



#### SAVE THE DATE!

SEPTEMBER 18

· Book Club: "Notorious RGB"

SEPTEMBER 21

Selichot Reception

#### SEPTEMBER 22

 "Women Justices of the U.S. Supreme Court" program with breakfast

#### November 10

• Songs of the Holocaust

#### November 24

JFNNJ Mitzvah Day







1 ELUL 5779 · SEPTEMBER 1, 2019

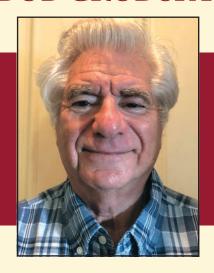
No. 1

# JEWISH COMMUNITY CENTER OF PARAMUS/ **CONGREGATION BETH TIKVAH**

Requests the pleasure of your presence at its

# **Annual Selichot Reception** Saturday, September 21 at 9 p.m. **Honoring** LANA BRACH and BOB GRODSKY





Lana Brach was born and grew up in Paterson, where her family belonged to Temple Emanuel, the local Conservative synagogue that was a landmark art deco building, and she attended Hebrew School there. In those very long ago days, a girl did not become a bat mitzvah in Temple Emanuel. However, Lana made up for that years later becoming a bat mitzvah as an

After high school Lana attended Douglass College, graduating with a degree in art history. Since this degree did not prepare her for any useful work, she taught grammar school in Paterson while taking education courses at William Paterson University in the evening.

After teaching for a year and a half Lana entered the field of computers, still in its infancy. She became a programmer, a systems analyst, a database administer and finally,

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Bob Grodsky was born and grew up in Brooklyn. He was nine years old, the oldest of three boys, when his dad passed away. It was a difficult time for the family and paying for membership at a temple was not an option. However, that did not stop Bob from becoming a Bar Mitzvah at the Flatbush Park Iewish Center.

He met his wife Barbara when he came to teach in a special program at the school where she was working. They just celebrated their 53rd wedding anniversary in April. They have two sons David and Lawrence but sadly their daughter Shari Lisa passed away less than a year after they moved to New Milford. David graduated from Princeton University and Lawrence graduated from Lehigh University. David is a teacher in New York City and Lawrence works for Cambridge University

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a project manager. She ended her career with 13 years as a project manager for IBM and then happily retired.

Lana married Peter in 1970 and moved to Philadelphia where he was in graduate school at Wharton. When he finished his degree they moved back to North Jersey, settling in Haworth, where they raised their daughter, Lindsay, and their son, Eric. Lindsay lives in Washington Township and is the mother of Taylor (8), Kylie (6) and Dylan (3). Taylor and Kylie attend Hebrew School at the JCCP/CBT and Dylan attends the monthly preschool Hebrew School class for toddlers. Eric lives in Harrison, in Westchester County, NY and does not yet have children.

When Lindsay and Eric were children Lana joined the New Milford Jewish Center in addition to Temple Emanuel so her children could attend Hebrew School. The congregation encouraged member participation and Lana taught herself to chant haftarah. Later on Lana taught herself to leyn (read) Torah with help from a tape from Bob Grodsky and then with additional help from a computer program called Trope Trainer. When the New Milford Jewish Center merged with the JCCP/CBT, Lana was delighted to find a welcoming congregation where she could continue to chant haftarah and leyn torah. At the JCCP/CBT she is a member of the Adult Education Committee, the Hebrew School Board of Education and is the Recording Secretary of the Board of Trustees.

Lana is very interested in genealogy and has traced her roots back to mid-19th century Lithuania and Belarus. On her maternal side she has found all 8 of her great-greatgrandparents and some of her great-great-great-grandparents. On her paternal side she can go back as far as her great-grandparents. She has also discovered that Peter is the 16th great grandson of Judah Loew ben Bezalel, also known as the Maharal of Prague, an important Talmudic scholar and philosopher in the 16th century and is one of only 250,000 of the Maharal's known descendants.

Peter and Lana like to travel to learn about the way people live their lives in other parts of the globe. They like to go deep into the countryside and visit homes and people off the beaten track. They have been to Bhutan, Nepal, Mongolia, Tibet, Myanmar, Cambodia and Thailand. They have also been to Estonia, Latvia and Lithuania to trace Lana's roots. Future trips are planned to South America and perhaps Ethiopia in 2020.

Lana is delighted to be a member of this congregation where she has made many friends and has the opportunity to participate in services in many ways. She enjoys stimulating conversations at Kiddush luncheons and looks forward to chanting haftarah and leyening Torah in the coming years. continued...

Press. Their son Lawrence and his wife Brooke are the parents of two wonderful girls, Easton and Reeve, Bob and Barbara's two amazing and much loved granddaughters.

When the Grodskys moved to New Milford they soon joined the New Milford Jewish Center because of encouragement from the synagogue's outreach group. When their oldest son was in Hebrew school he had to attend services at least once per month. Rather than just dropping him off, Bob remained for services and it was then that he taught himself to read Hebrew again. Rabbi Chaim Halpern took note of Bob's efforts and at the installation of officers that year he presented Bob with a gift for being the "most improved davener". The Grodsky's sons David and Lawrence had their Bar Mitzvahs at the New Milford Jewish Center. Because of encouragement from the Rabbi and countless others, Bob learned how to read and then lead all the parts of the Shabbat service, as well as chant the Haftorah and leyn (read) the Torah. After all the time and effort to achieve these accomplishments, Bob decided to have a second Bar Mitzvah. He prepared for this by using a tape made by Dr. Kenneth Schulman of the Maftir Aliyah of Vayeishev. Bob and his family invited friends and relatives from near and far and celebrated with a special synagogue Kiddush.

