY AFFAIRS TZEDAKAH FUND

In Honor

Janice Greenberg's granddaughter Lauren's marriage to Ira

Donor

Elaine & Marty Cohen

In Memory

Marilyn Granat's beloved husband, Bruce

Donor

Elaine & Marty Cohen

CAPITAL PROJECTS

In Memory

Larry Danziger's beloved brother, Raymond

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Gloria & Al Nahum

Marilyn Granat's beloved husband, Bruce

Bernice & Shel Berman

Gloria & Al Nahum

KIDDUSH FUND

In Honor

Harriet Kugler's granddaughter's wedding

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In Memory

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Dr. George & Sheila Leipsner

Marilyn Granat's beloved husband, Bruce

Dr. George & Sheila Leipsner

LARRY LEVINE MEMORIAL GARDEN

In Memory

Larry Danziger's brother, Raymond

Donor

Myrna Levine

Nina & Russell Rothman

JCCP/CBT BOARD OF TRUSTEES MINUTES – November 21, 2013

GOOD AND WELFARE

- Welcome back to Sandy Alpern and Lana Brach, who recently returned from exotic trips.
- Gary Hutmacher thanked Howie and Julie Leopold and their committee for a terrific event (Gemini) on Saturday night.
- Rabbi extended an early Mazel Tov to Lana Brach on the naming of her granddaughter this coming Shabbat.
- Harriet Kugler announced that Shel Berman is a great-grandfather again.
- The pushka money tonight is going to the Center for Food Action.
- Dan Leib expressed his gratitude for the generosity of our congregants. We provided Thanksgiving dinners to 30 Paramus families. Yesterday morning we collected 42 turkeys, 55 bags of groceries, \$60 in checks, \$393 in gift cards and \$85 cash, which will be added to tonight's pushka collection. We will purchase ShopRite scrip with the cash. In addition, Paul Auerbach donated a ton (literally a ton) of fresh food.
- Rabbi announced that we will continue to collect money for the Philippines typhoon relief fund. We have collected about \$1,000 so far.

Harvey Brenner, our executive director, reported that current membership is at 448. We are getting vendor proposals for the installation of Wi-Fi in the building. We have received final approval from Homeland Security, which

enables us to begin the outlined projects to upgrade the safety of the building. The Kehillah program can provide training for a lockdown situation. Harvey will check with the Paramus Police Department, the sheriff and Office of Emergency Management to see if they will provide free training. Alan Jay asked that we all take the time to fill out the online High Holidays survey. Hard copies are available in the office for those who don't have email. Wayne Zeiler reported that we are hosting about 200 teenagers at the USY Regional Dance on December 14 from 8 to 11:30.

Mimi Levin announced that this year's Dinner Dance honorees are Al and Gloria Nahum and Roz Gerard. Due to Shavuot and a conflict with the Nahums, the date has been changed to June 22.

Wayne Zeiler reported that he and several others attended a seminar hosted by SLI that showed different Hebrew School models. The four models discussed were camp, family, Saturday Hebrew School and technology. The synagogues presenting the models explained that they are a work in progress and not all programs fit all shuls. It was a good opportunity to see what others are doing. We are participating in the ATID program in which the principal and board members work together to see where we want to go, what changes need to be made and get feedback from our families and members.

Fred Harris announced that you can already reserve your number for the Purim Raffle by contacting him.

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