The Hebrew School principal recommended Bob to her husband, the Rabbi at B'nai Israel, to fill an opening as teacher for the pre Bar Mitzvah class. Bob found a way to deal with the student's lack of adequate preparation by developing a curriculum that resulted in the students being well prepared for their coming 'rite of passage'. Because the girls complained about the prayer books not having anything for them to do, Bob developed a board game "Coming of Age as a Jew in the USA" which included women who served in leadership positions in Jewish history. When Bob studied later to learn all of Vayeishev it took him an entire year, but as he became more adept it took less and less time and eventually he learned to leyn the entire Torah. It is his pleasure to read Torah at his new synagogue home, the JCCP/CBT.

Bob has earned many degrees in his studies. He has a B.A. in Education, an M.S. in Counseling, advanced Certificate in Administration and Supervision, and both an M.S. and a Ed.D in school System Administration, the latter from Columbia University. Bob wrote "I can say without equivocation that none of these degrees prepared me for the nth degree, i.e. chanting the Torah in synagogue. While it gives me tremendous gratification, it is the hardest task for which I have no formal training." The most important need for mastering Torah reading was having sufficient time for study. Bob says "I state with great thanks and love that my wonderful wife Barbara afforded this to me. For that gift I will be eternally grateful".

We at the JCCP/CBT are grateful to Bob for his beautiful Torah reading and his support of the religious life of our synagogue.

## JCCP/CBT - SECURITY UPDATE

The Security Committee has been meeting and is in the process of upgrading its security program. We are creating a schedule for upcoming emergency drills which will start very soon. In addition, locks inside and outside of the shul, are being upgraded for increased security.

There will be extra security in place for the High Holy Days.

You must bring your High Holy Day tickets for admission to the synagogue.

We ask for cooperation on all these very important matters.

# 

**SANCTUARY**Traditional Service

**STARK HALL** 

**Egalitarian Service** 

6:00 PM



**SELICHOT RECEPTION & SERVICE** 

Honoring Lana Brach and Bob Grodsky

Saturday Evening, September 21 9:00 PM 9:00 PM

**ROSH HASHANAH - 1st Day** 

**Sunday Evening, September 29** 6:30 PM 6:30 PM (Sanctuary)

6:00 PM

**Monday, September 30** 

 Service Begins
 8:30 AM
 8:30 AM

 Torah Service
 9:45 AM
 9:45 AM

 Shofar Service
 10:30 AM
 10:30 AM

 Musaf
 11:00 AM
 11:30 AM

 Rabbi Weiner's Sermon
 11:30 AM
 11:00 AM

Tashlich / Minchah / Ma'ariv

ROSH HASHANAH – 2ND DAY

**Tuesday, October 1** 

Service Begins 8:30 AM 8:30 AM **Torah Service** 9:45 AM 9:45 AM Shofar Service 10:30 AM 10:30 AM Rabbi Weiner's Sermon 11:00 AM 11:30 AM Musaf 11:30 AM 11:00 AM Minchah / Ma'ariv 6:30 PM 6:30 PM

SHABBAT SHUVA

Friday, October 4 8:00 PM 8:00 PM

Saturday, October 5

Service Begins 9:00 AM 9:00 AM
Minchah / Ma'ariy 6:20 PM 6:20 PM

**YOM KIPPUR - KOL NIDRE** 

**Tuesday, October 8** 

Minchah 5:45 PM 5:45 PM

Doors Close for Kol Nidre 6:00 PM SHARP 6:00 PM SHARP

**YOM KIPPUR DAY** 

Wednesday, October 9

Service Begins 8:30 AM 8:30 AM
Torah Service 10:00 AM 10:00 AM

Sermon (Rabbi Weiner) 10:45 AM 10:45 AM (Rabbi Gold)

 Yizkor
 11:15 AM
 11:15 AM

 Musaf
 12:00 PM
 12:00 PM

 Minchah
 4:45 PM
 4:45 PM

 Ne-ilah Closing Service
 6:00 PM
 6:00 PM

the Entire Professional Staff, the Officers and Board of Trustees of the Congregation

A Happy New Year

5780 - 2019

כשנה שובה תכתבו

TO THE ENTIRE CONGREGATION

AND ALL THE MEMBERS

OF THEIR FAMILIES

WE EXTEND OUR VERY BEST WISHES

FOR A NEW YEAR AMPLY BLESSED

WITH HEALTH, HAPPINESS &

**WORTHWHILE ACHIEVEMENTS** 

The Rabbi, Cantor and

#### **SPECIAL SERVICES:**

**BABYSITTING** (Downstairs)

All days \_\_\_\_\_\_11:00 AM to 1:00 PM

FAMILY SERVICE (Upstairs)

#### **ADULT LEARNING SERVICE (Upstairs)**

2nd Day of Rosh Hashanah 11:00 AM to 12:15 PM Yom Kippur 12:30 PM to 1:45 PM

YOUTH/TEEN PROGRAM (Downstairs)

1st Day of Rosh Hashanah 12:15 PM to 1:00 PM 2nd Day of Rosh Hashanah 11:00 AM to 1:00 PM Yom Kippur Day 12:15 PM to 1:00 PM





# 5780/2019 NEW YEAR'S GREETINGS

Renee & Arthur Abrams Zelda Abrams Sandra & Richard Alpern Natalia & Yan Anchipolovsky Marilyn Anshien John Antebi Estelle Argaman Fran & Dan Aronesty Laura Ashkenazi Randy & Paul Auerbach Marcie Babyatsky & Michael Liben Joan & Carl Bagner Deborah & Richard Barbash Jill & Jeffrey Bart Sara & David Barzillai Celia Bass Sandra & Jacob Bauer Liliana & Gustavo Baumzweig Hanna & Yoseff Ben-Shoan Gerald Benovitz Marilyn & Ralph Berkowitz Irene Brickman & Adolph Berman Ruth & Donald Berman Randie & Howard Berner Marceline Bernstein Robert Bernstein & Hana Zilberstein

Claire & Edward Beslow Frances Blackman Stanley Blecher Karen & Bernard Blick

Diana Bodeen & Jon Rothschild Helga Bodeen

Gilda & Herb Botwinick Lana & Peter Brach Dina & Jeff Braun

Carolyn Kaufman & Alan Breda

Lois & Arnold Brown

Lotte Buff

**Ruth & Ruby Camins** Beth & Robert Chananie Beverly & Arthur Cohen Lori & Harlan Cohen Jeanette Cohen Elaine & Martin Cohen

Judith & Raymond Cohen Nancy & Stanley Cohen

Iris & Uri Cohen

Susan & Howard Cohn

Jen & Ken Cole

Linda & Sheldon Cole Stuart & Shana Convoy

Betty D'Ver Iris & Mishel Dadon Viviane & Abraham Danan Siona & Sandu Davidovitch Beverly & Milton Diamond Bernice Drapkin Linda & Paul Duboff Roberta & Lawrence Edelstein

Barbara & Philip Edlin Sylvia & David Egleston Judy & Michael Elfenbein

David Elliot Kira & Josh Elyash Barbara & Michael Epstein Alyce & Joseph Esrig Phyllis & David Esterow Benjamin Fais

Louis Fallon

Candice & Michael Feiler Sandy Feinberg Ina Feinstein & Ian Shore

Sharon & Craig Fenster Joanne & Nathan Fink Frieda & Alan Finkelstein Jacqueline & Steven Finkelstein

Beverly & Barry Fishman Iris & Herbert Fleishman Amy & Stephen Forman **Beverly Fox** 

Irene Frank Rhoda Fried Jeffrey Friedlander Corinne & Norman Frolow Linda & Arthur Gaer Rosalyn Gerard

Ralph Gerber Ida Gerszberg Adele & Michael Ginsberg

Nina & Gary Glaser Phyllis & Kenneth Glatzer Hannah Glicksman Stephen Gold

Stacey & Charles Goldberg

Irma Goldberg

Nicole & Marco Goldish Roberta Goldstein Ruth Goldstein

Hope & David Goodman Rhonda & Daniel Gordon Nancy & Roy Gordon Jeffrey Gottfried

Mark Gould Anita Gould Marylin Granat Janice Greenberg Leslie & Mel Greenberg Sue & Mitchell Greenberg Bobbi & Robert Grodsky Sharon & Jeffrey Gross Janet & Ira Grotsky

Deborah & Steven Grundleger Judith & Lewis Halpern Merle & Fred Harris

Rose Harris

Rachael & Lionel Hausman Elana & Eugene Heitlinger Linda & Arthur Hirschberg Lynn & Charles Holz Barbra & Kenneth Horner Janie & Philip Horowitz Helen & Gary Hutmacher Audrey & Lloyd Hyman Shoshana & Ezra Ishayik Gina & Louis Izower Judy & Andy Jaffe

**Bunny Jaffe** Ellen & Alan Jay Jerome Jay Sandra Jonas Suzana & Steven Julis Larry Kahn

Susan & Bruce Kaminer Donna & Alan Kaminsky **Esther Kantrowitz** 

Harold Kaplan

Sherry & Steven Karpen

Sylvia Karpen Marcia Katz Sheryl Katzenstein Arnold Kessler Leni & Erwin Kirsch Leon Klein

Linda & Leslie Klein Emily Klotz & Michael Long Melissa & Jeff Kolodkin Renee & Bruce Konigsberg Marcia Kopeloff

Gladys & Marcel Kozuch Claudia & Harry Kramer Harriet Kugler

Alexander Kushner Irma & Kurt Landsberger



Sally Lax Irma Leeds

Leslie & John Lehman JoAnne & Richard Lehner

Daniel Leib Bernice Leibowitz Sheila & George Leipsner Julie & Howard Leopold Jennifer & Kevin Leopold

Mildred Lerman Miriam Levin Rita Levin

Janette & Sheldon Levine Iris & Craig Levinsohn

Jon Levinson Elysa & Steven Levy

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Rhoda Liebowitz

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Melitta Lorsch

Marsha & Eric Lowenthal Nancy & Gary Luks

David Luria **Edith Maclin** 

Rachel & George Malamud

Rhoda Manndel **Betty Margan** Melvin Mark

Miriam & Philip Marshall

**Evelyn Masheb Babette Mayer** Roz & Robert Mehr

Cindy & Shimshon Mendelaw

Jane & Mark Menegus Laura & Jerry Menter Barbara Merker Cynthia & Bruce Meyer Linda & Barry Miller

Jacob Miller Vivien Miller Joan & Jack Mintz

Sandra & Lawrence Mintz Andrea & Stuart Mirowitz

Margot Monka

Shelley & Owen Moritz Roberta & Joseph Moskowitz Marianne & Rafael Mousserie

Tina & Eliahou Murad Lisa & Neil Mutnick Barbara & Paul Nadel Albert Nahum Sandra & Bob Nesoff

Lois & Edward Newman Inna & Igor Okunev Lori & Michael Pechman Susan & Murray Perl

Joan Plavin

Phyllis & Larry Polevoy Linda & Melvin Polkow Sheila & Joel Pollack

Joyce Polsky Anita & Joel Preefer Karen Prefer Sally Prosky

Fariba & Shawn Rabban Phyllis & Joseph Radest Debra & Arie Rave Arnold Rawitz Irene Reiss

Renee & Marc Robbins Janet & Ben Roesch Lisa & Yehuda Romano Lisa & Matthew Root Linda & Howard Rose Martin Rosenbaum Richard Rosenberg **Shirley Rosenblatt** Ana & David Rosenblum Rima & Roger Rosenstein Marissa & Gershon Rosenzweig

Laurie & Larry Rosman

Carol Rossmer Bia Roth

Nina & Russell Rothman Joi & Richard Rothschild Yelena & Steven Rovinsky Claudia & Arnold Rubenstein

Irwin Rubin

Roni & Steven Rubin Bahere Saghian Wendy & Barry Salkin Davida & David Saltzberg

Florence Saslow Marcia Schiffman Jozefine Schiffman

Ronnie & Sheldon Schmidt Eileen & Marc Schneider Shelly & Charles Schreiber Myra & Kenneth Schulman

Deborah Schwartz Hilda Schwartz

Joan & Richard Schweidel

Celia Segal

Helen & Jason Seltzer Barbara & Emanuel Shapiro Michele & Stephen Sherer Amy Tobenkin & David Shulman

Linda & Harold Silver

Svlvia Silver

Joan & Gerald Simmons Marci & Marc Skobac

Ruth & Stuart Smith

Alexandra & Douglas Sobelman

Irma Soled Gerald Solomon Larry Soria

Susan & David Spiegel Susan Springer Thelma Springer Dina & Alan Stein

Harry Steinmetz & Louisa Correa

Sheila & Jonathan Sterling

Allan Sternberg Mona & Paul Storch Trudy Strick

Olinda & Larry Sturm Robert Suchoff Sandra Temares

Myra Teplitzky Linda Theos Janet & Mark Topel

Rita Toron Thorin Tritter Eileen Turner Irene & Leon Vaks Rachel Van Dam Ruth Van Dam

Dina Vaynberg & Phillip Vaysgar

Bella Viezel **Dorothy Walensky** 

Shelley Tobenkin & Jeffrey Warren Phyllis & Stephen Waterstone

Lynn & Phil Waxberg Greta Waxman Lola & Henry Weber Sheree & Joshua Weidman

**Bernard Weinberg** Blanche & Stuart Weinberg

Shira & Arthur Weiner Karen Weiner

Melanie & Lawrence Weisberg

Marsha & Irving Weiser Carrie & Jeff Weiss Diane & Jeffrey Weiss Diane & Peter Weiss Roberta Weiss Roslyn & Sam Weiss Sharen & Robert Weissman

Sheila Wides

Francine & Richard Winters

Jill & Leon Wiser Dale Witkin Marshall Wofsy **Ruth Wolf** 

Martha & Arthur Yevin Debbie & Wayne Zeiler Diane & Arnie Zettler Seymour Zuckerman

# **HELP DEFEAT HUNGER!**

Make our 26th annual

# **OPERATION ISAIAH**

# THE BEST EVER!

Do your first mitzvah of the year on Kol Nidre Night, Tuesday, October 8



We need any non-perishable food especially...

Peanut Butter, Tuna Fish, Rice, Cereal,
Canned Fruit, Canned Vegetables,
Baby Formula, Macaroni & Cheese,
Pasta, Beans, Soup, Etc.

Please: No Glass Containers or Expired Dates

Donations will benefit the Center for Food Action

Support the JCCP/CBT when you shop for

# Rosh Hashanah

Purchase scrip before you head out to your favorite market and help us get free money when you buy your groceries!!

Scrip is available for Shoprite, Harold's, Foodtown, and Stop & Shop









To purchase scrip contact Eileen Schneider <u>eileenschneid@gmail.com</u> 201-914-0366

Scrip is also available in the office



## From the Rabbi

Are we wise enough to change our minds? That is one of the great questions of the High Holiday period.

The High Holidays are about renewing our bonds to our Jewish community and our Jewish heritage. They challenge us to think about and, if necessary, changing our life's direction, our thought process, our habits and our behaviors. They are about change in both small ways and large ways for the purpose of making a better life for ourselves and to improve the world. The High Holidays are a testament to one of the



Rabbi Arthur D. Weiner

greatest and most original ideas that Judaism shared with the world: That we are capable of change.

We have free will, and we have both the potential and opportunity to do great things with our choices. Change is hard, but the High Holidays remind us that it is possible.

My own life experiences and career in the rabbinate have taught me that among the types of change that one can experience, the ability to change our minds may be the most difficult. The way we think about things and frame situations is based on many factors. Sometimes it is the lessons of yesterday; sometimes our decision-making is influenced by events from our childhood. There are psychologists who believe that some of our decision-making processes are also influenced by evolution, and they prove this by demonstrating how people living in different places throughout the world will respond similarly in various situations.

(For what it is worth, I believe them!) Yet Jewish tradition makes the bold claim that we are capable of changing our minds as well.

How might we accomplish this feat in the coming year? Perhaps the words of Benjamin Franklin, as our Founding Fathers debated the meaning of the Constitution in Philadelphia in 1787, offer insight:

"... Mr. President, I confess that there are several parts of the Constitution that I do not at present approve, but I am not sure that I will never approve them. For having lived long, I have experienced many instances of being obliged by better information, or fuller consideration, to change opinions even on important subjects, which I once thought right, but found to be otherwise. It is therefore that the older I grow, the more apt I am to doubt my own judgment and to pay more respect to the judgment of others."

We would all do well to listen carefully to Mr. Franklin's words, as true today as they were when spoken in 1787. Let them be an inspiration to us, so that we may be motivated to change for the better in the New Year that rapidly approaches.

I am pleased to announce that we will again offer a Family High Holidays Service on Rosh Hashanah and Yom Kippur. In addition to the services in the Sanctuary and Stark Hall, and our children's programming, we want to offer an expanded additional opportunity for learning, teaching and experiencing the High Holidays where parents and children (and others who might be interested!) can gather together. Please see the separate information in the Bulletin about this wonderful opportunity.

Also, please see information below about our Adult Learning High Holiday experience, which will take place on the second day of Rosh Hashanah, and on Yom Kippur.

Let me take this opportunity to wish each of you a L'Shana Tovah U'Metukah, a sweet and happy new year. May it be a year of blessing for us, our synagogue family, our great nation, and all Israel.

### **Jewish Community Center of Paramus/ Congregation Beth Tikvah**

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**TREASURER** 

## **ADULT LEARNING** HIGH HOLIDAY EXPERIENCE

We are excited to announce to the congregation an additional opportunity for meaningful High Holiday experiences. Over the past several years, we have offered a special Adult Learning High Holiday experience. Based on the positive response and the success of this program, we will expand the program this year.

On the second day of Rosh Hashanah, at 11:00 a.m., and on Yom Kippur at 12:30 p.m., we will again conduct our Adult **Learning High Holiday experience**. This service, led by Sam Weiner will provide an opportunity for adults to learn more about the High Holiday service and prayers, answer your questions, and encourage a different type of experience than the one offered in the sanctuary or Stark Hall.

Perhaps you have trouble understanding the prayers. Or the Hebrew is an impediment to your overall participation. Or your High Holiday experience is simply not being met by our existing High Holiday offerings. You are not alone. This service just might be for you.



# Services

#### FRIDAY EVENING SERVICE

September 6...... 8:00 p.m.

ONEG HOST: JCCP/CBT

#### **SABBATH SERVICES**

September 7......9:00 a.m.

TORAH READING: Shoftim KIDDUSH HOST: JCCP/CBT

MINCHAH & MA'ARIV.......7:05 p.m.

#### FRIDAY EVENING SERVICE

September 13 ...... 8:00 p.m.

ONEG HOST: JCCP/CBT

#### **SABBATH SERVICES**

September 14 ......9:00 a.m.

TORAH READING: Ki Teitzi

KIDDUSH HOST: The Ravinsky family in

honor of the Bar Mitzvah of Joshua Ravinsky

MINCHAH & MA'ARIV ...... 6:55 p.m.

#### **FRIDAY EVENING SERVICE**

September 20 ...... 8:00 p.m.

ONEG HOST: JCCP/CBT

#### **SABBATH SERVICES**

September 21 ......9:00 a.m.

TORAH READING: Ki Tavo KIDDUSH HOST: JCCP/CBT

MINCHAH & MA'ARIV ...... 6:45 p.m.

### FRIDAY EVENING SERVICE

September 27 ...... 8:00 p.m.

ONEG HOST: JCCP/CBT

#### **SABBATH SERVICES**

September 28 ......9:00 a.m.

TORAH READING: Nizavim KIDDUSH HOST: JCCP/CBT

MINCHAH & MA'ARIV ...... 6:35 p.m.

#### SEE HIGH HOLIDAY SCHEDULE

# **President's Message**



Wayne Zeiler

As we stare into the quickly approaching Yom Tov season, it is always a good opportunity to reflect on the past year and equally important to look forward into the year ahead. This is true for both our secular and religious lives. By reflecting on the past year, we can see the good things, the not so good things, smile at our accomplishments, frown at our failures and take to heart the lessons learned. After one year as President of the Jewish Community Center of Paramus / Congregation Beth Tikvah, I ask similar questions, both in terms of my service to our community and for the shul towards our congregation.

This past year has, on a personal level, has seen many positive things – starting with becoming president, changing jobs, watching my oldest move back home and navigating the transition between jobs, seeing my youngest graduate with an MBA and go on Birthright, and many other positive family events. All of this has been alongside Debbie, who I could not imagine travelling through life without. As Helen Keller so aptly said, "Alone we can do so little, together we can do so much." That is definitely true for my family and we face everything together.

From the broader sense there is our community. As president, I have seen many happy moments (simchas) this year which have filled me with pride, from the B'nai Mitzvot to graduations to various people being honored. And, of course, we have taken the sad moments together as a community, where it was wonderful to see the congregation pull together in support of handling difficult times when they approach us. Coretta Scott King was correct when she said, "The greatness of a community is most accurately measured by the compassionate actions of its members."

There were many challenges that we faced this year and many more that will come in the year ahead. We are all aware of the increase in attacks on religious institutions and mass shootings which has led us to be a little more concerned when stepping into a public event. After the attempted firebombing a number of years ago, we became the first and only shul in our immediate area to have an armed guard. However, the world never remains the same, current events have put new stresses and pressures on religious institutions and we need to change to meet the new needs, become more diligent and address additional security needs. To meet these changing needs, our Facilities Chairman, Joe Esrig, is working closely with the security committee, chaired by Jerry Menter, on putting together an action plan to better protect us and our building going forward.

While we face the challenges ahead, we have made some much-needed changes that have "moved the needle" in the right direction. This past year, we replaced our aging cracked driveway and replaced an old buckling lobby carpet with tiling to update our look when entering our building. Our Friday night services have begun a transformation where we have realized that we do not have to hold services in this building (many thanks to the Winters), can alter the format (Shabbat in the Round) and, who would have thought, have added a bit of music to "test the waters." Small changes over time will have a big impact – we still have a lot to do, we still have a lot of things we are working on, and together, we can, as a community strive towards the future.

On behalf of my family, the officers and the leadership of the Jewish Community Center of Paramus / Congregation Beth Tikvah, I want to wish each and every one of you a Happy, Healthy, Prosperous and Meaningful New Year.

L'Shana tova tikateyvu!



# ORDER YOUR LULAV & ETROG SET

In order to increase the awareness and observance of *Sukkot* among our membership and the larger Jewish community, the Jewish Community Center of Paramus/Congregation Beth Tikvah will again provide *Lulavim* and *Etrogim* from Israel for those who wish to order them with us. They will be delivered to our congregation straight from our supplier in Israel, ready for the joyous festival of Sukkot. **Sukkot begins on Sunday evening, October 13**.

Each year, more and more of our members purchase *Lulavim* and *Etrogim*, and we hope for even more this year. We encourage each family in the congregation to purchase a set and observe this great *Mitzvah*. Each set will include all the four species: the *etrog*, the *lulav*, the *hadassim* (myrtle), and *aravot* (willow). The price for each set is \$40.00. We are pleased to announce that there is no price increase this year.

Your *Lulav* and *Etrog* will be ready for pickup on Sunday morning, Sunday evening, October 13.

## To order your Lulav and Etrog please do <u>one</u> of the following:

- 1. Call the Synagogue office at 201-262-7691
- 2. Email the office at office@jccparamus.org
- 3. Return the following order form by October 6.

Name:	 	<b>.</b>	 
Address:			
Telephone:			



## HIGH HOLIDAY RECORDINGS ON OUR WEBSITE



The **Listen & Learn Prayers** web page has many of the transliterations contained in our new *Machzor Lev Shalem*. Please take advantage of the fifty-five MP3 sound files (in the two High Holiday sections) and the expanded transliterated text sheets to make your High Holiday prayer experience even more meaningful and enjoyable. All of the transliterated text are already printed in the Machzor, so using the text sheets during services is not really necessary. But do print them out for yourself at home to help you Listen and Learn! Also check out the Listen and Learn page prayers for the home: How to bring **Rosh Hashanah**, **Festivals** and every **Shabbat** to our mealtimes with the appropriate versions of the **Kiddush**, as well as how to mark the conclusion of Shabbat and Holidays with the **Havdalah ceremony**. The Listen and Learn **Birkat Hamazon** section now includes the blessings made before eating various foods.

Go to: www.jccparamus.org/education/listen-and-learn-prayers



### **REGISTER NOW!**

The JCCP/CBT's successful Friday Night Shabbat Dinner Club is beginning its 6th year. You host one Shabbat dinner, and are a guest at two other homes during the year. Everyone gathers together for the 4th and final Shabbat dinner. For information, call Judy Jaffe at (201) 599-9197 or email <a href="mailto:jafOranges@gmail.com">jafOranges@gmail.com</a>.

# CARE PACKAGES FOR YOUR KIDS IN COLLEGE



If you would like your child/ren to receive JCCP/CBT care packages at college, please send us their domestic college address for the upcoming year, <u>as well as their academic year</u> (freshman, sophomore, junior, senior).

This program is for children of our members. However, if you would like us to send a care package to your grandchildren, please submit a check for \$20, which covers the cost of the 2 care packages plus shipping.

Please submit their addresses as soon as possible via email to Debbie Zeiler (dibble.one@gmail.com).

If you have any questions, please send an email or call Debbie at 201-599-1392.



# **From the Operations Manager**



Rita Greenberg

At this time of year, The Jewish Community Center of Paramus/ Congregation Beth Tikvah is abuzz with activity. It truly is the busiest and yet most challenging time of year. So many parts need to come together as one and so many people are involved in making sure that the High Holidays are what everyone expects them to be. A time of celebration for the new year and a time of reflection and remembering what is past. How is this accomplished year after year with almost perfection? The answer is the same answer as why so many things happen in our synagogue. Community. A community of people get together time and time again to make sure that those things that are important to everyone get done. But it is always about community and it is one of the things The JCCP/CBT does best. Whether it is the High Holidays, or Dinner Dance, or an event that needs help or most importantly shiva or minyans — this community of people will come out to support and make it happen. It is the community that supports you in good and bad times. While the religious aspect is important to many it is the sense of community and friendship that keeps many of our members drawn here. I believe that we are always learning lessons as we go through life. This is the perfect time of year to reflect on that. The trick is to recognize what it is teaching you and appreciate it. While this past year has taught me much, what stands out so clearly now is how community gathers around you when you need it most. I only wish everyone appreciated just what that means. It reminds me that it is easy to have faith when life is going your way, but when it isn't, it becomes difficult. Community might be something you never really think about, but when you need it, it is there for you and it is life changing.

You will find it around every corner of the JCCP/CBT. Come to a book club or movie afternoon. Join Sisterhood or play cards with Men's Club, or just come to a Saturday morning service. You will find friends everywhere. Welcoming friends.

Happy Healthy New Year to you and your families!



# Light the Sabbath Candles



Friday, September 6	7:03 P.M.
Friday, September 13	6:52 P.M.
Friday, September 20.	6:40 P.M.
Friday, September 27.	

The outpouring of love and support my family and I feel from this wonderful place that is my second home, The Jewish Community Center of Paramus/Congregation Beth Tikvah, no words can even express how it has made us feel. The past year and a half and particularly the last few months, have been the most difficult of our lives and yet the feeling of love and community from all of you has helped to ease the deep sadness we feel. Thank you so much for all of your kindness, support and love.

~ Rita Miller Greenberg and family ~

# **SEEKING HIGH HOLIDAY USHERS & GREETERS**



Erev Rosh Hashanah is on Sunday, September 29. There is still time to sign up to be a JCCP/CBT High Holiday usher. We welcome women and men who have served in the past and look forward to newcomers signing up as well. It is a wonderful and important, fulfilling job.

There are many posts to be filled. You can sign up for one hour (one post) or multiple posts during all the High Holidays. A guide sheet will be sent and information is readily available. We look forward to hearing from you.

If you have any questions or can volunteer, contact Robert Chananie (High Holiday ushering co-chair) ASAP at 201-561-6284 or RobChananie@gmail.com



# iccp/cbt

## **Hebrew School News**



Marcia Kagedan

Welcome Back to Hebrew School!

Our students from pre kindergarten through 7th grade are in for a great year.

There will be much learning, fun, excitement and many special activities, some of which include the whole family. Our wonderful faculty bring their knowledge and love of Judaism to the classroom and with their creativity and multi methods of instruction will give our children an excellent Jewish education.

This year we have several events planned with other congregational

schools. There is the Kehillah Program with 6th and 7th graders from 10 congregations coming together to learn. We have Chanukah, Tu Bishvat, Purim and Lag B'Omer planned with other schools as well as a special Mitzvah Day here at the JCCP/CBT on November 24th. We also have a community-wide LASER SHOW planned for Saturday night February 1 to be held at Temple Avodat Shalom — good for ALL ages. More details will follow but for now save the date!

The monthly pre-school program for young children continues. This is for 2-5 year olds with either parents or grandparents in attendance. All are welcome to this FREE program. Sundays from 9:45-11:15. These are the dates: 9/22, 10/20, 11/24, 12/8, 1/19, 3/1, 3/29, 5/3.

If you have any questions or suggestions for our Hebrew School please be in touch.

Wishing you all a Shannah Tovah! A happy and healthy new year 5780! Marcia Kagedan • edudirector@jccparamus.org • 201-262-7733





#### WHAT DO THESE TWO LOGOS MEAN TO YOU?

USY is the national youth movement of the conservative movement, with programming nationally, regionally and in local chapters. KADIMA is for 6-8 grades. USY is for 9-12 grades.

The FLIPPER logo refers to our local chapter. THE FLIPPER CHAPTER.

FL = Fair Lawn Jewish Center, P = Paramus, JCCP/CBT, R = Ridgewood, Temple Israel

#### FIRST EVENTS FOR FLIPPER USY and KADIMA

Sunday September 15<sup>th</sup>, 5-6:30, FLIPPER USY at JCCP/CBT

Sunday September 22<sup>nd</sup>, 5-6:30, FLIPPER KADIMA at Fair Lawn Jewish Center

First event is free. Synagogue membership not required. All Jewish youth are welcome.

RSVP and guestions Marcia 201-262-7733 edudirector@jccparamus.org



# **GWAN** (Group Without A Name)

WHERE EVERYONE IS WELCOME!

#### MONDAYS at 1:30 p.m.

• Yesterday, Today and Tomorrow, Lively and popular discussions with Al Nahum

#### **TUESDAYS** at 1p.m.

• Canasta, Scrabble or any game of your choice\*





#### THURSDAYS at 1 p.m.

• Mahjong or any game of your choice\*

\*Canasta and Mah Jong lessons will start after the High Holidays.

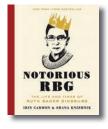




Exercise classes meet on Mondays, Wednesdays and Fridays. Contact **Janet Topel for further information** 201-967-9179

#### **BOOK CLUB**

Wednesday, September 18, 7 p.m. The next book we will be reading is "NOTORIOUS **RBG**: The Life and Times of Ruth Bader Ginsburg" by Irin Carmon and Shana Knizhnik. Suggested Donation \$2. Snacks Served.



For further information or reservations, please contact Mimi Levin: grandmamimil@verizon.net or 201-265-0454.

amazonsmile

## **FUNDRAISING**





Consider supporting our shul by participating in these fundraising efforts: \* Sisterhood Gift Shop,

including yarmulkes 🌣 Amazon Smile 💠 Leaf on the Tree of Life 💠 Yahrtzeit Plaques 💠 TD Bank Affinity Program



# **Community Affairs**

## Every Day is Mitzvah Day

The JCCP/CBT is proud of our Community Affairs (Social Action) Committee. We are well known in Bergen County for our long standing efforts in feeding the hungry. We have fall and spring Turkey Drives which benefit the Center for Food Action. We donate the food from our ongoing food drive to various food pantries, including sites in Paramus and Oradell. We have a donation box in the lobby of the synagogue so remember to bring an item or a bag of food when you come to the JCCP/CBT during the week for a meeting or an event. Our food drives are named in memory of Fran Leib, former Co-Chair of the Community Affairs Committee, who worked tirelessly for many years to help eliminate hunger in Bergen County.

This fall our first Mitzvah of the year 5780 will be **Operation Isaiah**, our collection of food on Kol Nidre eve, Tuesday, October 8th. Thank you to **Ken and Phyllis Glatzer** who have chaired this event for many years. Please bring a bag of non-perishable food to services that evening; you may also put your donation in the synagogue collection box during the week before. Please check the expiration dates of any items you bring. Most needed items include hearty soups, canned meat, fish and vegetables, macaroni and cheese, baby formula, boxed milk, fruit juice and peanut butter; no glass containers, please. Also needed and appreciated are Shop Rite gift cards and cash donations. Please make your checks out to: Center for Food Action. The food we collect will be delivered to the CFA warehouse in Saddle Brook.

If you love to knit and crochet we are continuing to hold our knitting bees. Our finished items are sent to the Tikvah Orphanage in Odessa, Russia. We usually meet



on the last Wednesday of the month, but we encourage you to knit on your own if you don't have time to knit with us. For more information call Janie Horowitz at 201-487-8934.

Please help with our November Fran Leib Memorial Turkey Drive, which is always held the week before Thanksgiving. Drop off frozen turkeys and bags of food in the synagogue parking lot between 7:15 and 9 am. Each year we also 'adopt' families through the Paramus Department of Human Services. Families in our JCCP/CBT community provide a complete Thanksgiving dinner, including a frozen turkey and fixings for a needy family in our area. Call the synagogue office for more information.

Jewish Federation of Northern New Jersey's Mitzvah Day will take place on Sunday, Nov. 24. There will be morning and afternoon handson projects at JFNNJ, 50 Eisenhower Drive in Paramus and there will be some outdoor projects too. For more information go to the JFNNJ website, jfnnj.org.

In December we put together Chanukah gift bags to be donated to Jewish residents of Bergen Regional Medical Center, a project our synagogue has supported for many years. Several of our synagogue members have worked for many years as volunteers with the Jewish long term care patients at the Medical Center.

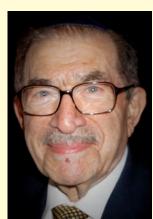
Our Chesed Committee has volunteers available if you, or someone you know, needs temporary help shopping or needs a ride to services, synagogue events or doctor appointments. Call Eileen Schneider at 201-722-1606 for help or to volunteer to drive.

Our committee would love to hear from you if you have an idea for a project. We're also looking for new people who might want to serve on the Community Affairs Committee. Call the synagogue office for more information.

# Simchat Torah!

# **Tuesday, October 22 HONORING**





**FRED** HARRIS

**NAHUM** 

# Save the Date!!!

Friendship Walk and Celebration to support families with special needs children.

# **SUNDAY, SEPTEMBER 15**

Votee Park, Teaneck (10 a.m.-registration)

10:30 a.m. - Walk

**11 a.m.** – Fair with rides, inflatables, entertainment, activities, petting zoo, face painting, foam machine, and foo.

(201) 262-7172 • NJFriendshipWalk.com





#### Jewish Community Center of Paramus Congregation Beth Tikvah

#### ~ ADULT EDUCATION 2019-2020 (5780) ~

"He who does not increase his knowledge, decreases it ..." (Pirke Avot, 1:13)

Dear Fellow Congregants,

The Adult Education Committee is planning courses and events for the New Year, 2019-2020 (5780). Make this the year you take a class, attend a Book Club meeting, or even learn to play Mahjong or Canasta. Maybe you'd like to join us for our monthly Sunday afternoon films, a lecture, or a concert. To accommodate everyone, we hold classes and events in both the afternoon and evening. We hope you will expand your Jewish horizons by joining us for a variety of offerings, with something for everyone:

# Classes taught by Rabbi Weiner, Cantor Weiss, and Rabbi Gold JCCP/CBT Book Club ~ Jewish Film Festival GWAN events ~ Yesterday, Today and Tomorrow

We look forward to our 5th annual Spring event sponsored by the **Harold Lerman Fund for Israel Education and Engagement** scheduled for May 2020.

Our opening Adult Education event will feature Cantor Weiss in **"Songs of the Holocaust: A Commemorative Recital"** in remembrance of Kristallnacht. The program will take place on Sunday evening Nov 10, 2019.

Adult Education courses increase your knowledge and give you the skills you need to participate in and be more comfortable at services. Don't miss this opportunity to be a wonderful role model for your children and grandchildren. You can visit our website's **Listen and Learn** page, (under the "Learning" menu), for MP3 recordings of favorite Holiday congregational refrains, melodies for Torah aliyah blessings, and more, matched to Hebrew and transliterated PDF sheets of the prayers.

Almost every Adult Education class and event at the JCCP/CBT is offered at little or no cost. In order to continue to provide free classes and to cover our expenses for special events, we rely on donations from this Annual Adult Education Appeal. The money we collect now is our only funding; Adult Education is not funded by the synagogue.

We look forward to hearing from you and we thank you in advance for your continued support and commitment to Jewish education.

Sincerely,

#### Mark Topel

Δdult	Education	Committee	Chairman

~ ADULT EDUCATION SPONSOR FORM ~					
You can count on my/our support for the coming year. A check for \$ is enclosed.					
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Addres	ss		Phone		

# L'SHANA TOVA

WITH BEST WISHES FOR A SWEET NEW YEAR FROM SISTERHOOD



**Mark Your Calendars! Save The Dates!** 

Here's Just A Few Of Our Fabulous Plans

- November 19, 2019 Our Sisterhood Paid-Up Membership Event (Details To Follow)
- December 15, 2019 Our Hanukah Breakfast Sufganiyot, Latkes and Healthy Food As Well

- February 15, 2020 We Welcome the New Decade with a Spectacular Gala Stay Tuned for Details!
- April, 2020 Sisterhood Goes to the Museum with Our Own Personal Tour Guide – Details Follow!
- May 8, 2020 Our Sisterhood Shabbat Dinner

But Wait, There's More – Lectures, Holiday Workshops and Some Other Surprises Are On The Agenda!

## **Become a Sisterhood Member Now!!**

Contact Laurie Rosman at <u>Lirwax@gmail.com</u> and Lori Cohen at <u>loricohen514@gmail.com</u> for details and all the information you need.

The JCCP/CBT Adult Education Committee proudly presents its Fall Kickoff Event

# SONGS OF THE HOLOCAUST

A RECITAL IN REMEMBRANCE
OF KRISTALLNACHT

CANTOR SAM WEISS DAVID DAVIS, PIANO



# Sunday Night, November 10, 7 p.m. Jewish Community Center of Paramus Congregation Beth Tikvah E.304 Midland Ave. Paramus, NJ 07652

Cantor Sam Weiss brings to life the poignant songs created in the World War II ghettos and concentration camps, as well as some of the commemorative music written after the Holocaust.

Produced under the most grievous circumstances by children and adults engulfed by death and horror, this music provides a unique insight into the anguished state of the victims and the indomitable nature of the human spirit.

Through a powerful performance and original commentary on the text, music, background, and circumstances surrounding the material, this lecture-recital vividly recalls a lost Jewish world.

FREE OF CHARGE REFRESHMENTS WILL BE SERVED

#### THE JCCP/CBT SISTERHOOD PRESENTS

## WOMEN JUSTICES OF THE U.S. SUPREME COURT

An interactive program by Trish Chambers Productions



Learn about the lives of Sandra Day O'Connor, Ruth Bader Ginsburg, Sonia Sotomayor and Elena Kagan during a fascinating and historical interactive screen presentation. *Breakfast included*.

# JOIN US FOR THIS TRULY MONUMENTAL EVENT SUNDAY-SEPTEMBER 22, 10 AM

\$10.00 for ALL Sisterhood Members and Spouses Everywhere \$15.00 for NON-Sisterhood Members

RSVP to Laurie Rosman at 201-906-5830 or Lori Cohen at loricohen514@gmail.com by Tuesday, September 10

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